



2023 CAL TAF Track Classic

June 16 - 18, 2023 Open & "E" Meet
Alberta Legion Trials

Document Updated February 1, 2023

Foothills Athletic Park - Calgary, AB

Hosted By

CAL TAF Athletic Association

Sanctioned By

Athletics Canada and Athletics
Alberta

Athletics Canada - National Track & Field Tour

Entry Fees

Individual Events U16 and older: \$30.00 per event.

U14 - \$20.00 per event

Multi Event U10, U12 - \$15.00 per event

Open Women Heptathlon \$75

Covid Regulations

We will be requesting that all athletes, coaches, officials, volunteers, and spectators abide by the Social Spacing rule. If you feel safer wearing a mask, then that is your choice. Please be considerate of others and their right to safety when moving around the track or in the stands.

All warm-ups will be done in the track area (as long as not interfering with the events on the track) and surrounding parking lots and green spaces. The soccer fields will not be available.

Spectators. At this point spectators will be allowed into the stands to watch the meet. We are asking that they do their own social spacing while watching.

Safety first for all.

Prizes for the HP Meet

Prizes will be determined by World Athletics scoring tables and will be presented to both the top 6 male and female overall winners.

- 1st place - \$600 cash
- 2nd place - \$400 cash
- 3rd place - \$250 Cash
- 4th place - \$100 Strides Gift Card
- 5th place - Strides \$50 Gift Card
- 6th place - Strides \$50 Gift Card

Invitational Sponsored Events

Last year the Following Canadian Olympian decided to sponsor their events for the 2022 Caltaf Classic. They helped to creating a Legacy to their success in representing our country and to promote future Olympians. There was a \$250 prize for the Top Male and Top Female in the following Open events

Age Group performed on the Senior spec's. The term Open will mean that all the results will be considered for the sponsorship.

DOUG KYLE OPEN MEN 5000M TOP PERFORMER (\$250)

Doug competed in the
1956 Melbourne Game in the 5000m and 10000m
1960 Rome Games in the 5000m and 10000m
Doug is the Co-founder of Caltaf

MARCO AROP OPEN WOMEN & MEN 800M TOP PERFORMER (\$250)

Marco competed in the 800m in 2021 in Tokyo.

CAROL KYLE OPEN WOMENS HIGH JUMP TOP PERFORMER (\$250)

Carol won the Canadian Open Women's High Jump in 1954 at the age of 18.
Carol is the Co-founder of Caltaf

CHRISTINE LAVERTY OPEN WOMEN 1500M TOP PERFORMER (\$250)

Christine held the Quebec Provincial Record for 5 years in this event as a U16 athlete. Competed for Quebec in France in the Espoir exchange Meet in 1969.

SOLOMON SSENYANGE OPEN MEN 1500M TOP PERFORMER (\$250)

University Sports Champion at U of A in the 4 x 800m and T&F Team in 2001
Ran in Alberta Track and Field scene from 2000 – 2004

TYLER CHRISTOPHER OPEN WOMEN & MEN 400M TOP 3 FASTEST TOP PERFORMANCES

(1ST - \$250, 2ND - \$150, 3RD \$100)

Tyler competed in the 400 and 4 X 400m relay in the 2008 Beijing Olympics

ANGELA WHYTE OPEN WOMEN 100M HURDLES TOP PERFORMER

Angela competed in the 2004 Athens, 2008 Beijing and 2016 Rio Olympics in the Women's Hurdles and then the Heptathlon

CHECK BACK TO THE WEBSITE TO SEE WHAT EVENTS WILL BE SPONSORED THIS YEAR.

Annual Sunday Father's Day - Race for Gold

This year we will host the Race for Gold on the actual Father's Day. This is an annual event where fathers and their children "race" down the track for a chance to win a gold coin (value \$400), donated by Caltaf. Each participating family will receive a ticket and at the completion of all the racers, a draw will decide the actual winner. You do not need to be a superstar to compete. This is the one race for fun all weekend...

Location/Facility

Foothills Athletic Park - 2424 University Dr. NW. Calgary, AB

Registration Packages

Will be available at the registration desk at the track starting at 4pm on Friday June 16, 2023

Eligibility for the Competition

All athletes must be registered with Athletics Alberta / Canada.

Age Categories

- U10: born 2014 or 2015
- U12: born 2012 or 2013
- U14: born 2010 or 2011
- U16: born 2008 or 2009
- U18: born 2006 or 2007
- U20: born 2004 or 2005
- Open
- Masters

Contact info

General Inquiries

Christine Laverty - christine.diane.laverty@gmail.com - 403-921-5559

Entry Information

Jolene Dressler - Momfirst_2000@yahoo.com - 403-286-1318

Entry Deadline

Entries must be received by **6:00PM Friday June 9, 2023**. Late entries, if accepted, will be charged double.

