

Outdoor Season Bests 2012

MARK	NAME	Y OF B	DATE	MEET
Female 50m	2010 A. Martin 8.37			
Female 60m	2010 A. Martin 9.37			
9.58	Lisa Cozma	2001	9-Jun	Classic
10.60	Emily Stirling	2001	Jun e9	Classic
10.81	Emily Stirling	2001	12-May	Spring Challenge
Female 80m	2010 E. Martin 11.12			
11.57	Hanna Svensson	1999	23-Jun	Prov
11.57	Hanna Svensson	1999	9-Jun	Classic
11.58	Hanna Svensson	1999	12-May	Spring Challenge
12.00	Abby Harrison	1999	9-Jun	Classic
12.16	Nicole Perks	2000	9-Jun	Classic
12.18	Skylar Sieben	2000	9-Jun	Classic
12.23	Grace Hilton	1999	9-Jun	Classic
12.27	Annette Berry	2000	23-Jun	Prov
12.31	Skylar Sieben	2000	23-Jun	Prov
12.51	Nicole Perks	2000	23-Jun	Prov
12.67	Abby Harrison	1999	12-May	Spring Challenge
12.83	Deia Hida	1999	23-Jun	Prov
12.87	Natalie Sebastian	1999	9-Jun	Classic
12.99	Cam Knowles	1999	9-Jun	Classic
13.04	Tyra Bliss	2000	9-Jun	Classic
13.15	Tyra Bliss	2000	12-May	Spring Challenge
13.24	Bronte Richardson-Dobie	1999	9-Jun	Classic
13.41	Cam Knowles	1999	12-May	Spring Challenge
Female 100m				
12.39f	Sarah Hughes	1994	9-Jun	Classic
12.40p	Sarah Hughes	1994	9-Jun	Classic
12.50f	Meghan Lim	1997	26-Jul	ASG
12.50	Sarah Hughes	1994	4-Jul	NB #5
12.58f	Sarah Hughes	1994	13-Jul	Provincials
12.59Q	Sarah Hughes	1994	July	Jun Nat
12.62	Sarah Hughes	1994	28-Jun	Senior Nationals
12.65	Sarah Hughes	1994	28-Apr	SD Triton
12.69p	Sarah Hughes	1994	13-Jul	Provincials
12.70f	Meghan Lim	1997	13-Jul	Tri Province
12.73p	Sarah Hughes	1994	July	Jun Nat
12.75	Sarah Hughes	1994	29-Apr	S Scott
12.75f	Meghan Lim	1997	23-Jun	Prov
12.76f	Meghan Lim	1997	9-Jun	Classic

12.78	Sarah Hughes	1994	3-Jun	NB #4
12.81p	Meghan Lim	1997	9-Jun	Classic
12.85p	Sarah Hughes	1994	12-May	Spring Challenge
12.86p	Meghan Lim	1997	13-Jul	Tri Province
12.94f	Sarah Hughes	1994	12-May	Spring Challenge
12.95	Emily Wilson-Bodnar	1996	28-Jun	Senior Nationals
12.96	Ellie Hirst	1995	4-Jul	NB 5
13.01p	Meghan Lim	1997	23-Jun	Prov
13.07p	Meghan Lim	1997	12-May	Spring Challenge
13.09	Nicky Charlesworth	1994	3-May	Dino HS Red
13.11	Meghan Lim	1997	27-May	NB #3
13.12f	Jessica Kalmakoff	1995	9-Jun	Classic
13.13f	Meghan Lim	1997	12-May	Spring Challenge
13.14p	Melissa Hazen	1994	17-May	Red HS Divisions
13.17p	Meghan Lim	1997	26-Jul	ASG
13.18	Melissa Hazen	1994	24-Mar	Hawaii
13.25f	Melissa Hazen	1994	17-May	Red HS Divisions
13.29	Emily Wilson-Bodnar	1996	4-Jul	NB 5
13.31	Meghan Lim	1998	3-Jun	NB #4
13.31p	Ellie Hirst	1995	17-May	Red HS Divisions
13.31	Melissa Hazen	1994	3-May	Dino HS Red
13.41	Melissa Hazen	1994	29-Apr	S Scott
13.42f	Ellie Hirst	1995	17-May	Red HS Divisions
13.53f	Jessica Kalmakoff	1995	17-May	Red HS Divisions
13.61	Jessica Kalmakoff	1995	23-Jun	Prov
13.63	Ellie Hirst	1995	3-May	Dino HS Red
13.68p	Jessica Kalmakoff	1995	9-Jun	Classic
13.72	Teagan McNeill	1998	9-Jun	Classic
13.73p	Jessica Kalmakoff	1995	17-May	Red HS Divisions
13.74f	Emma Chong	1998	16-Jun	Hershey Prov
13.75p	Emma Chong	1998	23-Jun	Prov
13.76	Emily Wilson-Bodnar	1996	3-May	Dino HS Red
13.81p	Sarah Choate	1998	23-Jun	Prov
13.82	Natasha Konwitschny	1999	4-Jul	NB #5
13.84	Anise Parker	1998	4-Jul	NB 5
13.86	Emma Chong	1998	9-Jun	Classic
13.88	Athena Furlas	1997	3-Jun	NB #4
13.94	Emma Chong	1998	27-May	NB #3
13.95p	Emma Chong	1998	16-Jun	Hershey Prov
13.95	Emily Wilson-Bodnar	1996	24-Mar	Hawaii
13.99	Mia Hull	1998	27-May	NB #3
14.03	Lauren Garnett	1995	17-May	Red HS Divisions
14.03	Sarah Choate	1998	9-Jun	Classic
14.05	Anise Parker	1998	3-Jun	NB #4
14.08f	Sarah Choate	1998	23-Jun	Prov
14.09	Anise Parker	1998	9-Jun	Classic
14.15	Sarah Choate	1998	3-Jun	NB #4
14.15	Anise Parker	1998	12-May	Spring Challenge
14.16	Lauren Garnett	1995	3-May	Dino HS Red
14.18	Jessica Kalmakoff	1995	26-Jul	ASG
14.23	Mia Hull	1998	23-Jun	Prov
14.26	Emma Chong	1998	27-May	Hershey Zones

