

Outdoor Season Bests 2012

MARK	NAME	Y OF B	DATE	MEET
Female 50m	2010 A. Martin 8.37			
8.55	Jazmin McIntosh	2003	May	Calgary Hershey
9.43	Robyn McLean	2004	May	Calgary Hershey
10.66	Karen Fowlow	2005	May	Calgary Hershey
12.34	Madison Cyr	2005	May	Calgary Hershey
Female 60m	2010 A. Martin 9.37			
10.06	Alex Matsuoka	2002	June	Classic
10.34	Taylor MacKay	2002	June	Classic
10.39	Olivia Wilson	2003	June	Classic
10.60	Elizabeth Harper	2002	June	Classic
10.90	Maya Wilson	2002	June	Classic
11.20	Isabelle Perks	2002	May	Spr Challenge
11.31	Isabelle Perks	2002	June	Classic
12.47	Karen Fowlow	2005	June	Classic
12.91	Karen Fowlow	2005	May	Spr Challenge
Female 80m	2013 M Sharp 10.88			
10.88	Molly Sharp	2000	June	Classic
11.32	Molly Sharp	2000	May	Spr Challenge
11.57	Lisa Cozma	2001	June	Classic
11.60	Lisa Cozma	2001	May	Spr Challenge
11.76	Annette Berry	2000	June	Classic
12.01	Robin Danyluk	2000	June	Classic
12.09	Jasper Crockford	2001	June	Classic
12.10	Rathaine Randle	2000	June	Classic
12.24	Grace Lew	2000	June	Classic
12.48	Tyra Bliss	2000	June	Classic
12.51	Tyra Bliss	2000	May	Spr Challenge
12.89	Olivia Adams	2001	May	Spr Challenge
12.91	Madison Michiels	2000	May	Spr Challenge
13.03	Rachel Kraft	2001	May	Spr Challenge
13.29	Taylor Nishimura	2000	June	Classic
13.71	Taylor Nishimura	2000	May	Spr Challenge
13.83	Morgan Boot	2001	May	Spr Challenge
Female 100m	2012 S Hughes 12.39			
12.51f	Sarah Hughes	1994	July	CWC
12.52p	Sarah Hughes	1994	July	Prov
12.54f	Sarah Hughes	1994	July	Prov
12.56p	Sarah Hughes	1994	July	CWC
12.58f	Sarah Hughes	1994	July	CSG Trials
12.59p	Sarah Hughes	1994	July	CSG Trials

12.62	Sarah Hughes	1994	July	Jack Brow
12.63	Sarah Hughes	1994	June	Classic
12.69f	Meghan Lim	1997	July	Jack Brow
12.70f	Emily Wilson-Bodnar	1996	July	CSG Trials
12.76p	Meghan Lim	1997	July	Prov
12.80p	Emily Rendell	1997	July	CSG Trials
12.88p	Emily Wilson-Bodnar	1996	July	CWC
12.91f	Emily Wilson-Bodnar	1996	July	CWC
12.94f	Meghan Lim	1997	July	Prov
12.94	Meghan Lim	1997	June	Classic
12.96p	Meghan Lim	1997	July	Jack Brow
12.97p	Emily Wilson-Bodnar	1996	July	CSG Trials
12.99	Emily Rendell	1997	June	Classic
13.00	Meghan Lim	1997	Aug	Legion/Youth
13.06	Emily Wilson-Bodnar	1996	June	Classic
13.09	Emily Wilson-Bodnar	1996	Aug	Legion/Youth
13.12f	Emma Chong	1998	July	CWC
13.12f	Emily Wilson-Bodnar	1996	July	Prov
13.14p	Emily Wilson-Bodnar	1996	July	Prov
13.15	Emily Wilson-Bodnar	1996	April	UCSD Triton
13.16f	Emily Rendell	1997	May	Nike Grand Prix
13.17p	Emma Chong	1998	July	CWC
13.19	Emily Wilson-Bodnar	1996	May	Spr Challenge
13.23f	Meghan Lim	1997	May	Spr Challenge
13.28p	Meghan Lim	1997	May	Spr Challenge
13.31p	Emily Rendell	1997	May	Nike Grand Prix
13.33f	Emma Chong	1998	July	Prov
13.33	Meghan Lim	1997	June	NB 3
13.35p	Emma Chong	1998	July	Prov
13.38	Mia Hull	1998	June	Classic
13.38f	Emma Chong	1998	July	CSG Trials
13.38	Emily Wilson-Bodnar	1996	May	NB 1
13.42	Meghan Lim	1997	May	NB 1
13.43	Emily Rendell	1997	June	NB 3
13.46f	Sarah Choate	1998	July	Prov
13.46p	Emma Chong	1998	July	CSG Trials
13.49	Sarah Choate	1998	June	Classic
13.50f	Emma Chong	1998	July	Jack Brow
13.52	Emma Chong	1998	Aug	Legion/Youth
13.53	Emily Rendell	1997	May	NB 1
13.54p	Emma Chong	1998	July	Jack Brow
13.56p	Sarah Choate	1998	July	Prov
13.56f	Mia Hull	1998	July	Jack Brow
13.57p	Anise Parker	1998	July	Prov
13.57p	Mia Hull	1998	July	Jack Brow
13.60	Jasmine Galey	1995	May	Dino Red
13.61	Vienna Graham	1999	June	Classic
13.62	Mia Hull	1998	May	NB 2
13.63	Emma Chong	1998	June	Classic
13.63p	Sarah Choate	1998	May	Spr Challenge
13.65f	Anise Parker	1998	July	CSG Trials
13.66	Mia Hull	1998	May	NB 1

13.68p	Grace Chalmers	1999	July	Prov
13.70p	Anise Parker	1998	July	CSG Trials
13.72	Grace Chalmers	1999	June	Classic
13.74	Sarah Choate	1998	May	NB 2
13.75f	Sarah Choate	1998	May	Spr Challenge
13.76	Anise Parker	1998	June	Classic
13.77f	Hanna Svensson	1999	July	Jack Brow
13.83	Sarah Choate	1998	May	NB 1
13.84f	Grace Chalmers	1999	July	Prov
13.84p	Hanna Svensson	1999	July	Jack Brow
13.87p	Molly Sharp	2000	June	Hershey Prov
13.87	Emma Chong	1998	June	NB 3
13.88	Hanna Svensson	1999	May	NB 2
13.91p	Vienna Graham	1999	June	Hershey Prov
13.91	Hanna Svensson	1999	June	Classic
13.92	Lisa Cozma	2001	July	Edm International
13.95p	Emma Chong	1998	May	Spr Challenge
13.96f	Anise Parker	1998	July	Prov
13.99f	Molly Sharp	2000	June	Classic
14.01p	Lisa Cozma	2001	July	Prov
14.04	Molly Sharp	2000	June	NB 3
14.06f	Vienna Graham	1999	June	Hershey Prov
14.06	Sarah Choate	1998	June	NB 3
14.09	Grace Chalmers	1999	June	NB 3
14.12f	Emma Chong	1998	May	Spr Challenge
14.12	Brooke Sillito	1996	May	Dino Red
14.14	Lisa Cozma	2001	May	NB 2
14.18	Vienna Graham	1999	May	Calgary Hershey
14.20	Keara Penner	1997	May	Dino Red
14.20f	Lisa Cozma	2001	July	Prov
14.20	Jasmine Galey	1995	June	NB 3
14.21p	Lisa Cozma	2001	June	Hershey Prov
14.22	Anise Parker	1998	July	Jack Brow
14.25	Molly Sharp	2000	May	NB 1
14.28	Hanna Svensson	1999	June	NB 3
14.33	Molly Sharp	2000	May	Calgary Hershey
14.44	Mia Hull	1998	June	NB 3
14.46	Grace Chalmers	1999	May	NB 1
14.47	Amelia Zielke	1999	June	Classic
14.5	Amelia Zielke	1999	July	Prov
14.52f	Lisa Cozma	2001	June	Hershey Prov
14.55	Lisa Cozma	2001	May	NB 1
14.61	Amelia Zielke	1999	May	NB 2
14.78	Lisa Cozma	2001	May	Calgary Hershey
14.80	Amelia Zielke	1999	June	NB 3
14.84	Rhea Foster	1998	July	Prov
14.85	Amelia Zielke	1999	May	Spr Challenge
14.86	Kiannah Wright	1998	June	Classic
14.90	Kiannah Wright	1998	May	NB 2
15.06	Grace Chalmers	1999	May	Spr Challenge
15.11	Amelia Zielke	1999	May	Calgary Hershey
15.11	Rhea Foster	1998	June	Classic

15.13	Amelia Zielke	1999	May	NB 1
15.16	Rhea Foster	1998	May	NB 2
15.32	Skylar Sieben	2000	May	NB 1
15.35	Rathaine Randle	2000	May	Spr Challenge
15.38	Kiannah Wright	1998	June	NB 3
15.42	Anna Sellers	1999	June	NB 3
15.48	Robin Danyluk	2000	May	Calgary Hershey
15.74	Rhea Foster	1998	May	Spr Challenge
15.8	Rhea Foster	1998	June	NB 3
15.90	Grace Lew	2000	May	Calgary Hershey
15.92	Maxine Griffith	1998	June	Classic
15.96	Olivia Adams	2001	June	NB 3
16.13	Maxine Griffith	1998	June	NB 3
16.51	Jazmin McIntosh	2003	May	Calgary Hershey
17.07	Katy Morgans	2001	May	Calgary Hershey
17.72	Isabelle Perks	2002	May	Calgary Hershey
25.45	Madison Cyr	2003	May	Calgary Hershey

**Female 100 m
T44/F44**

16.73	Calista Nortcliffe	1999	May	NB 1
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Female 150m 2010 E. Martin 20.79

21.61	Molly Sharp	2000	May	Spr Challenge
21.63	Lisa Cozma	2001	May	Spr Challenge
24.05	Tyra Bliss	2000	May	Spr Challenge
24.06	Madison Michiels	2000	May	Spr Challenge
24.66	Rachel Kraft	2001	May	Spr Challenge
24.81	Olivia Adams	2001	May	Spr Challenge
25.37	Taylor Nishimura	2000	May	Spr Challenge
25.44	Mikenna Spademan	2000	May	Spr Challenge

Female 200m 2012 E Hirst 25.16

25.51f	Sarah Hughes	1994	July	CSG Trials
25.59p	Sarah Hughes	1994	July	CSG Trials
25.61p	Sarah Hughes	1994	July	CWC
25.66f	Sarah Hughes	1994	July	Prov
25.70	Sarah Hughes	1994	July	Jack Brow
25.75f	Sarah Hughes	1994	July	CWC
25.85	Sarah Hughes	1994	June	Classic
26.01p	Sarah Hughes	1994	July	Prov
26.05f	Athena Furlas	1997	May	City HS
26.22f	Athena Furlas	1997	May	HS Red
26.31CE	Nicky Charlesworth	1994	May	Spr Challenge
26.37f	Meghan Lim	1997	June	Classic
26.39f	Meghan Lim	1997	July	Prov
26.43p	Emily Wilson Bodnar	1996	June	HS Prov
26.43p	Athena Furlas	1997	May	HS Red
26.47f	Emily Wilson Bodnar	1996	May	City HS

26.49f	Emily Wilson Bodnar	1996	July	CSG Trials
26.49	Meghan Lim	1997	July	Jack Brow
26.49f	Emily Wilson Bodnar	1996	June	HS Prov
26.57p	Meghan Lim	1997	June	Classic
26.59p	Emily Wilson Bodnar	1996	July	CSG Trials
26.69p	Athena Fourlas	1997	May	City HS
26.71f	Meghan Lim	1997	July	CWC
26.80f	Emily Wilson Bodnar	1996	July	Prov
26.80	Emily Wilson Bodnar	1996	June	Classic
26.80f	Meghan Lim	1997	May	City HS
26.82	Emily Wilson Bodnar	1996	July	Jack Brow
26.83p	Meghan Lim	1997	July	CWC
26.85f	Emily Wilson Bodnar	1996	May	HS Red
26.88p	Emily Wilson Bodnar	1996	July	CWC
27.08p	Meghan Lim	1997	July	Prov
27.16f	Meghan Lim	1997	May	Spr Challenge
27.22f	Emily Wilson Bodnar	1996	July	CWC
27.24	Emily Rendell	1997	June	Classic
27.30p	Emily Wilson Bodnar	1996	May	City HS
27.40f	Jasmine Galey	1995	May	HS Blue
27.42	Athena Fourlas	1997	May	Dino Gold
27.45	Emily Rendell	1997	May	Nike Grand Prix
27.45p	Meghan Lim	1997	May	City HS
27.52p	Emily Wilson Bodnar	1996	May	HS Red
27.64p	Emily Wilson Bodnar	1996	July	Prov
27.72p	Emily Wilson Bodnar	1996	May	Spr Challenge
27.92f	Emily Wilson Bodnar	1996	May	Spr Challenge
27.92	Emily Wilson Bodnar	1996	May	NB 1
28.11p	Meghan Lim	1997	May	Spr Challenge
28.15	Emma Chong	1998	July	Jack Brow
28.22f	Emma Chong	1998	July	Prov
28.26p	Jasmine Galey	1995	May	HS Blue
28.28p	Emma Chong	1998	July	Prov
28.30	Hanna Svensson	1999	June	Classic
28.42	Jasmine Galey	1995	May	Dino Gold
28.47	Jasmine Galey	1995	May	NB 1
28.51f	Sarah Choate	1998	July	Prov
28.57	Emma Chong	1998	June	Classic
28.69	Jasmine Galey	1995	May	City HS
28.70f	Grace Chalmers	1999	July	Prov
28.71	Hanna Svensson	1999	July	Jack Brow
28.83	Sarah Choate	1998	June	Classic
28.88p	Brooke Sillito	1996	May	HS Blue
28.88	Anise Parker	1998	July	Jack Brow
28.88	Savanna Jordan	1999	June	Classic
28.91	Grace Chalmers	1999	June	Classic
28.93f	Brooke Sillito	1996	May	HS Blue
28.97p	Grace Chalmers	1999	July	Prov
28.99p	Sarah Choate	1998	July	Prov
29.12p	Sarah Choate	1998	May	Spr Challenge
29.25	Emma Chong	1998	May	Spr Challenge
29.26	Anise Parker	1998	June	Classic

