

**INDOOR SEASON BESTS 2012/2013**

<b>MARK</b>	<b>NAME</b>	<b>Y OF B</b>	<b>DATE</b>	<b>MEET</b>
<b>Female 60 m</b>	11/12 S Hughes 7.77			
8.14	Meghan Lim	1997	1-Dec	Dino Opener
8.17p	Nicky Charlesworth	1994	1-Dec	Dino Opener
8.19	Megan Lim	1997	27-Jan	Dino
8.28s	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
8.33p	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
8.33f	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
8.40	Emma Chong	1998	27-Jan	Dino
8.41s	Emma Chong	1998	8-Feb	Indoor Games
8.44p	Emma Chong	1998	8-Feb	Indoor Games
8.48f	Emma Chong	1998	8-Feb	Indoor Games
8.49	Emma Chong	1998	5-Jan	Dino Classic
8.51	Mia Hull	1998	27-Jan	Dino
8.56	Emily Wilson-Bodnar	1996	27-Jan	Dino
8.57 Pent	Mia Hull	1998	8-Feb	Indoor Games
8.58p	Athena Fourlas	1997	8-Feb	Indoor Games
8.58	Emma Chong	1998	1-Dec	Dino Opener
8.59s	Athena Fourlas	1997	8-Feb	Indoor Games
8.59	Mia Hull	1998	5-Jan	Dino Classic
8.65	Teagan McNeill	1998	27-Jan	Dino
8.68	Teagan McNeill	1998	1-Dec	Dino Opener
8.69	Hanna Svensson	1999	27-Jan	Dino
8.70	Sarah Choate	1998	27-Jan	Dino
8.71	Sarah Choate	1998	5-Jan	Dino Classic
8.74	Mia Hull	1998	1-Dec	Dino Opener
8.75	Emily Wilson-Bodnar	1996	5-Jan	Dino Classic
8.75	Hanna Svensson	1999	5-Jan	Dino Classic
8.77	Hanna Svensson	1999	1-Dec	Dino Opener
8.81s	Vienna Graham	1999	8-Feb	Indoor Games
8.85p	Vienna Graham	1999	8-Feb	Indoor Games
8.96	Lisa Cozma	2001	27-Jan	Dino
8.97	Corinna Fowlow	1999	27-Jan	Dino
9.00	Keara Penner	1997	8-Feb	Indoor Games
9.01 Pent	Hanna Svensson	1999	8-Feb	Indoor Games
9.04	Vienna Graham	1999	27-Jan	Dino
9.05	Lisa Cozma	2001	5-Jan	Dino Classic
9.13	Annette Berry	2000	27-Jan	Dino
9.14	Annette Berry	2000	1-Dec	Dino Opener
9.19ME	Lisa Cozma	2001	8-Feb	Indoor Games
9.20	Keara Penner	1997	5-Jan	Dino Classic
9.20	Lisa Cozma	2001	1-Dec	Dino Opener
9.24	Corinna Fowlow	1999	1-Dec	Dino Opener
9.30ME	Annette Berry	2000	8-Feb	Indoor Games
9.34	Lauren Yardley	1999	1-Dec	Dino Opener
9.37	Kamila Olguin	1999	1-Dec	Dino Opener
9.39	Vienna Graham	1999	5-Jan	Dino Classic
9.46	Kiannah Wright	1998	8-Feb	Indoor Games

9.49 Pent	Lauren Yardley	1999	8-Feb	Indoor Games
9.49	Natasha Prosser	1997	8-Feb	Indoor Games
9.64	Kiannah Wright	1998	27-Jan	Dino
9.70	Ella Rosquist	1998	27-Jan	Dino
9.71	Caitlin Yardley	1998	1-Dec	Dino Opener
9.78	Kiannah Wright	1998	1-Dec	Dino Opener
9.79	Kiannah Wright	1998	5-Jan	Dino Classic
9.93	Deia Hida	1999	1-Dec	Dino Opener
9.96 Pent	Deia Hida	1999	8-Feb	Indoor Games
10.00	Cameron Knowles	1999	27-Jan	Dino
10.05	Deia Hida	1999	27-Jan	Dino
10.07	Maxine Griffith	1998	27-Jan	Dino
10.07 Pent	Cameron Knowles	1999	8-Feb	Indoor Games
10.08	Cameron Knowles	1999	1-Dec	Dino Opener
10.11	Cameron Knowles	1999	5-Jan	Dino Classic
10.09	Ella Rosquist	1998	1-Dec	Dino Opener
10.77	Caitlin Yardley	1998	5-Jan	Dino Classic

