

## Outdoor Season Bests 2012

MARK	NAME	Y OF B	DATE	MEET
<b>Female 50m</b>	<b>2010 A. Martin 8.37</b>			
8.55	Jazmin McIntosh	2003	May	Calgary Hershey
9.43	Robyn McLean	2004	May	Calgary Hershey
10.66	Karen Fowlow	2005	May	Calgary Hershey
12.34	Madison Cyr	2005	May	Calgary Hershey
<b>Female 60m</b>	<b>2010 A. Martin 9.37</b>			
10.06	Alex Matsuoka	2002	June	Classic
10.34	Taylor MacKay	2002	June	Classic
10.39	Olivia Wilson	2003	June	Classic
10.60	Elizabeth Harper	2002	June	Classic
10.90	Maya Wilson	2002	June	Classic
11.20	Isabelle Perks	2002	May	Spr Challenge
11.31	Isabelle Perks	2002	June	Classic
12.47	Karen Fowlow	2005	June	Classic
12.91	Karen Fowlow	2005	May	Spr Challenge
<b>Female 80m</b>	<b>2013 M Sharp 10.88</b>			
10.88	Molly Sharp	2000	June	Classic
11.32	Molly Sharp	2000	May	Spr Challenge
11.57	Lisa Cozma	2001	June	Classic
11.60	Lisa Cozma	2001	May	Spr Challenge
11.76	Annette Berry	2000	June	Classic
12.01	Robin Danyluk	2000	June	Classic
12.09	Jasper Crockford	2001	June	Classic
12.10	Rathaine Randle	2000	June	Classic
12.24	Grace Lew	2000	June	Classic
12.48	Tyra Bliss	2000	June	Classic
12.51	Tyra Bliss	2000	May	Spr Challenge
12.89	Olivia Adams	2001	May	Spr Challenge
12.91	Madison Michiels	2000	May	Spr Challenge
13.03	Rachel Kraft	2001	May	Spr Challenge
13.29	Taylor Nishimura	2000	June	Classic
13.71	Taylor Nishimura	2000	May	Spr Challenge
13.83	Morgan Boot	2001	May	Spr Challenge
<b>Female 100m</b>	<b>2012 S Hughes 12.39</b>			
12.63	Sarah Hughes	1994	June	Classic
12.94	Meghan Lim	1997	June	Classic
12.99	Emily Rendell	1997	June	Classic
13.06	Emily Wilson-Bodnar	1995	June	Classic
13.15	Emily Wilson-Bodnar	1995	April	UCSD Triton
13.16f	Emily Rendell	1997	May	Nike Grand Prix

13.19	Emily Wilson-Bodnar	1995	May	Spr Challenge
13.23f	Meghan Lim	1997	May	Spr Challenge
13.28p	Meghan Lim	1997	May	Spr Challenge
13.31p	Emily Rendell	1997	May	Nike Grand Prix
13.33	Meghan Lim	1997	June	NB 3
13.38	Mia Hull	1998	June	Classic
13.38	Emily Wilson-Bodnar	1995	May	NB 1
13.42	Meghan Lim	1997	May	NB 1
13.43	Emily Rendell	1997	June	NB 3
13.49	Sarah Choate	1998	June	Classic
13.53	Emily Rendell	1997	May	NB 1
13.60	Jasmine Galey	1995	May	Dino Red
13.61	Vienna Graham	1999	June	Classic
13.62	Mia Hull	1998	May	NB 2
13.63	Emma Chong	1998	June	Classic
13.63p	Sarah Choate	1998	May	Spr Challenge
13.66	Mia Hull	1998	May	NB 1
13.72	Grace Chalmers	1999	June	Classic
13.74	Sarah Choate	1998	May	NB 2
13.75f	Sarah Choate	1998	May	Spr Challenge
13.76	Anise Parker	1998	June	Classic
13.83	Sarah Choate	1998	May	NB 1
13.87p	Molly Sharp	2000	June	Hershey Prov
13.87	Emma Chong	1998	June	NB 3
13.88	Hanna Svensson	1999	May	NB 2
13.91p	Vienna Graham	1999	June	Hershey Prov
13.91	Hanna Svensson	1999	June	Classic
13.95p	Emma Chong	1998	May	Spr Challenge
13.99f	Molly Sharp	2000	June	Classic
14.04	Molly Sharp	2000	June	NB 3
14.06f	Vienna Graham	1999	June	Hershey Prov
14.06	Sarah Choate	1998	June	NB 3
14.09	Grace Chalmers	1999	June	NB 3
14.12f	Emma Chong	1998	May	Spr Challenge
14.12	Brooke Sillito	1996	May	Dino Red
14.14	Lisa Cozma	2001	May	NB 2
14.18	Vienna Graham	1999	May	Calgary Hershey
14.20	Keara Penner	1997	May	Dino Red
14.20	Jasmine Galey	1995	June	NB 3
14.21p	Lisa Cozma	2001	June	Hershey Prov
14.25	Molly Sharp	2000	May	NB 1
14.28	Hanna Svensson	1999	June	NB 3
14.33	Molly Sharp	2000	May	Calgary Hershey
14.44	Mia Hull	1998	June	NB 3
14.46	Grace Chalmers	1999	May	NB 1
14.47	Amelia Zielke	1999	June	Classic
14.52f	Lisa Cozma	2001	June	Hershey Prov
14.55	Lisa Cozma	2001	May	NB 1
14.61	Amelia Zielke	1999	May	NB 2
14.78	Lisa Cozma	2001	May	Calgary Hershey
14.80	Amelia Zielke	1999	June	NB 3
14.85	Amelia Zielke	1999	May	Spr Challenge

14.86	Kiannah Wright	1998	June	Classic
14.90	Kiannah Wright	1998	May	NB 2
15.06	Grace Chalmers	1999	May	Spr Challenge
15.11	Amelia Zielke	1999	May	Calgary Hershey
15.11	Rhea Foster	1998	June	Classic
15.13	Amelia Zielke	1999	May	NB 1
15.16	Rhea Foster	1998	May	NB 2
15.32	Skylar Sieben	2000	May	NB 1
15.35	Rathaine Randle	2000	May	Spr Challenge
15.38	Kiannah Wright	1998	June	NB 3
15.42	Anna Sellers	1999	June	NB 3
15.48	Robin Danyluk	2000	May	Calgary Hershey
15.74	Rhea Foster	1998	May	Spr Challenge
15.8	Rhea Foster	1998	June	NB 3
15.90	Grace Lew	2000	May	Calgary Hershey
15.92	Maxine Griffith	1998	June	Classic
15.96	Olivia Adams	2001	June	NB 3
16.13	Maxine Griffith	1998	June	NB 3
16.51	Jazmin McIntosh	2003	May	Calgary Hershey
17.07	Katy Morgans	2001	May	Calgary Hershey
17.72	Isabelle Perks	2002	May	Calgary Hershey
25.45	Madison Cyr	2003	May	Calgary Hershey

**Female 100 m  
T44/F44**

16.73	Calista Nortcliffe	1999	May	NB 1
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**Female 150m 2010 E. Martin 20.79**

21.61	Molly Sharp	2000	May	Spr Challenge
21.63	Lisa Cozma	2001	May	Spr Challenge
24.05	Tyra Bliss	2000	May	Spr Challenge
24.06	Madison Michiels	2000	May	Spr Challenge
24.66	Rachel Kraft	2001	May	Spr Challenge
24.81	Olivia Adams	2001	May	Spr Challenge
25.37	Taylor Nishimura	2000	May	Spr Challenge
25.44	Mikenna Spademan	2000	May	Spr Challenge

**Female 200m 2012 E Hirst 25.16**

25.85	Sarah Hughes	1994	June	Classic
26.05f	Athena Furlas	1997	May	City HS
26.22f	Athena Furlas	1997	May	HS Red
26.31CE	Nicky Charlesworth	1994	May	Spr Challenge
26.37f	Meghan Lim	1997	June	Classic
26.43p	Emily Wilson Bodnar	1996	June	HS Prov
26.43p	Athena Furlas	1997	May	HS Red
26.47f	Emily Wilson Bodnar	1996	May	City HS
26.49f	Emily Wilson Bodnar	1996	June	HS Prov
26.57p	Meghan Lim	1997	June	Classic
26.69p	Athena Furlas	1997	May	City HS

26.8	Emily Wilson Bodnar	1996	June	Classic
26.80f	Meghan Lim	1997	May	City HS
26.85f	Emily Wilson Bodnar	1996	May	HS Red
27.16f	Meghan Lim	1997	May	Spr Challenge
27.24	Emily Rendell	1997	June	Classic
27.30p	Emily Wilson Bodnar	1996	May	City HS
27.40f	Jasmine Galey	1995	May	HS Blue
27.42	Athena Furlas	1997	May	Dino Gold
27.45	Emily Rendell	1997	May	Nike Grand Prix
27.45p	Meghan Lim	1997	May	City HS
27.52p	Emily Wilson Bodnar	1996	May	HS Red
27.72p	Emily Wilson Bodnar	1996	May	Spr Challenge
27.92f	Emily Wilson Bodnar	1996	May	Spr Challenge
27.92	Emily Wilson Bodnar	1996	May	NB 1
28.11p	Meghan Lim	1997	May	Spr Challenge
28.26p	Jasmine Galey	1995	May	HS Blue
28.30	Hanna Svensson	1999	June	Classic
28.42	Jasmine Galey	1995	May	Dino Gold
28.47	Jasmine Galey	1995	May	NB 1
28.57	Emma Chong	1998	June	Classic
28.69	Jasmine Galey	1995	May	City HS
28.83	Sarah Choate	1998	June	Classic
28.88p	Brooke Sillito	1996	May	HS Blue
28.88	Savanna Jordan	1999	June	Classic
28.91	Grace Chalmers	1999	June	Classic
28.93f	Brooke Sillito	1996	May	HS Blue
29.12p	Sarah Choate	1998	May	Spr Challenge
29.25	Emma Chong	1998	May	Spr Challenge
29.26	Anise Parker	1998	June	Classic
29.35	Brooke Sillito	1996	May	Spr Challenge
29.45	Savanna Jordan	1999	May	NB 1
29.52	Keara Penner	1997	May	HS Blue
29.58	Hanna Svensson	1999	May	NB 1
29.62	Grace Chalmers	1999	June	Hershey Prov.
29.76	Grace Chalmers	1999	May	Calgary Hershey
30.08	Lisa Cozma	2001	June	Hershey Prov.
30.25	Rachel Yee	1992	May	NB 1
30.38	Grace Chalmers	1999	May	NB 1
30.60	Siri Svensson	1996	May	Spr Challenge
30.74	Lisa Cozma	2001	May	Calgary Hershey
31.52	Kiannah Wright	1998	June	Classic
31.57	Robin Danyluk	2000	May	Calgary Hershey
31.71	Miriam Woldu	1998	June	Classic
31.92	Kiannah Wright	1998	May	Spr Challenge
31.98	Kiannah Wright	1998	May	NB 1
32.20	Rhea Foster	1998	May	NB 1
32.32	Rhea Foster	1998	May	Spr Challenge
32.53	Miriam Woldu	1998	May	NB 1
32.79	Ella Rosquist	1998	May	NB 1
32.92	Tyra Bliss	2000	May	NB 1
33.49	Maxine Griffith	1998	June	Classic
33.54	Grace Lew	2000	May	Calgary Hershey

