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### Glenmore Athletic Park, Calgary

#### THROWS FEST #1 - AUGUST 26, 2023 - 9:00-17:00

#### **Limited Entries**

\*\*<u>Please only choose Throws Pentathlon or Individual Events for initital registration.</u>

Add yourself to the waitlist once the event is full. Those already entered will be offered the opportunity to register for additional events during the "late entry" period at the regular entry fee price. \*\*

12 available slots for Throws Pentathlon. Priority given to Masters competitors, then Open, U20, U18, and U16.

8 available slots each for discus, hammer, shot put, javelin, and weight throw. Para athletes are included in this number. (Para ambulatory athletes please enter as Senior.)

#### THROWS FEST #2 - SEPTEMBER 9, 2023 - 9:00-17:00

#### **Limited Entries**

14 slots each for discus, hammer, shot put, javelin, and weight throw. *Long Jump has been added (limit 6)*. Para athletes are included in this number. (Para ambulatory athletes please enter as Senior.)

Note: If individual entries are less than anticipated by deadline, throws pentathlon will be offered at the regular entry fee price during the "late entry" period.

#### THROWS FEST #3 (YEAR END FINALE) - SEPTEMBER 23-24, 2023 - 9:00-17:00

**September 23** U16, U18, U20, Open, & Masters Throws Pentathlon Men and Women will run separately

#### September 24

U16, U18, U20, Open, & Masters Discus, Shot Put, Javelin, Hammer, Weight Throw (Para athletes please enter as Open.)

Registration available on Trackie.ca. Scratches before deadline will be refunded. Add your name to the wait list if an event is already full in case of scratches.

Meet Director: Rachel Andres Email mail@rachelandres.ca

Athletics Alberta Sanctioned World Para Athletics Approved World Athletics Sanctioned

**Equipment Weigh-in: Dale Schoenthaler** 

### **Entry Fees:**

Throws Pentathlon All age groups: \$50

Individual Events All age groups: \$25 per event



#### THROWS FEST #1 AUGUST 26, 2023 - 9:00-17:00

Pentathlon Weigh-In 8:30am (event weigh-in available throughout the day) Throws Pentathlon 9:00am-12:30pm Seated Shot Put 9:00am Open Weight Throw 10:05am Open Shot Put 11:10am Seated Discus 11:50am LUNCH BREAK 12:30-1:00pm Open Javelin 1:00pm Open Discus 2:15pm Open Hammer 4:00pm

### 2nd ANNUAL CALTAF THROWS FEST SERIES 2023

### **TENTATIVE SCHEDULES**

#### THROWS FEST #2 SEPTEMBER 9, 2023 - 9:00-17:00

Weigh-In Starts at 8:30am Seated/Para Ambulatory Javelin 9:00am Weight 9:00am Long Jump 10:00am Shot Put 10:30am Invite/Overflow Discus 11:00am (limit 6) Hammer 12:00pm Seated Shot Put 12:00pm LUNCH BREAK GROUP 12:30-1:00pm Invite Shot Put 1:15pm (limit 6) Javelin 1:30pm Seated Discus 2:15pm Discus 3:20pm

#### THROWS FEST #3 (YEAR END FINALE) - SEPTEMBER 23-24, 2023 - 9:00-17:00

September 23 Women's Pentathlon Weigh-In 8:30am Women's Throws Pentathlon 9:00am-12:30pm

LUNCH BREAK 12:30-1:00pm

Men's Pentathlon Weigh-In 1:00pm Men's Throws Pentathlon 1:30pm-5:00pm September 24 Weigh-In Starts at 9:00am Shot Put 9:30am Seated Javelin 10:00am Discus 10:30am Seated Shot Put 12:00pm LUNCH BREAK 12:30-1:00pm Weigh-In 12:30pm Javelin 1:00pm Seated Discus 1:00pm Hammer 2:00pm Weight 4:00pm

Registration available on Trackie.ca. Scratches before deadline will be refunded. Add your name to the wait list if an event is already full in case of scratches.

Meet Director: Rachel Andres Email mail@rachelandres.ca

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# THANK YOU TO BOOKS BETWEEN FRIENDS FOR SPONSORING THE 2ND ANNUAL CALTAF THROWS FEST SERIES!

All age groups eligible. Age graded scores calculated using 2023 Masters Age Factor Calculator. Any ties will be broken by going to the 2nd best performance.

#### August 26

Top 3 Male and Top 3 Female Throws Pentathlete points across all categories. **Throws Pent Prize Structure 1st - \$200. 2nd - \$100. 3rd - \$50.** Top Male and Top Female in each for discus, shot put, javelin, hammer, and weight throw. **Open Event Prize - \$70.** 

**September 9** Top Male and Top Female in each for discus, shot put, javelin, hammer, and weight throw. **Open Event Prize - \$70.** 

September 23 - FINALE Top 3 Male and Top 3 Female Throws Pentathlete points across all categories. Throws Pent Prize Structure 1st - \$200. 2nd - \$100. 3rd - \$50.

**September 24 - FINALE** Top Male and Top Female in each for discus, shot put, javelin, hammer, and weight throw. **Open Event Prize - \$70.** 

Please note: No cash prize available for long jump.



SPONSORSHIP LIST

### Para Athletes Sponsored by Donna Taniguchi with Expedia Cruises - Fish Creek



# THANK YOU TO DONNA TANIGUCHI FOR SPONSORING THE 2ND ANNUAL CALTAF THROWS FEST SERIES!

Para athletes will use the World Para Athletics Point Scores for Field Events 2023. Any ties will be broken by going to the 2nd best performance.

August 26 Top Para athlete across all events. Para Event Prize - \$70.

September 9 Top Para athlete across all events. Para Event Prize - \$70.

September 24 - FINALE Top Para athlete across all events. Para Event Prize - \$70.