**Female 150m** 09/10 E. Wilson-Bodnar 21.31

21.77	Hanna Svensson	1999	1-Dec	Dino Opener
22.05	Annette Berry	2000	27-Jan	Dino
22.38	Lisa Cozma	2001	5-Jan	Dino Classic
22.6	Lisa Cozma	2001	27-Jan	Dino
23.51	Lisa Cozma	2001	1-Dec	Dino Opener
24.49	Deia Hida	1999	1-Dec	Dino Opener

**Female 200m** 09/10 M Beatch 26.16

28.71	Emma Chong	1998	1-Dec	Dino Opener
28.86	Jasmine Galey	1995	1-Dec	Dino Opener
29.00	Teagan McNeill	1998	1-Dec	Dino Opener
29.48	Emily Wilson Bodnar	1996	1-Dec	Dino Opener
30.22	Mia Hull	1998	1-Dec	Dino Opener
30.66	Brooke Sillito	1996	1-Dec	Dino Opener
32.62	Madeline Lee	1998	1-Dec	Dino Opener
33.40	Ella Rosquist	1998	1-Dec	Dino Opener

**Female 300m** 06/07 H. Ratzlaff 40.32

43.71	Athena Fourlas	1997	8-Feb	Indoor Games
44.17	Meghan Lim	1997	27-Jan	Dino
44.43	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
44.79	Katie Campbell	1995	27-Jan	Dino
45.03	Jasmine Galey	1995	8-Feb	Indoor Games
45.08	Jasmine Galey	1995	27-Jan	Dino
45.18	Teagan McNeill	1998	27-Jan	Dino
46.26	Emily Wilson-Bodnar	1996	27-Jan	Dino
46.71	Brooke Sillito	1996	8-Feb	Indoor Games
47.51	Hanna Svensson	1999	27-Jan	Dino
48.11	Rachel Yee	1992	18-Jan	Golden Bear
48.23	Rachel Yee	1992	27-Jan	Dino

48.45	Rachel Yee	1992	6-Jan	AB Challenge
48.46	Brooke Sillito	1996	5-Jan	Dino Classic
48.58	Emily Wilson-Bodnar	1996	5-Jan	Dino Classic
48.70	Keara Penner	1997	8-Feb	Indoor Games
48.75	Sarah Choate	1998	5-Jan	Dino Classic
49.30	Hanna Svensson	1999	5-Jan	Dino Classic
49.95	Lauren Yardley	1999	27-Jan	Dino
50.61	Delainy Conibear	1997	27-Jan	Dino
51.72	Kiannah Wright	1998	8-Feb	Indoor Games
52.61	Kiannah Wright	1998	27-Jan	Dino
52.84	Ella Rosquist	1998	27-Jan	Dino
55.61	Vienna Graham	1999	5-Jan	Dino Classic

**Female 400m** 09/10 M Beatch 59.20

**Female 600m** 06/07 H. Ratzlaff 1.29.51

1.42.46	Katie Campbell	1995	9-Feb	Indoor Games
1.47.49	Katie Campbell	1995	5-Jan	Dino Classic
1.47.61	Jasmine Galey	1995	8-Feb	Indoor Games
1.53.63	Corina Fowlow	1999	5-Jan	Dino Classic
1.54.93	Rachel Yee	1992	18-Jan	Golden Bear
1.56.25	Delainy Conibear	1997	8-Feb	Indoor Games
1.59.45	Rachel Yee	1992	5-Jan	Dino Classic
2.11.69	Caitlin Yardley	1998	5-Jan	Dino Classic

**Female 800m** 08/09 H. Sim 2.17.18

2.29.14	Kamila Olguin	1999	1-Dec	Dino Opener
2.33.08	Kendall Seasons	1995	18-Jan	Golden Bear
2.36.66	Corinna Fowlow	1999	1-Dec	Dino Opener
2.40.40 Pent	Lauren Yardley	1999	8-Feb	Indoor Games
2.41.15 Pent	Nicky Charlesworth	1994	18-Jan	Golden Bear
2.42.52	Anette Berry	2000	1-Dec	Dino Opener
2.48.11	Lauren Yardley	1999	1-Dec	Dino Opener
2.49.35 Pent	Mia Hull	1998	8-Feb	Indoor Games
2.50.10Pent	Cameron Knowles	1999	8-Feb	Indoor Games
2.51.16	Cameron Knowles	1999	1-Dec	Dino Opener
2.52.14	Katie Campbell	1995	1-Dec	Dino Opener
2.54.33 Pent	Megan Lim	1997	8-Feb	Indoor Games
2.54.64 Pent	Hanna Svensson	1999	8-Feb	Indoor Games
2.57.22 Pent	Deia Hida	1999	8-Feb	Indoor Games
2.59.28	Madeline Lee	1998	1-Dec	Dino Opener

