



**CALTA welcomes you to the Last Chance Meet ~ Tuesday, July 30th ~ 6:00-9:00 p.m.**

- Sanctioned by: Athletics Alberta, World Para Athletics and World Athletics
- Website: [www.caltaf.com](http://www.caltaf.com)
- Questions: Sam Read [sam.trackandfieldcoach@gmail.com](mailto:sam.trackandfieldcoach@gmail.com) (403) 690-4212
- Venue: Foothills Athletic Park 2424 Crowchild Trail NW Calgary, Alberta
- Divisions: Open
- Entry Fee: \$25
- Entry Deadline: Sunday, July 28<sup>th</sup> at 11:59 p.m.
- Late Entries: Monday, July 29<sup>th</sup> at 12:00 p.m. Accepted late entries will be an additional \$10
- Events: 100m, 400m, 800m, 1500m, 100mH, 110mH, Long Jump, Shot Put\*, Discus\*, Masters Shot Put, Masters Discus,
- Throwing Events: \*Athletes will use the correct implements for their age category and will compete together

Registration Link:

<https://www.trackie.com/event/caltaf-last-chance-meet/1008438/>

**TENTATIVE Schedule:**

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|-----------|---------------------------------|
| 6:00 p.m. | Women's Open & Masters Shot Put |
| 6:00 p.m. | Men's Open and Masters Discus   |
| 6:00 p.m. | Men's Long Jump                 |
| 6:00 p.m. | Women's 100m                    |
| 6:15 p.m. | Men's 100m                      |
| 6:30 p.m. | Women's 800m                    |
| 6:45 p.m. | Men's 800m                      |
| 7:00 p.m. | Women's 100mH                   |
| 7:15 p.m. | Men's 110mH                     |
| 7:30 p.m. | Women's 400m                    |
| 7:30 p.m. | Women's Long Jump               |
| 7:30 p.m. | Women's Open & Masters Discus   |
| 7:30 p.m. | Men's Open & Masters Shot Put   |
| 7:45 p.m. | Men's 400m                      |
| 7:45 p.m. | Women's 1500m                   |
| 7:55 p.m. | Men's 1500m                     |