

## CALTAF welcomes you to MNP Sport Centre for the first ever 2023

## Cheetah Indoor Invitational U10 & U12 athletes

MNP Community & Sport Centre

2225 Macleod Trail S.E

Sunday, February 19, 2023

10:00 a.m. - 2:00 p.m. Sanctioned by Athletics Alberta

U12 - Born 2012 & 2013 U10 - Born 2014 & 2015

Meet Director:	Nikhil Shah <u>nikhil105ta@gmail.com</u>	
Assistant Meet Director:	Paula McKenzie paula@caltaf.com	
Meet Information:	https://www.caltaf.com/	
Entry Fee:	\$30	
Entry Deadline:	Friday, February 10 <sup>th</sup> at 11:59 p.m.	
Late Entry:	Sunday, February 12th at 11:59 p.m.	

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

## **GENERAL INFORMATION**

This first meet will allow the U10 and U12 athletes to try out a short sprint, mid-distance run, long jump and ball throw prior to the Indoor Provincials.

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 10 min before the event begins.

FIELD EVENT Marshalling takes place at the event, 15 min prior to the start of the event.

Hip numbers must be worn on the right hip and shirts must be tucked.

All Track races are timed finals, 4 per heat in 60m races.

All long-distance runners will waterfall start with 6 per heat.

No starting blocks will be used.

Spikes must not be longer than 7mm in length and Christmas tree or pyramid-type spikes are NOT permitted.

Scratches during the competition are to be submitted at the Finish Line Shed.

NO Spectators on the track surface. The track area is open to competitors, coaches, and officials ONLY. Spectators must stay outside the glass or in the bleachers on the second level.

Live Results will be posted: <u>https://calgarytrackcouncil.com/Cheetah2023Indoor</u>

DIVISION	SUNDAY, February 19,
	2023
U10	60m, 600m, Long Jump,
	Ball throw
U12	60m, 600m, Long Jump,
	Ball Throw

## SPECIFICATIONS

Long Jump - U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff. 3

attempts.

Ball Throw - Athletes will receive 3 attempts and will do all three at the same time

ТКАСК	FIELD
10:00 am U10 Girls 60m	10:30 am U10 Girls Ball throw
10:10 am U10 Boys 60m	10:45 am U10 Boys Long jump
10:20 am U12 girls 60m	11:00 am U12 Girls Ball throw
10:35 am U12 Boys 60m	11:15 am U12 Boys Long Jump
11:45 am U10 girls 600m	12:30 pm U10 Boys Ball throw
11:55 am U10 boys 600m	12:40 pm U10 Girls Long Jump
12:10 pm U12 girls 600m	1:10 pm U12 Boys Ball Throw
12:20 pm U12 boys 600m	1:20 pm U12 Girls Long Jump

Full Schedule: 10:00 am U10 Girls 60m 10:10 am U10 Boys 60m 10:20 am U12 girls 60m 10:35 am U12 Boys 60m 10:30 am U10 Girls Ball Throw 10:45 am U10 Boys Long jump 11:00 am U12 Girls Ball Throw 11:15 am U12 Boys Long Jump 11:45 am U10 girls 600m 11:55 am U10 boys 600m 12:10 pm U12 girls 600m 12:20 pm U12 boys 600m 12:30 pm U10 Boys Ball throw 12:40 pm U10 Girls Long Jump 1:10 pm U12 Boys Ball Throw 1:20 pm U12 Girls Long Jump