34.66	Ariana Gray	2001	May	Calgary Hershey
34.91	Taylor Nishimura	2000	May	NB 1
37.63	Robyn McLean	2004	May	Calgary Hershey

**Female 300m 2010 E. Hirst 41.78**

44.88	Sarah Choate	1998	June	Classic
45.37	Savanna Jordan	1999	June	Classic
45.99	Sarah Choate	1998	May	Spr Challenge
46.52	Savanna Jordan	1999	May	Spr Challenge
46.53	Sarah Choate	1998	June	NB 3
46.84	Hanna Svensson	1999	June	Classic
47.87	Grace Chalmers	1999	June	Classic
48.01	Molly Sharp	2000	June	NB 3
50.31	Anna Sellers	1999	May	NB 2
50.43	Anna Sellers	1999	June	Classic
51.43	Rhea Foster	1998	June	Classic
51.78	Tyra Bliss	2000	May	NB 2
51.8	Kathleen Harper	1998	June	Classic
52.05	Deia Hida	1999	May	NB 2
55.32	Olivia Adams	2001	June	NB 3

**Female 400m 2007 H Ratzlaff 55.71**

58.02	Athena Furlas	1997	May	City HS
58.84	Athena Furlas	1997	May	HS Red
1.02.71	Jasmine Galey	1995	May	Spr Challenge
1.03.01	Jasmine Galey	1995	May	HS Blue
1.03.32	Jasmine Galey	1995	May	City HS
1.03.45	Katie Campbell	1995	May	Spr Challenge
1.03.57	Jasmine Galey	1995	June	Classic
1.03.82	Katie Campbell	1995	May	Dino Red
1.04.15	Brooke Sillito	1996	May	City HS
1.04.20	Katie Campbell	1995	JUne	Classic
1.04.39	Meghan Lim	1997	June	NB 3
1.05.03	Brooke Sillito	1996	May	HS Blue
1.05.92	Emily Craig	1996	May	HS Red
1.06.00	Emily Craig	1996	May	City HS
1.06.52	Brooke Sillito	1996	May	NB 2
1.06.62	Brooke Sillito	1996	May	Dino Red
1.07.36	Emily Craig	1996	May	Spr Challenge
1.07.52	Rachel Yee	1992	May	Spr Challenge
1.07.92	Emily Craig	1996	May	Dino Red
1.08.66	Emily Rendell	1997	May	Nike Grand Prix
1.09.41	Rachel Yee	1992	June	Classic
1.10.86	Rachel Yee	1992	June	NB 3
1.19.68	Ariana Gray	2001	May	Calgary Hershey
1.12.17	Delainey Conibear	1997	May	Spr Challenge
1.21.43	Elizabeth Harper	2002	May	Calgary Hershey

**Female 600m 2007 R Romero 1.36.68**

1.49.33	Annette Berry	2000	June	Classic
1.53.40	Molly Sharp	2000	June	Classic
2.00.35	Jasper Crockford	2001	June	Classic
2.02.79	Tyra Bliss	2000	June	Classic
2.06.84	Robin Danyluk	2000	June	Classic
2.07.38	Taylor Nishimura	2000	June	Classic
2.07.47	Lisa Cozma	2001	June	Classic
2.07.77	Rathaine Randle	2000	June	Classic
2.10.92	Elizabeth Harper	2002	June	Classic
2.12.60	Morgan Boot	2001	June	Classic
2.13.09	Alex Matsuoka	2002	June	Classic
2.16.41	Taylor MacKay	2002	June	Classic
2.17.33	Grace Lew	2000	June	Classic
2.19.24	Maya Wilson	2002	June	Classic
2.31.74	Isabelle Perks	2002	May	Spr Challenge
2.36.14	Karen Fowlow	2005	June	Classic

**Female 800m      2009 H Ratzlaff 2.06.98**

2.18.50	Kamila Olguin	1999	June	Hershey prov
2.19.82	Gillian Ceyhan	1996	April	Azusa Pacific
2.20.22	Gillian Ceyhan	1996	June	HS Prov
2.26.74h	Kamila Olguin	1999	May	Airdrie Hershey
2.29.10	Kendall Seasons	1995	June	HS Prov
2.29.59	Katie Campbell	1995	May	Dino Gold
2.31.02	Katie Campbell	1995	May	City HS
2.31.12	Kendall Seasons	1995	May	NB 1
2.31.92	Corinna Fowlow	1999	June	NB 3
2.32.51	Annette Berry	2000	June	Classic
2.32.63	Corrina Fowlow	1999	June	Classic
2.32.93	Annette Berry	2000	May	Spr Challenge
2.33.68	Annette Berry	2000	May	NB 1
2.33.89	Annette Berry	2000	June	Hershey prov
2.33.97	Katie Campbell	1995	April	Azusa Pacific
2.34.13	Emily Craig	1996	May	HS Red
2.34.76	Katie Campbell	1995	May	HS Blue
2.34.89	Katie Campbell	1995	June	HS Prov
2.35.13	Annette Berry	2000	May	Calgary Hershey
2.35.31	Corinna Fowlow	1999	May	Spr Challenge
2.37.72CE	Nicky Charlesworth	1994	May	Spr Challenge
2.38.07	Katie Campbell	1995	June	Classic
2.38.65	Savanna Jordan	1999	May	NB 1
2.39.41	Emily Craig	1996	May	City HS
2.39.56	Cam Knowles	1999	May	NB 1
2.41.16	Maddy Lee	1998	May	NB 1
2.41.63	Maddy Lee	1998	May	Spr Challenge
2.42.25	Maddy Lee	1998	June	Classic
2.45.54	Rachel Yee	1992	June	Classic
2.47.17CE	Hanna Svensson	1999	May	Spr Challenge
2.49.37	Anna Sellers	1999	May	NB 1
2.49.92CE	Mia Hull	1998	May	Spr Challenge
2.50.68	Cam Knowles	1999	June	Classic

2.55.00	Anna Sellers	1999	May	Calgary Hershey
2.57.22	Miriam Woldu	1998	May	NB 3
2.59.13	Jenna Gregg	2001	May	Calgary Hershey
3.07.41	Elizabeth Harper	2002	June	Hershey prov
3.08.44	Elizabeth Harper	2002	May	Calgary Hershey
3.09.92	Grace Lew	2000	June	Classic
3.10.91	Mikenna Spademan	2000	May	Spr Challenge

**Female 1000m 2007 H Sim 2.55.80**

**Female 1200m 2013 K Olguin 3.42.88**

3.42.88	Kamila Olguin	1999	May	Spr Challenge
3.43.46	Kamila Olguin	1999	June	Classic
3.54.32	Kamila Olguin	1999	May	NB 2
4.07.45	Corinna Fowlow	1999	June	Classic
4.11.52	Annette Berry	2000	May	Spr Challenge
4.14.93	Maddy Lee	1998	June	Classic
4.22.05	Corinna Fowlow	1999	May	NB 2
4.34.86	Cam Knowles	1999	June	Classic
4.47.82	Kathleen Harper	1998	June	Classic

**Female 1500m 2008 H Sim 4.25.07**

4.28.27	Gillian Ceyhan	1996	April	Beach Invitational
4.51.34	Gillian Ceyhan	1996	June	HS Prov
4.56.49	Gillian Ceyhan	1996	May	Spr Challenge
4.57.72	Claudia Belanger	1996	April	Azusa Pacific
4.58.07	Claudia Belanger	1996	April	Beach Invitational
5.03.84	Claudia Belanger	1996	May	Spr Challenge
5.05.75	Claudia Belanger	1996	June	HS Prov
6.05.23	Emily Craig	1996	May	Dino Red

**Female 1600m 2013 K Olguin 5.07.09**

5.07.09	Kamila Olguin	1999	June	Hershey Prov
5.16.00h	Kamila Olguin	1999	May	Calgary Hershey
5.51.61	Annette Berry	2000	June	Hershey Prov
5.56.42	Annette Berry	2000	May	Calgary Hershey
5.26.56	Anna Sellers	1999	May	Calgary Hershey

**Female Mile 2009 H Sim 5.05.90**

5.41.60	Kendall Seasons	1995	May	NB 2
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**Female 2000m 2013 K Olguin 6.30.56**

6.30.56	Kamila Olguin	1999	June	Classic
6.54.26	Kamila Olguin	1999	May	NB 1
7.11.07	Corinna Fowlow	1999	June	Classic

**Female 3000m 2007 L Ogrodnik 9.59.39**

11.03.55	Claudia Belanger	1996	June	HS Prov
11.49.84	Claudia Belanger	1996	May	NB 1

**Female 5000m 2007 F Stenning 17.15.55****Female 60mH 2010 A. Martin 12.19**

<b>Female 80mH</b>	<b>2012 N Charlesworth</b>	<b>11.61</b>	<b>33"</b>
	<b>2011 N. Charlesworth</b>	<b>11.49</b>	<b>30"</b>
	<b>2011 E. Chong</b>	<b>14.77</b>	<b>27"</b>