**Female 1000m** 08/09 H Sim 2.49.87

3.03.94	Kamila Olguin	1999	8-Feb	Indoor Games
3.10.44	Gillian Ceyhan	1996	27-Jan	Dino
3.11.73	Gillian Ceyhan	1996	8-Feb	Indoor Games
3.13.22	Corinna Fowlow	1999	8-Feb	Indoor Games
3.17.44	Kendall Seasons	1995	8-Feb	Indoor Games

3.18.18	Katie Campbell	1995	8-Feb	Indoor Games
3.25.12	Corinna Fowlow	1999	27-Jan	Dino
3.29.49	Lauren Yardley	1999	8-Feb	Indoor Games
3.30.64	Madelaine Lee	1998	8-Feb	Indoor Games
3.35.96	Lauren Yardley	1999	27-Jan	Dino
3.36.14	Cam Knowles	1999	8-Feb	Indoor Games
3.36.25	Annette Berry	2000	27-Jan	Dino
3.41.56	Cam Knowles	1999	27-Jan	Dino
3.47.64	Deia Hida	1999	8-Feb	Indoor Games
3.50.20	Deia Hida	1999	27-Jan	Dino
4.00.77	Lisa Cozma	2001	27-Jan	Dino

**Female 1200m**

3.54.30	Corinna Fowlow	1999	8-Feb	Indoor Games
4.19.87	Madelaine Lee	1998	8-Feb	Indoor Games
4.29.93	Cam Knowles	1999	5-Jan	Dino Classic
5.07.28	Deia Hida	1999	5-Jan	Dino Classic

**Female 1500m** 08/09 H Sim 4.31.15

5.01.16	Gillian Ceyhan	1996	8-Feb	Indoor Games
5.23.87	Kendall Seasons	1995	8-Feb	Indoor Games
5.48.53	Kendall Seasons	1995	18-Jan	Golden Bear

**Female Mile** 08/09 H Sim 4.52.21

**Female 2000m** 10/11 C Belanger 7.04.47

**Female 3000m** 06/07 9.58.28 T. Dressler

<b>Female 60m h</b>	10/11 N Charlesworth 8.73	30"
	11/12 N Charlesworth 8.86	33"

8.89	33"	Nicky Charlesworth	1994	6-Jan	AB Challenge
8.91	33" Pent	Nicky Charlesworth	1994	18-Jan	Golden Bear
9.52	33"	Nicky Charlesworth	1994	1-Dec	Dino Opener
9.51p	30"	Athena Furlas	1997	8-Feb	Indoor Games
9.60f	30"	Athena Furlas	1997	8-Feb	Indoor Games
9.69f	30"	Mia Hull	1998	8-Feb	Indoor Games
9.85p	30"	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
9.86p	30"	Mia Hull	1998	8-Feb	Indoor Games
9.92p	30"	Emma Chong	1998	8-Feb	Indoor Games
9.97f	30"	Emma Chong	1998	8-Feb	Indoor Games
10.01f	30"	Emily Wilson-Bodnar	1996	8-Feb	Indoor Games
10.10	30"	Mia Hull	1998	27-Jan	Dino
10.14	30" Pent	Meghan Lim	1997	8-Feb	Indoor Games
10.32	30"	Meghan Lim	1997	27-Jan	Dino
10.71	30"	Meghan Lim	1997	1-Dec	Dino Opener