29.35	Brooke Sillito	1996	May	Spr Challenge
29.45	Savanna Jordan	1999	May	NB 1
29.52	Keara Penner	1997	May	HS Blue
29.58	Hanna Svensson	1999	May	NB 1
29.62	Grace Chalmers	1999	June	Hershey Prov.
29.69	Lisa Cozma	2001	July	Prov
29.76	Grace Chalmers	1999	May	Calgary Hershey
29.85	Siri Svensson	1996	July	Jack Brow
29.99	Amelia Zielke	1999	July	Prov
30.02	Savanna Jordan	1999	July	Prov
30.08	Lisa Cozma	2001	June	Hershey Prov.
30.25	Rachel Yee	1992	May	NB 1
30.38	Grace Chalmers	1999	May	NB 1
30.60	Siri Svensson	1996	May	Spr Challenge
30.74	Lisa Cozma	2001	May	Calgary Hershey
31.38	Rhea Foster	1998	July	Prov
31.52	Kiannah Wright	1998	June	Classic
31.57	Robin Danyluk	2000	May	Calgary Hershey
31.71	Miriam Woldu	1998	June	Classic
31.92	Kiannah Wright	1998	May	Spr Challenge
31.98	Kiannah Wright	1998	May	NB 1
32.20	Rhea Foster	1998	May	NB 1
32.32	Rhea Foster	1998	May	Spr Challenge
32.41	Kathleen Harper	1998	July	Prov
32.53	Miriam Woldu	1998	May	NB 1
32.79	Ella Rosquist	1998	May	NB 1
32.92	Tyra Bliss	2000	May	NB 1
33.49	Maxine Griffith	1998	June	Classic
33.54	Grace Lew	2000	May	Calgary Hershey
34.66	Ariana Gray	2001	May	Calgary Hershey
34.91	Taylor Nishimura	2000	May	NB 1
37.63	Robyn McLean	2004	May	Calgary Hershey

Female 300m 2010 E. Hirst 41.78

44.88	Sarah Choate	1998	June	Classic
45.37	Savanna Jordan	1999	June	Classic
45.69	Savanna Jordan	1999	July	Prov
45.99	Sarah Choate	1998	May	Spr Challenge
46.18	Sarah Choate	1998	July	Prov
46.52	Savanna Jordan	1999	May	Spr Challenge
46.53	Sarah Choate	1998	June	NB 3
46.84	Hanna Svensson	1999	June	Classic
47.87	Grace Chalmers	1999	June	Classic
48.01	Molly Sharp	2000	June	NB 3
48.07	Hanna Svensson	1999	July	Jack Brow
50.31	Anna Sellers	1999	May	NB 2
50.43	Anna Sellers	1999	June	Classic
51.43	Rhea Foster	1998	June	Classic
51.78	Tyra Bliss	2000	May	NB 2
51.8	Kathleen Harper	1998	June	Classic
52.05	Deia Hida	1999	May	NB 2

55.32 Olivia Adams 2001 June NB 3

Female 400m 2007 H Ratzlaff 55.71

58.02	Athena Furlas	1997	May	City HS
58.84	Athena Furlas	1997	May	HS Red
59.20	Athena Furlas	1997	Aug	Legion/Youth
1.02.28	Katie Campbell	1995	July	Jack Brow
1.02.71	Jasmine Galey	1995	May	Spr Challenge
1.02.92	Katie Campbell	1995	July	Prov
1.03.01	Jasmine Galey	1995	May	HS Blue
1.03.13	Athena Furlas	1997	July	CWC
1.03.32	Jasmine Galey	1995	May	City HS
1.03.45	Katie Campbell	1995	May	Spr Challenge
1.03.57	Jasmine Galey	1995	June	Classic
1.03.82	Katie Campbell	1995	May	Dino Red
1.04.15	Brooke Sillito	1996	May	City HS
1.04.20	Katie Campbell	1995	JUne	Classic
1.04.39	Meghan Lim	1997	June	NB 3
1.05.03	Brooke Sillito	1996	May	HS Blue
1.05.92	Emily Craig	1996	May	HS Red
1.06.00	Emily Craig	1996	May	City HS
1.06.10	Brooke Sillito	1996	July	Jack Brow
1.06.52	Brooke Sillito	1996	May	NB 2
1.06.62	Brooke Sillito	1996	May	Dino Red
1.07.36	Emily Craig	1996	May	Spr Challenge
1.07.42	Rachel Yee	1992	July	Jack Brow
1.07.52	Rachel Yee	1992	May	Spr Challenge
1.07.92	Emily Craig	1996	May	Dino Red
1.08.66	Emily Rendell	1997	May	Nike Grand Prix
1.09.41	Rachel Yee	1992	June	Classic
1.10.86	Rachel Yee	1992	June	NB 3
1.19.68	Ariana Gray	2001	May	Calgary Hershey
1.12.17	Delainey Conibear	1997	May	Spr Challenge
1.21.43	Elizabeth Harper	2002	May	Calgary Hershey

Female 600m 2007 R Romero 1.36.68

1.49.33	Annette Berry	2000	June	Classic
1.53.40	Molly Sharp	2000	June	Classic
2.00.35	Jasper Crockford	2001	June	Classic
2.02.79	Tyra Bliss	2000	June	Classic
2.06.84	Robin Danyluk	2000	June	Classic
2.07.38	Taylor Nishimura	2000	June	Classic
2.07.47	Lisa Cozma	2001	June	Classic
2.07.77	Rathaine Randle	2000	June	Classic
2.10.92	Elizabeth Harper	2002	June	Classic
2.12.60	Morgan Boot	2001	June	Classic
2.13.09	Alex Matsuoka	2002	June	Classic
2.16.41	Taylor MacKay	2002	June	Classic
2.17.33	Grace Lew	2000	June	Classic
2.19.24	Maya Wilson	2002	June	Classic

2.31.74	Isabelle Perks	2002	May	Spr Challenge
2.36.14	Karen Fowlow	2005	June	Classic

Female 800m 2009 H Ratzlaff 2.06.98

2.14.67	Gillian Ceyhan	1996	Aug	Legion/Youth
2.16.24	Gillian Ceyhan	1996	July	Prov
2.18.50	Kamila Olguin	1999	June	Hershey prov
2.19.57	Gillian Ceyhan	1996	July	CWC
2.19.82	Gillian Ceyhan	1996	April	Azusa Pacific
2.20.20	Gillian Ceyhan	1996	July	Jack Brow
2.20.22	Gillian Ceyhan	1996	June	HS Prov
2.20.55qual	Gillian Ceyhan	1996	July	Jun Nat
2.22.38	Cailey Stubbs	1992	July	Jack Brow
2.26.74h	Kamila Olguin	1999	May	Airdrie Hershey
2.29.10	Kendall Seasons	1995	June	HS Prov
2.29.19	Savanna Jordan	1999	July	Prov
2.29.59	Katie Campbell	1995	May	Dino Gold
2.31.02	Katie Campbell	1995	May	City HS
2.31.12	Kendall Seasons	1995	May	NB 1
2.31.81	Katie Campbell	1995	July	Prov
2.31.92	Corinna Fowlow	1999	June	NB 3
2.32.51	Annette Berry	2000	June	Classic
2.32.63	Corrina Fowlow	1999	June	Classic
2.32.93	Annette Berry	2000	May	Spr Challenge
2.33.68	Annette Berry	2000	May	NB 1
2.33.89	Annette Berry	2000	June	Hershey prov
2.33.97	Katie Campbell	1995	April	Azusa Pacific
2.34.13	Emily Craig	1996	May	HS Red
2.34.76	Katie Campbell	1995	May	HS Blue
2.34.89	Katie Campbell	1995	June	HS Prov
2.35.13	Annette Berry	2000	May	Calgary Hershey
2.35.31	Corinna Fowlow	1999	May	Spr Challenge
2.36.86	Kendall Seasons	1995	July	Jack Brow
2.37.04	Rachel Yee	1992	July	Jack Brow
2.37.45	Katie Campbell	1995	July	Jack Brow
2.37.72CE	Nicky Charlesworth	1994	May	Spr Challenge
2.38.07	Katie Campbell	1995	June	Classic
2.38.41	Brooke Sillito	1996	July	Jack Brow
2.38.65	Savanna Jordan	1999	May	NB 1
2.39.41	Emily Craig	1996	May	City HS
2.39.56	Cam Knowles	1999	May	NB 1
2.40.68	Anna Sellers	1999	July	Prov
2.41.16	Maddy Lee	1998	May	NB 1
2.41.63	Maddy Lee	1998	May	Spr Challenge
2.42.25	Maddy Lee	1998	June	Classic
2.45.54	Rachel Yee	1992	June	Classic
2.47.17CE	Hanna Svensson	1999	May	Spr Challenge
2.49.37	Anna Sellers	1999	May	NB 1
2.49.92CE	Mia Hull	1998	May	Spr Challenge
2.50.68	Cam Knowles	1999	June	Classic
2.54.99	Kathleen Harper	1998	July	Prov

2.55.00	Anna Sellers	1999	May	Calgary Hershey
2.57.22	Miriam Woldu	1998	May	NB 3
2.59.13	Jenna Gregg	2001	May	Calgary Hershey
3.07.41	Elizabeth Harper	2002	June	Hershey prov
3.08.44	Elizabeth Harper	2002	May	Calgary Hershey
3.09.92	Grace Lew	2000	June	Classic
3.10.91	Mikenna Spademan	2000	May	Spr Challenge

Female 1000m 2007 H Sim 2.55.80

Female 1200m 2013 K Olguin 3.37.30

3.37.30	Kamila Olguin	1999	Aug	Legion/Youth
3.41.60	Kamila Olguin	1999	July	CWC
3.42.88	Kamila Olguin	1999	May	Spr Challenge
3.42.94	Kamila Olguin	1999	July	Prov
3.43.46	Kamila Olguin	1999	June	Classic
3.54.32	Kamila Olguin	1999	May	NB 2
4.07.45	Corinna Fowlow	1999	June	Classic
4.11.52	Annette Berry	2000	May	Spr Challenge
4.14.93	Maddy Lee	1998	June	Classic
4.22.05	Corinna Fowlow	1999	May	NB 2
4.31.35	Cam Knowles	1999	July	Prov
4.34.86	Cam Knowles	1999	June	Classic
4.47.82	Kathleen Harper	1998	June	Classic

Female 1500m 2008 H Sim 4.25.07

4.28.27	Gillian Ceyhan	1996	April	Beach Invitational
4.41.14	Gillian Ceyhan	1996	Aug	Legion/Youth
4.50.50	Gillian Ceyhan	1996	July	Prov
4.46.22p	Gillian Ceyhan	1996	July	Jun Nat
4.51.34	Gillian Ceyhan	1996	June	HS Prov
4.56.49	Gillian Ceyhan	1996	May	Spr Challenge
4.57.72	Claudia Belanger	1996	April	Azusa Pacific
4.58.07	Claudia Belanger	1996	April	Beach Invitational
5.02.04	Gillian Ceyhan	1996	July	Jack Brow
5.02.56	Claudia Belanger	1996	Aug	Legion/Youth
5.03.12	Claudia Belanger	1996	July	Jack Brow
5.03.84	Claudia Belanger	1996	May	Spr Challenge
5.05.10	Claudia Belanger	1996	July	CWC
5.05.75	Claudia Belanger	1996	June	HS Prov
5.30.47	Kendall Seasons	1995	July	Jack Brow
6.05.23	Emily Craig	1996	May	Dino Red

Female 1600m 2013 K Olguin 5.07.09

5.07.09	Kamila Olguin	1999	June	Hershey Prov
5.16.00h	Kamila Olguin	1999	May	Calgary Hershey
5.51.61	Annette Berry	2000	June	Hershey Prov
5.56.42	Annette Berry	2000	May	Calgary Hershey

5.26.56	Anna Sellers	1999	May	Calgary Hershey
Female Mile	2009 H Sim 5.05.90			
5.41.60	Kendall Seasons	1995	May	NB 2
Female 2000m	2013 K Olguin 6.23.45			
6.23.45	Kamila Olguin	1999	Aug	Legion/Youth
6.30.56	Kamila Olguin	1999	June	Classic
6.37.28	Kamila Olguin	1999	July	CWC
6.54.26	Kamila Olguin	1999	May	NB 1
7.11.07	Corinna Fowlow	1999	June	Classic
Female 3000m	2007 L Ogradnik 9.59.39			
10.43.86	Claudia Belanger	1996	July	Jack Brow
11.01.01	Claudia Belanger	1996	Aug	Legion/Youth
11.03.55	Claudia Belanger	1996	June	HS Prov
11.49.84	Claudia Belanger	1996	May	NB 1
Female 5000m	2007 F Stenning 17.15.55			
Female 60mH	2010 A. Martin 12.19			
Female 80mH	2012 N Charlesworth	11.61	33"	
	2011 N. Charlesworth	11.49	30"	
	2011 E. Chong	14.77	27"	
11.63f 30"	Mia Hull	1998	July	CWC
11.74p 30"	Mia Hull	1998	July	Prov
11.78f 30"	Mia Hull	1998	July	Prov
11.85p 30"	Mia Hull	1998	July	CWC
11.86f 30"	Mia Hull	1998	Aug	Legion/Youth
12.05f 30"	Mia Hull	1998	June	Classic
12.07 30"	Mia Hull	1998	July	Jack Brow
12.15p 30"	Mia Hull	1998	Aug	Legion/Youth
12.15p 30"	Mia Hull	1998	June	Classic
12.16 30"	Mia Hull	1998	July	CSG Trials
12.38f 30"	Athena Furlas	1997	May	City HS
12.41p 30"	Athena Furlas	1997	May	HS Red
12.42f 30"	Athena Furlas	1997	May	HS Red
12.46 30"	Mia Hull	1998	May	Spr Challenge
12.48CE 30"	Mia Hull	1998	May	Spr Challenge
12.54 30"	Athena Furlas	1997	May	Dino Gold
12.55 30"	Mia Hull	1998	May	NB 1
12.56p 30"	Athena Furlas	1997	May	City HS
12.70 30"	Mia Hull	1998	June	NB 3
12.97p 30"	Emily Wilson Bodnar	1996	May	HS Red
13.49p 30"	Emily Wilson Bodnar	1996	May	City HS