12.05f 30"	Mia Hull	1998	June	Classic
12.15p 30"	Mia Hull	1998	June	Classic
12.38f 30"	Athena Fourlas	1997	May	City HS
12.41p 30"	Athena Fourlas	1997	May	HS Red
12.42f 30"	Athena Fourlas	1997	May	HS Red
12.46 30"	Mia Hull	1998	May	Spr Challenge
12.48CE 30"	Mia Hull	1998	May	Spr Challenge
12.54 30"	Athena Fourlas	1997	May	Dino Gold
12.55 30"	Mia Hull	1998	May	NB 1
12.56p 30"	Athena Fourlas	1997	May	City HS
12.70 30"	Mia Hull	1998	June	NB 3
12.97p 30"	Emily Wilson Bodnar	1996	May	HS Red
13.49p 30"	Emily Wilson Bodnar	1996	May	City HS
13.51f 30"	Emily Wilson Bodnar	1996	May	HS Red
13.53 30"	Emily Wilson Bodnar	1996	May	Dino Gold
13.66 30"	Emma Chong	1998	May	Spr Challenge
13.67f 30"	Meghan Lim	1997	May	City HS
14.07f 30"	Emily Wilson Bodnar	1996	May	City HS
14.11p 30"	Meghan Lim	1997	May	City HS
14.37 30"	Emma Chong	1998	June	NB 3
14.39 30"	Emma Chong	1998	June	Classic
14.74 30"	Annette Berry	2000	June	Classic
14.85 30"	Molly Sharp	2000	June	Classic
14.95 30"	Molly Sharp	2000	May	Spr Challenge
15.27 30"	Annette Berry	2000	May	Spr Challenge
16.08CE 30"	Hanna Svensson	1999	May	Spr Challenge
16.08 30"	Amelia Zielke	1999	June	Classic
16.29 30"	Madison Michiels	2000	May	Spr Challenge
16.31 30"	Annette Berry	2000	May	NB 1
16.87 30"	Lisa Cozma	2001	June	NB 3
17.10 30"	Robin Danyluk	2000	June	Classic
17.35 30"	Kiva Balog	2001	June	Classic
17.49 30"	Cam Knowles	1999	May	NB 1
17.53 30"	Anna Sellers	1999	May	NB 1
17.54 30"	Grace Lew	2000	June	Classic
18.47 30"	Ella Rosquist	1998	May	NB 1
18.51 30"	Rathaine Randle	2000	June	Classic

18.82	30"	Morgan Boot	2001	June	Classic
19.44	30"	Vienna Graham	1999	June	Classic
19.53	30"	Morgan Boot	2001	May	Spr Challenge

**Female 100mH**    **2011 S Morrison 13.77 30"**  
**2013 N Charlesworth 14.23 33"**

15.59	30"	Athena Furlas	1997	May	NB 1
16.48	30"	Emily Wilson-Bodnar	1996	June	Classic
16.86	30"	Emily Wilson-Bodnar	1996	May	Spr Challenge
17.32	30"	Meghan Lim	1997	May	Spr Challenge
18.13	30"	Emily Wilson-Bodnar	1996	June	NB 3

14.23	33"	Nicky Charlesworth	1994	April	Azusa Pacific
14.41f	33"	Nicky Charlesworth	1994	June	Classic
14.55	33"	Nicky Charlesworth	1994	June	NB 3
14.58p	33"	Nicky Charlesworth	1994	June	Classic
14.81CE	33"	Nicky Charlesworth	1994	May	Spr Challenge
15.71	33"	Melissa Hazen	1994	June	Classic
16.34	33"	Melissa Hazen	1994	June	NB 3
17.33	33"	Emily Wilson Bodnar	1996	April	Steve Scott

**Female 200mH**    **2012 M Lim 28.97**

29.53	Mia Hull	1998	June	Classic
30.23	Mia Hull	1998	May	NB 2
33.38	Annette Berry	2000	May	Spr Challenge
35.97	Anna Sellers	1999	May	NB 2
42.01	Morgan Boot	2001	May	Spr Challenge

**Female 300mH**    **2013 A Furlas 44.32**

44.32	Athena Furlas	1997	May	NB 2
48.47	Emily Wilson-Bodnar	1996	May	NB 2
50.05	Meghan Lim	1997	May	Spr Challenge
53.99	Emily Wilson-Bodnar	1996	May	Spr Challenge

**Female 400mH**    **2007 H Ratzlaff 1.01.27**

1.05.67	Athena Furlas	1997	April	UCSD Triton
1.07.99	Athena Furlas	1997	April	Steve Scott
1.10.50	Jasmine Galey	1995	April	UCSD Triton
1.10.75	Jasmine Galey	1995	May	Spr Challenge
1.11.21	Jasmine Galey	1995	May	NB 2
1.20.74	Jasmine Galey	1995	April	Steve Scott

**Female 1500SC**    **2007 T Dressler 4.57.93**

5.55.43	Madeline Lee	1998	June	Classic
6.06.10	Madeline Lee	1998	June	NB 3
6.40.85	Anna Sellers	1999	June	NB 3
6.44.58	Anna Sellers	1999	June	Classic

**Female 2000SC 2010 A Erdman 6:48.29**

**Female 3000SC 2007 T Dressler 10.31.12**

**Female 1500 RW 2009 E Chappell 10.02.36**

**Female 5k RW 2008 K Samoil 26.59.80**

**Female 20k RW 2008 K Samoil 2:00.01.00**

**Female LJ 1 m Take Off  
2010 A Martin 3.86**

**Female LJ 2012 M Hazen 5.47**

5.32CE	Nicky Charlesworth	1994	May	Spr Challenge
5.29	Melissa Hazen	1994	June	Classic
5.15	Nicky Charlesworth	1994	June	NB 3
4.79	Mia Hull	1998	June	Classic
4.73	Melissa Hazen	1994	June	NB 3
4.70CE	Mia Hull	1998	May	Spr Challenge
4.46	Mia Hull	1998	June	NB 3
4.45	Emily Rendell	1997	June	Classic
4.42	Hanna Svensson	1999	May	NB 1
4.29	Meghan Lim	1997	May	NB 1
4.29	Hanna Svensson	1999	June	Classic
4.28	Emily Rendell	1997	May	NB 1
4.24	Vienna Graham	1999	June	Classic
4.20	Grace Chalmers	1999	May	NB 1
4.19CE	Hanna Svensson	1999	May	Spr Challenge
4.18	Anise Parker	1998	June	Classic
4.17	Amelia Zielke	1999	May	NB 1
4.16	Natasha Prosser	1997	May	NB 1
4.14	Lisa Cozma	2001	May	NB 1
4.13	Molly Sharp	2000	May	Spr Challenge
4.13	Annette Berry	2000	June	Classic
4.09	Emily Rendell	1997	June	NB 3
4.06	Sarah Choate	1998	May	NB 1
4.05	Amelia Zielke	1999	May	Spr Challenge
4.05	Molly Sharp	2000	May	NB 1
4.00	Sarah Choate	1998	May	Spr Challenge
3.93	Annette Berry	2000	May	NB 1
3.89	Natasha Prosser	1997	June	Classic
3.86	Molly Sharp	2000	June	Classic
3.85	Lisa Cozma	2001	May	Spr Challenge
3.85	Rathaine Randle	2000	June	Classic

3.83	Robin Danyluk	2000	June	Classic
3.81	Annette Berry	2000	May	Spr Challenge
3.81	Rathaine Randle	2000	May	Spr Challenge
3.80	Amelia Zielke	1999	June	NB 3
3.79	Sarah Choate	1998	June	Classic
3.73	Tyra Bliss	2000	May	NB 1
3.73	Rhea Foster	1998	May	NB 1
3.66	Grace Chalmers	1999	June	NB 3
3.65	Rhea Foster	1998	May	Spr Challenge
3.64	Hanna Svensson	1999	June	NB 3
3.64	Tyra Bliss	2000	May	Spr Challenge
3.62	Sarah Choate	1998	June	NB 3
3.59	Grace Chalmers	1999	June	Classic
3.57	Lisa Cozma	2001	June	Classic
3.53	Rhea Foster	1998	June	Classic
3.49	Tyra Bliss	2000	June	Classic
3.49	Rathaine Randle	2000	May	NB 1
3.44	Lisa Cozma	2001	June	NB 3
3.33	Rachel Kraft	2001	May	Spr Challenge
3.30	Molly Sharp	2000	June	NB 3
3.22	Taylor Nishimura	2000	May	NB 1
3.12	Grace Lew	2000	June	Classic
3.07	Taylor Nishimura	2000	May	Spr Challenge
3.06	Morgan Boot	2001	May	Spr Challenge
3.03	Madison Michiels	2000	May	Spr Challenge
2.93	Morgan Boot	2001	June	Classic
2.84	Mikenna Spademan	2000	May	Spr Challenge
2.77	Isabelle Perks	2002	May	Spr Challenge
2.71	May Wilson	2002	June	Classic
2.51	Olivia Adams	2001	May	Spr Challenge
2.45	Miriam Woldu	1998	June	Classic
1.6	Karen Fowlow	2005	June	Classic
1.42	Karen Fowlow	2005	May	Spr Challenge

### Female Standing Long Jump

### 2008 N Charlesworth 2.36

2.12	Robin Danyluk	2000	May	Calgary Hershey
2.10	Amelia Zielke	1999	May	Calgary Hershey
2.09	Molly Sharp	2000	May	Calgary Hershey
2.03	Amelia Zielke	1999	June	Hershey Prov
2.02	Robin Danyluk	2000	June	Hershey Prov
1.92	Annette Berry	2000	May	Calgary Hershey
1.87	Elizabeth Harper	2002	May	Calgary Hershey
1.83	Annette Berry	2000	June	Hershey Prov
1.80	Karen Fowlow	2005	June	Classic
1.77	Isabelle Perks	2002	May	Calgary Hershey
1.74	Jenna Gregg	2001	May	Calgary Hershey
1.67	Elizabeth Harper	2002	June	Classic
1.67	Isabelle Perks	2002	June	Classic
1.62	Alex Matsuoka	2002	June	Classic
1.62	Olivia Wilson	2003	June	Classic
1.60	Elizabeth Harper	2002	June	Hershey Prov

1.54	Maya Wilson	2002	June	Classic
1.48	Robyn McLean	2004	May	Calgary Hershey
1.42	Taylor MacKay	2002	June	Classic
0.84	Karen Fowlow	2005	May	Calgary Hershey

**Female TJ 2007 K Tse 11.69**

10.24	Anise Parker	1998	June	Classic
9.26	Sarah Choate	1998	May	Spr Challenge
9.25	Sarah Choate	1998	May	NB 2
8.44	Sarah Choate	1998	June	Classic