12.72	30"	Deia Hida	1999	8-Feb	Indoor Games
<b>Standing LJ</b> 11/12 E Stirling 1.67					
<b>Female LJ</b> 10/11 N Charlesworth 5.58					
5.20	Pent	Nicky Charlesworth	1994	18-Jan	Golden Bear
5.12	Pent	Meghan Lim	1997	8-Feb	Indoor Games
4.69		Meghan Lim	1997	15-Dec	Dino Invitational
4.33		Vienna Graham	1999	8-Feb	Indoor Games
4.14	Pent	Mia Hull	1998	8-Feb	Indoor Games
4.05	Pent	Hanna Svensson	1999	8-Feb	Indoor Games
3.88	Pent	Lauren Yardley	1999	8-Feb	Indoor Games
3.76	Pent	Cam Knowles	1999	8-Feb	Indoor Games
3.76		Jillian Cowan	1996	8-Feb	Indoor Games
3.71		Natasha Prosser	1997	8-Feb	Indoor Games
3.57	Pent	Deia Hida	1999	8-Feb	Indoor Games
3.41		Nicky Charlesworth	1994	6-Jan	AB Challenge
3.29		Cam Knowles	1999	8-Feb	Indoor Games
<b>Female TJ</b> 07/08 K. Tse 11.69					
9.21		Sarah Choate	1998	8-Feb	Indoor Games
<b>Female HJ</b> 09/10 N Charlesworth 1.72					
1.64	Pent	Nicky Charlesworth	1994	18-Jan	Golden Bear
1.40		Natasha Prosser	1997	8-Feb	Indoor Games
1.39	Pent	Mia Hull	1998	8-Feb	Indoor Games
1.35		Emma Chong	1998	8-Feb	Indoor Games
1.35		Corinna Fowlow	1999	8-Feb	Indoor Games
1.30	ME	Annette erry	2000	8-Feb	Indoor Games
1.28	Pent	Meghan Lim	1997	8-Feb	Indoor Games
1.27	Pent	Lauren Yardley	1999	8-Feb	Indoor Games
1.21	Pent	Cam Knowles	1999	8-Feb	Indoor Games
1.21	Pent	Hanna Svensson	1999	8-Feb	Indoor Games
1.20		Kiannah Wright	1998	8-Feb	Indoor Games
1.15	Pent	Deia Hida	1999	9-Feb	Indoor Games
1.15		Cam Knowles	1999	8-Feb	Indoor Games
1.10	ME	Lisa Cozma	2001	8-Feb	Indoor Games
<b>Female SP</b> 06/07 Jenna Wamsley 10.31					
			3 kg		
			4kg		
8.03	4kg Pent	Nicky Charlesworth	1994	18-Jan	Golden Bear
9.71	3kg	Mia Hull	1998	8-Feb	Indoor Games
9.18	3kg	Hanna Svensson	1999	8-Feb	Indoor Games
9.09	3kg Pent	Hanna Svensson	1999	8-Feb	Indoor Games
9.02	3kg Pent	Mia Hull	1998	8-Feb	Indoor Games
8.54	3kg Pent	Meghan Lim	1997	8-Feb	Indoor Games
6.50	3kg Pent	Deia Hida	1999	8-Feb	Indoor Games

6.32 3kg ME	Lisa Cozma	2001	8-Feb	Indoor Games
6.03 3kg	Kiannah Wright	1998	8-Feb	Indoor Games
5.50 3kg Pent	Lauren Yardley	1999	8-Feb	Indoor Games
5.38 3kg ME	Annette Berry	2000	8-Feb	Indoor Games
4.86 3kg Pent	Cam Knowles	1999	8-Feb	Indoor Games

**Female MB** 10/11 M Hull 6.04

**Female WT** 7.26kg

9.51 7.26kg	Hanna Svensson	1999	8-Feb	Indoor Games
6.53 7.26kg	Kiannah Wright	1998	8-Feb	Indoor Games

**Female PV** 08/09 L. Schneider 3.20

**Female Jumps Tetrathalon** 06/07 Nicola Charlesworth 965

**Female Speed Tetrathalon** 06/07 Nicola Charlesworth 1016

**Female Stamina Tetrathalon** 07/08 Allison Stephen 920

**Female Indoor Pentathalon** 08/09 N. Charlesworth 3179 Midget  
10/11 N Charlesworth 3400 Youth

3287 Junior	Nicky Charlesworth	1994	18-Jan	Golden Bear
2521 Youth	Meghan Lim	1997	8-Feb	Indoor Games
2458 Midget	Mia Hull	1998	8-Feb	Indoor Games
2091 Midget	Hanna Svensson	1999	8-Feb	Indoor Games
1915 Midget	Lauren Yardley	1999	8-Feb	Indoor Games
1559 Midget	Cam Knowles	1999	8-Feb	Indoor Games
1518 Midget	Deia Hida	1999	8-Feb	Indoor Games

**Male Para  
60m T36**

9.60	Cory Johnson	1974	8-Feb	Indoor Games
9.74	Cory Johnson	1974	27-Jan	Dino
9.88	Cory Johnson	1974	1-Dec	Dino Opener
9.91	Cory Johnson	1974	5-Jan	Dino Classic