14.28	Jessica Kalmakoff	1995	3-May	Dino HS Red
14.39	Mia Hull	1998	3-Jun	NB #4
14.43	Jasmine Galey	1995	3-May	Dino HS Red
14.48	Mia Hull	1998	9-Jun	Classic
14.54	Dana Gerlitz	1997	27-May	NB #3
14.58	Emma Chong	1998	12-May	Spring Challenge
14.64	Dana Gerlitz	1997	12-May	Spring Challenge
14.93	Antha Dietrich-Henderson	1996	3-May	Dino HS Red
14.97	Sarah Choate	1998	12-May	Spring Challenge
15.01	Bethany Fitzpatrick	1998	9-Jun	Classic
15.20	Jillian Cowan	1996	4-Jul	NB 5
15.20	Jillian Cowan	1996	23-Jun	Prov
15.22	Nicole Perks	2000	Juen 16	Hershey Prov
15.49	Lisa Cozma	2001	27-May	Hershey Zones
15.52	Rhea Foster	1998	3-Jun	NB #4
15.54	Rhea Foster	1998	23-Jun	Prov
15.57	Kiannah Wright	1998	9-Jun	Classic
15.58	Rhea Foster	1998	9-Jun	Classic
15.60	Nicole Perks	2000	27-May	Hershey Zones
15.64	Bethany Fitzpatrick	1998	27-May	NB #3
16.09	Skylar Sieben	2000	27-May	Hershey Zones
16.09	Bethany Fitzpatrick	1998	27-May	Hershey Zones
16.11	Samantha Wright	2001	27-May	Hershey Zones
16.45	Kiannah Wright	1998	12-May	Spring Challenge
16.58	Amanda Monteith	1998	9-Jun	Classic
16.63	Amanda Monteith	1998	27-May	NB #3
16.88	Cam Knowles	1999	27-May	Hershey Zones
17.18	Amanda Monteith	1998	12-May	Spring Challenge
17.80	Collette Benko	2000	27-May	Hershey Zones
18.20	Lisa Van der Wissel	2003	27-May	Hershey Zones
22.57	Lauren Van der Wissel	2003	27-May	Hershey Zones

Female 150m 2010 E. Martin 20.79

21.49	Hanna Svensson	1999	23-Jun	Prov
21.74	Hanna Svensson	1999	12-May	Spring Challenge
22.54	Lisa Cozma	2001	9-Jun	Classic
23.39	Abby Harrison	1999	12-May	Spring Challenge
23.52	Annette Berry	2000	23-Jun	Prov
23.63	Grace Hilton	1999	23-Jun	Prov
23.9	Skylar Sieben	2000	23-Jun	Prov
23.94	Nicole Perks	2000	23-Jun	Prov
24.71	Cam Knowles	1999	12-May	Spring Challenge
24.71	Deia Hida	1999	23-Jun	Prov
26.13	Cam Knowles	1999	23-Jun	Prov
26.47	Emily Stirling	2001	9-Jun	Classic
27.12	Emily Stirling	2001	12-May	Spring Challenge