13.51f 30"	Emily Wilson Bodnar	1996	May	HS Red
13.53 30"	Emily Wilson Bodnar	1996	May	Dino Gold
13.66 30"	Emma Chong	1998	May	Spr Challenge
13.67f 30"	Meghan Lim	1997	May	City HS
13.77 30"	Emma Chong	1998	July	Jack Brow
14.07f 30"	Emily Wilson Bodnar	1996	May	City HS
14.11p 30"	Meghan Lim	1997	May	City HS
14.37 30"	Emma Chong	1998	June	NB 3
14.39 30"	Emma Chong	1998	June	Classic
14.74 30"	Annette Berry	2000	June	Classic
14.85 30"	Molly Sharp	2000	June	Classic
14.95 30"	Molly Sharp	2000	May	Spr Challenge
15.27 30"	Annette Berry	2000	May	Spr Challenge
15.76 30"	Amelia Zielke	1999	July	Prov
16.08CE 30"	Hanna Svensson	1999	May	Spr Challenge
16.08 30"	Amelia Zielke	1999	June	Classic
16.29 30"	Madison Michiels	2000	May	Spr Challenge
16.31 30"	Annette Berry	2000	May	NB 1
16.87 30"	Lisa Cozma	2001	June	NB 3
17.10 30"	Robin Danyluk	2000	June	Classic
17.35 30"	Kiva Balog	2001	June	Classic
17.49 30"	Cam Knowles	1999	May	NB 1
17.53 30"	Anna Sellers	1999	May	NB 1
17.54 30"	Grace Lew	2000	June	Classic
18.47 30"	Ella Rosquist	1998	May	NB 1
18.51 30"	Rathaine Randle	2000	June	Classic
18.82 30"	Morgan Boot	2001	June	Classic
19.44 30"	Vienna Graham	1999	June	Classic
19.53 30"	Morgan Boot	2001	May	Spr Challenge

Female 100mH

2011 S Morrison

13.77 30"

2013 N Charlesworth

14.23 33"

15.06p 30"	Athena Furlas	1997	July	CWC
15.16f 30"	Athena Furlas	1997	July	CWC
15.59 30"	Athena Furlas	1997	May	NB 1
16.25 30"	Emily Wilson-Bodnar	1996	July	CSG Trials
16.43 30"	Emily Wilson-Bodnar	1996	July	Jack Brow
16.48 30"	Emily Wilson-Bodnar	1996	June	Classic
16.84 30"	Meghan Lim	1997	July	Jack Brow
16.86 30"	Emily Wilson-Bodnar	1996	May	Spr Challenge
17.32 30"	Meghan Lim	1997	May	Spr Challenge
18.13 30"	Emily Wilson-Bodnar	1996	June	NB 3

14.23 33"	Nicky Charlesworth	1994	April	Azusa Pacific
14.41 33"	Nicky Charlesworth	1994	July	Prov
14.41f 33"	Nicky Charlesworth	1994	June	Classic
14.55 33"	Nicky Charlesworth	1994	June	NB 3
14.58f 33"	Nicky Charlesworth	1994	July	CWC
14.58p 33"	Nicky Charlesworth	1994	June	Classic
14.62 33"	Nicky Charlesworth	1994	July	CSG Trials
14.68f 33"	Nicky Charlesworth	1994	July	Jun Nat

14.72p 33"	Nicky Charlesworth	1994	July	Jun Nat
14.74p 33"	Nicky Charlesworth	1994	July	CWC
14.81CE 33"	Nicky Charlesworth	1994	May	Spr Challenge
14.83CE 33"	Nicky Charlesworth	1994	Aug	Can Summer Games
15.45 33"	Melissa Hazen	1994	July	CWC
15.69 33"	Melissa Hazen	1994	July	CSG Trials
15.71 33"	Melissa Hazen	1994	June	Classic
15.82 33"	Melissa Hazen	1994	July	Jun Nat
16.05 33"	Melissa Hazen	1994	July	Prov
16.34 33"	Melissa Hazen	1994	June	NB 3
17.33 33"	Emily Wilson Bodnar	1996	April	Steve Scott

Female 200mH 2013 M Hull 28.44

28.44	Mia Hull	1998	July	Prov
28.70	Mia Hull	1998	July	CWC
29.53	Mia Hull	1998	June	Classic
29.56	Mia Hull	1998	July	CSG Trials
29.94p	Mia Hull	1998	Aug	Legion/Youth
30.23	Mia Hull	1998	May	NB 2
30.56	Mia Hull	1998	Aug	Legion/Youth
33.38	Annette Berry	2000	May	Spr Challenge
35.97	Anna Sellers	1999	May	NB 2
42.01	Morgan Boot	2001	May	Spr Challenge

Female 300mH 2013 A Furlas 44.32

44.32	Athena Furlas	1997	May	NB 2
44.80	Athena Furlas	1997	July	CWC
45.42	Athena Furlas	1997	July	Prov
45.53	Athena Furlas	1997	Aug	Legion/Youth
47.70	Emily Wilson-Bodnar	1996	July	Jack Brow
48.47	Emily Wilson-Bodnar	1996	May	NB 2
48.84	Emily Wilson-Bodnar	1996	Aug	Legion/Youth
50.05	Meghan Lim	1997	May	Spr Challenge
50.05	Emily Wilson-Bodnar	1996	July	Prov
53.99	Emily Wilson-Bodnar	1996	May	Spr Challenge

Female 400mH 2007 H Ratzlaff 1.01.27

1.05.67	Athena Furlas	1997	April	UCSD Triton
1.07.99	Athena Furlas	1997	April	Steve Scott
1.10.50	Jasmine Galey	1995	April	UCSD Triton
1.10.75	Jasmine Galey	1995	May	Spr Challenge
1.11.21	Jasmine Galey	1995	May	NB 2
1.20.74	Jasmine Galey	1995	April	Steve Scott

Female 1500SC 2007 T Dressler 4.57.93

5.55.43	Madeline Lee	1998	June	Classic
6.06.10	Madeline Lee	1998	June	NB 3
6.40.85	Anna Sellers	1999	June	NB 3

6.44.58	Anna Sellers	1999	June	Classic
Female 2000SC	2010 A Erdman 6:48.29			
Female 3000SC	2007 T Dressler 10.31.12			
Female 1500 RW	2009 E Chappell 10.02.36			
Female 5k RW	2008 K Samoil 26.59.80			
Female 20k RW	2008 K Samoil 2:00.01.00			
Female LJ	1 m Take Off			
	2010 A Martin 3.86			
Female LJ	2012 M Hazen 5.47			
5.41	Melissa Hazen	1994	July	CWC
5.32CE	Nicky Charlesworth	1994	May	Spr Challenge
5.29	Melissa Hazen	1994	June	Classic
5.28	Melissa Hazen	1994	July	Prov
5.28	Melissa Hazen	1994	July	CSG Trials
5.15	Nicky Charlesworth	1994	June	NB 3
5.14	Melissa Hazen	1994	July	Edm International
4.95	Melissa Hazen	1994	July	Jun Nat
4.88	Nicky Charlesworth	1994	July	CSG Trials
4.85	Anise Parker	1998	July	CSG Trials
4.79	Mia Hull	1998	June	Classic
4.77	Anise Parker	1998	July	CWC
4.74	Mia Hull	1998	July	CSG Trials
4.73	Melissa Hazen	1994	June	NB 3
4.70	Mia Hull	1998	July	Prov
4.70CE	Mia Hull	1998	May	Spr Challenge
4.58	Meghan Lim	1997	July	CWC
4.56	Anise Parker	1998	July	Jack Brow
4.46	Mia Hull	1998	June	NB 3
4.45	Emily Rendell	1997	June	Classic
4.42	Hanna Svensson	1999	May	NB 1
4.29	Meghan Lim	1997	May	NB 1
4.29	Hanna Svensson	1999	June	Classic
4.28	Emily Rendell	1997	May	NB 1
4.24	Vienna Graham	1999	June	Classic
4.22	Hanna Svensson	1999	July	Jack Brow
4.20	Grace Chalmers	1999	May	NB 1
4.19CE	Hanna Svensson	1999	May	Spr Challenge
4.18	Anise Parker	1998	June	Classic
4.17	Amelia Zielke	1999	May	NB 1

4.17	Mia Hull	1998	July	Jack Brow
4.16	Natasha Prosser	1997	May	NB 1
4.14	Lisa Cozma	2001	May	NB 1
4.13	Molly Sharp	2000	May	Spr Challenge
4.13	Annette Berry	2000	June	Classic
4.12	Emily Rendell	1997	July	CSG Trials
4.09	Emily Rendell	1997	June	NB 3
4.06	Sarah Choate	1998	May	NB 1
4.05	Amelia Zielke	1999	May	Spr Challenge
4.05	Molly Sharp	2000	May	NB 1
4.04	Hanna Svensson	1999	July	Prov
4.00	Sarah Choate	1998	May	Spr Challenge
3.96	Anise Parker	1998	July	Prov
3.93	Annette Berry	2000	May	NB 1
3.93	Amelia Zielke	1999	July	Prov
3.89	Natasha Prosser	1997	June	Classic
3.86	Molly Sharp	2000	June	Classic
3.85	Lisa Cozma	2001	May	Spr Challenge
3.85	Rathaine Randle	2000	June	Classic
3.83	Robin Danyluk	2000	June	Classic
3.81	Annette Berry	2000	May	Spr Challenge
3.81	Rathaine Randle	2000	May	Spr Challenge
3.8	Sarah Choate	1998	July	Prov
3.80	Amelia Zielke	1999	June	NB 3
3.79	Sarah Choate	1998	June	Classic
3.78	Lisa Cozma	2001	July	Prov
3.73	Tyra Bliss	2000	May	NB 1
3.73	Rhea Foster	1998	May	NB 1
3.66	Grace Chalmers	1999	June	NB 3
3.65	Rhea Foster	1998	May	Spr Challenge
3.64	Hanna Svensson	1999	June	NB 3
3.64	Tyra Bliss	2000	May	Spr Challenge
3.62	Sarah Choate	1998	June	NB 3
3.59	Grace Chalmers	1999	June	Classic
3.57	Lisa Cozma	2001	June	Classic
3.55	Rhea Foster	1998	July	Prov
3.53	Rhea Foster	1998	June	Classic
3.49	Tyra Bliss	2000	June	Classic
3.49	Rathaine Randle	2000	May	NB 1
3.45	Grace Chalmers	1999	July	Prov
3.44	Lisa Cozma	2001	June	NB 3
3.33	Rachel Kraft	2001	May	Spr Challenge
3.30	Molly Sharp	2000	June	NB 3
3.22	Taylor Nishimura	2000	May	NB 1
3.12	Grace Lew	2000	June	Classic
3.07	Taylor Nishimura	2000	May	Spr Challenge
3.06	Morgan Boot	2001	May	Spr Challenge
3.03	Madison Michiels	2000	May	Spr Challenge
2.93	Morgan Boot	2001	June	Classic
2.84	Mikenna Spademan	2000	May	Spr Challenge
2.77	Isabelle Perks	2002	May	Spr Challenge
2.71	May Wilson	2002	June	Classic

2.51	Olivia Adams	2001	May	Spr Challenge
2.45	Miriam Woldu	1998	June	Classic
1.6	Karen Fowlow	2005	June	Classic
1.42	Karen Fowlow	2005	May	Spr Challenge

Female Standing Long Jump

2008 N Charlesworth 2.36

2.12	Robin Danyluk	2000	May	Calgary Hershey
2.10	Amelia Zielke	1999	May	Calgary Hershey
2.09	Molly Sharp	2000	May	Calgary Hershey
2.03	Amelia Zielke	1999	June	Hershey Prov
2.02	Robin Danyluk	2000	June	Hershey Prov
1.92	Annette Berry	2000	May	Calgary Hershey
1.87	Elizabeth Harper	2002	May	Calgary Hershey
1.83	Annette Berry	2000	June	Hershey Prov
1.80	Karen Fowlow	2005	June	Classic
1.77	Isabelle Perks	2002	May	Calgary Hershey
1.74	Jenna Gregg	2001	May	Calgary Hershey
1.67	Elizabeth Harper	2002	June	Classic
1.67	Isabelle Perks	2002	June	Classic
1.62	Alex Matsuoka	2002	June	Classic
1.62	Olivia Wilson	2003	June	Classic
1.60	Elizabeth Harper	2002	June	Hershey Prov
1.54	Maya Wilson	2002	June	Classic
1.48	Robyn McLean	2004	May	Calgary Hershey
1.42	Taylor MacKay	2002	June	Classic
0.84	Karen Fowlow	2005	May	Calgary Hershey

Female TJ

2007 K Tse 11.69

10.45	Anise Parker	1998	July	CSG Trials
10.38	Anise Parker	1998	July	CWC
10.35	Anise Parker	1998	Aug	Legion/Youth
10.24	Anise Parker	1998	June	Classic
10.22	Anise Parker	1998	July	Prov
9.26	Sarah Choate	1998	May	Spr Challenge
9.25	Sarah Choate	1998	May	NB 2
8.94	Sarah Choate	1998	July	Prov
8.89	Lisa Cozma	2001	July	Prov
8.59	Amelia Zielke	1999	July	Prov
8.44	Sarah Choate	1998	June	Classic

Female HJ

2009 N Charlesworth 1.70

1.66CE	Nicky Charlesworth	1994	Aug	Can Summer Games
1.60	Nicky Charlesworth	1994	July	CWC
1.60	Nicky Charlesworth	1994	July	Prov
1.60	Nicky Charlesworth	1994	July	Jun Nat
1.60CE	Nicky Charlesworth	1994	May	Spr Challenge
1.60	Nicky Charlesworth	1994	July	CSG Trials
1.55	Nicky Charlesworth	1994	June	Classic
1.47CE	Mia Hull	1998	May	Spr Challenge

1.45	Emma Chong	1998	Aug	Legion/Youth
1.45	Emma Chong	1998	July	CWC
1.45	Emma Chong	1998	July	Prov
1.45	Emma Chong	1998	May	NB 2
1.45	Lauren Fridman	1996	July	Prov
1.45	Lauren Fridman	1996	July	CSG Trials
1.45	Emma Chong	1998	June	Classic
1.45	Emma Chong	1998	July	Jack Brow
1.40	Emma Chong	1998	May	Spr Challenge
1.40	Emma Chong	1998	July	CSG Trials
1.40	Mia Hull	1998	May	NB 2
1.40	Lauren Fridman	1996	May	City HS
1.35	Natasha Prosser	1997	May	Nike Grand Prix
1.35	Annette Berry	2000	June	Classic
1.35	Natasha Prosser	1997	June	Classic
1.30	Corinna Fowlow	1999	May	NB 2
1.30	Corinna Fowlow	1999	May	Spr Challenge
1.30	Rathaine Randle	2000	June	Classic
1.25	Madison Michiels	2000	May	Spr Challenge
1.23CE	Hanna Svensson	1999	May	Spr Challenge
1.20	Skylar Sieben	2000	May	Spr Challenge
1.15	Tyra Bliss	2000	June	Classic
1.15	Lisa Cozma	2001	June	Classic
1.15	Grace Lew	2000	June	Classic
1.15	Molly Sharp	2000	June	Classic
1.10	Robin Danyluk	2000	June	Classic
1.10	Annette Berry	2000	May	Spr Challenge
1.10	Rachel Kraft	2001	May	Spr Challenge
1.10	Tyra Bliss	2000	May	NB 2
1.00	Morgan Boot	2001	June	Classic
1.00	Morgan Boot	2001	May	Spr Challenge