**Male 60m** 10/11 I. Rynn 7.13

7.13f	Isaac Rynn	1989	6-Jan	AB Challenge
7.18s	Isaac Rynn	1989	8-Feb	Indoor Games
7.19p	Isaac Rynn	1989	8-Feb	Indoor Games
7.19f	Isaac Rynn	1989	5-Jan	Dino Classic
7.20p	Isaac Rynn	1989	6-Jan	AB Challenge

7.21f	Isaac Rynn	1989	8-Feb	Indoor Games
7.22p	Isaac Rynn	1989	18-Jan	Golden Bear
7.23p	Isaac Rynn	1989	27-Jan	Dino
7.23p	Isaac Rynn	1989	5-Jan	Dino Classic
7.24f	Isaac Rynn	1989	27-Jan	Dino
7.25f	Isaac Rynn	1989	1-Dec	Dino Opener
7.27p	Isaac Rynn	1989	1-Dec	Dino Opener
7.27f	Isaac Rynn	1989	18-Jan	Golden Bear
7.36p	Andrew Dargie	1987	18-Jan	Golden Bear
7.41f	Andrew Dargie	1987	18-Jan	Golden Bear
7.45s	Nicholas Buettner	1995	8-Feb	Indoor Games
7.47	Nicholas Buettner	1995	1-Dec	Dino Opener
7.51p	Nicholas Buettner	1995	8-Feb	Indoor Games
7.52	Nicholas Buettner	1995	5-Jan	Dino Classic
7.53	Nicholas Buettner	1995	27-Jan	Dino
7.56	Jorge Zapote	1995	1-Dec	Dino Opener
7.67	Sam Vito	1995	27-Jan	Dino
7.73	Austin Ost	1995	27-Jan	Dino
7.76	Bryce Clements	1994	2-Feb	Bison Classic
7.77	Austin Ost	1995	8-Feb	Indoor Games
7.79	Brent Stephen	1996	1-Dec	Dino Opener
7.80	Austin Ost	1995	5-Jan	Dino Classic
7.82	Karl Wagner	1995	1-Dec	Dino Opener
7.82	Karl Wagner	1995	27-Jan	Dino
7.96f	Thomas Huard	1999	8-Feb	Indoor Games
7.98p	Thomas Huard	1999	8-Feb	Indoor Games
8.00	Thomas Huard	1999	27-Jan	Dino
8.01	Thomas Huard	1999	1-Dec	Dino Opener
8.08	John Zeng	1999	27-Jan	Dino
8.15	Mehrdad Shokoohi	1999	27-Jan	Dino
8.17	John Zeng	1999	1-Dec	Dino Opener
8.21	Toshi Hirai	1996	5-Jan	Dino Classic
8.21	Mehrdad Shokoohi	1999	5-Jan	Dino Classic
8.22	Phillip Milner	1999	27-Jan	Dino
8.24	Phillip Milner	1999	5-Jan	Dino Classic
8.24	Phillip Milner	1999	1-Dec	Dino Opener
8.25 Pent	Harrison Matsuoka	1998	8-Feb	Indoor Games
8.26	Harrison Matsuoka	1998	1-Dec	Dino Opener
8.34	Alex Oglinzanu	1999	1-Dec	Dino Opener
8.36	Harrison Matsuoka	1998	27-Jan	Dino
8.46	Alex Oglinzanu	1999	5-Jan	Dino Classic
8.50	Robert Germsheid	1998	27-Jan	Dino
8.54	Alex Oglinzanu	1999	27-Jan	Dino
8.61	Isaac Gray	1998	1-Dec	Dino Opener
8.66	Robert Germsheid	1998	5-Jan	Dino Classic
8.71	Isaac Gray	1998	27-Jan	Dino
8.87	Cole Dunlop	1999	1-Dec	Dino Opener
8.98	Ben MacKay	1999	1-Dec	Dino Opener
9.16	Kyle Hunter	1997	1-Dec	Dino Opener
9.27	Andrew Harrop	2000	5-Jan	Dino Classic
9.35	Andrew Harrop	2000	1-Dec	Dino Opener
9.38 ME	Andrew Harrop	2000	8-Feb	Indoor Games

9.53	Adeem VasANJI	2000	27-Jan	Dino
9.57 ME	Adeem VasANJI	2000	8-Feb	Indoor Games
9.67	Adeem VasANJI	2000	5-Jan	Dino Classic
10.17	Patrick Milner	2001	1-Dec	Dino Opener
10.24	Patrick Milner	2001	27-Jan	Dino
10.27	Ryan Netzband	2001	27-Jan	Dino
10.34	Patrick Milner	2001	5-Jan	Dino Classic