Female 200m

25.16f	Ellie Hirst	1995	9-Jun	Classic
25.43p	Ellie Hirst	1995	9-Jun	Classic

25.48f	Sarah Hughes	1994	9-Jun	Classic
25.53f	Ellie Hirst	1995	May	Prov HS
25.58f	Sarah Hughes	1994	12-May	Spring Challenge
25.68f	Sarah Hughes	1994	13-Jul	Provincials
25.68p	Sarah Hughes	1994	9-Jun	Classic
25.78p	Ellie Hirst	1995	23-Jun	Prov
25.82p	Sarah Hughes	1994	July	Jun Nat
25.83p	Sarah Hughes	1994	13-Jul	Provincials
25.92p	Ellie Hirst	1995	July	Jun Nat
25.93	Sarah Hughes	1994	29-Apr	S Scott
25.95f	Ellie Hirst	1995	12-May	Spring Challenge
26.02f	Ellie Hirst	1995	13-Jul	Tri Province
26.02f	Ellie Hirst	1995	23-Jun	Prov
26.03	Ellie Hirst	1995	May	Cities HS
26.11p	Sarah Hughes	1994	12-May	Spring Challenge
26.12	Sarah Hughes	1994	28-Apr	SD Triton
26.12	Ellie Hirst	1995	29-Apr	S Scott
26.15p	Ellie Hirst	1995	May	Prov HS
26.27Q	Ellie Hirst	1995	July	Jun Nat
26.31Q	Sarah Hughes	1994	July	Jun Nat
26.46p	Ellie Hirst	1995	13-Jul	Tri Province
26.53p	Meghan Lim	1997	9-Jun	Classic
26.58p	Meghan Lim	1997	23-Jun	Prov
16.60f	Meghan Lim	1997	26-Jul	ASG
26.60f	Meghan Lim	1997	13-Jul	Tri Province
26.61p	Ellie Hirst	1995	12-May	Spring Challenge
26.71f	Meghan Lim	1997	23-Jun	Prov
26.80f	Melissa Hazen	1994	9-Jun	Classic
26.91p	Meghan Lim	1997	26-Jul	ASG
26.91f	Meghan Lim	1997	12-May	Spring Challenge
26.93f	Ellie Hirst	1995	17-May	Red HS Divisions
26.95p	Emily Wilson-Bodnar	1996	9-Jun	Classic
27.12f	Jessica Kalmakoff	1995	9-Jun	Classic
27.25p	Melissa Hazen	1994	9-Jun	Classic
27.29p	Meghan Lim	1997	17-May	Spring Challenge
24.44p	Jessica Kalmakoff	1995	9-Jun	Classic
27.46p	Ellie Hirst	1995	17-May	Red HS Divisions
27.47f	Athena Furlas	1997	9-Jun	Classic
27.68p	Athena Furlas	1997	9-Jun	Classic
27.68f	Emily Wilson-Bodnar	1996	9-Jun	Classic
27.71f	Emily Wilson-Bodnar	1996	12-May	Spring Challenge
27.91f	Teagan McNeill	1998	9-Jun	Classic
27.91p	Teagan McNeill	1998	9-Jun	Classic
27.93	Jessica Kalmakoff	1995	23-Jun	Prov
27.96f	Jessica Kalmakoff	1995	17-May	Red HS Divisions
27.97	Nikki Barlow	1990	27-May	NB #3
28.15p	Emily Wilson-Bodnar	1996	12-May	Spring Challenge
28.24p	Meghan Lim	1997	13-Jul	Tri Province
28.29	Jessica Kalmakoff	1995	26-Jul	ASG
28.35p	Jessica Kalmakoff	1995	17-May	Red HS Divisions
28.36	Emily Wilson-Bodnar	1996	9-May	Dino HS Gold
28.37	Nikki Barlow	1990	13-Jul	Provincials

28.53	Mia Hull	1998	27-May	NB #3
28.78	Mia Hull	1998	9-Jun	Classic
28.80	Sarah Choate	1998	9-Jun	Classic
28.87	Anise Parker	1998	9-Jun	Classic
28.95	Jessica Kalmakoff	1995	9-May	Dino HS Gold
29.14	Sarah Choate	1998	27-May	NB #3
29.14p	Anise Parker	1998	23-Jun	Prov
29.35f	Sarah Choate	1998	12-May	Spring Challenge
29.4	Anise Parker	1998	27-May	Hershey Zones
29.47p	Sarah Choate	1998	12-May	Spring Challenge
29.47p	Sarah Choate	1998	23-Jun	Prov
29.54	Anise Parker	1998	12-May	Spring Challenge
29.56	Rachel Yee	1992	27-May	NB #3
29.65f	Anise Parker	1998	23-Jun	Prov
30.00	Siri Svensson	1996	12-May	Spring Challenge
30.17	Dana Gerlitz	1997	12-May	Spring Challenge
30.24	Rachel Yee	1992	9-Jun	Classic
30.35	Anise Parker	1998	16-Jun	Hershey Prov
30.45	Rachel Yee	1992	13-Jul	Provincials
30.78f	Sarah Choate	1998	23-Jun	Prov
31.90	Lisa Cozma	2001	27-May	Hershey Zones
33.00	Nicole Perks	2000	27-May	Hershey Zones
34.30	Natalie Sebastian	2000	27-May	Hershey Zones
34.63	Amanda Monteith	1998	9-Jun	Classic
34.83	Amanda Monteith	1998	27-May	NB #3
35.80	Monique Zumwalt	2001	27-May	Hershey Zones
36.10	Lisa Van der Wissell	2003	27-May	Hershey Zones
36.50	Collette Benko	2000	27-May	Hershey Zones
37.70	Hannah Johnsen	2001	27-May	Hershey Zones
40.50	Lauren Van der Wissel	2003	27-May	Hershey Zones

Female 300m 2010 E. Hirst 41.78

45.38	Teagan McNeill	1998	9-Jun	Classic
46.43	Sarah Choate	1998	23-Jun	Prov
46.72	Marissa Stirling	1998	9-Jun	Classic
47.37	Sarah Choate	1998	12-May	Spring Challenge
48.46	Annette Berry	2000	3-Jun	NB #4
49.96	Sarah Choate	1998	9-Jun	Classic
54.94	Rhea Foster	1998	3-Jun	NB #4