Female SP

2013 S Svensson 10.80	4kg
2013 S Svensson 12.87	3kg
2012 H Svensson 7.25	2.7kg
2012 L Cozma 5.75	2kg

10.80 4kg	Siri Svensson	1996	June	HS Prov
10.19CE 4kg	Nicky Charlesworth	1994	May	Spr Challenge
9.97 4kg	Siri Svensson	1996	May	HS Blue
9.87 4kg	Siri Svensson	1996	May	Dino Gold
9.65 4kg	Diane Campbell	1994	July	Prov
9.62 4kg	Siri Svensson	1996	May	City HS
9.22 4kg	Diane Campbell	1994	July	CSG Trials
8.79 4kg	Diane Campbell	1994	May	Throws Gala
8.14 4kg	Lauren Fridman	1996	May	City HS
7.13 CE 4kg	Nicky Charlesworth	1994	Aug	Can Summer games
12.87 3kg	Siri Svensson	1996	Aug	Legion/Youth
12.64 3kg	Siri Svensson	1996	July	Prov
12.61 3kg	Siri Svensson	1996	July	Jack Brow
12.44 3kg	Siri Svensson	1996	July	CWC

12.05	3kg	Siri Svensson	1996	June	Classic
11.76	3kg	Siri Svensson	1996	May	Spr Challenge
11.35	3kg	Siri Svensson	1996	May	NB 1
11.01	3kg	Siri Svensson	1996	June	NB 3
9.62	3kg	Hanna Svensson	1999	May	NB 1
9.61	3kg	Hanna Svensson	1999	July	Jack Brow
9.50	3kg	Dana Gerlitz	1997	June	Clasi
9.39	3kg	Hanna Svensson	1999	May	Spr Challenge
9.36	3kg	Hanna Svensson	1999	July	Prov
9.31CE	3kg	Mia Hull	1998	May	Spr Challenge
9.27	3kg	Rathaine Randle	2000	May	NB 1
9.22	3kg	Hanna Svensson	1999	July	CWC
9.20	3kg	Dana Gerlitz	1997	July	CWC
9.19	3kg	Rathaine Randle	2000	May	Spr Challenge
9.13	3kg	Dana Gerlitz	1997	July	Prov
9.04	3kg	Rathaine Randle	2000	June	Classic
9.04	3kg	Dana Gerlitz	1997	May	Spr Challenge
8.99	3kg	Rathaine Randle	2000	July	Prov
8.91CE	3kg	Hanna Svensson	1999	May	Spr Challenge
8.89	3kg	Hanna Svensson	1999	June	Classic
8.87	3kg	Rathaine Randle	2000	July	Jack Brow
8.75	3kg	Hanna Svensson	1999	June	NB 3
8.61	3kg	Mia Hull	1998	May	NB 1
8.40	3kg	Dana Gerlitz	1997	May	NB 1
8.35	3kg	Rathaine Randle	2000	June	NB 3
8.07	3kg	Skylar Sieben	2000	June	Classic
8.01	3kg	Skylar Sieben	2000	May	Spr Challenge
7.55	3kg	Skylar Sieben	2000	May	NB 1
6.62	3kg	Corinna Fowlow	1999	May	Spr Challenge
6.10	3kg	Lisa Cozma	2001	June	Classic
6.08	3 kg	Kiannah Wright	1998	May	NB 1
5.98	3kg	Robin Danyluk	2000	June	Classic
5.95	3kg	Kiannah Wright	1998	May	Spr Challenge
5.93	3kg	Kiannah Wright	1998	June	NB 3
5.91	3kg	Rhea Foster	1998	July	Prov
5.85	3kg	Corinna Fowlow	1999	June	NB 3
5.83	3kg	Kiannah Wright	1998	June	Classic
5.72	3kg	Lisa Cozma	2001	May	NB 1
5.70	3kg	Miriam Woldu	1998	June	Classic
5.68	3kg	Rhea Foster	1998	June	Classic
5.64	3kg	Rhea Foster	1998	May	NB 1
5.62	3kg	Lisa Cozma	2001	May	Spr Challenge
5.61	3kg	Rhea Foster	1998	May	Spr Challenge
5.52	3kg	Rhea Foster	1998	June	NB 3
5.36	3kg	Lisa Cozma	2001	June	NB 3
5.28	3kg	Molly Sharp	2000	June	Classic
5.22	3kg	Miriam Woldu	1998	May	NB 1
5.01	3kg	Cam Knowles	1999	May	NB 1
5.01	3kg	Morgan Boot	2001	June	Classic
4.86	3kg	Annette Berry	2000	June	Classic
4.83	3kg	Tyra Bliss	2000	June	Classic
4.60	3kg	Miriam Woldu	1998	June	NB 3

4.36	3kg	Annette Berry	2000	May	Spr Challenge
4.28	3kg	Tyra Bliss	2000	May	Spr Challenge
4.12	3kg	Grace Lew	2000	June	Classic
5.36	2kg	Alex Matsuoka	2002	June	Classic
2.61	2kg	Karen Fowlow	2005	June	Classic

Female Javelin **2013 D Campbell 36.34** **600g**
2013L Fridman 37.47 **500g**
2013 R Randle 25.51 **400g**

36.34	600g	Diane Campbell	1994	July	CWC
35.96	600g	Diane Campbell	1994	June	Classic
35.32	600g	Diane Campbell	1994	May	Throws Gala
35.24	600g	Diane Campbell	1994	May	Throws Gala
34.70	600g	Diane Campbell	1994	May	Throws Gala
34.10	600g	Alanna Pearson	1995	July	Prov
34.00	600g	Alanna Pearson	1995	May	HS Red
33.64	600g	Diane Campbell	1994	July	CSG Trials
33.14	600g	Lauren Fridman	1996	May	City HS
32.77	600g	Lauren Fridman	1996	June	HS Prov
32.02	600g	Diane Campbell	1994	May	Spr Challenge
31.85	600g	Alanna Pearson	1995	June	HS Prov
31.77	600g	Alanna Pearson	1995	May	City HS
31.26CE	600g	Nicky Charlesworth	1994	May	Spr Challenge
30.83	600g	Dana Gerlitz	1997	May	Dino Gold
30.40	600g	Dana Gerlitz	1997	June	HS Prov
30.38	600g	Alanna Pearson	1995	May	Dino Gold
30.29	600g	Alanna Pearson	1995	June	Classic
30.10	600g	Siri Svensson	1996	May	Dino Gold
30.02	600g	Siri Svensson	1996	May	HS Blue
29.89	600g	Lauren Fridman	1996	July	CSG Trials
29.64	600g	Dana Gerlitz	1997	May	City HS
29.61	600g	Siri Svensson	1996	May	City HS
29.43	600g	Dana Gerlitz	1997	May	HS Blue
27.54	600g	Alanna Pearson	1995	May	Spr Challenge
37.47	500g	Lauren Fridman	1996	July	CWC
35.84	500g	Dana Gerlitz	1997	June	Classic
35.61	500g	Dana Gerlitz	1997	May	Throws Gala
35.10	500g	Dana Gerlitz	1997	July	Prov
35.03	500g	Lauren Fridman	1996	July	Prov
33.93	500g	Dana Gerlitz	1997	July	CWC
33.84	500g	Dana Gerlitz	1997	Aug	Legion/Youth
33.82	500g	Lauren Fridman	1996	May	NB 1
33.27	500g	Siri Svensson	1996	July	CWC
33.01	500g	Lauren Fridman	1996	Aug	Legion/Youth
32.74	500g	Dana Gerlitz	1997	May	Throws Gala
32.36	500g	Siri Svensson	1996	May	NB 1
31.88	500g	Siri Svensson	1996	July	Prov
31.62	500g	Siri Svensson	1996	May	Spr Challenge
31.49	500g	Dana Gerlitz	1997	May	Spr Challenge

31.06	500g	Dana Gerlitz	1997	May	NB 1
31.00	500g	Siri Svensson	1996	June	Classic
30.98	500g	Siri Svensson	1996	July	Jack Brow
24.78	500g	Rathaine Randle	2000	May	Spr Challenge
23.78	500g	Rathaine Randle	2000	May	NB 1
23.30	500g	Rathaine Randle	2000	July	Prov
18.51	500g	Anna Sellers	1999	July	Prov
17.66	500g	Anna Sellers	1999	May	NB 1
17.21	500g	Anna Sellers	1999	June	Classic
14.48	500g	Kiannah Wright	1998	June	Classic
14.03	500g	Kiannah Wright	1998	May	NB 1
12.62	500g	Kiannah Wright	1998	May	Spr Challenge
11.71	500g	Rhea Foster	1998	July	Prov

25.51 400g Rathaine Randle 2000 July Jack Brow

Female Discus **2013 S Svensson 34.95** **1 kg**
2011 M Yee 28.81 **750g**

34.95	1kg	Siri Svensson	1996	Aug	Legion/Youth
34.06	1 kg	Diane Campbell	1994	May	Throws Gala
33.76	1kg	Siri Svensson	1996	July	Jack Brow
33.59	1kg	Siri Svensson	1996	July	Prov
32.82	1kg	Diane Campbell	1994	June	Classic
31.97	1kg	Siri Svensson	1996	July	CWC
31.38	1kg	Siri Svensson	1996	May	City HS
31.22	1kg	Siri Svensson	1996	May	NB 2
30.54	1kg	Siri Svensson	1996	June	HS Prov
30.02	1kg	Siri Svensson	1996	June	Classic
29.72	1kg	Diane Campbell	1994	July	CSG Trials
29.30	1kg	Siri Svensson	1996	May	Spr Challenge
28.95	1kg	Diane Campbell	1994	July	Prov
28.82	1kg	Siri Svensson	1996	May	HS Blue
27.93	1kg	Diane Campbell	1994	May	Spr Challenge
27.70	1kg	Dana Gerlitz	1997	May	Throws Gala
27.52	1kg	Dana Gerlitz	1997	May	City HS
27.28	1kg	Dana Gerlitz	1997	May	Dino Red
27.15	1kg	Dana Gerlitz	1997	June	HS Prov
26.98	1kg	Dana Gerlitz	1997	May	HS Blue
26.79	1kg	Dana Gerlitz	1997	June	Classic
26.23	1kg	Dana Gerlitz	1997	May	Spr Challenge
25.95	1kg	Hanna Svensson	1999	July	Prov
25.95	1kg	Hanna Svensson	1999	July	Jack Brow
25.83	1kg	Dana Gerlitz	1997	July	Prov
25.76	1kg	Hanna Svensson	1999	July	CWC
25.62	1kg	Dana Gerlitz	1997	July	CWC
24.63	1kg	Rathaine Randle	2000	July	Prov
24.21	1kg	Rathaine Randle	2000	May	NB 2
23.66	1kg	Alanna Oearson	1995	May	City HS
23.28	1kg	Rathaine Randle	2000	May	Spr Challenge
23.16	1kg	Hanna Svensson	1999	June	Classic
22.46	1 kg	Hanna Svensson	1999	May	NB 2

18.05	1kg	Kathleen Harper	1998	July	Prov
17.95	1kg	Amelia Zielke	1999	July	Prov
17.44	1kg	Amelia Zielke	1999	June	Classic
17.41	1kg	Amelia Zielke	1999	May	Spr Challenge
17.25	1kg	Amelia Zielke	1999	May	NB 2
16.34	1kg	Kiannah Wright	1998	May	NB 2
15.80	1kg	Kiannah Wright	1998	June	Classic
14.88	1kg	Kiannah Wright	1998	May	Spr Challenge
14.11	1kg	Maxine Griffith	1998	June	Classic
11.93	1kg	Lisa Cozma	2001	May	NB 2
27.13	750g	Rathaine Randle	2000	June	Classic
25.73	750g	Rathaine Randle	2000	July	Jack Brow
19.06	750g	Skylar Sieben	2000	June	Classic
14.71	750g	Morgan Boot	2001	June	Classic
13.44	750g	Annette Berry	2000	June	Classic
13.41	750g	Lisa Cozma	2001	June	Classic
13.36	750g	Molly Sharp	2000	June	Classic
12.76	750g	Madison Michiels	2000	May	Spr Challenge
11.37	750g	Lisa Cozma	2001	May	Spr Challenge
9.69	750g	Grace Lew	2000	June	Classic

Female HT 2013 S Svensson 42.03 4kg
2013 S Svensson 41.61 3kg

42.03	4kg	Siri Svensson	1996	July	Jack Brow
32.87	4kg	Siri Svensson	1996	May	NB 2
41.61	3kg	Siri Svensson	1996	July	CWC
41.28	3kg	Siri Svensson	1996	July	Prov
40.66	3kg	Hanna Svensson	1999	Aug	Legion/Youth
36.58	3kg	Siri Svensson	1996	June	Classic
35.78	3kg	Hanna Svensson	1999	May	NB 2
35.03	3kg	Siri Svensson	1996	May	Spr Challenge
34.99	3kg	Hanna Svensson	1999	July	CWC
33.35	3kg	Hanna Svensson	1999	May	Spr Challenge
32.66	3kg	Hanna Svensson	1999	July	Prov
32.53	3kg	Siri Svensson	1996	June	NB 3
32.41	3kg	Hanna Svensson	1999	June	Classic
30.85	3kg	Hanna Svensson	1999	July	Jack Brow
28.75	3kg	Rathaine Randle	2000	May	NB 2
26.89	3kg	Rathaine Randle	2000	July	Jack Brow
26.44	3kg	Rathaine Randle	2000	July	Prov
22.88	3kg	Rathaine Randle	2000	June	NB 3
20.87	3kg	Rathaine Randle	2000	May	Spr Challenge
14.83	3kg	Kiannah Wright	1998	June	Classic
14.74	3kg	Kiannah Wright	1998	May	NB 2
14.52	3kg	Kiannah Wright	1998	May	Spr Challenge
14.31	3kg	Kiannah Wright	1998	June	NB 3