**Female HJ 2009 N Charlesworth 1.70**

1.60CE	Nicky Charlesworth	1994	May	Spr Challenge
1.55	Nicky Charlesworth	1994	June	Classic
1.47CE	Mia Hull	1998	May	Spr Challenge
1.45	Emma Chong	1998	May	NB 2
1.45	Emma Chong	1998	June	Classic
1.40	Emma Chong	1998	May	Spr Challenge
1.40	Mia Hull	1998	May	NB 2
1.40	Lauren Fridman	1996	May	City HS
1.35	Natasha Prosser	1997	May	Nike Grand Prix
1.35	Annette Berry	2000	June	Classic
1.35	Natasha Prosser	1997	June	Classic
1.30	Corinna Fowlow	1999	May	NB 2
1.30	Corinna Fowlow	1999	May	Spr Challenge
1.30	Rathaine Randle	2000	June	Classic
1.25	Madison Michiels	2000	May	Spr Challenge
1.23CE	Hanna Svensson	1999	May	Spr Challenge
1.20	Skylar Sieben	2000	May	Spr Challenge
1.15	Tyra Bliss	2000	June	Classic
1.15	Lisa Cozma	2001	June	Classic
1.15	Grace Lew	2000	June	Classic
1.15	Molly Sharp	2000	June	Classic
1.10	Robin Danyluk	2000	June	Classic
1.10	Annette Berry	2000	May	Spr Challenge
1.10	Rachel Kraft	2001	May	Spr Challenge
1.10	Tyra Bliss	2000	May	NB 2
1.00	Morgan Boot	2001	June	Classic
1.00	Morgan Boot	2001	May	Spr Challenge

**Female SP 2013 S Svensson 10.80 4kg**  
**2013 S Svensson 12.05 3kg**  
**2012 H Svensson 7.25 2.7kg**  
**2012 L Cozma 5.75 2kg**

10.80 4kg	Siri Svensson	1996	June	HS Prov
10.19CE 4kg	Nicky Charlesworth	1994	May	Spr Challenge
9.97 4kg	Siri Svensson	1996	May	HS Blue
9.87 4kg	Siri Svensson	1996	May	Dino Gold
9.62 4kg	Siri Svensson	1996	May	City HS

8.79	4kg	Diane Campbell	1994	May	Throws Gala
8.14	4kg	Lauren Fridman	1996	May	City HS
12.05	3kg	Siri Svensson	1996	June	Classic
11.76	3kg	Siri Svensson	1996	May	Spr Challenge
11.35	3kg	Siri Svensson	1996	May	NB 1
11.01	3kg	Siri Svensson	1996	June	NB 3
9.62	3kg	Hanna Svensson	1999	May	NB 1
9.50	3kg	Dana Gerlitz	1997	June	Clasi
9.39	3kg	Hanna Svensson	1999	May	Spr Challenge
9.31CE	3kg	Mia Hull	1998	May	Spr Challenge
9.27	3kg	Rathaine Randle	2000	May	NB 1
9.19	3kg	Rathaine Randle	2000	May	Spr Challenge
9.04	3kg	Rathaine Randle	2000	June	Classic
9.04	3kg	Dana Gerlitz	1997	May	Spr Challenge
8.91CE	3kg	Hanna Svensson	1999	May	Spr Challenge
8.89	3kg	Hanna Svensson	1999	June	Classic
8.75	3kg	Hanna Svensson	1999	June	NB 3
8.61	3kg	Mia Hull	1998	May	NB 1
8.40	3kg	Dana Gerlitz	1997	May	NB 1
8.35	3kg	Rathaine Randle	2000	June	NB 3
8.07	3kg	Skylar Sieben	2000	June	Classic
8.01	3kg	Skylar Sieben	2000	May	Spr Challenge
7.55	3kg	Skylar Sieben	2000	May	NB 1
6.62	3kg	Corinna Fowlow	1999	May	Spr Challenge
6.10	3kg	Lisa Cozma	2001	June	Classic
6.08	3 kg	Kiannah Wright	1998	May	NB 1
5.98	3kg	Robin Danyluk	2000	June	Classic
5.95	3kg	Kiannah Wright	1998	May	Spr Challenge
5.93	3kg	Kiannah Wright	1998	June	NB 3
5.85	3kg	Corinna Fowlow	1999	June	NB 3
5.83	3kg	Kiannah Wright	1998	June	Classic
5.72	3kg	Lisa Cozma	2001	May	NB 1
5.70	3kg	Miriam Woldu	1998	June	Classic
5.68	3kg	Rhea Foster	1998	June	Classic
5.64	3kg	Rhea Foster	1998	May	NB 1
5.62	3kg	Lisa Cozma	2001	May	Spr Challenge
5.61	3kg	Rhea Foster	1998	May	Spr Challenge
5.52	3kg	Rhea Foster	1998	June	NB 3
5.36	3kg	Lisa Cozma	2001	June	NB 3
5.28	3kg	Skylar Sieben	2000	June	Classic
5.22	3kg	Miriam Woldu	1998	May	NB 1
5.01	3kg	Cam Knowles	1999	May	NB 1
5.01	3kg	Morgan Boot	2001	June	Classic
4.86	3kg	Annette Berry	2000	June	Classic
4.83	3kg	Tyra Bliss	2000	June	Classic
4.60	3kg	Miriam Woldu	1998	June	NB 3
4.36	3kg	Annette Berry	2000	May	Spr Challenge
4.28	3kg	Tyra Bliss	2000	May	Spr Challenge
4.12	3kg	Grace Lew	2000	June	Classic
5.36	2kg	Alex Matsuoka	2002	June	Classic

2.61	2kg	Karen Fowlow	2005	June	Classic
<b>Female Javelin</b>		<b>2013 D Campbell 35.96</b>	<b>600g</b>		
		<b>2013 D Gerlitz 35.84</b>	<b>500g</b>		
35.96	600g	Diane Campbell	1994	June	Classic
35.32	600g	Diane Campbell	1994	May	Throws Gala
35.24	600g	Diane Campbell	1994	May	Throws Gala
34.70	600g	Diane Campbell	1994	May	Throws Gala
34.00	600g	Alanna Pearson	1995	May	HS Red
33.14	600g	Lauren Fridman	1996	May	City HS
32.77	600g	Lauren Fridman	1996	June	HS Prov
32.02	600g	Diane Campbell	1994	May	Spr Challenge
31.85	600g	Alanna Pearson	1995	June	HS Prov
31.77	600g	Alanna Pearson	1995	May	City HS
31.26	600g	Nicky Charlesworth	1994	May	Spr Challenge
30.83	600g	Dana Gerlitz	1997	May	Dino Gold
30.40	600g	Dana Gerlitz	1997	June	HS Prov
30.38	600g	Alanna Pearson	1995	May	Dino Gold
30.29	600g	Alanna Pearson	1995	June	Classic
30.10	600g	Siri Svensson	1996	May	Dino Gold
30.02	600g	Siri Svensson	1996	May	HS Blue
29.64	600g	Dana Gerlitz	1997	May	City HS
29.61	600g	Siri Svensson	1996	May	City HS
29.43	600g	Dana Gerlitz	1997	May	HS Blue
27.54	600g	Alanna Pearson	1995	May	Spr Challenge
35.84	500g	Dana Gerlitz	1997	June	Classic
35.61	500g	Dana Gerlitz	1997	May	Throws Gala
33.82	500g	Lauren Fridman	1996	May	NB 1
32.74	500g	Dana Gerlitz	1997	May	Throws Gala
32.36	500g	Siri Svensson	1996	May	NB 1
31.62	500g	Siri Svensson	1996	May	Spr Challenge
31.49	500g	Dana Gerlitz	1997	May	Spr Challenge
31.06	500g	Dana Gerlitz	1997	May	NB 1
31.00	500g	Siri Svensson	1996	June	Classic
24.78	500g	Rathaine Randle	2000	May	Spr Challenge
23.78	500g	Rathaine Randle	2000	May	NB 1
17.66	500g	Anna Sellers	1999	May	NB 1
17.21	500g	Anna Sellers	1999	June	Classic
14.48	500g	Kiannah Wright	1998	June	Classic
14.03	500g	Kiannah Wright	1998	May	NB 1
12.62	500g	Kiannah Wright	1998	May	Spr Challenge
<b>Female Discus</b>		<b>2013 D Campbell 34.06</b>	<b>1 kg</b>		
		<b>2011 M Yee 28.81</b>	<b>750g</b>		
34.06	1 kg	Diane Campbell	1994	May	Throws Gala
32.82	1kg	Diane Campbell	1994	June	Classic
31.38	1kg	Siri Svensson	1996	May	City HS
31.22	1kg	Siri Svensson	1996	May	NB 2
30.54	1kg	Siri Svensson	1996	June	HS Prov

30.02	1kg	Siri Svensson	1996	June	Classic
29.30	1kg	Siri Svensson	1996	May	Spr Challenge
28.82	1kg	Siri Svensson	1996	May	HS Blue
27.93	1kg	Diane Campbell	1994	May	Spr Challenge
27.70	1kg	Dana Gerlitz	1997	May	Throws Gala
27.52	1kg	Dana Gerlitz	1997	May	City HS
27.28	1kg	Dana Gerlitz	1997	May	Dino Red
27.15	1kg	Dana Gerlitz	1997	June	HS Prov
26.98	1kg	Dana Gerlitz	1997	May	HS Blue
26.79	1kg	Dana Gerlitz	1997	June	Classic
26.23	1kg	Dana Gerlitz	1997	May	Spr Challenge
24.21	1kg	Rathaine Randle	2000	May	NB 2
23.66	1kg	Alanna Oearson	1995	May	City HS
23.28	1kg	Rathaine Randle	2000	May	Spr Challenge
23.16	1kg	Hanna Svensson	1999	June	Classic
22.46	1 kg	Hanna Svensson	1999	May	NB 2
17.44	1kg	Amelia Zielke	1999	June	Classic
17.41	1kg	Amelia Zielke	1999	May	Spr Challenge
17.25	1kg	Amelia Zielke	1999	May	NB 2
16.34	1kg	Kiannah Wright	1998	May	NB 2
15.80	1kg	Kiannah Wright	1998	June	Classic
14.88	1kg	Kiannah Wright	1998	May	Spr Challenge
14.11	1kg	Maxine Griffith	1998	June	Classic
11.93	1kg	Lisa Cozma	2001	May	NB 2

27.13	750g	Rathaine Randle	2000	June	Classic
19.06	750g	Skylar Sieben	2000	June	Classic
14.71	750g	Morgan Boot	2001	June	Classic
13.44	750g	Annette Berry	2000	June	Classic
13.41	750g	Lisa Cozma	2001	June	Classic
13.36	750g	Molly Sharp	2000	June	Classic
12.76	750g	Madison Michiels	2000	May	Spr Challenge
11.37	750g	Lisa Cozma	2001	May	Spr Challenge
9.69	750g	Grace Lew	2000	June	Classic