Female 400m 2007 H Ratzlaff 55.71

56.41	Ellie Hirst	1995	23-Jun	Prov
56.87p	Ellie Hirst	1995	July	Jun Nat
57.51	Ellie Hirst	1995	9-Jun	Classic
57.52	Ellie Hirst	1995	13-Jul	Tri Province
57.68	Ellie Hirst	1995	28-Jun	Senior Nationals
57.74	Ellie Hirst	1995	12-May	Spring Challenge
57.86	Ellie Hirst	1995	28-Apr	SD Triton
57.79	Ellie Hirst	1995	July	Jun Nat
58.12	Ellie Hirst	1995	May 16th	Prov HS

58.99	Ellie Hirst	1995	29-Apr	S Scott
59.91	Katie Campbell	1995	28-Jun	Senior Nationals
1.00.12	Katie Campbell	1995	23-Jun	Prov
1.00.17	Ellie Hirst	1995	May 16th	Prov HS
1.00.27	Ellie Hirst	1995	May 16th	Cities HS
1.00.64	Katie Campbell	1995	9-Jun	Classic
1.00.66	Ellie Hirst	1995	17-May	Red HS Divisions
1.00.73	Katie Campbell	1995	12-May	Spring Challenge
1.01.03	Katie Campbell	1995	3-Jun	NB #4
1.01.92	Ellie Hirst	1995	24-Mar	Hawaii
1.02.09	Jasmine Galey	1995	12-May	Spring Challenge
1.02.11	Jasmine Galey	1995	28-Jun	Senior Nationals
1.02.43	Nikki Barlow	1990	4-Jul	NB 5
1.02.86	Jasmine Galey	1995	4-Jul	NB 5
1.03.14	Jasmine Galey	1995	May 16th	Cities HS
1.03.15f	Jasmine Galey	1995	May 16th	Prov HS
1.03.22	Nikki Barlow	1990	9-Jun	Classic
1.03.24	Nikki Barlow	1990	28-Jun	Senior Nationals
1.03.37	Nikki Barlow	1990	13-Jul	Provincials
1.03.58	Jasmine Galey	1995	May 16th	Blue HS Divisions
1.03.65	Jasmine Galey	1995	9-Jun	Classic
1.03.69	Jasmine Galey	1995	13-Jul	Provincials
1.03.88	Jasmine Galey	1995	23-Jun	Prov
1.04.26p	Jasmine Galey	1995	May 16th	Cprov HS
1.06.03	Jessica Kalmakoff	1995	23-Jun	Prov
1.06.08	Jasmine Galey	1995	3-May	Dino HS Red
1.07.00	Lauren Fridman	1996	3-Jun	NB #4
1.07.00	Rachel Yee	1992	3-Jun	NB #4
1.08.37	Rachel Yee	1992	12-May	Spring Challenge
1.08.79	Lauren Fridman	1996	12-May	Spring Challenge
1.09.00	Lauren Fridman	1996	23-Jun	Prov
1.09.10	Rachel Yee	1992	13-Jul	Provincials
1.09.56	Rachel Yee	1992	9-Jun	Classic
1.11.00	Annette Berry	2000	27-May	Hershey Zones
1.18.00	Samantha Wright	2001	27-May	Hershey Zones
1.25.00	Monique Zumwalt	2001	27-May	Hershey Zones
1.31.00	Hannah Johnsen	2001	27-May	Hershey Zones

Female 600m 2007 R Romero 1.36.68

2.17.93	Lisa Cozma	2001	9-Jun	Classic
2.19.57	Emily Stirling	2001	9-Jun	Classic
2.19.77	Emily Stirling	2001	12-May	Spring Challenge

Female 800m 2009 H Ratzlaff 2.06.98

2.16.88	Katie Campbell	1995	May	Prov HS
2.18.21	Gloria Kanuka	1991	28-Jun	Senior Nationals
2.19.03	Heather Sim	1985	9-Jun	Classic
2.19.17	Katie Campbell	1995	13-Jul	Tri Province
2.19.23	Heather Sim	1985	28-Jun	Senior Nationals
2.19.30	Katie Campbell	1995	23-Jun	Prov