Fem. Ball Throw 2008 N Charlesworth 43.66

23.55	Lisa Cozma	2001	June	Hershey Prov
22.70	Lisa Cozma	2001	May	Calgary Hershey
18.28	Taylor MacKay	2002	June	Classic
17.76	Grace Lew	2000	May	Calgary Hershey
16.74	Olivia Wilson	2003	June	Classic
14.02	Isabelle Perks	2002	June	Classic
13.67	Alex Matsuoka	2002	June	Classic
13.40	Maya Wilson	2002	June	Classic
8.37	Karen Fowlow	2005	May	Calgary Hershey
5.84	Karen Fowlow	2005	June	Classic
5.39	Madison Cyr	2005	May	Calgary Hershey

Female PV 2009 L Schneider 3.30

3.00	Meghan Lim	1997	Aug	Legion/Youth
3.00	Meghan Lim	1997	July	Prov
2.70	Meghan Lim	1997	July	CWC
2.50	Meghan Lim	1997	July	Jack Brow
2.40	Meghan Lim	1997	June	Classic

Female Speed Tetrathlon 2008 B Toffolo 1009

Female Speed Triathlon 2009 A Parker 435

Female Throws Tetrathlon 2007 N Charlesworth 876

Female Jumps Tetrathlon 2007 KA Meeuwisse 977

Female Stamina Tetrathlon 2008 A stephen 1075

Female Stamina Triathlon 2008 E Martin 455

**Female Pent 2008 N Charlesworth 2848 Midget
2013 N Charlesworth 4662 Junior**

4662 Junior	Nicky Charlesworth	1994	May	Spr Challenge
2777 Midget	Mia Hull	1998	May	Spr Challenge
1962 Midget	Hanna Svensson	1999	May	Spr Challenge

**Female Hep 2007 J Green 2200 - Midget
2011 N Charlesworth 4340 - Youth**

Male 50m 2011 T Sherritt 8.44

8.91	James Harfield	2004	May	Calgary Hershey
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9.31	Ty Wilson	2003	May	Calgary Hershey
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Male 60m 2011 R Goertzen 9.36

9.50	Thomas Frankow	2002	June	Classic
9.71	Matthew Fowlow	2002	June	Classic
9.73	Thomas Frankow	2002	May	Spr Challenge
9.90	Matthew Fowlow	2002	May	Spr Challenge
10.12	Jack Sharp	2002	June	Classic

Male 80m 2012 M Shokoohi 10.74

11.85	Michael Restauro	2001	June	Classic
11.96	Andrew Harrop	2000	June	Classic
12.30	Andrew Harrop	2000	May	Spr Challenge
12.34	Adeem Vasanji	2000	May	Spr Challenge
12.43	Adeem Vasanji	2000	June	Classic
13.55	Patrick Milner	2001	May	Spr Challenge
13.67	Patrick Milner	2001	June	Classic

Male 100m

T36

2012 C Johnson 14.88

15.04f	Cory Johnson	1974	June	Classic
15.09	Cory Johnson	1974	June	NB 3
15.30	Cory Johnson	1974	May	Spr Challenge
15.39	Cory Johnson	1974	July	Jack Brow
15.43p	Cory Johnson	1974	June	Classic
15.43	Cory Johnson	1974	May	NB 2
15.60	Cory Johnson	1974	June	Sen Nat
15.70	Cory Johnson	1974	May	NB #1

Male 100m

2012 I Rynn 10.88

10.99p	Isaac Rynn	1989	July	Prov
11.11f	Isaac Rynn	1989	July	Prov
11.21	Isaac Rynn	1989	July	CSG Trials
11.29	Isaac Rynn	1989	July	PreJerome
11.29	Isaac Rynn	1989	June	NB 3
11.40	Isaac Rynn	1989	April	Oxy
11.53	Ryley Bell	1995	July	CSG Trials
11.54f	Ryley Bell	1995	July	Prov
11.56	Ryley Bell	1995	June	Classic
11.58p	Ryley Bell	1995	July	Prov
11.60p	Brent Stephen	1996	July	Prov
11.60f	Nicholas Buettner	1995	May	City HS
11.62	Nicholas Buettner	1995	June	Classic
11.68f	Nicholas Buettner	1995	July	Prov
11.69	Jaron Shackleton-Aumentado	1995	July	CWC
11.71f	Ryley Bell	1995	July	Jack Brow
11.71p	Ryley Bell	1995	July	Jack Brow
11.71p	Nicholas Buettner	1995	May	City HS

11.72	Jorge Zapote	1995	May	Dino Red
11.77f	Nicholas Buettner	1995	July	Jack Brow
11.79	Jaron Shackleton-Aumentado	1995	July	CSG Trials
11.81	Nicholas Buettner	1995	July	CSG Trials
11.84	Nicholas Buettner	1995	June	NB 3
11.84f	Jaron Shackleton-Aumentado	1995	July	Prov
11.85p	Nicholas Buettner	1995	July	Jack Brow
11.87f	Brent Stephen	1996	July	Prov
11.89	Nicholas Buettner	1995	April	UCSD Triton
11.92	Karl Wagner	1995	May	Dino Red
11.92	Jaron Shackleton-Aumentado	1995	June	NB 3
11.92	Thomas Kellner	1994	June	NB 3
11.95	Nicholas Buettner	1995	April	Steve Scott
12.08	Nicholas Buettner	1995	May	NB 1
12.09	Nicholas Buettner	1995	May	Spr Challenge
12.12	Nicholas Buettner	1995	May	NB 2
12.15	Karl Wagner	1995	July	Jack Brow
12.16	Karl Wagner	1995	June	Classic
12.17	Ethan Schultz	1997	June	Classic
12.24	Toshi Hirai	1996	July	Prov
12.28	Toshi Hirai	1996	July	Jack Brow
12.28f	Thomas Huard	1999	July	Prov
12.29p	Thomas Huard	1999	July	Prov
12.39	Thomas Huard	1999	June	Classic
12.41	Samuel Vito	1995	May	NB 1
12.41	Samuel Vito	1995	May	Spr Challenge
12.45	Karl Wagner	1995	May	NB 2
12.49	Thomas Huard	1999	May	NB 1
12.55f	Thomas Huard	1999	May	Spr Challenge
12.57f	Mehrdad Shokoohi	1999	May	Spr Challenge
12.59	Toshi Hirai	1996	June	NB 3
12.60p	John Zeng	1999	July	Prov
12.61	Toshi Hirai	1996	May	NB 1
12.65	Thomas Huard	1999	June	Hershey Prov
12.67CE	Austin Ost	1995	May	Spr Challenge
12.67p	Thomas Huard	1999	May	Spr Challenge
12.68	Jesiah Bliss	1997	May	NB 2
12.69	Thomas Huard	1999	May	NB 2
12.70p	Mehrdad Shokoohi	1999	May	Spr Challenge
12.76	John Zeng	1999	June	Classic
12.78	Jesiah Bliss	1997	May	NB 1
12.84f	John Zeng	1999	July	Prov
12.84	Thomas Huard	1999	May	Calgary Hershey
12.93	John Zeng	1999	June	NB 3
12.99p	Thomas Huard	1999	June	Hershey Prov
12.99	John Zeng	1999	May	Spr Challenge
13.15	John Zeng	1999	May	NB 1
13.18	John Zeng	1999	May	NB 2
13.19CE	Lyle Wiggers	1997	May	Spr Challenge
13.2	Lyle Wiggers	1997	June	NB 3
13.33	Lyle Wiggers	1997	May	NB 1
13.4	Lyle Wiggers	1997	May	NB 2

13.53	John Zeng	1999	May	Calgary Hershey
13.75	Alex Oglinzanu	1999	May	Spr Challenge
13.92	Isaac Gray	1998	June	Classic
13.99	Ethan Nishimura	1998	May	NB 1
14.11	Isaac Gray	1998	May	NB 2
15.2	Andrew Harrop	2000	May	Calgary Hershey
15.41	Andrew Harrop	2000	May	NB 1
15.48	Ben Harfield	2001	May	Calgary Hershey
15.49	Adeem VasANJI	2000	May	NB 2
15.53	Adeem VasANJI	2000	May	NB 1
15.84	Matthew Fowlow	2002	May	Calgary Hershey
16.39	Dean Morgans	2002	May	Calgary Hershey
16.71	Jack Sharp	2002	May	Calgary Hershey
17.02	James Harfield	2004	May	Calgary Hershey
17.76	Ty Wilson	2003	May	Calgary Hershey
18.02	Alex McLean	2003	May	Calgary Hershey

Male 150m 2012 M Shokoohi 21.04

23.03	Andrew Harrop	2000	May	Spr Challenge
23.07	Adeem VasANJI	2000	July	Prov
23.23	Adeem VasANJI	2000	May	Spr Challenge
23.76	Ryan Forgeron	2001	May	Spr Challenge
24.16	Thomas Frankow	2002	May	Spr Challenge

**Male 200m
T36 2012 C Johnson 31.99**

32.83	Cory Johnson	1974	July	Jack Brow
32.87	Cory Johnson	1974	June	Sen Nat
33.40f	Cory Johnson	1974	June	Classic
33.66p	Cory Johnson	1974	June	Classic
35.15	Cory Johnson	1974	May	NB 1

Male 200m 2012 A Dargie 21.89

22.44	Isaac Rynn	1989	June	Classic
22.58f	Brent Stephen	1996	July	CWC
22.59f	Isaac Rynn	1989	July	Prov
22.78f	Brent Stephen	1996	May	HS Red
22.81p	Brent Stephen	1996	July	CWC
22.83	Isaac Rynn	1989	July	CSG Trials
22.86f	Brent Stephen	1996	June	Classic
22.87p	Isaac Rynn	1996	July	Prov
22.92	Isaac Rynn	1989	April	UCSD Triton
22.94	Isaac Rynn	1989	April	Oxy
23.00f	Brent Stephen	1996	June	HS Prov
23.06f	Brent Stephen	1996	July	Prov
23.11f	Brent Stephen	1996	May	City HS
23.15p	Brent Stephen	1996	June	HS Prov
23.16p	Ryley Bell	1995	July	CSG Trials

23.18f	Ryley Bell	1995	July	CSG Trials
23.18	Isaac Rynn	1989	April	Steve Scott
23.22f	Ryley Bell	1995	July	Prov
23.25	Thomas Kellner	1994	July	Jack Brow
23.27	Ryley Bell	1995	June	Classic
23.30	Brent Stephen	1996	April	UCSD Triton
23.33	Ryley Bell	1995	July	Jack Brow
23.34p	Ryley Bell	1995	July	Prov
23.42	Nicholas Buettner	1995	June	Classic
23.43	Brent Stephen	1996	May	NB 1
23.45p	Brent Stephen	1996	July	Prov
23.45p	Brent Stephen	1996	June	Classic
23.47p	Brent Stephen	1996	May	City HS
23.59qual	Brent Stephen	1996	July	Jun Nat
23.61p	Brent Stephen	1996	May	HS Red
23.61	Brent Stephen	1996	April	Steve Scott
23.80	Nicholas Buettner	1995	July	Jack Brow
23.81	Nicholas Buettner	1995	April	UCSD Triton
23.82p	Brent Stephen	1996	May	Spr Challenge
23.85f	Brent Stephen	1996	May	Spr Challenge
23.86	Jaron Shackleton-Aumentado	1995	June	Classic
23.88	Jorge Zapote	1995	May	Dino Gold
23.93	Nicholas Buettner	1995	July	CSG Trials
23.98f	Nicholas Buettner	1995	May	City HS
23.99	Bryce Clements	1994	July	Jack Brow
24.02	Jorge Zapote	1995	July	CSG Trials
24.02f	Nicholas Buettner	1995	July	Prov
24.03p	Nicholas Buettner	1995	July	Prov
24.04	Nicholas Buettner	1995	May	Spr Challenge
24.10	Jaron Shackleton-Aumentado	1995	July	CSG Trials
24.18	Nicholas Buettner	1995	April	Steve Scott
24.27	Jaron Shackleton-Aumentado	1995	July	CWC
24.27	Bryce Clements	1994	June	Classic
24.27	Bryce Clements	1994	May	NB 1
24.32f	Jaron Shackleton-Aumentado	1995	July	Prov
24.33p	Nicholas Buettner	1995	May	City HS
24.40	Nicholas Buettner	1995	May	NB 1
24.45	Ethan Schultz	1997	June	Classic
24.64f	Toshi Hirai	1996	July	Prov
24.71	Toshi Hirai	1996	July	Jack Brow
24.75f	Mehrdad Shokoohi	1999	May	Spr Challenge
24.92p	Jaron Shackleton-Aumentado	1995	July	Prov
24.94p	Toshi Hirai	1996	July	Prov
24.97f	Thomas Huard	1999	July	Prov
25.21	Toshi Hirai	1996	June	Classic
25.23p	Thomas Huard	1999	July	Prov
25.27p	Mehrdad Shokoohi	1999	May	Spr Challenge
25.31	Thomas Huard	1999	June	Classic
25.44	Toshi Hirai	1996	May	NB 1
26.02	Thomas Huard	1999	May	Spr Challenge
26.12	Phillip Milner	1999	June	Classic
26.17	Jesiah Bliss	1997	May	Spr Challenge

26.42	Harrison Matsuoka	1998	May	NB 1
26.42	John Zeng	1999	June	Classic
26.72	Phillip Milner	1999	May	Calgary Hershey
26.72	John Zeng	1999	May	NB 1
26.80	Phillip Milner	1999	June	Classic
27.04	Alex Oglinzanu	1999	May	Spr Challenge
27.07p	John Zeng	1999	July	Prov
27.11	John Zeng	1999	May	Spr Challenge
27.14f	John Zeng	1999	July	Prov
27.55	John Zeng	1999	May	Calgary Hershey
28.19	Traian Oglinzanu	1999	May	NB 1
28.26	Ethan Nishimura	1998	May	Spr Challenge
28.32	John Zeng	1999	June	Hershey Prov
31.91	Thomas Frankow	2002	May	Calgary Hershey
32.18	Ryan Forgeron	2001	May	NB 1
33.44	Ben Harfield	2001	May	Calgary Hershey
34.57	Patrick Milner	2001	May	NB 1
35.47	Lucas Rasmusson	2001	May	Calgary Hershey
39.07	Alex McLean	2003	May	Calgary Hershey

Male 300m 2007 A Duhault 38.72

38.87	Mehrdad Shokoohi	1999	May	NB 2
39.56	Mehrdad Shokoohi	1999	June	NB 3
39.83	Mehrdad Shokoohi	1999	May	Spr Challenge
40.00	Mehrdad Shokoohi	1999	June	Classic
41.69	Harrison Matsuoka	1998	June	Classic
42.04	Alex Oglinzanu	1999	June	Classic
42.27	Phillip Milner	1999	May	Spr Challenge
42.31	Alex Oglinzanu	1999	May	NB 2
43.34	Alex Oglinzanu	1999	May	Spr Challenge
43.76	Cole Dunlop	1999	June	Classic
44.00	Cole Dunlop	1999	May	Spr Challenge
44.08	Cole Dunlop	1999	June	NB 3
44.77	Ben MacKay	1999	June	Classic