**Female HT**      **2007 T Johnson 35.71**      **4kg**  
**2013 H Svensson 36.58**      **3kg**

32.87	4kg	Siri Svensson	1996	May	NB 2
36.58	3kg	Siri Svensson	1996	June	Classic
35.78	3kg	Hanna Svensson	1999	May	NB 2
35.03	3kg	Siri Svensson	1996	May	Spr Challenge
33.35	3kg	Hanna Svensson	1999	May	Spr Challenge
32.53	3kg	Siri Svensson	1996	June	NB 3
32.41	3kg	Hanna Svensson	1999	June	Classic
28.75	3kg	Rathaine Randle	2000	May	NB 2
22.88	3kg	Rathaine Randle	2000	June	NB 3
20.87	3kg	Rathaine Randle	2000	May	Spr Challenge
14.83	3kg	Kiannah Wright	1998	June	Classic
14.74	3kg	Kiannah Wright	1998	May	NB 2
14.52	3kg	Kiannah Wright	1998	May	Spr Challenge

14.31 3kg Kiannah Wright 1998 June NB 3

**Fem. Ball Throw 2008 N Charlesworth 43.66**

23.55	Lisa Cozma	2001	June	Hershey Prov
22.70	Lisa Cozma	2001	May	Calgary Hershey
18.28	Taylor MacKay	2002	June	Classic
17.76	Grace Lew	2000	May	Calgary Hershey
16.74	Olivia Wilson	2003	June	Classic
14.02	Isabelle Perks	2002	June	Classic
13.67	Alex Matsuoka	2002	June	Classic
13.40	Maya Wilson	2002	June	Classic
8.37	Karen Fowlow	2005	May	Calgary Hershey
5.84	Karen Fowlow	2005	June	Classic
5.39	Madison Cyr	2005	May	Calgary Hershey

**Female PV 2009 L Schneider 3.30**

2.40 Meghan Lim 1997 June Classic

**Female Speed Tetrathlon 2008 B Toffolo 1009**

**Female Speed Triathlon 2009 A Parker 435**

**Female Throws Tetrathlon 2007 N Charlesworth 876**

**Female Jumps Tetrathlon 2007 KA Meeuwisse 977**

**Female Stamina Tetrathlon 2008 A stephen 1075**

**Female Stamina Triathlon 2008 E Martin 455**

**Female Pent 2008 N Charlesworth 2848 Midget  
2013 N Charlesworth 4662 Junior**

4662 Junior	Nicky Charlesworth	1994	May	Spr Challenge
2777 Midget	Mia Hull	1998	May	Spr Challenge
1962 Midget	Hanna Svensson	1999	May	Spr Challenge

**Female Hep 2007 J Green 2200 - Midget  
2011 N Charlesworth 4340 - Youth**

**Male 50m 2011 T Sherritt 8.44**

8.91 James Harfield 2004 May Calgary Hershey

9.31	Ty Wilson	2003	May	Calgary Hershey
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**Male 60m 2011 R Goertzen 9.36**

9.50	Thomas Frankow	2002	June	Classic
9.71	Matthew Fowlow	2002	June	Classic
9.73	Thomas Frankow	2002	May	Spr Challenge
9.90	Matthew Fowlow	2002	May	Spr Challenge
10.12	Jack Sharp	2002	June	Classic

**Male 80m 2012 M Shokoohi 10.74**

11.85	Michael Restauro	2001	June	Classic
11.96	Andrew Harrop	2000	June	Classic
12.30	Andrew Harrop	2000	May	Spr Challenge
12.34	Adeem Vasanji	2000	May	Spr Challenge
12.43	Adeem Vasanji	2000	June	Classic
13.55	Patrick Milner	2001	May	Spr Challenge
13.67	Patrick Milner	2001	June	Classic

**Male 100m T36 2012 C Johnson 14.88**

15.04f	Cory Johnson	1974	June	Classic
15.09	Cory Johnson	1974	June	NB 3
15.30	Cory Johnson	1974	May	Spr Challenge
15.43p	Cory Johnson	1974	June	Classic
15.43	Cory Johnson	1974	May	NB 2
15.60	Cory Johnson	1974	June	Sen Nat
15.70	Cory Johnson	1974	May	NB #1

**Male 100m 2012 I Rynn 10.88**

11.29	Isaac Rynn	1989	June	NB 3
11.40	Isaac Rynn	1989	April	Oxy
11.56	Ryley Bell	1995	June	Classic
11.60f	Nicholas Buettner	1995	May	City HS
11.62	Nicholas Buettner	1995	June	Classic
11.71p	Nicholas Buettner	1995	May	City HS
11.72	Jorge Zapote	1995	May	Dino Red
11.84	Nicholas Buettner	1995	June	NB 3
11.89	Nicholas Buettner	1995	April	UCSD Triton
11.92	Karl Wagner	1995	May	Dino Red
11.92	Jaron Shackleton-Aumentado	1995	June	NB 3
11.92	Thomas Kellner	1994	June	NB 3
11.95	Nicholas Buettner	1995	April	Steve Scott
12.08	Nicholas Buettner	1995	May	NB 1
12.09	Nicholas Buettner	1995	May	Spr Challenge
12.12	Nicholas Buettner	1995	May	NB 2
12.16	Karl Wagner	1995	June	Classic
12.17	Ethan Schultz	1997	June	Classic
12.39	Thomas Huard	1999	June	Classic

12.41	Samuel Vito	1995	May	NB 1
12.41	Samuel Vito	1995	May	Spr Challenge
12.45	Karl Wagner	1995	May	NB 2
12.49	Thomas Huard	1999	May	NB 1
12.55f	Thomas Huard	1999	May	Spr Challenge
12.57f	Mehrdad Shokoohi	1999	May	Spr Challenge
12.59	Toshi Hirai	1996	June	NB 3
12.61	Toshi Hirai	1996	May	NB 1
12.65	Thomas Huard	1999	June	Hershey Prov
12.67CE	Austin Ost	1995	May	Spr Challenge
12.67p	Thomas Huard	1999	May	Spr Challenge
12.68	Jesiah Bliss	1997	May	NB 2
12.69	Thomas Huard	1999	May	NB 2
12.70p	Mehrdad Shokoohi	1999	May	Spr Challenge
12.76	John Zeng	1999	June	Classic
12.78	Jesiah Bliss	1997	May	NB 1
12.84	Thomas Huard	1999	May	Calgary Hershey
12.93	John Zeng	1999	June	NB 3
12.99p	Thomas Huard	1999	June	Hershey Prov
12.99	John Zeng	1999	May	Spr Challenge
13.15	John Zeng	1999	May	NB 1
13.18	John Zeng	1999	May	NB 2
13.19CE	Lyle Wiggers	1997	May	Spr Challenge
13.2	Lyle Wiggers	1997	June	NB 3
13.33	Lyle Wiggers	1997	May	NB 1
13.4	Lyle Wiggers	1997	May	NB 2
13.53	John Zeng	1999	May	Calgary Hershey
13.75	Alex Oglinzanu	1999	May	Spr Challenge
13.92	Isaac Gray	1998	June	Classic
13.99	Ethan Nishimura	1998	May	NB 1
14.11	Isaac Gray	1998	May	NB 2
15.2	Andrew Harrop	2000	May	Calgary Hershey
15.41	Andrew Harrop	2000	May	NB 1
15.48	Ben Harfield	2001	May	Calgary Hershey
15.49	Adeem Vasanji	2000	May	NB 2
15.53	Adeem Vasanji	2000	May	NB 1
15.84	Matthew Fowlow	2002	May	Calgary Hershey
16.39	Dean Morgans	2002	May	Calgary Hershey
16.71	Jack Sharp	2002	May	Calgary Hershey
17.02	James Harfield	2004	May	Calgary Hershey
17.76	Ty Wilson	2003	May	Calgary Hershey
18.02	Alex McLean	2003	May	Calgary Hershey

**Male 150m 2012 M Shokoohi 21.04**

23.03	Andrew Harrop	2000	May	Spr Challenge
23.23	Adeem Vasanji	2000	May	Spr Challenge
23.76	Ryan Forgeron	2001	May	Spr Challenge
24.16	Thomas Frankow	2002	May	Spr Challenge

**Male 200m**

**T36 2012 C Johnson 31.99**

32.87	Cory Johnson	1974	June	Sen Nat
33.40f	Cory Johnson	1974	June	Classic
33.66p	Cory Johnson	1974	June	Classic
35.15	Cory Johnson	1974	May	NB 1

**Male 200m                    2012 A Dargie 21.89**

22.44	Isaac Rynn	1989	June	Classic
22.78f	Brent Stephen	1996	May	HS Red
22.86f	Brent Stephen	1996	June	Classic
22.92	Isaac Rynn	1989	April	UCSD Triton
22.94	Isaac Rynn	1989	April	Oxy
23.00f	Brent Stephen	1996	June	HS Prov
23.11f	Brent Stephen	1996	May	City HS
23.15p	Brent Stephen	1996	June	HS Prov
23.18	Isaac Rynn	1989	April	Steve Scott
23.27	Ryley Bell	1995	June	Classic
23.30	Brent Stephen	1996	April	UCSD Triton
23.42	Nicholas Buettner	1995	June	Classic
23.43	Brent Stephen	1996	May	NB 1
23.45p	Brent Stephen	1996	June	Classic
23.47p	Brent Stephen	1996	May	City HS
23.61p	Brent Stephen	1996	May	HS Red
23.61	Brent Stephen	1996	April	Steve Scott
23.81	Nicholas Buettner	1995	April	UCSD Triton
23.82p	Brent Stephen	1996	May	Spr Challenge
23.85f	Brent Stephen	1996	May	Spr Challenge
23.86	Jaron Shackleton-Aumentado	1995	June	Classic
23.88	Jorge Zapote	1995	May	Dino Gold
23.98f	Nicholas Buettner	1995	May	City HS
24.04	Nicholas Buettner	1995	May	Spr Challenge
24.18	Nicholas Buettner	1995	April	Steve Scott
24.27	Bryce Clements	1994	June	Classic
24.27	Bryce Clements	1994	May	NB 1
24.33p	Nicholas Buettner	1995	May	City HS
24.40	Nicholas Buettner	1995	May	NB 1
24.45	Ethan Schultz	1997	June	Classic
24.75f	Mehrdad Shokoohi	1999	May	Spr Challenge
25.21	Toshi Hirai	1996	June	Classic
25.27p	Mehrdad Shokoohi	1999	May	Spr Challenge
25.31	Thomas Huard	1999	June	Classic
25.44	Toshi Hirai	1996	May	NB 1
26.02	Thomas Huard	1999	May	Spr Challenge
26.12	Phillip Milner	1999	June	Classic
26.17	Jesiah Bliss	1997	May	Spr Challenge
26.42	Harrison Matsuoka	1998	May	NB 1
26.42	John Zeng	1999	June	Classic
26.72	Phillip Milner	1999	May	Calgary Hershey
26.72	John Zeng	1999	May	NB 1
26.80	Phillip Milner	1999	June	Classic