2.20.53	Gillian Ceyhan	1996	May	Prov HS
2.20.87	Heather Sim	1985	4-Jul	NB 5
2.21.50	Gloria Kanuka	1991	12-May	Spring Challenge
2.21.77	Gillian Ceyhan	1996	23-Jun	Prov
2.21.82	Katie Campbell	1995	9-Jun	Classic
2.22.07	Katie Campbell	1995	May	Cities HS
2.22.53	Katie Campbell	1995	4-Jul	NB 5
2.23.36	Adrienne Erdman	1994	17-May	Red HS Divisions
2.23.85	Gloria Kanuka	1991	4-Jul	NB 5
2.23.99	Adrienne Erdman	1994	29-Apr	Sscott
2.24.76	Gillian Ceyhan	1996	29-Apr	S Scott
2.24.87	Adrienne Erdman	1994	9-May	Dino HS Gold
2.25.05	Gillian Ceyhan	1996	28-Apr	SD Triton
2.26.22	Gillian Ceyhan	1996	24-Mar	Hawaii
2.26.74	Katie Campbell	1995	9-May	Dino HS Gold
2.27.14	Nikki Barlow	1990	28-Apr	SD Triton
2.27.52	Katie Campbell	1995	12-May	Spring Challenge
2.28.64	Gillian Ceyhan	1995	May	Cities HS
2.28.76	Gillian Ceyhan	1996	12-May	Spring Challenge
2.30.37	Gloria Kanuka	1991	13-Jul	Provincials
2.30.42	Grace Hilton	1999	4-Jul	NB 5
2.32.53	Grace Hilton	1999	9-Jun	Classic
2.32.66	Grace Hilton	1999	23-Jun	Prov
2.34.68	Katie Campbell	1995	24-Mar	Hawaii
2.35.46	Abby Harrison	1999	9-Jun	Classic
2.35.55	Grace Hilton	1999	16-Jun	Hershey Prov
2.36.78	Lauren Fridman	1996	12-May	Spring Challenge
2.37.33	Annette Berry	2000	23-Jun	Prov
2.40.94	Delainy Conibear	1997	12-May	Spring Challenge
2.41.32	Abby Harrison	1999	12-May	Spring Challenge
2.41.82	Rachel Yee	1992	4-Jul	NB 5
2.42.00	Grace Hilton	1999	27-May	Hershey Zones
2.42.64	Marissa Stirling	1998	9-Jun	Classic
2.42.90	Lauren Fridman	1996	23-Jun	Prov
2.43.69	Lauren Fridman	1996	4-Jul	NB 5
2.43.90	Lauren Yardley	1999	12-May	Spring Challenge
2.45.13 Pent	Marissa Stirling	1998	12-May	Spring Challenge
2.45.39	Lauren Yardley	1999	9-Jun	Classic
2.45.55	Katie Campbell	1995	17-May	Red HS Divisions
2.48.06	Delainy Conibear	1997	27-May	NB #3
2.49.00	Annette Berry	2000	27-May	Hershey Zones
2.51.02	Cam Knowles	1999	23-Jun	Prov
2.51.77 Pent	Mia Hull	1998	12-May	Spring Challenge
2.52.43	Cam Knowles	1999	12-May	Spring Challenge
2.53.00	Cam Knowles	1999	27-May	Hershey Zones
2.53.33	Meghan Lim	1997	4-Jul	NB 5
2.53.83	Cam Knowles	1999	9-Jun	Classic
2.58.04	Deia Hida	1999	23-Jun	Prov
3.00.06	Skylar Sieben	2000	9-Jun	Classic
3.00.16	Natalie Sebastian	1999	9-Jun	Classic
3.03.84	Skylar Sieben	2000	23-Jun	Prov
3.08.67	Tyra Bliss	2000	9-Jun	Classic

3.08.80	Rhea Foster	1998	12-May	Spring Challenge
3.09.21	Rhea Foster	1998	23-Jun	Prov
3.17.00	Suna Ikeda	1999	27-May	Hershey Zones

Female 1000m 2007 H Sim 2.55.80

4.10.30	Lisa Cozma	2001	9-Jun	Classic
4.23.98	Emily Stirling	2001	12-May	Spring Challenge
4.28.85	Emily Stirling	2001	9-Jun	Classic

Female 1200m 2009 A Erdman 3.53.70

4.03.41	Grace Hilton	1999	23-Jun	Prov
4.03.60	Abby Harrison	1999	9-Jun	Classic
4.10.18	Abby Harrison	1999	12-May	Spring Challenge
4.19.14	Kamila Olguin	1999	9-Jun	Classic
4.23.83	Annette Berry	2000	23-Jun	Prov
4.26.38	Marissa Stirling	1998	12-May	Spring Challenge
4.42.22	Hawaa Zaroual	1998	12-May	Spring Challenge
4.43.84	Cam Knowles	1999	12-May	Spring Challenge
4.44.71	Deia Hida	1999	23-Jun	Prov
4.47.84	Deia Hida	1999	9-Jun	Classic
4.48.95	Skylar Sieben	2000	23-Jun	Prov
4.50.79	Skylar Sieben	2000	9-Jun	Classic
4.52.71	Cam Knowles	1999	23-Jun	Prov
5.19.42	Tyra Bliss	2000	12-May	Spring Challenge

Female 1500m 2008 H Sim 4.25.07

4.43.90	Claudia Belanger	1996	29-Apr	S Scott
4.45.66	Claudia Belanger	1996	May	Prov HS
4.47.16	Heather Sim	1985	12-May	Spring Challenge
4.48.46	Gloria Kanuka	1991	9-Jun	Classic
4.49.45	Gloria Kanuka	1991	13-Jul	Provincials
4.53.37	Gloria Kanuka	1991	12-May	Spring Challenge
4.56.19	Claudia Belanger	1996	12-May	Spring Challenge
4.58.25	Adrienne Erdman	1994	24-Mar	Hawaii
4.58.96	Gillian Ceyhan	1996	May	Prov HS
4.59.13	Claudia Belanger	1996	24-Mar	Hawaii
4.59.80	Adrienne Erdman	1994	12-May	Spring Challenge
4.59.72	Heather Sim	1985	9-Jun	Classic
5.03.69	Gillian Ceyhan	1996	28-Jun	Senior Nationals
5.05.37	Gillian Ceyhan	1996	23-Jun	Prov
5.05.50	Katie Campbell	1995	May	Prov HS
5.06.47	Katie Campbell	1995	13-Jul	Tri Province
5.08.73	Gillian Ceyhan	1996	12-May	Spring Challenge
5.09.88	Claudia Belanger	1996	May	Cities HS
5.11.44	Gillian Ceyhan	1996	May	Cities HS
5.12.81	Adrienne Erdman	1994	3-May	Dino HS Red
5.13.65	Katie Campbell	1995	17-May	Red HS Divisions
5.17.25	Katie Campbell	1995	May	Cities HS

