



**CALTAf welcomes you to Rotary Challenger Park Track
2023 Cheetah Invitational ~ Athletics Alberta Provincial Championships**

U10, U12 & U14

Rotary Challenger Park ~ 3688 48 Ave N.E.

June 24 & 25, 2022

10:00 a.m. to 5:00 p.m.

Sanctioned by Athletics Alberta

U14 – Born 2010 & 2011

U12 – Born 2012 & 2013

U10 – Born 2014 & 2015

Meet Director: Samantha Read sam.trackandfieldcoach@gmail.com

Assistant Meet Director: Paula McKenzie paula@caltaf.com

Meet Information: www.caltaf.com

Entry Fee: \$45 per Day

Entry Deadline: Thursday, June 15th at 11:59 p.m.

Late Entry: Sunday, June 18th at 11:59 p.m.

Registration:

<https://www.trackie.com/online-registration/register/cheetah-invitational-athletics-alberta-u10-u12-u14-provincial-championships/490712/>

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

GENERAL INFORMATION

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 10 min before the event begins

FIELD EVENT Marshalling takes place at the event, 30 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 7mm in length and only Christmas tree or pyramid type spikes are permitted.

Scratches during the competition are to be submitted at the Timing Crew

NO Spectators on the track surface. The infield is open to competitors, coaches, and officials ONLY. Spectators must stay in the bleachers.

	SATURDAY, June 24, 2023
U10	60m, Long Jump, Turbo Javelin, 300m
U12	80m, Turbo Javelin, Long Jump, 400m
U14	100m, Shot Put, Long Jump, 800m, *200m Hurdles

	SUNDAY, June 25, 2023
U10	150m, Standing Long Jump, Shot Put, 600m
U12	150m, Shot Put, Discus, 800m
U14	200m, Discus, High Jump, 1200m, *Javelin

**All Categories: 4x100m Relay on Sunday

*200mH – Exhibition event for U14's

*Javelin exhibition event for U14's

Throws Tetrathlon but must do all three (3) Throws – Shot Put, Discus, Javelin

SPECIFICATIONS

U10	U12	U14	EVENT
2kg	2kg	3kg	Shot Put
--	--	750g	Discus
300g	400g	--	Turbo Javelin
--	--	400g	Javelin

MODIFICATIONS

Long Jump: U10, U12 - 1m Takeoff area. Distance will be measured from takeoff. All Jumpers will have three attempts.

High Jump: U14: starting height of .80m with 3cm increments.

Throws: Athletes will receive three attempts

AWARDS

Provincial Medals for Top 3 in individual events for each division, Ribbons for 4th – 8th place.

Medals for Top 3 teams in each relay

Medals for Top 3 U14 in the Throws Tetrathlon

RESULTS

<https://calgarytrackcouncil.com/outdoor-meets.php>

ATHLETICS ALBERTA AWARDS

Athletics Alberta Provincial Multi-Event Annual Award Points

The **Top 10 Registered Athletics Alberta Athletes** in each category will be recognized at the Athletics Alberta

Annual Awards, held in 2024

Criteria for Consideration of AA Annual Awards:

Member of Athletics Alberta at the time of performances.

Athletes placing at the Provincial Championships.

Participation on both days of Provincials is mandatory for awards consideration.

Points are awarded by Athletes score points for their individual events (1st = 10pts, 2nd = 9pts...10th = 1pt...).

Questions regarding this may be submitted to info@athleticsalberta.com.