27.04	Alex Oglinzanu	1999	May	Spr Challenge
27.11	John Zeng	1999	May	Spr Challenge
27.55	John Zeng	1999	May	Calgary Hershey
28.19	Traian Oglinzanu	1999	May	NB 1
28.26	Ethan Nishimura	1998	May	Spr Challenge
28.32	John Zeng	1999	June	Hershey Prov
31.91	Thomas Frankow	2002	May	Calgary Hershey
32.18	Ryan Forgeron	2001	May	NB 1
33.44	Ben Harfield	2001	May	Calgary Hershey
34.57	Patrick Milner	2001	May	NB 1
35.47	Lucas Rasmusson	2001	May	Calgary Hershey
39.07	Alex McLean	2003	May	Calgary Hershey

**Male 300m      2007 A Duhault 38.72**

38.87	Mehrdad Shokoohi	1999	May	NB 2
39.56	Mehrdad Shokoohi	1999	June	NB 3
39.83	Mehrdad Shokoohi	1999	May	Spr Challenge
40.00	Mehrdad Shokoohi	1999	June	Classic
41.69	Harrison Matsuoka	1998	June	Classic
42.04	Alex Oglinzanu	1999	June	Classic
42.27	Phillip Milner	1999	May	Spr Challenge
42.31	Alex Oglinzanu	1999	May	NB 2
43.34	Alex Oglinzanu	1999	May	Spr Challenge
43.76	Cole Dunlop	1999	June	Classic
44.00	Cole Dunlop	1999	May	Spr Challenge
44.08	Cole Dunlop	1999	June	NB 3
44.77	Ben MacKay	1999	June	Classic

**Male 400m      2012 A Dargie 46.86**

49.82	Alex Ivan	1994	June	Classic
49.93	Isaac Rynn	1989	June	Classic
49.94	Isaac Rynn	1989	May	NB 2
50.22	Thomas Kellner	1994	June	Classic
50.45	Isaac Rynn	1989	June	NB 3
50.50	Isaac Rynn	1989	May	Spr Challenge
50.51f	Brent Stephen	1996	June	HS Prov
50.76	Isaac Rynn	1989	April	Steve Scott
51.01	Thomas Kellner	1994	June	NB 3
51.28	Brent Stephen	1996	June	Classic
51.35	Brent Stephen	1996	April	UCSD Triton
51.36	Isaac Rynn	1989	April	UCSD Triton
51.40	Brent Stephen	1996	May	Spr Challenge
51.85	Brent Stephen	1996	April	Steve Scott
52.77	Brent Stephen	1996	May	City HS
52.82	James Faul	1995	June	HS Prov
53.13	James Faul	1995	May	City HS
53.19p	Brent Stephen	1996	June	HS Prov
53.68	James Faul	1995	May	HS Red
53.78	Brent Stephen	1996	May	HS Red
54.33p	James Faul	1995	June	HS Prov

54.42	Matt Shaw	1994	May	Spr Challenge
55.17	Jaron Shackleton-Aumentado	1995	June	Classic
55.33	Bryce Clements	1994	June	NB 3
55.65	Matt Shaw	1994	June	Classic
56.59	Toshi Hirai	1996	June	NB 3
56.66	Toshi Hirai	1996	June	Classic
58.06	Lyle Wiggers	1997	May	NB 2
58.32CE	Lyle Wiggers	1997	May	Spr Challenge
58.6	Lyle Wiggers	1997	June	Classic
1.00.00	Nicholas Zayat	1990	May	NB 2
1.00.11	Nicholas Zayat	1990	May	Spr Challenge
1.00.43CE	Austin Ost	1995	May	Spr Challenge
1.01.01	Lyle Wiggers	1997	June	NB 3
1.01.45	Eric Foster	1996	June	Classic
1.02.17	Eric Foster	1996	May	Spr Challenge
1.02.33	Eric Foster	1996	May	NB 2
1.14.10	Thomas Frankow	2002	May	Calgary Hershey
1.14.20	Patrick Milner	2001	June	Hershey Prov
1.14.20	Patrick Milner	2001	May	Calgary Hershey
1.25.23	Lucas Rasmusson	2001	May	Calgary Hershey

**Male 600m                    2007 M Saizew 1.21.08**

2.00.98	Thomas Frankow	2002	June	Classic
2.01.50	Matthew Fowlow	2002	June	Classic
2.01.67	Michael Restauro	2001	June	Classic
2.03.88	Thomas Frankow	2002	May	Spr Challenge
2.04.37	Patrick Milner	2001	June	Classic
2.04.43	Matthew Fowlow	2002	May	Spr Challenge
2.12.67	Adeem Vasanji	2000	June	Classic

**Male 800m                    2011 M Saizew 1.49.60**

1.51.86	Madison Theriault	1988	April	Stanford
1.52.17	Madison Theriault	1988	April	Occidental Distance
1.52.26	Madison Theriault	1988	April	Sun Angel
1.52.55	Madison Theriault	1988	April	Oxy
1.53.48	Madison Theriault	1988	April	Payton Jordan
1.57.23	Abdelkader Dib	1989	June	Classic
1.57.66	Abdelkader Dib	1989	June	NB 3
1.58.09	Gareth Hadfield	1992	May	NB 1
1.58.38	Brennan Undseth	1995	April	Beach Invitational
1.58.39	Alex James	1996	June	HS Prov
1.58.93	Brennan Undseth	1995	May	NB 1
1.59.05	Brennan Undseth	1995	June	HS Prov
1.59.06	Chris Fitzgibbon	1994	June	NB 3
1.59.34	James Faul	1995	June	Classic
1.59.70	Alex James	1996	May	City HS
2.00.50	Brennan Undseth	1995	May	City HS
2.00.86	Brennan Undseth	1995	June	Classic
2.02.97	James Faul	1995	May	City HS
2.03.54	James Faul	1995	May	Dino Gold

2.04.01	Brennan Undseth	1995	May	Dino Gold
2.04.69	Alex James	1996	May	Dino Gold
2.05.38	Alex James	1996	May	HS Blue
2.05.42	Matthew Shaw	1994	June	NB 3
2.05.90	Matthew Shaw	1994	May	NB 1
2.07.26	James Faul	1995	May	HS Red
2.10.68	Graham Seasons	1997	June	NB 3
2.14.65	Ethan Nishimura	1998	June	Classic
2.15.46	Lyle Wiggers	1997	May	City HS
2.16.07	Lyle Wiggers	1997	May	HS Red
2.17.83	Robert Gersheid	1998	June	Classic
2.18.37	Lyle Wiggers	1997	June	Classic
2.18.46	Noah Toppings	1998	June	Classic
2.18.91	Ethan Nishimura	1998	May	NB 1
2.19.38	Nicholas Zayat	1990	May	NB 1
2.20.32	Eric Foster	1996	June	Classic
2.20.34	Lyle Wiggers	1997	May	NB 1
2.20.38	Alex Oglinzanu	1999	June	Classic
2.20.41	Cole Dunlop	1999	May	Spr Challenge
2.20.44	Traian Oglinzanu	1999	June	Hershey Prov
2.20.78	Phillip Milner	1999	June	Classic
2.21.36	Cole Dunlop	1999	May	NB 1
2.22.15	Eric Foster	1996	May	Spr Challenge
2.22.27	Traian Oglinzanu	1999	June	NB 3
2.22.73	Lyle Wiggers	1997	May	Dino Gold
2.23.42	Nicholas Zayat	1990	May	Spr Challenge
2.24.13	Alex Oglinzanu	1999	May	Calgary Hershey
2.24.17	Cole Dunlop	1999	June	Classic
2.24.25	Phillip Milner	1999	June	Hershey Prov
2.25.39	Cole Dunlop	1999	June	NB 3
2.25.41	Alex Oglinzanu	1999	May	Spr Challenge
2.26.19	Cole Dunlop	1999	May	Calgary Hershey
2.26.24	Cole Dunlop	1999	June	Hershey Prov
2.27.29	Phillip Milner	1999	May	Spr Challenge
2.27.48	Phillip Milner	1999	May	Calgary Hershey
2.27.55	Jesiah Bliss	1997	May	HS Red
2.40.45	Matthew Fowlow	2002	June	Classic
2.42.20	Kevin Falkenberg	1999	May	Calgary Hershey
2.44.91	Kevin Falkenberg	1999	June	Classic
2.46.59	Kevin Falkenberg	1999	May	Spr Challenge
2.49.18	Matthew Fowlow	2002	May	Calgary Hershey
2.57.23	Ryan Forgeron	2001	May	Spr Challenge
2.57.30	Patrick Milner	2001	May	Calgary Hershey
3.03.19	Patrick Milner	2001	June	Classic
3.19.47	Lucas Rasmusson	2001	June	Classic

**Male 1000m      2007 M Sinclair 2.28.16**

3.04.99CE	Harrison Matsuoka	1998	May	Spr Challenge
3.37.75CE	Ben MacKay	1999	May	Spr Challenge
3.37.98	Matthew Fowlow	2002	May	Spr Challenge

**Male 1200m 2011 B Undseth 3.24.76**

3.44.95	Robert Germsheid	1998	May	NB 2
3.45.19	Noah Toppings	1998	May	NB 2
3.45.93	Noah Toppings	1998	May	Spr Challenge
3.46.41	Ethan Nishimura	1998	May	NB 2
3.46.65	Ethan Nishimura	1998	May	Spr Challenge
3.49.38	Robert Germsheid	1998	June	Classic
3.52.41	Robert Germsheid	1998	May	Spr Challenge
4.05.54	Kevin Falkenberg	1999	June	Classic
4.07.59	Kevin Falkenberg	1999	May	NB 2
4.12.25	Kevin Falkenberg	1999	May	Spr Challenge
5.05.07	Patrick Milner	2001	May	Spr Challenge