No refunds will be provided for scratches after the **above registration deadline**. Acceptance into the Meet and Heat Sheets will be created and posted on Monday June 12, 2023. The Entry Sheet as provided may be found on caltaf.com. Entries will be completed on Trackie. **Track link will be posted shortly. Para athletes, please email momfirst_2000@yahoo.com with your entries. Please include your category.**

Accommodations

Aloft Calgary

[Aloft](#)

Best Western Village Park Inn -

[Best Western Village Park Inn](#)

University of Calgary

[University of Calgary](#)

Check-in Procedure

Track event athletes must check in at the marshaling tent (at the start of the 100m) 30 min before the scheduled time of their race/event. It is then the athlete's responsibility to be at the starting line or at the event 10 minutes before their scheduled race/competition time (Schedule for movement to events will be posted in the marshaling area. You cannot check in at the start line. If you miss the check in at the tent, you will not race or compete. Please ensure you follow this procedure.

Field event athletes must check in at their event at least 40 min prior to the start of the event and Pole Vault one hour before their event.

General Meet Information

Spikes are to be no longer than 6mm in length and pyramid only.

AII COMPETITION SHOES MUST BE APPROVED BY WORLD ATHLETICS.

Athletes agree to abide by the World Athletics Rule (TR5) which concerns the use of shoes during an athletics competition and puts a sole height limit of 25mm on all shoes worn in track events of 800m and above in distance (including Steeplechase). For clarity: The rule does not prevent a road running shoe from being worn on the track but a 30mm or 40mm road running shoe **cannot** be worn for track events because of the 25mm limit. You are encouraged to reference the World Athletics Shoe Compliance List. This will help speed up the check-in process at the event and ensure that you arrive at the competition venue with approved competition shoes.

All athletes must wear proper competition uniforms.

IST

Massage

Massage will be available on Saturday June 17 and Sunday June 18 at the track. Please drop by the tent to make an appointment. Our massage therapists will follow the current COVID-1 Protocols.

Medical

A First Responder will be on site and the Foothills Hospital is 1.2 KM from the track.

Awards

Medals will be awarded to the top three finishers in all events.

Results

Live results will be available on the [Calgary Track Council website](#)

Meet Schedule and Performance List will be posted at caltaf.com

For master athletes – if an event is not offered as a master's event, you will compete in the U16/Open category

Track Event Offerings Open Meet

	Men	Women
80H	U14	U 14, U16, Masters
100H	U16	U18,, Open
110H	U18, Master, Open, U 20	
200H	U16	U16
400H	U18, Open, HP Invite	U18, Open, HP Invite
60m	U10	U10
80m	U 12	U12
100	U14, U16, U18, Open, Para, Master, HP Invite	U14, U16, U18, Open, Para/ Master, HP Invite
200	U 14, U16, U18, Open, Master HP Invite	U14, U16, U18, Open, Master, HP Invite

300	U16	U16
400	U18, Open, HP Invite	U18, Open, HP Invite
600	U10	U10
800	U12, U14, U16, U18, Masters, Open, HP Invite	U12, U14, U16, U18, Masters, Open, HP Invite
1200	U14, U16	U14, U16
1500	U18, Open	U18, Open
2000	U16	U16
3000	U18	U18
5000	Open	Open
1500 SC	U16	U16
2000 SC	U18	U18
3000 SC	Open	Open
Racewalk – 1500	U16	U16
Racewalk – 3000	U18, Open	U18, Open

Field Event Offerings

	Men	Women
Shot Put	U14, U16, U18, U20, Open, Para Seated, Master	U14, U16, U18, Open, Para Seated, Master
Javelin	U16, U18, U20, Open, HP Invite Para Seated, Master	U 16, U18, Open, HP Invite Para Seated, Master
Hammer	U16, U18, U20, Open, Master	U16, U18, U20, Open. Master, HP Invite
Discus	U14, U16, U18, U20, Open, HP Para Seated, Master, HP Invite	U14, U16, U18, Open, HP Para Seated, Master
Long Jump	U14, U16, U18, Para, Open, Master, HP Invite	U14, U16, U18, Open, Master, Para, HP Invite
High Jump	U14, U16, U18, Open, Master	U14, U16, U18, Open, Master
Triple Jump	U16, U18, Open	U16, U18, Open, Master, HP Invite
Pole Vault	U18, Master, Open, HP Invite	U18 Open, HP Invite

Women's Open Heptathlon: New for 2023 – Entry Fee \$75

U10/U12 Multi-Event Information:

NOTE: Athletes DO NOT choose their events. They show up for the start of the first event each day and stay with their group until their meet is over. Order of events are listed, but a schedule will not be posted (other than the start time for the first event). Athletes may miss an event and still continue.

U10: Saturday: 60m, Standing LJ, Turbo Jav Sunday: LJ, SP, 600m

U12: Saturday: 60m, Standing LJ, Turbo Jav Sunday: LJ, SP, 600m

- Medals for 1st-3rd overall and ribbons in each event.
- Scores will be kept for each event - 1st=10pts, 2nd=9pts, 3rd=8pts, 4th = 7pts, etc.

Women

Technical Specifications

All specifications will follow Athletics Alberta Outdoor specifications.

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