### Male 150

19.44	Thomas Huard	1999	1-Dec	Dino Opener
20.23	John Zeng	1999	1-Dec	Dino Opener
23.47	Adeem VasANJI	2000	27-Jan	Dino
23.85	Adeem VasANJI	2000	5-Jan	Dino Classic
25.85	Patrick Milner	2001	27-Jan	Dino
26.20	Patrick Milner	2001	1-Dec	Dino Opener
27.15	Ryan Netzband	2001	27-Jan	Dino

### Male 200m 11/12 A Dargie 22.78

23.63	Isaac Rynn	1989	1-Dec	Dino Opener
24.40	Bryce Clements	1994	1-Dec	Dino Opener
24.50	Nicholas Buettner	1995	1-Dec	Dino Opener
24.85	Jorge Zapote	1995	1-Dec	Dino Opener
24.94	Brent Stephen	1996	1-Dec	Dino Opener
25.10	Bryce Clements	1994	18-Jan	Golden Bear
28.02	Nicholas Zayat	1990	1-Dec	Dino Opener
30.06	Isaac Gray	1998	1-Dec	Dino Opener

### Male Para 300m T36

58.57	Cory Johnson	1974	8-Feb	Indoor Games
59.63	Cory Johnson	1974	5-Jan	Dino Classic

### Male 300m 07/08 Trent Ratzlaff 34.50

36.40	Isaac Rynn	1989	8-Feb	Indoor Games
36.45	Isaac Rynn	1989	2-Feb	Bison Classic
36.80	Isaac Rynn	1989	18-Jan	Golden Bear
36.97	Isaac Rynn	1989	6-Jan	AB Challenge
38.32	Brent Stephen	1996	8-Feb	Indoor Games
38.45	Nicholas Buettner	1995	8-Feb	Indoor Games
38.81	Nicholas Buettner	1995	27-Jan	Dino Classic
38.86	Bryce Clements	1994	2-Feb	Bison Classic
38.98	Brent Stephen	1996	27-Jan	Dino
39.02	Abdel Dib	1989	27-Jan	Dino
39.19	Nicholas Buettner	1995	5-Jan	Dino Classic
39.23	Bryce Clements	1994	18-Jan	Golden Bear
39.53	Bryce Clements	1994	5-Jan	Dino Classic
39.71	Cole Pernitsky	1997	8-Feb	Indoor Games
40.59	Matt Shaw	1994	8-Feb	Indoor Games



42.08	Matt Shaw	1994	5-Jan	Dino Classic
42.45	Matt Shaw	1994	27-Jan	Dino
42.49	Nicholas Zayat	1990	8-Feb	Indoor Games
42.72	Toshi Hirai	1996	27-Jan	Dino
42.75	Harrison Matsuoka	1998	27-Jan	Dino
42.69	Philip Milner	1999	27-Jan	Dino
42.78	Thomas Huard	1999	5-Jan	Dino Classic
42.85	Mehrdad Shokoohi	1999	27-Jan	Dino
43.30	Nicholas Zayat	1990	27-Jan	Dino
43.31	Mehrdad Shokoohi	1999	5-Jan	Dino Classic
43.96	John Zeng	1999	8-Feb	Indoor Games
44.01	Nicholas Zayat	1990	5-Jan	Dino Classic
44.11	Alex Oglinzanu	1999	27-Jan	Dino
44.31	Alex Oglinzanu	1999	5-Jan	Dino Classic
44.43	Robert Germsheid	1998	27-Jan	Dino
45.19	John Zeng	1999	27-Jan	Dino
46.23	Ben MacKay	1999	27-Jan	Dino

**Male 400m** 08/09 T Ratzlaff 48.00

**Male 600m** 08/09 T Ratzlaff 1.18.49

1.21.56	Madison Theriault	1988	8-Feb	Indoor Games
1.24.73	Abdel Dib	1989	8-Feb	Indoor Games
1.27.00	James Faul	1995	8-Feb	Indoor Games
1.27.78	Abdel Dib	1989	5-Jan	Dino Classic
1.32.95	Cole Pernitsky	1997	8-Feb	Indoor Games
1.33.39	Cuauhti Olguin	1995	5-Jan	Dino Classic
1.34.74	Matt Shaw	1994	8-Feb	Indoor Games
1.37.28	Brent Stephen	1996	8-Feb	Indoor Games
1.40.19	Nicholas Zayat	1990	8-Feb	Indoor Games
1.45.02	Alex Oglinzanu	1999	5-Jan	Dino Classic
1.45.30	Cole Dunlop	1999	8-Feb	Indoor Games
1.45.89	Phillip Milner	1999	5-Jan	Dino Classic
1.47.72	Robert Germsheid	1998	5-Jan	Dino Classic
2.05.05	Andrew Harrop	2000	5-Jan	Dino Classic
2.06.07 ME	Andrew Harrop	2000	8-Feb	Indoor Games
2.08.94 ME	Adeem Vasanji	2000	8-Feb	Indoor Games
2.22.44	Patrick Milner	2001	5-Jan	Dino Classic