Female 1600m 2009 C O'Brien 5.45.83

5.55.48	Grace Hilton	1999	16-Jun	Hershey Prov
6.19.00	Grace Hilton	1999	27-May	Hershey Zones
7.19.00	Suna Ikeda	1999	27-May	Hershey Zones

Female Mile 2009 H Sim 5.05.90

5.28.63	Gloria Kanuka	1991	3-Jun	NB #4
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Female 2000m 2009 A Erdman 6.54.04**Female 3000m 2007 L Ogradnik 9.59.39**

10.18.56	Claudia Belanger	1996	May	Prov HS
10.22.63	Claudia Belanger	1996	28-Apr	SD Triton
10.39.34	Adrienne Erdman	1994	May	Prov HS
11.06.97	Claudia Belanger	1996	May	Cities HS
11.07.23	Adrienne Erdman	1994	17-May	Red HS Divisions
11.09.10	Adrienne Erdman	1994	May	Cities HS

Female 5000m 2007 F Stenning 17.15.55**Female 60mH 2010 A. Martin 12.19****Female 80mH 33"****2011 N. Charlesworth 11.49 30"****2011 E. Chong 14.77 27"**

11.61 33"	Nicky Charlesworth	1994	9-May	Dino HS Gold
11.89 33"	Nicky Charlesworth	1994	May	Prov HS
12.08p 33"	Nicky Charlesworth	1994	17-May	Red HS Divisions
12.23p 33"	Nicky Charlesworth	1994	May	Prov HS
12.24f 33"	Nicky Charlesworth	1994	17-May	Red HS Divisions
12.56 33"	Melissa Hazen	1994	9-May	Dino HS Gold
12.74p 33"	Melissa Hazen	1994	17-May	Red HS Divisions
13.13f 33"	Melissa Hazen	1994	17-May	Red HS Divisions
12.22p 30"	Emily Wilson-Bodnar	1996	May	Prov HS
12.58f 30"	Emily Wilson-Bodnar	1996	May	Prov HS
12.69f 30"	Emily Wilson-Bodnar	1996	17-May	Red HS Divisions
12.71f 30"	Athena Furlas	1997	26-Jul	ASG
12.74p 30"	Emily Wilson-Bodnar	1996	17-May	Red HS Divisions
12.80 30"	Emily Wilson-Bodnar	1996	May	Cities HS
12.91f 30"	Athena Furlas	1997	9-Jun	Classic
13.10p 30"	Athena Furlas	1997	9-Jun	Classic
13.17p 30"	Athena Furlas	1997	26-Jul	ASG
13.27 30"	Emily Wilson-Bodnar	1996	9-May	Dino HS Gold
13.66 30"	Lauren Garnett	1995	9-May	Dino HS Gold

13.68	30"	Lauren Garnett	1995	17-May	Red HS Divisions
13.94	30"	Lauren Garnett	1995	17-May	Red HS Divisions
14.15	30"	Emma Chong	1998	27-May	NB #3
14.20f	30"	Emma Chong	1998	9-Jun	Classic
14.24	30"	Jasmine Galey	1995	9-May	Dino HS Gold
14.27p	30"	Jasmine Galey	1995	16-May	Blue HS Divisions
14.28	30"	Meghan Lim	1997	12-May	Spring Challenge
14.36p	30"	Emma Chong	1998	9-Jun	Classic
14.37	30"	Meghan Lim	1997	5-May	NB #1 Lethbridge
14.52f	30"	Emma Chong	1998	23-Jun	Prov
14.59	30"	Emma Chong	1998	12-May	Spring Challenge
14.68p	30"	Emma Chong	1998	23-Jun	Prov
14.73	30"	Hailey Bouelle	1997	9-Jun	Classic
14.77	30" Pent	Marissa Stirling	1998	12-May	Spring Challenge
15.15	30"	Hailey Bouelle	1997	12-May	Spring Challenge
15.20	30"	Teagan Mcneill	1998	9-Jun	Classic
15.67	30"	Anise Parker	1998	12-May	Spring Challenge
16.13	30" Pent	Mia Hull	1998	12-May	Spring Challenge
16.43	30"	Bethany Fitzpatrick	1998	27-May	NB #3
16.97	30"	Hailey Bouelle	1997	5-May	NB #1 Lethbridge
18.46f	30"	Jasmine Galey	1995	16-May	Blue HS Divisions
19.27	30"	Amanda Monteith	1998	12-May	Spring Challenge
19.63	30"	Amanda Monteith	1998	9-Jun	Classic
16.75	27"	Hanna Svensson	1999	9-Jun	Classic
16.79	27"	Skylar Sieben	2000	9-Jun	Classic
17.54	27"	Deia Hida	1999	9-Jun	Classic
18.21	27"	Natalie Sebastian	1999	9-Jun	Classic