**Male 1500m 2007 M Sinclair 3.46.64**

3.59.24	Alex James	1996	April	Azusa Pacific
4.04.15	Alex James	1996	June	HS Prov
4.05.71	Brennan Undseth	1995	April	Azusa Pacific
4.06.79	Abdelkader Dib	1989	June	Classic
4.06.84	Gareth Hadfield	1992	June	Classic
4.08.40	Brennan Undseth	1995	June	HS Prov
4.09.98	Alex James	1996	June	Classic
4.11.00	Brennan Undseth	1995	June	Classic
4.11.53	Matt Galea	1993	June	Classic
4.12.69	Alex James	1996	May	HS Blue
4.12.70	Chris Fitzgibbon	1994	May	Spr Challenge
4.12.77	Brennan Undseth	1995	May	Spr Challenge
4.13.25	Alex James	1996	May	City HS
4.13.56	James Faul	1995	May	Spr Challenge
4.13.92	Brennan Undseth	1995	May	City HS
4.14.88	James Faul	1995	June	Classic
4.26.74	Alex James	1996	May	Dino Red
4.27.50	Sean Foster	1994	June	Classic
4.44.74	Jelmer vandenHadelKamp	1996	June	Classic
4.52.36	Jelmer vandenHadelKamp	1996	May	Spr Challenge
4.56.11	Jelmer vandenHadelKamp	1996	May	Dino Red
5.47.22CE	Austin Ost	1995	May	Spr Challenge

**Male 1600m 2008 G Hadfield 4.38.89**

5.50.78	Kevin Falkenberg	1999	June	Hershey Prov
6.00.24	Kevin Falkenberg	1999	May	Calgary Hershey

**Male Mile 2012 M Theriault 4.16.97**

4.29.59	Abdel Dib	1989	May	NB 2
4.50.08	Sean Foster	1994	May	NB 2
4.55.71	Matt Shaw	1994	May	NB 2
5.05.72	Jelmer vandenHadelKamp	1996	May	NB 2

**Male 2000m 2011 B Undseth 6.13.35**

6.36.67	Robert Germsheid	1998	June	NB 3
6.43.26	Noah Toppings	1998	May	Spr Challenge
6.44.15	Ethan Nishimura	1998	May	Spr Challenge
6.48.78	Noah Toppings	1998	May	NB 1
6.51.19	Robert Germsheid	1998	June	Classic
7.20.72	Daniel Molyneaux	1998	May	NB 1
7.23.86	Robert Germsheid	1998	May	NB 1
7.37.51	Kevin Falkenberg	1999	May	NB 1
7.41.09	Kevin Falkenberg	1999	June	Classic
8.04.72	Kevin Falkenberg	1999	May	Spr Challenge

**Male 3000m 2006 Nyial M 8.29.20**

8.58.66	Alex James	1996	June	HS Prov
8.59.27	Alex James	1996	May	City HS
9.03.05	Alex James	1996	June	Classic
9.04.38	Matt Galea	1993	June	Classic
9.10.88	Alex James	1996	May	HS Blue
9.12.00	Alex James	1996	May	Dino White
9.14.07	Alex James	1996	May	NB 1
9.22.27	Matt Galea	1993	May	NB 1
9.38.29	Chris Fitzgibbon	1994	May	NB 1
9.44.83	Sean Foster	1994	June	Classic
10.02.47	Sean Foster	1994	June	NB 3
10.03.00	Jelmer vandenHadelKamp	1996	May	Dino White
10.04.60	Jelmer vandenHadelKamp	1996	June	HS Prov
10.06.62	Jelmer vandenHadelKamp	1996	June	Classic
10.17.73	Jelmer vandenHadelKamp	1996	May	NB 1

**Male 5000m 2010 N Majock 14.33.53**

15.15.53	Alex James	1996	April	Beach Invitational
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**Male 10000m 2008 N Majock 30.13.42****Male 60mH 2010 T Fitzgerald 12.89****Male 80mH 2012 M Shokoohi 13.60 27"**  
**2010 A Charlesworth 13.74 30"**

16.41 30"	Andrew Harrop	2000	June	Classic
16.42 30"	Adeem Vasanji	2000	May	Spr Challenge
18.51 30"	Patrick Milner	2001	June	Classic
20.09 30"	Lucas Rasmusson	2001	June	Classic

**Male 100mH 2008 E Clark 13.59 36"**  
**2010 R McKay 13.40 33"**

14.35p 33"	Austin Ost	1995	May	City HS
14.49f 33"	Merhdad Shokoohi	1999	June	Classic
14.50f 33"	Austin Ost	1995	May	City HS
14.58p 33"	Merhdad Shokoohi	1999	June	Classic
14.79f 33"	Austin Ost	1995	May	HS Red
14.80p 33"	Austin Ost	1995	May	HS Red
15.32 33"	Merhdad Shokoohi	1999	June	NB 3
16.07CE 33"	Harrison Matsuoka	1998	May	Spr Challenge
16.11 33"	Harrison Matsuoka	1998	May	Spr Challenge
16.85 33"	Harrison Matsuoka	1998	June	Classic
17.14 30"	Adeem Vasanji	2000	June	Classic
17.18 33"	Harrison Matsuoka	1998	May	NB 1
17.42 33"	Ewan McKenzie	1997	June	Classic
20.18CE 33"	Ben MacKay	1999	May	Spr Challenge

14.09f 36"	Karl Wagner	1995	May	City HS
14.39f 36"	Karl Wagner	1995	May	HS Blue
14.48 36"	Karl Wagner	1995	May	Dino Gold
14.49p 36"	Karl Wagner	1995	May	HS Blue
14.56p 36"	Karl Wagner	1995	May	City HS

**Male 110mH**      **2010 R McKay 14.77**      **36"**  
**2008 E Clark 14.34**      **39"**  
**2012 E Clark 15.12**      **42"**

16.07p 39"	Karl Wagner	1995	June	Classic
16.38 39"	Karl Wagner	1995	June	NB 3
16.40f 39"	Karl Wagner	1995	June	Classic
16.56 39"	Karl Wagner	1995	May	NB 1
16.90 39"	Karl Wagner	1995	May	Spr Challenge
17.70CE 39"	Austin Ost	1995	May	Spr Challenge

**Male 200mH**      **2013 M Shokoohi 26.16**      **30"**

26.16	Mehrdad Shokoohi	1999	June	Classic
26.56	Mehrdad Shokoohi	1999	May	NB 2
27.20	Mehrdad Shokoohi	1999	May	Spr Challenge
27.43	Harrison Matsuoka	1998	June	Classic
34.47	Adeem Vasanji	2000	May	Spr Challenge

**Male 300mH**      **2010 A Smith 39.57**

**Male 400mH**      **2009 T Ratzlaff 51.67**

58.01	Thomas Kellner	1994	June	Classic
58.32	Thomas Kellner	1994	May	NB 2
58.62	Bryce Clements	1994	May	Spr Challenge
1.00.40	Bryce Clements	1994	June	Classic
1.01.45	Bryce Clements	1994	May	NB 2

**Male 1500m SC 2013 G Hadfield 4.21.42**

4.21.42	Gareth Hadfield	1992	June	NB 3
4.40.42	Brennan Undseth	1996	June	NB 3
4.54.11	Noah Toppings	1998	June	Classic
4.59.06	Ethan Nishimura	1998	June	Classic
5.13.37	Alex Oglinzanu	1999	June	Classic
5.25.21	Ethan Nishimura	1998	June	NB 3
5.52.13	Traian Oglinzanu	1999	June	NB 3

**Male 2000m SC 2009 G Hadfield 5.53.73**

6.02.76	Gareth Hadfield	1992	May	NB 2
6.25.74	Brennan Undseth	1995	June	Classic
6.28.59	Brennan Undseth	1995	May	NB 2

**Male 3000m SC 2012 G Hadfield 8.58.77**

8.59.26	Gareth Hadfield	1992	June	Sen Nat
9.14.08	Gareth Hadfield	1992	April	Mt Sac
9.17.03	Gareth Hadfield	1992	June	Classic

**Male 2000m Race Walk****Male LJ 1m Take Off  
2010 T Fitzgerald 3.46****Male LJ 2013 R Bell 6.51**

6.51	Ryley Bell	1995	June	Classic
6.31	Austin Ost	1995	June	Classic
6.21	Austin Ost	1995	June	NB 3
6.21CE	Austin Ost	1995	May	Spr Challenge
6.15	Austin Ost	1995	June	HS Prov
6.12	Austin Ost	1995	May	HS Red
6.10	Karl Wagner	1995	May	Dino Gold
6.06	Austin Ost	1995	May	City HS
5.89	Karl Wagner	1995	May	NB 1
5.81	Karl Wagner	1995	June	Classic
5.80	Sam Vito	1995	June	Classic
5.68	Karl Wagner	1995	May	Spr Challenge
5.60	Karl Wagner	1995	June	NB 3
5.34	Merhdad Shokoohi	1999	May	Spr Challenge
5.24	Merhdad Shokoohi	1999	June	Classic
5.12	Merhdad Shokoohi	1999	June	NB 3
5.10	Jesiah Bliss	1997	June	Classic
5.09	Sam Vito	1995	May	HS Blue
4.98	Thomas Huard	1999	May	NB 1
4.87	John Zeng	1999	May	Spr Challenge
4.72	John Zeng	1999	June	NB 3
4.70CE	Harrison Matsuoka	1998	May	Spr Challenge

4.66	Thomas Huard	1999	May	Spr Challenge
4.63	Alex Oglinzanu	1999	May	NB 1
4.61	Harrison Matsuoka	1998	June	Classic
4.54	Alex Oglinzanu	1999	May	Spr Challenge
4.5	Alex Oglinzanu	1999	June	Classic
4.35CE	Lyle Wiggers	1997	May	Spr Challenge
4.17	Ben MacKay	1999	June	Classic
4.12	Andrew Harrop	2000	May	Spr Challenge
4.10CE	Ben MacKay	1999	May	Spr Challenge
4.08	Cole Dunlop	1999	May	Spr Challenge
4.01	Phillip Milner	1999	May	Spr Challenge
4.00	Andrew Harrop	2000	May	NB 1
3.96	Cole Dunlop	1999	May	NB 1
3.87	Ryan Forgeron	2001	May	NB 1
3.86	Andrew Harrop	2000	June	Classic
3.58	Adeem Vasanji	2000	May	Spr Challenge
3.55	Thomas Frankow	2002	June	Classic
3.42	Patrick Milner	2001	May	NB 1
3.37	Adeem Vasanji	2000	June	Classic
3.29	Matthew Fowlow	2002	May	Spr Challenge
3.28	Patrick Milner	2001	May	Spr Challenge
3.25	Thomas Frankow	2002	May	Spr Challenge
3.24	Matthew Fowlow	2002	June	Classic
3.13	Jack Sharp	2002	June	Classic
3.11	Michael Restauero	2001	June	Classic
3.02	Patrick Milner	2001	June	Classic