Male 400m 2012 A Dargie 46.86

49.77	Brent Stephen	1996	July	CWC
49.82	Alex Ivan	1994	June	Classic
49.90	Isaac Rynn	1989	July	Prov
49.93	Isaac Rynn	1989	June	Classic
49.94	Isaac Rynn	1989	May	NB 2
50.20	Brent Stephen	1996	July	Jack Brow
50.22	Thomas Kellner	1994	June	Classic
50.24	Isaac Rynn	1989	July	Jack Brow
50.31qual	Alex Ivan	1994	July	Jun Nat
50.32	Thomas Kellner	1994	July	CSG Trials
50.45	Isaac Rynn	1989	June	NB 3
50.50	Isaac Rynn	1989	May	Spr Challenge
50.51f	Brent Stephen	1996	June	HS Prov
50.51	Isaac Rynn	1989	July	PreJerome

50.65	Brent Stephen	1996	Aug	Legion/Youth
50.76	Isaac Rynn	1989	April	Steve Scott
50.95qual	Thomas Kellner	1994	July	Jun Nat
50.98	Thomas Kellner	1994	July	Prov
51.01	Thomas Kellner	1994	June	NB 3
51.21p	Alex Ivan	1994	July	Jun Nat
51.28	Brent Stephen	1996	June	Classic
51.35	Brent Stephen	1996	April	UCSD Triton
51.36	Isaac Rynn	1989	April	UCSD Triton
51.40	Brent Stephen	1996	May	Spr Challenge
51.85	Brent Stephen	1996	April	Steve Scott
51.88qual	Brent Stephen	1996	July	Jun Nat
52.77	Brent Stephen	1996	May	City HS
52.82	James Faul	1995	June	HS Prov
52.87p	Thomas Kellner	1994	July	Jun Nat
53.13	James Faul	1995	May	City HS
53.19p	Brent Stephen	1996	June	HS Prov
53.36	James Faul	1995	July	Prov
53.68	James Faul	1995	May	HS Red
53.78	Brent Stephen	1996	May	HS Red
53.89	James Faul	1995	July	Jack Brow
54.33p	James Faul	1995	June	HS Prov
54.42	Matt Shaw	1994	May	Spr Challenge
55.17	Jaron Shackleton-Aumentado	1995	June	Classic
55.33	Bryce Clements	1994	June	NB 3
55.65	Nicholas Buettner	1995	July	Prov
55.65	Matt Shaw	1994	June	Classic
56.28	Toshi Hirai	1996	July	Jack Brow
56.59	Toshi Hirai	1996	June	NB 3
56.66	Toshi Hirai	1996	June	Classic
57.42	Toshi Hirai	1996	July	Prov
57.79	Matt Shaw	1994	July	Jack Brow
57.86	Matt Shaw	1994	July	Prov
58.06	Lyle Wiggers	1997	May	NB 2
58.32CE	Lyle Wiggers	1997	May	Spr Challenge
58.6	Lyle Wiggers	1997	June	Classic
1.00.00	Nicholas Zayat	1990	May	NB 2
1.00.11	Nicholas Zayat	1990	May	Spr Challenge
1.00.43CE	Austin Ost	1995	May	Spr Challenge
1.00.69	Eric Foster	1996	July	Prov
1.00.94	Eric Foster	1996	July	Jack Brow
1.01.01	Lyle Wiggers	1997	June	NB 3
1.01.28	Nicholas Zayat	1990	July	Jack Brow
1.01.45	Eric Foster	1996	June	Classic
1.02.17	Eric Foster	1996	May	Spr Challenge
1.02.33	Eric Foster	1996	May	NB 2
1.14.10	Thomas Frankow	2002	May	Calgary Hershey
1.14.20	Patrick Milner	2001	June	Hershey Prov
1.14.20	Patrick Milner	2001	May	Calgary Hershey
1.25.23	Lucas Rasmusson	2001	May	Calgary Hershey

Male 600m

2007 M Saizew 1.21.08

2.00.98	Thomas Frankow	2002	June	Classic
2.01.50	Matthew Fowlow	2002	June	Classic
2.01.67	Michael Restauo	2001	June	Classic
2.03.88	Thomas Frankow	2002	May	Spr Challenge
2.04.37	Patrick Milner	2001	June	Classic
2.04.43	Matthew Fowlow	2002	May	Spr Challenge
2.12.67	Adeem Vasanji	2000	June	Classic

Male 800m 2011 M Saizew 1.49.60

1.51.86	Madison Theriault	1988	April	Stanford
1.52.17	Madison Theriault	1988	April	Occidental Distance
1.52.26	Madison Theriault	1988	April	Sun Angel
1.52.55	Madison Theriault	1988	April	Oxy
1.53.48	Madison Theriault	1988	April	Payton Jordan
1.56.60	Chris Fitzgibbon	1994	July	Prov
1.57.23	Abdelkader Dib	1989	June	Classic
1.57.66	Abdelkader Dib	1989	June	NB 3
1.57.71	Brennan Undseth	1996	July	Prov
1.58.03	James Faul	1995	July	CWC
1.58.09	Gareth Hadfield	1992	May	NB 1
1.58.38	Brennan Undseth	1996	April	Beach Invitational
1.58.39	Alex James	1996	June	HS Prov
1.58.66p	James Faul	1995	July	Jun Nat
1.58.67qual	Brennan Undseth	1996	July	Jun Nat
1.58.73qual	James Faul	1995	July	Jun Nat
1.58.79p	Brennan Undseth	1996	July	Jun Nat
1.58.93	Brennan Undseth	1996	May	NB 1
1.59.05	Brennan Undseth	1996	June	HS Prov
1.59.06	Chris Fitzgibbon	1994	June	NB 3
1.59.34	James Faul	1995	June	Classic
1.59.47	Chris Fitzgibbon	1994	July	CWC
1.59.70	Alex James	1996	May	City HS
1.59.77	James Faul	1995	July	Jack Brow
2.00.10	Brennan Undseth	1996	July	Jack Brow
2.00.50	Brennan Undseth	1996	May	City HS
2.00.86	Brennan Undseth	1996	June	Classic
2.02.11	James Faul	1995	July	Prov
2.02.97	James Faul	1995	May	City HS
2.03.54	James Faul	1995	May	Dino Gold
2.04.01	Brennan Undseth	1996	May	Dino Gold
2.04.05	Chris Fitzgibbon	1994	July	Jack Brow
2.04.69	Alex James	1996	May	Dino Gold
2.05.38	Alex James	1996	May	HS Blue
2.05.42	Matthew Shaw	1994	June	NB 3
2.05.64	Graham Seasons	1997	July	Prov
2.05.90	Matthew Shaw	1994	May	NB 1
2.06.13	Sean Foster	1994	July	Prov
2.06.66	Sean Foster	1994	July	Jack Brow
2.07.19	Graham Seasons	1997	July	Jack Brow
2.07.26	James Faul	1995	May	HS Red

2.10.68	Graham Seasons	1997	June	NB 3
2.13.24	Ethan Nishimura	1998	July	Prov
2.13.93	Ethan Nishimura	1998	July	Jack Brow
2.14.65	Ethan Nishimura	1998	June	Classic
2.15.45	Matthew Shaw	1994	July	Prov
2.15.46	Lyle Wiggers	1997	May	City HS
2.15.48	Brent Stephen	1996	July	Jack Brow
2.16.07	Lyle Wiggers	1997	May	HS Red
2.17.83	Robert Gersheid	1998	June	Classic
2.18.37	Lyle Wiggers	1997	June	Classic
2.18.46	Noah Toppings	1998	June	Classic
2.18.69	Eric Foster	1996	July	Prov
2.18.91	Ethan Nishimura	1998	May	NB 1
2.19.38	Nicholas Zayat	1990	May	NB 1
2.19.98	Eric Foster	1996	July	Jack Brow
2.20.26	Cole Dunlop	1999	July	Prov
2.20.32	Eric Foster	1996	June	Classic
2.20.34	Lyle Wiggers	1997	May	NB 1
2.20.38	Alex Oglinzanu	1999	June	Classic
2.20.41	Cole Dunlop	1999	May	Spr Challenge
2.20.44	Traian Oglinzanu	1999	June	Hershey Prov
2.20.78	Phillip Milner	1999	June	Classic
2.21.36	Cole Dunlop	1999	May	NB 1
2.22.15	Eric Foster	1996	May	Spr Challenge
2.22.27	Traian Oglinzanu	1999	June	NB 3
2.22.73	Lyle Wiggers	1997	May	Dino Gold
2.23.42	Nicholas Zayat	1990	May	Spr Challenge
2.24.13	Alex Oglinzanu	1999	May	Calgary Hershey
2.24.16	Nicholas Zayat	1990	July	CWC
2.24.17	Cole Dunlop	1999	June	Classic
2.24.25	Philip Milner	1999	June	Hershey Prov
2.25.39	Cole Dunlop	1999	June	NB 3
2.25.41	Alex Oglinzanu	1999	May	Spr Challenge
2.25.84	Nicholas Zayat	1990	July	Jack Brow
2.26.19	Cole Dunlop	1999	May	Calgary Hershey
2.26.24	Cole Dunlop	1999	June	Hershey Prov
2.27.29	Phillip Milner	1999	May	Spr Challenge
2.27.48	Phillip Milner	1999	May	Calgary Hershey
2.27.55	Jesiah Bliss	1997	May	HS Red
2.40.45	Matthew Fowlow	2002	June	Classic
2.42.20	Kevin Falkenberg	1999	May	Calgary Hershey
2.44.91	Kevin Falkenberg	1999	June	Classic
2.46.59	Kevin Falkenberg	1999	May	Spr Challenge
2.49.18	Matthew Fowlow	2002	May	Calgary Hershey
2.57.23	Ryan Forgeron	2001	May	Spr Challenge
2.57.30	Patrick Milner	2001	May	Calgary Hershey
3.03.19	Patrick Milner	2001	June	Classic
3.19.47	Lucas Rasmusson	2001	June	Classic

Male 1000m 2007 M Sinclair 2.28.16

3.04.99CE	Harrison Matsuoka	1998	May	Spr Challenge
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3.37.75CE	Ben MacKay	1999	May	Spr Challenge
3.37.98	Matthew Fowlow	2002	May	Spr Challenge

Male 1200m 2011 B Undseth 3.24.76

3.35.10	Ethan Nishimura	1998	July	Prov
3.41.99	Ethan Nishimura	1998	July	Jack Brow
3.44.95	Robert Gersheid	1998	May	NB 2
3.45.19	Noah Toppings	1998	May	NB 2
3.45.93	Noah Toppings	1998	May	Spr Challenge
3.46.41	Ethan Nishimura	1998	May	NB 2
3.46.65	Ethan Nishimura	1998	May	Spr Challenge
3.47.24	Cole Dunlop	1999	July	Prov
3.49.38	Robert Gersheid	1998	June	Classic
3.52.41	Robert Gersheid	1998	May	Spr Challenge
4.05.54	Kevin Falkenberg	1999	June	Classic
4.07.59	Kevin Falkenberg	1999	May	NB 2
4.12.25	Kevin Falkenberg	1999	May	Spr Challenge
5.05.07	Patrick Milner	2001	May	Spr Challenge

Male 1500m 2007 M Sinclair 3.46.64

3.55.08	Gareth Hadfield	1992	July	CSG Trials
3.57.76	Alex James	1996	Aug	Legion/Youth
3.59.21qual.	Alex James	1996	July	Jun Nat
3.59.24	Alex James	1996	April	Azusa Pacific
4.00.27	Brennan Undseth	1996	Aug	Legion/Youth
4.00.66qual.	Brennan Undseth	1996	July	Jun Nat
4.02.03	Alex James	1996	July	Jack Brow
4.02.17	Gareth Hadfield	1992	July	CWC
4.03.95	Alex James	1996	July	CWC
4.04.15	Alex James	1996	June	HS Prov
4.05.71	Brennan Undseth	1996	April	Azusa Pacific
4.05.95	Brennan Undseth	1996	July	Jack Brow
4.06.28	Chris Fitzgibbon	1994	July	Prov
4.06.79	Abdelkader Dib	1989	June	Classic
4.06.84	Gareth Hadfield	1992	June	Classic
4.07.98p	Brennan Undseth	1996	July	Jun Nat
4.08.35	Alex James	1996	July	Prov
4.08.40	Brennan Undseth	1996	June	HS Prov
4.09.98	Alex James	1996	June	Classic
4.10.36p	Alex James	1996	July	Jun Nat
4.11.00	Brennan Undseth	1996	June	Classic
4.11.37	Brennan Undseth	1996	July	CWC
4.11.53	Matt Galea	1993	June	Classic
4.12.69	Alex James	1996	May	HS Blue
4.12.70	Chris Fitzgibbon	1994	May	Spr Challenge
4.12.77	Brennan Undseth	1996	May	Spr Challenge
4.13.25	Alex James	1996	May	City HS
4.13.56	James Faul	1995	May	Spr Challenge
4.13.92	Brennan Undseth	1996	May	City HS

4.14.88	James Faul	1995	June	Classic
4.15.82	Chris Fitzgibbon	1994	July	CWC
4.17.33	Chris Fitzgibbon	1994	July	Jack Brow
4.19.14	Sean Foster	1994	July	Prov
4.19.37	Sean Foster	1994	July	Jack Brow
4.26.74	Alex James	1996	May	Dino Red
4.27.50	Sean Foster	1994	June	Classic
4.28.45	Graham Seasons	1997	July	Prov
4.38.26	Jelmer vandenHadelKamp	1996	July	Prov
4.42.16	Matt Shaw	1994	July	Jack Brow
4.42.24	Jelmer vandenHadelKamp	1996	July	CWC
4.43.22	Jelmer vandenHadelKamp	1996	July	Jack Brow
4.44.74	Jelmer vandenHadelKamp	1996	June	Classic
4.52.36	Jelmer vandenHadelKamp	1996	May	Spr Challenge
4.56.11	Jelmer vandenHadelKamp	1996	May	Dino Red
5.47.22CE	Austin Ost	1995	May	Spr Challenge