Female 100mH

2011 S Morrison 13.77
2011 N Charlesworth 14.63

30"
33"

15.09	30"	Emily Wilson-Bodnar	1996	9-Jun	Classic
15.52p	30"	Emily Wilson-Bodnar	1996	9-Jun	Classic
15.81	30"	Emily Wilson-Bodnar	1996	12-May	Spring Challenge
16.07f	30"	Emily Wilson-Bodnar	1996	23-Jun	Prov
16.16p	30"	Emily Wilson-Bodnar	1996	23-Jun	Prov
17.65	30"	Lauren Garnett	1995	9-Jun	Classic
17.85	30"	Lauren Garnett	1995	23-Jun	Prov
15.13	33"	Melissa Hazen	1994	28-Jun	Senior Nationals
15.32	33"	Melissa Hazen	1994	27-May	NB #3
15.33	33"	Melissa Hazen	1994	12-May	Spring Challenge
15.35	33"	Melissa Hazen	1994	4-Jul	NB 5
15.48p	33"	Melissa Hazen	1994	July	Jun Nat
15.50	33"	Melissa Hazen	1994	9-Jun	Classic
15.52	33"	Melissa Hazen	1994	29-Apr	S Scott
15.93	33"	Emily Wilson-Bodnar	1996	4-Jul	NB 5
15.95	33"	Emily Wilson-Bodnar	1996	13-Jul	Provincials
16.30	33"	Melissa Hazen	1994	28-Apr	SD Triton
16.40Q	33"	Emily Wilson-Bodnar	1996	July	Jun Nat

Female 200mH

28.97	Meghan Lim	1997	23-Jun	Prov
28.98	Meghan Lim	1997	3-Jun	NB #4
29.20	Meghan Lim	1997	9-Jun	Classic
29.50	Athena Furlas	1997	26-Jul	ASG
29.60	Athena Furlas	1997	3-Jun	NB #4
29.66	Athena Furlas	1997	23-Jun	Prov
30.36	Athena Furlas	1997	9-Jun	Classic
30.90	Meghan Lim	1997	13-Jul	Tri Province
31.76	Marissa Stirling	1998	9-Jun	Classic
34.49	Annette Berry	2000	3-Jun	NB #4
34.58	Lauren Yardley	1999	3-Jun	NB #4
35.33	Anise Parker	1998	12-May	Spring Challenge
35.50	Nicole Perks	2000	3-Jun	NB #4

Female 300mH 2011 S Morrison 46.09

48.03	Emily Wilson Bodnar	1996	23-Jun	Prov
49.12	Jasmine Galey	1995	12-May	Spring Challenge
49.27	Jasmine Galey	1995	3-Jun	NB #4
49.78	Jasmine Galey	1995	23-Jun	Prov

Female 400mH 2007 H Ratzlaff 1.01.27

1.10.37	Jasmine Galey	1995	9-Jun	Classic
1.12.04	Jasmine Galey	1995	July	Jun Nat
1.13.18	Jasmine Galey	1995	13-Jul	Provincials
1.15.35p	Emily Wilson Bodnar	1996	July	Jun Nat

Female 1500SC 2007 T Dressler 4.57.93

Female 2000SC 2010 A Erdman 6:48.29

Female 3000SC 2007 T Dressler 10.31.12

11.02.53	Adrienne Erdman	1994	8-Jun	PreJerome
11.12.45	Adrienne Erdman	1994	28-Apr	SD Triton
11.26.74	Adrienne Erdman	1994	16-Jun	Langley