**Male 800m** 11/12 M Theriault 1.52.44

2.06.17	Sean Foster	1994	18-Jan	Golden Bear
2.12.09	Graham Seasons	1997	18-Jan	Golden Bear
2.13.36	Cuauhti Olguin	1995	1-Dec	Dino Opener
2.34.16	Jelmer vandenHadelKamp	1996	1-Dec	Dino Opener
2.34.96	Alex Oglinzanu	1999	1-Dec	Dino Opener
2.35.68	Cole Dunlop	1999	1-Dec	Dino Opener
2.43.92	Ben MacKay	1999	1-Dec	Dino Opener
2.56.00	Andrew Harrop	2000	1-Dec	Dino Opener

**Male 1000m** 10/11 M Theriault 2.28.37

2.31.31	Madison Theriault	1988	8-Feb	Indoor Games
2.35.53	Abdel Dib	1989	8-Feb	Indoor Games
2.36.42	Brennan Undseth	1996	2-Feb	Bison Classic
2.36.72	Abdel Dib	1989	2-Feb	Bison Classic
2.37.14	Gareth Hadfield	1992	6-Jan	AB Challenge
2.38.51	Abdel Dib	1989	6-Jan	AB Challenge
2.38.54	Brennan Undseth	1996	27-Jan	Dino
2.39.21	Abdel Dib	1989	18-Jan	Golden Bear
2.41.16	Alexander James	1996	27-Jan	Dino
2.44.52	Sean Foster	1994	27-Jan	Dino
2.44.62	Sean Foster	1994	18-Jan	Golden Bear
2.51.69	Cuauhti Olguin	1995	8-Feb	Indoor Games
2.58.84	Graham Seasons	1997	8-Feb	Indoor Games
3.03.61 Pent	Harrison Matsuoka	1998	8-Feb	Indoor Games
3.12.77	Jelmer vandenHadelKamp	1996	27-Jan	Dino
3.17.59	Sahad VasANJI	1997	8-Feb	Indoor Games
3.17.85	Sahad VasANJI	1997	27-Jan	Dino
3.21.99 Pent	Karl Wagner	1995	8-Feb	Indoor Games
3.21.99	Alex Oglinzanu	1999	27-Jan	Dino
3.27.41 Pent	Austin Ost	1995	8-Feb	Indoor Games
3.28.42	Cole Dunlop	1999	27-Jan	Dino
3.36.52	Kevin Falkenberg	1999	27-Jan	Dino
4.13.13	Patrick Milner	2001	27-Jan	Dino

**Male 1200m** 11/12 G Seasons 3.37.16**Male 1500m** 10/11 M Theriault 3.56.93

3.57.08	Madison Theriault	1988	2-Feb	Bison Classic
3.59.77	Gareth Hadfield	1992	2-Feb	Bison Classic
3.59.78	Gareth Hadfield	1992	18-Jan	Golden Bear
4.02.06	Gareth Hadfield	1992	8-Feb	Indoor Games
4.15.20	Alex James	1996	8-Feb	Indoor Games
4.16.59	Brennan Undseth	1996	5-Jan	Dino Classic
4.16.75	Sean Foster	1994	2-Feb	Bison Classic
4.17.11	Alex James	1996	5-Jan	Dino Classic
4.18.03	Abdel Dib	1989	18-Jan	Golden Bear
4.19.17	Sean Foster	1994	8-Feb	Indoor Games
4.25.60	Sean Foster	1994	18-Jan	Golden Bear
4.35.68	Sean Foster	1994	5-Jan	Dino Classic
4.38.59	Graham Seasons	1997	18-Jan	Golden Bear
4.44.99	Jelmer vandenHadelKamp	1996	8-Feb	Indoor Games
5.02.46	Jelmer vandenHadelKamp	1996	5-Jan	Dino Classic

**Male Mile** 10/11 M Theriault 4.13.05**Male 2000m** 11/12 G Seasons 6.31.38

**Male 3000m**

8.39.46	Gareth Hadfield	1992	8-Feb	Indoor Games
8.51.94	Gareth Hadfield	1992	18-Jan	Golden Bear
9.20.80	Alex James	1996	8-Feb	Indoor Games
9.31.96	Sean Foster	1994	8-Feb	Indoor Games
10.20.08	Jelmer vandenHadelKamp	1996	8-Feb	Indoor Games

