

# Elementary Track & Field Championships

## Coach/ Parent Guide

### 1. Arrival & Where to Go

Foothills Athletic Park: 2431 Crowchild Trail NW.

- **Check-In Entrance:** Parents and athletes should check in at the Welcome Entrance near the parking lot entrance on the south/west side.
- **Maps Provided:** at the bottom of this page and upon arrival.

### 2. Schedule & Grouping

- All Track events athletes need to check in **15 min before** the start time **at track table**.
- All Field event athletes need to check in **30 min before** start time, **at the event**.
- We will have ambassadors along the way to help guide where you need to go.
- A schedule has been sent to you, as well as we have them posted around the venue.

### 3. What to Bring

- Athletic clothes, proper running shoes (no spikes unless noted). Represent your school's colors and pride!
- Refillable water bottle
- Sunscreen and hat
- Healthy snacks
- Layers (weather in Alberta changes fast!)

#### 4. Athlete Supervision & Safety Protocols

- **Athletes must stay with their parents/teacher.** This ensures no one gets lost and that everyone moves safely between events. You have the schedule to get your athlete to where they need to be at the proper time that they need to be there.
- **Medical Tent & First Aid:** Clearly marked and staffed with a certified first aider. Parents and staff are informed of the location at check-in.
- **Parent Viewing Zones:** Parents can cheer from designated spectator areas but are asked **not to enter event zones** unless volunteering.
- **Event Group Leaders/Officials:** Each event group has officials who are trained in basic safety and communication protocols for each event.
- All staff and volunteers wear Caltaf Identified Clothing.

#### 5. Communication During the Day

- A central **info board** will have information needed for the day
- An announcer will also be available to give any important information as well.
  - Weather delays
  - Lost & found items
  - Schedule adjustments

#### Awards & Ribbons

- **Ribbons will be awarded to the top 6 finishers in each event.**
- **Track Event Ribbons** will be handed out on the **grass area on the south side of the track** shortly after each race is completed and results are confirmed.
- **Field Event Ribbons** will be given out **directly at the event site** once all scores have been checked.

#### Important:

For safety, **no child may leave the event** without first checking out with their **official or a parent**.