Male 1600m 2008 G Hadfield 4.38.89

5.50.78	Kevin Falkenberg	1999	June	Hershey Prov
6.00.24	Kevin Falkenberg	1999	May	Calgary Hershey

Male Mile 2012 M Theriault 4.16.97

4.29.59	Abdel Dib	1989	May	NB 2
4.50.08	Sean Foster	1994	May	NB 2
4.55.71	Matt Shaw	1994	May	NB 2
5.05.72	Jelmer vandenHadelKamp	1996	May	NB 2

Male 2000m 2011 B Undseth 6.13.35

6.36.67	Robert Germsheid	1998	June	NB 3
6.43.26	Noah Toppings	1998	May	Spr Challenge
6.44.15	Ethan Nishimura	1998	May	Spr Challenge
6.48.78	Noah Toppings	1998	May	NB 1
6.51.19	Robert Germsheid	1998	June	Classic
7.04.27	Kevin Falkenberg	1999	July	Prov
7.20.72	Daniel Molyneaux	1998	May	NB 1
7.23.86	Robert Germsheid	1998	May	NB 1
7.37.51	Kevin Falkenberg	1999	May	NB 1
7.41.09	Kevin Falkenberg	1999	June	Classic
8.04.72	Kevin Falkenberg	1999	May	Spr Challenge

Male 3000m 2006 Nyial M 8.29.20

8.43.61	Alex James	1996	Aug	Legion/Youth
8.58.66	Alex James	1996	June	HS Prov
8.59.27	Alex James	1996	May	City HS
9.01.00	Alex James	1996	July	Jack Brow
9.03.05	Alex James	1996	June	Classic
9.04.38	Matt Galea	1993	June	Classic
9.07.22	Alex James	1996	July	CWC

9.08.46	Alex James	1996	July	Prov
9.10.88	Alex James	1996	May	HS Blue
9.12.00	Alex James	1996	May	Dino White
9.14.07	Alex James	1996	May	NB 1
9.22.27	Matt Galea	1993	May	NB 1
9.38.29	Chris Fitzgibbon	1994	May	NB 1
9.44.83	Sean Foster	1994	June	Classic
9.47.88	Jelmer vandenHadelKamp	1996	July	Prov
9.56.65	Jelmer vandenHadelKamp	1996	July	Jack Brow
10.02.47	Sean Foster	1994	June	NB 3
10.03.00	Jelmer vandenHadelKamp	1996	May	Dino White
10.04.60	Jelmer vandenHadelKamp	1996	June	HS Prov
10.06.62	Jelmer vandenHadelKamp	1996	June	Classic
10.17.73	Jelmer vandenHadelKamp	1996	May	NB 1

Male 5000m 2010 N Majock 14.33.53

15.15.53	Alex James	1996	April	Beach Invitational
15.20.28	Gareth Hadfield	1992	July	CSG Trials

Male 10000m 2008 N Majock 30.13.42

Male 60mH 2010 T Fitzgerald 12.89

Male 80mH 2012 M Shokoohi 13.60 27"
2010 A Charlesworth 13.74 30"

16.41 30"	Andrew Harrop	2000	June	Classic
16.42 30"	Adeem Vasanji	2000	May	Spr Challenge
18.51 30"	Patrick Milner	2001	June	Classic
20.09 30"	Lucas Rasmusson	2001	June	Classic

Male 100mH 2008 E Clark 13.59 36"
2010 R McKay 13.40 33"

14.35p 33"	Austin Ost	1995	May	City HS
14.39f 33"	Merhdad Shokoohi	1999	Aug	Legion/Youth
14.48f 33"	Merhdad Shokoohi	1999	July	CWC
14.48p 33"	Merhdad Shokoohi	1999	July	CWC
14.49f 33"	Merhdad Shokoohi	1999	June	Classic
14.50f 33"	Austin Ost	1995	May	City HS
14.58p 33"	Merhdad Shokoohi	1999	June	Classic
14.79f 33"	Austin Ost	1995	May	HS Red
14.80p 33"	Austin Ost	1995	May	HS Red
14.95p 33"	Harrison Matsuoka	1998	July	CWC
14.97p 33"	Merhdad Shokoohi	1999	Aug	Legion/Youth
15.32 33"	Merhdad Shokoohi	1999	June	NB 3
15.71f 33"	Harrison Matsuoka	1998	July	CWC
15.74 33"	Harrison Matsuoka	1998	July	Prov
15.78f 33"	Harrison Matsuoka	1998	Aug	Legion/Youth

16.07CE 33"	Harrison Matsuoka	1998	May	Spr Challenge
16.11 33"	Harrison Matsuoka	1998	May	Spr Challenge
16.85 33"	Harrison Matsuoka	1998	June	Classic
17.07p 33"	Harrison Matsuoka	1998	Aug	Legion/Youth
17.14 33"	Adeem Vasanji	2000	June	Classic
17.18 33"	Harrison Matsuoka	1998	May	NB 1
17.42 33"	Ewan McKenzie	1997	June	Classic
18.03 33"	Mohamed Mansour	1998	July	Prov
20.18CE 33"	Ben MacKay	1999	May	Spr Challenge
14.09f 36"	Karl Wagner	1995	May	City HS
14.39f 36"	Karl Wagner	1995	May	HS Blue
14.48 36"	Karl Wagner	1995	May	Dino Gold
14.49p 36"	Karl Wagner	1995	May	HS Blue
14.56p 36"	Karl Wagner	1995	May	City HS

Male 110mH **2010 R McKay 14.77** **36"**
2008 E Clark 14.34 **39"**
2012 E Clark 15.12 **42"**

16.57 36"	Toshi Hirai	1996	July	Jack Brow
15.71 39"	Karl Wagner	1995	July	CSG Trials
15.91 39"	Karl Wagner	1995	July	Prov
16.04 39"	Karl Wagner	1995	July	Jack Brow
16.07p 39"	Karl Wagner	1995	June	Classic
16.38 39"	Karl Wagner	1995	June	NB 3
16.40f 39"	Karl Wagner	1995	June	Classic
16.56 39"	Karl Wagner	1995	May	NB 1
16.90 39"	Karl Wagner	1995	May	Spr Challenge
17.10 39"	Austin Ost	1995	July	Jack Brow
17.70CE 39"	Austin Ost	1995	May	Spr Challenge

Male 200mH **2013 M Shokoohi 26.16** **30"**

26.16	Mehrdad Shokoohi	1999	June	Classic
26.22	Harrison Matsuoka	1998	July	CWC
26.53p	Mehrdad Shokoohi	1999	Aug	Legion/Youth
26.56	Mehrdad Shokoohi	1999	May	NB 2
26.78f	Mehrdad Shokoohi	1999	Aug	Legion/Youth
27.04	Harrison Matsuoka	1998	July	CWC
27.17	Harrison Matsuoka	1998	July	Prov
27.20	Mehrdad Shokoohi	1999	May	Spr Challenge
27.43	Harrison Matsuoka	1998	June	Classic
28.70f	Harrison Matsuoka	1998	Aug	Legion/Youth
29.22p	Harrison Matsuoka	1998	Aug	Legion/Youth
34.47	Adeem Vasanji	2000	May	Spr Challenge

Male 300mH **2010 A Smith 39.57**

Male 400mH 2009 T Ratzlaff 51.67

55.44	Thomas Kellner	1994	July	CSG Trials
55.58p	Thomas Kellner	1994	July	Jun Nat
56.34	Thomas Kellner	1994	July	Prov
56.67	Thomas Kellner	1994	July	Jack Brow
56.7	Thomas Kellner	1994	July	CWC
58.01	Thomas Kellner	1994	June	Classic
58.32	Thomas Kellner	1994	May	NB 2
58.62	Bryce Clements	1994	May	Spr Challenge
58.81	Bryce Clements	1994	July	Jack Brow
1.00.40	Bryce Clements	1994	June	Classic
1.01.45	Bryce Clements	1994	May	NB 2

Male 1500m SC 2013 G Hadfield 4.21.42

4.21.42	Gareth Hadfield	1992	June	NB 3
4.40.42	Brennan Undseth	1996	June	NB 3
4.51.19	Noah Toppings	1998	Aug	Legion/Youth
4.54.11	Noah Toppings	1998	June	Classic
4.58.80	Ethan Nishimura	1998	July	Jack Brow
4.59.06	Ethan Nishimura	1998	June	Classic
5.01.08	Ethan Nishimura	1998	July	Prov
5.04.35	Noah Toppings	1998	July	Prov
5.13.37	Alex Oglinzanu	1999	June	Classic
5.25.21	Ethan Nishimura	1998	June	NB 3
5.32.54	Kevin Falkenberg	1999	July	Prov
5.52.13	Traian Oglinzanu	1999	June	NB 3

Male 2000m SC 2009 G Hadfield 5.53.73

5.57.76	Gareth Hadfield	1992	July	CWC
6.02.30	Brennan Undseth	1996	Aug	Legion/Youth
6.02.76	Gareth Hadfield	1992	May	NB 2
6.10.77	Brennan Undseth	1996	July	Jack Brow
6.12.14	Brennan Undseth	1996	July	Prov
6.18.52	Brennan Undseth	1996	July	CWC
6.25.74	Brennan Undseth	1996	June	Classic
6.28.59	Brennan Undseth	1996	May	NB 2

Male 3000m SC 2012 G Hadfield 8.58.77

8.59.26	Gareth Hadfield	1992	June	Sen Nat
9.00.22	Gareth Hadfield	1992	Aug	Can Summer Games
9.09.02	Gareth Hadfield	1992	July	Edm International
9.14.08	Gareth Hadfield	1992	April	Mt Sac
9.17.03	Gareth Hadfield	1992	June	Classic

Male 2000m Race Walk**Male LJ 1m Take Off
2010 T Fitzgerald 3.46**

Male LJ**2013 R Bell 6.51**

6.60	Austin Ost	1995	July	CWC
6.51	Ryley Bell	1995	June	Classic
6.39	Austin Ost	1995	Aug	Can Summer Games
6.33	Austin Ost	1995	July	CSG Trials
6.31	Austin Ost	1995	June	Classic
6.24	Ryley Bell	1995	July	Jack Brow
6.21	Austin Ost	1995	June	NB 3
6.21CE	Austin Ost	1995	May	Spr Challenge
6.20	Ryley Bell	1995	July	Prov
6.18	Austin Ost	1995	July	Jack Brow
6.15	Austin Ost	1995	June	HS Prov
6.12	Austin Ost	1995	May	HS Red
6.10	Karl Wagner	1995	May	Dino Gold
6.06	Ryley Bell	1995	July	CSG Trials
6.06	Austin Ost	1995	May	City HS
5.89	Karl Wagner	1995	May	NB 1
5.81	Karl Wagner	1995	July	CSG Trials
5.81	Karl Wagner	1995	June	Classic
5.80	Sam Vito	1995	June	Classic
5.68	Karl Wagner	1995	May	Spr Challenge
5.77	Karl Wagner	1995	July	Jack Brow
5.72	Karl Wagner	1995	July	Prov
5.60	Karl Wagner	1995	June	NB 3
5.42	Toshi Hirai	1996	July	Jack Brow
5.34	Merhdad Shokoohi	1999	May	Spr Challenge
5.24	Toshi Hirai	1996	July	Prov
5.24	Merhdad Shokoohi	1999	June	Classic
5.12	Merhdad Shokoohi	1999	June	NB 3
5.10	Jesiah Bliss	1997	June	Classic
5.09	Sam Vito	1995	May	HS Blue
4.98	Thomas Huard	1999	May	NB 1
4.87	John Zeng	1999	May	Spr Challenge
4.77	Ben Meister	1998	July	Jack Brow
4.72	John Zeng	1999	June	NB 3
4.71	Thomas Huard	1999	July	Prov
4.70CE	Harrison Matsuoka	1998	May	Spr Challenge
4.66	Thomas Huard	1999	May	Spr Challenge
4.63	Alex Oglinzanu	1999	May	NB 1
4.61	Harrison Matsuoka	1998	June	Classic
4.54	Alex Oglinzanu	1999	May	Spr Challenge
4.50	Alex Oglinzanu	1999	June	Classic
4.46	Patrick Meister	1997	July	Jack Brow
4.35CE	Lyle Wiggers	1997	May	Spr Challenge
4.17	Ben MacKay	1999	June	Classic
4.12	Andrew Harrop	2000	May	Spr Challenge
4.10CE	Ben MacKay	1999	May	Spr Challenge
4.08	Cole Dunlop	1999	May	Spr Challenge
4.01	Phillip Milner	1999	May	Spr Challenge

4.00	Andrew Harrop	2000	May	NB 1
3.96	Cole Dunlop	1999	May	NB 1
3.87	Ryan Forgeron	2001	May	NB 1
3.86	Andrew Harrop	2000	June	Classic
3.77	Adeem VasANJI	2000	July	Prov
3.58	Adeem VasANJI	2000	May	Spr Challenge
3.55	Thomas Frankow	2002	June	Classic
3.42	Patrick Milner	2001	May	NB 1
3.37	Adeem VasANJI	2000	June	Classic
3.29	Matthew Fowlow	2002	May	Spr Challenge
3.28	Patrick Milner	2001	May	Spr Challenge
3.25	Thomas Frankow	2002	May	Spr Challenge
3.24	Matthew Fowlow	2002	June	Classic
3.13	Jack Sharp	2002	June	Classic
3.11	Michael RestauRO	2001	June	Classic
3.02	Patrick Milner	2001	June	Classic

Standing LJ 2010 S McClure 2.44

2.29	Alex OglinZanu	1999	May	Calgary Hershey
2.22	Alex OglinZanu	1999	June	Hershey Prov
2.09	Andrew Harrop	2000	May	Calgary Hershey
2.08	Thomas Frankow	2002	June	Classic
1.96	Jack Sharp	2002	June	Classic
1.88	Dean Morgans	2002	May	Calgary Hershey
1.80	Jack Sharp	2002	May	Calgary Hershey
1.73	James Harfield	2004	May	Calgary Hershey
1.70	Ty Wilson	2003	May	Calgary Hershey
1.63	Matthew Fowlow	2002	June	Classic
1.54	Alex McLean	2003	May	Calgary Hershey
1.49	Thomas Frankow	2002	May	Spr Challenge