**Male 60mH** 11/12 S Clark 9.24 42"  
08/09 E. Clark 8.30 39"  
09/10 A Smith 8.56 36"  
09/10 B Clements 9.20 33"

9.35 39" Pent	Karl Wagner	1995	8-Feb	Indoor Games
9.42 39"	Karl Wagner	1995	27-Jan	Dino
9.61 39" Pent	Austin Ost	1995	8-Feb	Indoor Games
9.29 36"	Karl Wagner	1995	1-Dec	Dino Opener
9.89 33"	Harrison Matsuoka	1998	8-Feb	Indoor Games
9.93 33"	Mehrdad Shokoohi	1999	8-Feb	Indoor Games
10.17 33"	Harrison Matsuoka	1998	1-Dec	Dino Opener
11.67 33"	Cole Dunlop	1999	8-Feb	Indoor Games

**Male LJ** 09/10 R McKay 6.50

6.24 Pent	Austin Ost	1995	8-Feb	Indoor Games
6.07 Pent	Karl Wagner	1995	8-Feb	Indoor Games
5.60	Karl Wagner	1995	15-Dec	Dino Invitational
5.57	Karl Wagner	1995	8-Feb	Indoor Games
5.16	Thomas Huard	1999	8-Feb	Indoor Games
5.03	Mehrdad Shokoohi	1999	8-Feb	Indoor Games
4.75	John Zeng	1999	8-Feb	Indoor Games
4.36 Pent	Harrison Matsuoka	1998	8-Feb	Indoor Games

**Male TJ** 09/10 R McKay 13.76

11.61	Karl Wagner	1995	15-Dec	Dino Invitational
11.35	Sam Vito	1995	15-Dec	Dino Invitational
10.45	Mehrdad Shokoohi	1999	8-Feb	Indoor Games

**Male HJ** 09/10 S Babcock 1.90

1.88 Pent	Austin Ost	1995	8-Feb	Indoor Games
1.85	Austin Ost	1995	8-Feb	Indoor Games
1.70	Karl Wagner	1995	8-Feb	Indoor Games
1.70	Karl Wagner	1995	15-Dec	Dino Invitational
1.42 Pent	Harrison Matsuoka	1998	8-Feb	Indoor Games
1.20 ME	Adeem Vasanji	2000	8-Feb	Indoor Games
1.10 ME	Andrew Harrop	2000	8-Feb	Indoor Games

**Male SP**

6kg

09/10 A Bymoen	12.29	5kg
09/10 R Sceviour	13.27	4 kg
		3 kg
10/11 A Vasnaji	7.29	2 kg

11.25 6kg Pent	Austin Ost	1995	8-Feb	Indoor Games
7.27 6kg Pent	Karl Wagner	1995	8-Feb	Indoor Games
10.79 5kg	Matt Schalm	1996	8-Feb	Indoor Games
9.77 5kg	Nathan Kalmakoff	1997	8-Feb	Indoor Games
9.15 4kg Pent	Harrison Matsuoka	1998	8-Feb	Indoor Games
8.53 4kg	Thomas Huard	1999	8-Feb	Indoor Games
7.93 3 kg ME	Adeem Vasanji	2000	8-Feb	Indoor Games
4.44 3kg ME	Andrew Harrop	2000	8-Feb	Indoor Games

<b>Male WT</b>	10/11 M Schalm	9.56	7.26 kg
	11/12 M Schalm	12.41	9.08kg
			20 lb

14.70 20lb	Matt Schalm	1996	8-Feb	Indoor Games
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<b>Male Med Ball</b>	11/12 N Calkins	4.81	3kg
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<b>Male PV</b>	08/09 M. Baerg	4.32
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<b>Male Indoor Pentathlon</b>	07/08 Sam Babcock	2966	Midget - Prov record
	11/12 A Ost	2700	Youth Junior

2934 Junior	Austin Ost	1995	8-Feb	Indoor Games
2061 Junior	Karl Wagner	1995	8-Feb	Indoor Games
2150 Midget	Harrison Matsuoka	1998	8-Feb	Indoor Games

<b>Male Bantam Speed</b>	06/07 1250 Alex Bymoen
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<b>Male Bantam Stamina</b>	Indoor Prov Record ***1329*** Alex B 06/07
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Bantam 30" Juv 36" Sen 42"  
Mid 33" Jun 39"