day June 14th		Saturday June 15		Sunday June 16	
U-18 Hep	100mh	U-18 Men Dec	100m	U 18 -Men Dec	110mh
Open / Para Men	5000m	U-16 Women	80m Hurdles	U-16 Women	2000m
Open Women	5000m	U-18 Women	100m Hurdles	U-16 Men	2000m
Open Men	200m	HP/ Open Women	100m Hurdles	U-18Women	3000m
Open Women	200m	U-16 Men	100m Hurdles	U-18 / Para Men	3000m
U-16 Women 30"	200m H	U-18 Men	110m Hurdles	U-14 Girls	200 m
U-18 Women 30"	400m H	U-20 Men		U-14 Boys	200 m
			110m Hurdles		
Open Women 30"	400m H	HP/Open Men	110m Hurdles	U-16 Women	200m
U 16 Men	200m H	Open Men	1500m	U-16 Men	200m
U-18 Men 33"	400m H	U-18 / Para Men	1500m	Wheelchair Men & Women	400m
Open Men 36"	400m H	Open Women	1500m	LUNCH	
Open Men	200m	U-18 Women	1500m		
Open Women	200m	U-14 Men	1200m	Father's Day Race	100m
U 18 Women	200m	U-14 Women	1200m	High Performance Men	100m
U 18 Men	200m	U-16 Men	1200m	High Performance Women	100m
U 18 Women	800m	U-16 Women	1200m	High Performance Men	400m
Open Women	800m	Open Men	110m Hurdles	High Performance Women	400m
U 18 Men	800m	U 20 Men	110m Hurdles	U-10 Women	600m
Open Men	800m	Master Men	110m Hurdles	U-10 Men	600m
U-18 Women Hep	200m	U-18 Men	110m Hurdles	U-12 Women	800m
Open Men 36"	3000m Steeplechase	U-16 Men	100m Hurdles	U-12 Men	800m
U-18 Men 33"	2000m Steeplechase	HP Women	100m Hurdles	U-14 Women	800m
U-18 30"	2000m Steeplechase	U-18 Women	100m Hurdles	U-14 Men	800m
Open Women 30"	3000m Steeplechase	U-16 Women	80m Hurdles	U-16 / Master Women	800m
U-16 Men 30"	1500m Steeplechase	Master Women	80m Hurdles	U-16 / Master Men	800m
		U-14 Women			800m
U-16 Women 30"	1500m Steeplechase		80m Hurdles	High Performance Men	
		U-14 Men	80m Hurdles	High Performance Women	800m
		LUNCH		U-16 Men	200m
		U-10 Men	60m	U-16 Women	200m
Friday June 14		U-10 Women	60m	High Performance Men	200m
U-18 Hep Women	High Jump	U-12 Men	80m	High Performance Women	200m
Seated Men/Women	Discus	U-12 Women	80m	U-18 Men	200m
U-16 /Master Men	Shot Put	U 14 Women	80m	U-18 Women	200m
U-18 Hep Women	Shot Put	U 14 Men	80m	Master Men	200m
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U-16/Master Women	Shot Put	U-16 Women	100m	Master Women	200m
U-20/ Open Men	Hammer	U-16 Men	100m	U-18 Mens Dec	1500m
Seated Men/Women	Javelin	U-18 Women	100m		
Open / HP / U 18 Men	Javelin	Open Women	100m		
U18 Women Triple Jump	Triple Jump	Master / Para Women	100m	Sunday June 16	
Open Men	Triple Jump	U-18 Men	100m		
Open / HP / Para Women	Long Jump	Open / Master Men	100m	U16/ U-18 / Master Women	Hammer
U16 / U-18 Men	Pole Vault	Wheelchair Men & Women	100m	U18 Men Dec	Discus
O1970-10 Wiell	. olo vaali	U-16 Women	300m	U16 / Master Men	Hammer
		U-16 Men	300m	HP /Open Women	Hammer
		U-18 Women	400m	U-18 Women	Discus
		U-18 Men	400m	U-18 Mens Dec	Javelin
		Open Women	400m	Open / HP/ U20 Men Discus	Discus
		Open Men	400m	U-12 / U-10 Men	Shot Put
		U-18 Men Dec	400m	U-12 / U-10 Women	Shot Put
		U-16 Women	100m	U-14 Women	Shot Put
		U-16 Men	100m	U-14 Men	Shot Put
		U-18 Women	100m	HP/ Open / Para Women	Discus
		U-18 Men	100m	The Open France Workers	510003
		Open Women	100m	U-10/U12 Women	Long lums
		·			Long Jump
		Open Men	100m	U-10 Men	Long Jump
		U 18 Hep	800m		
		U 16 Racewalk Men & Womer	1500m	U-12 Men	Long Jump
		U18/ O/ Master M & W Racewa	3000m	U-14 Men	Long Jump
				U-18 Mens Dec	Pole Vault
		Saturday June 15		U-14 Women	Long Jump
				U-16 / Master Men	Long Jump
		U-18 Women	Shot Put	Open/HP Men	Long Jump
		Seated Men / Women	Shot Put	U-16 / Master Women	Triple Jump
		U-18 Men Dec	Shot Put	Open women	Triple Jump
		U-20 / Open Men	Shot Put	U-18 Women	High Jump
		U-18 / Para Men	Shot Put	U-16 / MasterMen	High Jump
		Open/ Para/ Women	Shot Put	U-16 / Master Women	High Jump
		U-14 Men	Discus	U 18 Men	High Jump
		U-18 Men	Discus	U16 /18 Women	Pole Vault
		U-14 Women	Discus		
				1	
		U-16 / Master Women	Discus		
		U-16 / Master Women U-16/ Master Men	Discus		
		U-16 / Master Women U-16 / Master Men U-12 / U-10 Men	Discus Turbo Jav		
		U-16 / Master Women U-16/ Master Men	Discus		
		U-16 / Master Women U-16 / Master Men U-12 / U-10 Men	Discus Turbo Jav		
		U-16 / Master Women U-16 / Master Men U-12 / U-10 Men U-12 / U-10 Women	Discus Turbo Jav Turbo Jav		
		U-16 / Master Women U-16 / Master Men U-12 / U-10 Men U-12 / U-10 Women Open Women	Discus Turbo Jav Turbo Jav Javelin		

U18 Women Hep	Javelin		
U18 men	Hammer		
U-16 / Master Women	Long Jump		
U-18 Men Dec	Long Jump		
U-10 Women	Standing Long Jump		
U12 Women	Standing Long Jump		
U-12 / U-10 Men	Standing Long Jump		
U18 Hep	Long Jump		
U 18 Women	Long Jump		
U 18 Men	Long Jump		
U-16 / U 18 Men	Triple Jump		
U-14 Women Flight 1 & 2	High Jump		
Open Women	High Jump		
Open Men	High Jump		
U18 Mens Dec	High Jump		
U-14 Men Flight 1 & 2	High Jump		
HP Men	Pole Vault		
HP Women	Pole Vault		