**Standing LJ      2010 S McClure 2.44**

2.29	Alex Oglinzanu	1999	May	Calgary Hershey
2.22	Alex Oglinzanu	1999	June	Hershey Prov
2.09	Andrew Harrop	2000	May	Calgary Hershey
2.08	Thomas Frankow	2002	June	Classic
1.96	Jack Sharp	2002	June	Classic
1.88	Dean Morgans	2002	May	Calgary Hershey
1.80	Jack Sharp	2002	May	Calgary Hershey
1.73	James Harfield	2004	May	Calgary Hershey
1.70	Ty Wilson	2003	May	Calgary Hershey
1.63	Matthew Fowlow	2002	June	Classic
1.54	Alex McLean	2003	May	Calgary Hershey
1.49	Thomas Frankow	2002	May	Spr Challenge

**Male TJ      2010 R McKay 13.60**

13.31	Austin Ost	1995	June	Classic
12.90	Ryley Bell	1995	June	Classic
12.00	Karl Wagner	1995	May	Dino Red
11.93	Karl Wagner	1995	June	HS Prov
11.92	Sam Vito	1995	May	HS Blue
11.92	Sam Vito	1995	May	NB 2
11.90	Sam Vito	1995	June	Classic
11.90	Karl Wagner	1995	May	City HS

11.85	Karl Wagner	1995	June	Classic
11.81	Karl Wagner	1995	May	HS Blue
11.81	Karl Wagner	1995	May	NB 2
11.72	Sam Vito	1995	May	City HS
11.60	Karl Wagner	1995	May	Spr Challenge
10.95	Mehrdad Shokoohi	1999	June	Classic
10.94	Mehrdad Shokoohi	1999	May	Spr Challenge
10.67	Tom Leszczynski	1996	June	Classic
9.96	John Zeng	1999	May	NB 2
9.79	Cole Dunlop	1999	June	Classic

**Male HJ                    2013 A Ost 1.95**

1.95	Austin Ost	1995	June	HS Prov
1.9	Austin Ost	1995	June	Classic
1.90CE	Austin Ost	1995	May	Spr Challenge
1.87	Austin Ost	1995	May	City HS
1.86	Austin Ost	1995	May	HS Red
1.85	Austin Ost	1995	May	Dino Gold
1.80	Karl Wagner	1995	May	City HS
1.80	Karl Wagner	1995	May	Spr Challenge
1.75	Karl Wagner	1995	June	HS Prov
1.75	Karl Wagner	1995	May	HS Blue
1.75	Karl Wagner	1995	May	Dino Gold
1.70	Karl Wagner	1995	June	Classic
1.65	Sam Vito	1995	May	HS Blue
1.65	Lyle Wiggers	1997	June	Classic
1.65	Karl Wagner	1995	May	NB 2
1.60	Jesiah Bliss	1997	May	Spr Challenge
1.60	Sam Vito	1995	May	Dino Gold
1.60	Mohamed Mansour	1998	June	Classic
1.55	Lyle Wiggers	1997	May	HS red
1.55	Jesiah Bliss	1997	May	NB 2
1.55	Mehrdad Shokoohi	1999	May	Spr Challenge
1.55	Jesiah Bliss	1997	May	NB 2
1.50	Jesiah Bliss	1997	May	HS red
1.45	Mehrdad Shokoohi	1999	May	NB 2
1.41CE	Harrison Matsuoka	1998	May	Spr Challenge
1.40	John Zeng	1999	May	Spr Challenge
1.38	John Zeng	1999	May	NB 2
1.35	Harrison Matsuoka	1998	June	Classic
1.32	Alex Oglinzanu	1999	May	NB 2
1.30	Andrew Harrop	2000	June	Classic
1.29CE	Ben MacKay	1999	May	Spr Challenge
1.25	Adeem Vasanji	2000	June	Classic
1.20	Adeem Vasanji	2000	May	Spr Challenge
1.20	Ryan Forgeron	2001	May	Spr Challenge
1.10	Patrick Milner	2001	June	Classic
1.00	Lucas Rasmusson	2001	June	Classic

**Male Shot Put            2011 A Vasanji    8.21            2kg**  
**2007 A Bymoen   11.43            3kg**

**2010 R Sceviour 13.35**      **4kg**  
**2012 A Ost 12.81**      **5kg**  
**2012 A Ost 12.09**      **5.44kg**  
**2013 A Ost 11.49**      **6kg**  
**2012 P Sze 11.50**      **7.26kg**

6.89 2kg Thomas Frankow 2002 June Classic  
6.76 2kg Thomas Frankow 2002 May Spr Challenge  
5.63 2kg Matthew Fowlow 2002 June Classic  
4.99 2kg Jack Sharp 2002 June Classic

9.23 3kg Adeem Vasanji 2000 May Spr Challenge  
8.79 3kg Adeem Vasanji 2000 June Classic  
7.55 3kg Michael Restauro 2001 June Classic  
5.59 3kg Patrick Milner 2001 June Classic  
5.40 3kg Andrew Harrop 2000 June Classic

10.23 4kg Harrison Matsuoka 1998 June Classic  
9.74CE 4kg Harrison Matsuoka 1998 May Spr Challenge  
8.11 4kg Adeem Vasanji 2000 May NB 1  
7.94CE 4kg Ben MacKay 1999 May Spr Challenge

11.72 5kg Nathan Kalmakoff 1997 June Classic  
11.23 5kg Nathan Kalmakoff 1997 May NB 1  
11.01 5kg Nathan Kalmakoff 1997 May Spr Challenge  
10.80 Nathan Kalmakoff 1997 June NB 3  
9.71 5kg Lyle Wiggers 1997 May Spr Challenge  
9.64 5kg Lyle Wiggers 1997 June NB 3

11.49CE 6kg Austin Ost 1995 May Spr Challenge

**Male Javelin**      **2010 A Ost 45.27**      **600g**  
**2012 A Ost 58.11**      **700g**  
**2013 A Ost 52.86**      **800g**

39.11 600g Thomas Huard 1999 June Classic  
33.62 600g Thomas Huard 1999 May Spr Challenge  
32.67 600g Thomas Huard 1999 May NB 1  
30.67 600g Cole Dunlop 1999 May Spr Challenge  
28.09 600g Cole Dunlop 1999 June Classic  
21.07 600g Cole Dunlop 1999 May NB 1  
13.39 600g Ben MacKay 1999 June Classic

37.05 700g Nathan Kalmakoff 1997 May Throws Gala  
37.04 700g Nathan Kalmakoff 1997 May NB 1  
36.84 700g Nathan Kalmakoff 1997 May Throws Gala  
36.58 700g Tom Leszcznski 1996 June Classic  
36.52 700g Mark Moore 1997 May Spr Challenge  
35.07 700g Nathan Kalmakoff 1997 June Classic  
34.29 700g Mark Moore 1997 June Classic  
34.08 700g Mark Moore 1997 May Throws Gala  
31.73 700g Mark Moore 1997 May NB 1

26.11	700g	Nathan Kalmakoff	1997	May	Spr Challenge
25.69	700g	Patrick Meister	1997	June	Classic
25.13	700g	Patrick Meister	1997	May	Spr Challenge
25.05	700g	Lyle Wiggers	1997	May	NB 1
24.46	700g	Lyle Wiggers	1997	June	Classic
52.86	800g	Austin Ost	1995	May	Throws Gala
51.96	800g	Austin Ost	1995	May	HS Red
51.07	800g	Austin Ost	1995	May	Throws Gala
50.83	800g	Austin Ost	1995	June	HS Prov
50.69	800g	Austin Ost	1995	May	Dino Red
49.57	800g	Cole Huse	1995	May	Dino Red
49.41	800g	Austin Ost	1995	May	Throws Gala
49.31	800g	Austin Ost	1995	June	Classic
48.96	800g	Cole Huse	1995	June	HS Prov
48.88	800g	Cole Huse	1995	May	City HS
48.61	CE 800g	Austin Ost	1995	May	Spr Challenge
47.76	800 g	Cole Huse	1995	May	HS Red
47.35	800g	Austin Ost	1995	May	City HS
44.58	800g	Cole Huse	1995	May	NB 1
36.49	800g	Nathan Kalmakoff	1997	May	Dino Red
35.62	800g	Nathan Kalmakoff	1997	May	HS Blue
35.42	800g	Mark Moore	1997	May	HS Red
34.94	800g	Nathan Kalmakoff	1997	May	City HS
34.88	800g	Charlie Meister	1995	May	Spr Challenge
27.70	800g	Lyle Wiggers	1997	May	HS Red
22.00	800g	Lyle Wiggers	1997	May	Dino Red

**Male Discus**

<b>2011 P Sze</b>	<b>36.95</b>	<b>2 kg</b>
<b>2013 A Ost</b>	<b>43.02</b>	<b>1.75 kg</b>
<b>2011 B Bracko</b>	<b>35.62</b>	<b>1.614kg</b>
<b>2012 A Ost</b>	<b>36.71</b>	<b>1.5 kg</b>
<b>2010 R Sceviour</b>	<b>35.78</b>	<b>1 kg</b>
<b>2013 A Vasanji</b>	<b>24.32</b>	

43.02	1.75kg	Austin Ost	1995	June	Classic
34.15	CE 1.75kg	Austin Ost	1995	May	Spr Challenge
29.30	1.75kg	Austin Ost	1995	May	Throws Gala
28.99	1.62kg	Cole Huse	1995	May	HS Red
28.83	1.614	Cole Huse	1995	May	City HS
27.25	1.62kg	Cole Huse	1995	May	Dino Gold
36.47	1.5kg	Nathan Kalmakoff	1997	June	Classic
36.15	1.5kg	Nathan Kalmakoff	1997	May	Throws Gala
33.47	1.5kg	Nathan Kalmakoff	1997	May	Spr Challenge
26.45	1kg	Cole Dunlop	1999	June	Classic
25.61	1kg	Cole Dunlop	1999	May	NB 2
24.34	1kg	Adeem Vasanji	2000	May	NB 2
24.20	1kg	Cole Dunlop	1999	May	Spr Challenge