Male TJ 2013 A Ost 13.75

13.75	Austin Ost	1995	July	CWC
13.41	Austin Ost	1995	July	CSG Trials
13.31	Austin Ost	1995	June	Classic
13.02	Austin Ost	1995	July	Jack Brow
12.90	Ryley Bell	1995	June	Classic
12.80	Ryley Bell	1995	July	CSG Trials
12.23	Ryley Bell	1995	July	Jack Brow
12.00	Karl Wagner	1995	May	Dino Red
11.93	Karl Wagner	1995	June	HS Prov
11.92	Sam Vito	1995	May	HS Blue
11.92	Sam Vito	1995	May	NB 2
11.90	Sam Vito	1995	June	Classic
11.90	Karl Wagner	1995	May	City HS
11.85	Karl Wagner	1995	June	Classic
11.81	Karl Wagner	1995	May	HS Blue
11.81	Karl Wagner	1995	May	NB 2
11.72	Sam Vito	1995	May	City HS
11.69	Karl Wagner	1995	July	Prov

11.60	Karl Wagner	1995	May	Spr Challenge
11.38	Karl Wagner	1995	July	Jack Brow
11.35	Karl Wagner	1995	July	CSG Trials
11.28	Mehrdad Shokoohi	1999	July	CWC
10.95	Mehrdad Shokoohi	1999	June	Classic
10.94	Mehrdad Shokoohi	1999	May	Spr Challenge
10.86	Tom Leszczynski	1996	July	Prov
10.67	Tom Leszczynski	1996	June	Classic
10.09	Cole Dunlop	1999	July	Prov
9.96	John Zeng	1999	May	NB 2
9.79	Cole Dunlop	1999	June	Classic

Male HJ

2013 A Ost 1.95

1.95	Austin Ost	1995	June	HS Prov
1.9	Austin Ost	1995	July	CWC
1.90	Austin Ost	1995	July	Jun Nat
1.90	Austin Ost	1995	July	CSG Trials
1.90	Austin Ost	1995	June	Classic
1.90CE	Austin Ost	1995	May	Spr Challenge
1.87	Austin Ost	1995	May	City HS
1.86	Austin Ost	1995	May	HS Red
1.85	Austin Ost	1995	Aug	Can Summer Games
1.85	Austin Ost	1995	May	Dino Gold
1.80	Karl Wagner	1995	May	City HS
1.80	Austin Ost	1995	July	Jack Brow
1.80	Karl Wagner	1995	May	Spr Challenge
1.75	Karl Wagner	1995	July	CSG Trials
1.75	Karl Wagner	1995	June	HS Prov
1.75	Karl Wagner	1995	May	HS Blue
1.75	Karl Wagner	1995	May	Dino Gold
1.70	Karl Wagner	1995	July	Prov
1.70	Karl Wagner	1995	July	Jack Brow
1.70	Karl Wagner	1995	June	Classic
1.65	Sam Vito	1995	May	HS Blue
1.65	Lyle Wiggers	1997	June	Classic
1.65	Karl Wagner	1995	May	NB 2
1.60	Jesiah Bliss	1997	May	Spr Challenge
1.60	Sam Vito	1995	May	Dino Gold
1.60	Mohamed Mansour	1998	June	Classic
1.55	Mohamed Mansour	1998	July	Prov
1.55	Lyle Wiggers	1997	May	HS red
1.55	Jesiah Bliss	1997	May	NB 2
1.55	Mehrdad Shokoohi	1999	May	Spr Challenge
1.55	Jesiah Bliss	1997	May	NB 2
1.50	Jesiah Bliss	1997	May	HS red
1.45	Mehrdad Shokoohi	1999	May	NB 2
1.41CE	Harrison Matsuoka	1998	May	Spr Challenge
1.40	John Zeng	1999	May	Spr Challenge
1.38	John Zeng	1999	May	NB 2
1.35	Harrison Matsuoka	1998	June	Classic
1.32	Alex Oglinzanu	1999	May	NB 2

1.30	Andrew Harrop	2000	June	Classic
1.29CE	Ben MacKay	1999	May	Spr Challenge
1.25	Adeem Vasanji	2000	July	Prov
1.25	Adeem Vasanji	2000	June	Classic
1.20	Adeem Vasanji	2000	May	Spr Challenge
1.20	Ryan Forgeron	2001	May	Spr Challenge
1.10	Patrick Milner	2001	June	Classic
1.00	Lucas Rasmusson	2001	June	Classic

Male Shot Put	2011 A Vasanji 8.21	2kg		
	2007 A Bymoer 11.43	3kg		
	2010 R Sceviour 13.35	4kg		
	2012 A Ost 12.81	5kg		
	2012 A Ost 12.09	5.44kg		
	2013 A Ost 11.49	6kg		
	2012 P Sze 11.50	7.26kg		

6.89 2kg	Thomas Frankow	2002	June	Classic
6.76 2kg	Thomas Frankow	2002	May	Spr Challenge
5.63 2kg	Matthew Fowlow	2002	June	Classic
4.99 2kg	Jack Sharp	2002	June	Classic

9.41 3kg	Adeem Vasanji	2000	July	Prov
9.23 3kg	Adeem Vasanji	2000	May	Spr Challenge
8.79 3kg	Adeem Vasanji	2000	June	Classic
7.55 3kg	Michael Restauro	2001	June	Classic
5.59 3kg	Patrick Milner	2001	June	Classic
5.40 3kg	Andrew Harrop	2000	June	Classic

10.23 4kg	Harrison Matsuoka	1998	June	Classic
9.96 4kg	Harrison Matsuoka	1998	July	Prov
9.74CE 4kg	Harrison Matsuoka	1998	May	Spr Challenge
8.11 4kg	Adeem Vasanji	2000	May	NB 1
7.94CE 4kg	Ben MacKay	1999	May	Spr Challenge

11.72 5kg	Nathan Kalmakoff	1997	June	Classic
11.23 5kg	Nathan Kalmakoff	1997	May	NB 1
11.08 5kg	Nathan Kalmakoff	1997	July	Prov
11.01 5kg	Nathan Kalmakoff	1997	May	Spr Challenge
10.80	Nathan Kalmakoff	1997	June	NB 3
9.71 5kg	Lyle Wiggers	1997	May	Spr Challenge
9.64 5kg	Lyle Wiggers	1997	June	NB 3

11.49CE 6kg	Austin Ost	1995	May	Spr Challenge
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Male Javelin	2010 A Ost 45.27	600g		
	2012 A Ost 58.11	700g		
	2013 A Ost 52.86	800g		

39.11 600g	Thomas Huard	1999	June	Classic
33.62 600g	Thomas Huard	1999	May	Spr Challenge
32.67 600g	Thomas Huard	1999	May	NB 1

31.10	600g	Cole Dunlop	1999	July	Prov
30.67	600g	Cole Dunlop	1999	May	Spr Challenge
28.09	600g	Cole Dunlop	1999	June	Classic
21.07	600g	Cole Dunlop	1999	May	NB 1
13.39	600g	Ben MacKay	1999	June	Classic
45.50	700g	Tom Leszcznski	1996	July	CWC
45.21	700g	Tom Leszcznski	1996	July	Prov
43.11	700g	Mark Moore	1997	July	CSG Trials
39.74	700g	Mark Moore	1997	July	Prov
37.05	700g	Nathan Kalmakoff	1997	May	Throws Gala
37.04	700g	Nathan Kalmakoff	1997	May	NB 1
36.84	700g	Nathan Kalmakoff	1997	May	Throws Gala
36.58	700g	Tom Leszcznski	1996	June	Classic
36.52	700g	Mark Moore	1997	May	Spr Challenge
35.07	700g	Nathan Kalmakoff	1997	June	Classic
34.29	700g	Mark Moore	1997	June	Classic
34.08	700g	Mark Moore	1997	May	Throws Gala
33.71	700g	Nathan Kalmakoff	1997	July	Prov
31.73	700g	Mark Moore	1997	May	NB 1
30.08	700g	Patrick Meister	1997	July	Jack Brow
26.11	700g	Nathan Kalmakoff	1997	May	Spr Challenge
25.69	700g	Patrick Meister	1997	June	Classic
25.13	700g	Patrick Meister	1997	May	Spr Challenge
25.05	700g	Lyle Wiggers	1997	May	NB 1
24.46	700g	Lyle Wiggers	1997	June	Classic
52.86	800g	Austin Ost	1995	May	Throws Gala
51.96	800g	Austin Ost	1995	May	HS Red
51.07	800g	Austin Ost	1995	May	Throws Gala
50.83	800g	Austin Ost	1995	June	HS Prov
50.69	800g	Austin Ost	1995	May	Dino Red
50.47	800g	Austin Ost	1995	July	Jun Nat
49.79	800g	Austin Ost	1995	July	CSG Trials
49.64	800g	Austin Ost	1995	July	CWC
49.57	800g	Cole Huse	1995	May	Dino Red
49.41	800g	Austin Ost	1995	May	Throws Gala
49.31	800g	Austin Ost	1995	June	Classic
49.18	800g	Austin Ost	1995	Aug	Can Summer Games
48.96	800g	Cole Huse	1995	June	HS Prov
48.88	800g	Cole Huse	1995	May	City HS
48.61CE	800g	Austin Ost	1995	May	Spr Challenge
47.76	800 g	Cole Huse	1995	May	HS Red
47.35	800g	Austin Ost	1995	May	City HS
46.66	800g	Austin Ost	1995	July	Jack Brow
44.58	800g	Cole Huse	1995	May	NB 1
36.49	800g	Nathan Kalmakoff	1997	May	Dino Red
35.62	800g	Nathan Kalmakoff	1997	May	HS Blue
35.42	800g	Mark Moore	1997	May	HS Red
34.94	800g	Nathan Kalmakoff	1997	May	City HS
34.88	800g	Charlie Meister	1995	May	Spr Challenge
27.70	800g	Lyle Wiggers	1997	May	HS Red

22.00	800g	Lyle Wiggers	1997	May	Dino Red
Male Discus		2011 P Sze 36.95	2 kg		
		2013 A Ost 43.02	1.75 kg		
		2011 B Bracko 35.62	1.614kg		
		2012 A Ost 36.71	1.5 kg		
		2010 R Sceviour 35.78	1 kg		
		2013 A Vasanji 24.32	750g		
43.02	1.75kg	Austin Ost	1995	June	Classic
34.84	1.75kg	Austin Ost	1995	July	Jack Brow
34.15	1.75kg	Austin Ost	1995	May	Spr Challenge
29.30	1.75kg	Austin Ost	1995	May	Throws Gala
28.99	1.62kg	Cole Huse	1995	May	HS Red
28.83	1.614	Cole Huse	1995	May	City HS
27.25	1.62kg	Cole Huse	1995	May	Dino Gold
36.47	1.5kg	Nathan Kalmakoff	1997	June	Classic
36.15	1.5kg	Nathan Kalmakoff	1997	May	Throws Gala
33.47	1.5kg	Nathan Kalmakoff	1997	May	Spr Challenge
31.56	1.5kg	Nathan Kalmakoff	1997	July	Prov
26.45	1kg	Cole Dunlop	1999	June	Classic
25.61	1kg	Cole Dunlop	1999	May	NB 2
24.34	1kg	Adeem Vasanji	2000	May	NB 2
24.20	1kg	Cole Dunlop	1999	May	Spr Challenge
20.97	1 kg	Cole Dunlop	1999	July	Prov
24.32	750g	Adeem Vasanji	2000	June	Classic
22.93	750g	Adeem Vasanji	2000	July	Prov
20.23	750g	Adeem Vasanji	2000	May	Spr Challenge
14.97	750g	Andrew Harrop	2000	June	Classic
14.41	750g	Andrew Harrop	2000	May	Spr Challenge
12.94	750g	Lucas Rasmusson	2001	June	Classic
11.08	750g	Patrick Milner	2001	June	Classic
10.71	750g	Thomas Frankow	2002	May	Spr Challenge
Hammer Throw:		2012 M Schalm 39.58	5kg		
		2009 D Yee 32.22	4kg		
		2009 A Toms 20.28	6kg		
Male PV		2013 J Zapote 3.95			
3.95		Jorge Zapote	1995	July	Prov
3.70		Jorge Zapote	1995	July	CSG Trials
3.70		Jorge Zapote	1995	June	HS Prov
3.65		Jorge Zapote	1995	May	Spr Challenge
3.45		Jorge Zapote	1995	May	Dino White
3.30		Jorge Zapote	1995	May	City HS

3.10	Joshua Rice	1997	July	CSG Trials
3.00	Joshua Rice	1997	June	Classic
2.90	Karl Wagner	1995	July	CSG Trials
2.75	Austin Ost	1995	May	NB 1
2.75	Karl Wagner	1995	July	Prov
2.70	Karl Wagner	1995	July	Jack Brow
2.61	Karl Wagner	1995	June	Classic
2.6	Mehrdad Shokoohi	1999	July	CWC
2.60CE	Austin Ost	1995	May	Spr Challenge
2.50	Mehrdad Shokoohi	1999	June	Classic
2.40	Jorge Zapote	1995	May	HS Red
2.30	Karl Wagner	1995	May	NB 1
2.15	Karl Wagner	1995	May	Spr Challenge

Male Ball Throw 2013 T Huard 60.22

60.22	Thomas Huard	1999	June	Hershey Prov
56.48	Thomas Huard	1999	May	Calgary Hershey
50.76	Cole Dunlop	1999	June	Hershey Prov
49.89	Cole Dunlop	1999	May	Calgary Hershey
30.63	Jack Sharp	2002	June	Classic
28.98	Jack Sharp	2002	June	Hershey Prov
28.83	Jack Sharp	2002	May	Calgary Hershey
24.69	Matthew Fowlow	2002	May	Calgary Hershey
23.51	Thomas Frankow	2002	June	Classic
22.93	Lucas Rasmusson	2001	May	Calgary Hershey
22.81	Andrew Harrop	2000	May	Calgary Hershey
21.83	Matthew Fowlow	2002	June	Classic
21.60	Matthew Fowlow	2002	June	Hershey Prov
21.56	Patrick Milner	2001	May	Calgary Hershey
20.31	Thomas Frankow	2002	May	Calgary Hershey

Male Strength Triathlon 2008 A Charlesworth 693

Male Stamina Triathlon 2008 A Charlesworth 651

Male Speed Triathlon 2008 A Charlesworth 640

Male Speed Tetrathlon 2007 A Bymoen 1355

Male Stamina Tetrathlon 2007 A Bymoen 1320

Male Throws Tetrathlon 2007 A Bymoen 1328

Male Jumps Tetrathlon 2008 A Ost 565

Male Pent	2008 S Babcock 2913	Midget			
	2013 A Ost 5096	Junior			
2325 Midget	Harrison Matsuoka	1998	May	Spr Challenge	
1392 Midget	Ben MacKay	1999	May	Spr Challenge	
Male Octathlon	2012 A Ost 4305	Youth			
Male Dec	2013 A Ost 5096	Junior			
5096 Jun.	Austin Ost	1995	May	Spr Challenge	