Female 1500 RW 2009 E Chappell 10.02.36

Female 5k RW 2008 K Samoil 26.59.80

Female 20k RW 2008 K Samoil 2:00.01.00

Female LJ 1 m Take Off

2010 A Martin 3.86

Female LJ

5.47	Melissa Hazen	1994	28-Jun	Senior Nationals
5.42	Melissa Hazen	1994	July	Jun Nat
5.41	Melissa Hazen	1994	9-Jun	Classic
5.36	Melissa Hazen	1994	4-Jul	NB 5
5.35	Nicky Charlesworth	1994	17-May	Red HS Divisions
5.33	Nicky Charlesworth	1994	3-May	Dino HS Red
5.32	Melissa Hazen	1994	3-May	Dino HS Red
5.29	Melissa Hazen	1994	28-Jun	Senior Nationals
5.29	Melissa Hazen	1994	17-May	Red HS Divisions
5.27	Nicky Charlesworth	1994	May	Cities HS
5.25	Nicky Charlesworth	1994	May	Prov HS
5.24	Melissa Hazen	1994	12-May	Spring Challenge
5.19	Melissa Hazen	1994	28-Apr	SD Triton
4.75	Anthia Dietrich-Henderson	1996	17-May	Red HS Divisions
4.70	Anthia Dietrich-Henderson	1996	3-May	Dino HS Red
4.68 Pent	Mia Hull	1998	12-May	Spring Challenge
4.66p	Meghan Lim	1997	9-Jun	Classic
4.66f	Meghan Lim	1997	9-Jun	Classic
4.65	Meghan Lim	1997	27-May	NB #3
4.62	Anise Parker	1998	26-Jul	ASG
4.56	Meghan Lim	1997	4-Jul	NB 5
4.53	Mia Hull	1998	23-Jun	Prov
4.50	Mia Hull	1998	27-May	NB #3
4.41	Emma Chong	1998	27-May	NB #3
4.38	Mia Hull	1998	9-Jun	Classic
4.27	Hanna Svensson	1999	9-Jun	Classic
4.12	Anise Parker	1998	4-Jul	NB 5
4.05	Anise Parker	1998	23-Jun	Prov
4.05	Emma Chong	1998	12-May	Spring Challenge
4.03 Pent	Marissa Stirling	1998	12-May	Spring Challenge
4.01	Anise Parker	1998	12-May	Spring Challenge
4.00	Natasha Konwitschny	1999	4-Jul	NB 5
3.98	Emma Chong	1998	23-Jun	Prov
3.96	Anise Parker	1998	9-Jun	Classic
3.94	Hanna Svensson	1999	12-May	Spring Challenge
3.90	Jillian Cowan	1996	23-Jun	Prov
3.90	Cam Knowles	1999	12-May	Spring Challenge
3.79	Teagan McNeill	1998	9-Jun	Classic
3.74	Hailey Bourelle	1997	12-May	Spring Challenge
3.74	Hanna Svensson	1999	23-Jun	Prov
3.72	Bethany Fitzpatrick	1998	9-Jun	Classic
3.71	Jillian Cowan	1996	4-Jul	NB 5
3.69	Delainy Conibear	1997	12-May	Spring Challenge
3.57	Rhea Foster	1998	23-Jun	Prov
3.57	Skylar Sieben	2000	9-Jun	Classic
3.50	Bethany Fitzpatrick	1998	27-May	NB #3
3.49	Nicole Perks	2000	23-Jun	Prov

3.44	Deia Hida	1999	9-Jun	Classic
3.42	Rhea Foster	1998	9-Jun	Classic
3.38	Annette Berry	2000	23-Jun	Prov
3.37	Lisa Cozma	2001	9-Jun	Classic
3.27	Deia Hida	1999	23-Jun	Prov
3.23	Tyra Bliss	2000	12-May	Spring Challenge
3.17	Emily Stirling	2001	12-May	Spring Challenge
3.14	Abby Harrison	1999	12-May	Spring Challenge
3.12	Cam Knowles	1999	23-Jun	Prov
3.04	Skylar Sieben	2000	23-Jun	Prov
2.83	Natalie Sebastian	1999	9-Jun	Classic
2.72	Emily Stirling	2001	9-Jun	Classic
2.40	Bronte Richardson-Dobie	1999	9-Jun	Classic

Female Standing Long Jump 2008 N Charlesworth 2.36

1.87	Nicole Perks	2000	16-Jun	Hershey Prov
1.86	Anise Parker	1998	16-Jun	Hershey Prov
1.85	Anise Parker	1998	27-May	Hershey Zones
1.79	Annette Berry	2000	27-May	Hershey Zones
1.78	Nicole Perks	2000	27-May	Hershey Zones
1.78	Samantha Wright	2001	27-May	Hershey Zones
1.76	Bethany Fitzpatrick	1998	27-May	Hershey Zones
1.73	Grace Hilton	1999	27-May	Hershey Zones
1.72	Skylar Sieben	2000	27-May	Hershey Zones
1.69	Emily Stirling	2001	12-May	Spring Challenge
1.65	Lisa Cozma	2001	27-May	Hershey Zones
1.58	Natalie Sebastian	2000	27-May	Hershey Zones
1.44	Monique Zumwalt	2001	27-May	Hershey Zones
1.36	Lauren Van der Wissel	2003	27-May	Hershey Zones
1.19	Collette Benko	2000	27-May	Hershey Zones

Female TJ 2007 K Tse 11.69

10.29	Antha Dietrich-Henderson	1996	17-May	Red HS Divisions
10.19	Emily Wilson-Bodnar	1996	17-May	Red HS Divisions
10.10	Antha Dietrich-Henderson	1996	9-May	Dino HS Gold
9.90	Emily Wilson-Bodnar	1996	9-May	Dino HS Gold
9.87	Anise Parker	1998	23-Jun	Prov
9.86	Anise Parker	1998	26-Jul	ASG
9.63	Lauren Garnett	1995	23-Jun	Prov
9.47	Anise Parker	1998	3-Jun	NB #4
9.32	Anise Parker	1998	12-May	Spring Challenge
9.30	Anise Parker	1998	9-Jun	Classic
9.21	Lauren Garnett	1995	9-Jun	Classic
9.21	Lauren Garnett	1995	17-May	Red HS Divisions
9.14	Emma Chong	1998	9-Jun	Classic
9.04	Emma Chong	1998	3-Jun	NB #4
9.01	Emma Chong	1998	23-Jun	Prov
8.73	Sarah Choate	1998	9-Jun	Classic
8.60	Sarah Choate	1998	3-Jun	NB #4
8.50	Lauren Garnett	1995	9-May	Dino HS Gold

8.29	Annette Berry	2000	3-Jun	NB #4
8.23	Sarah Choate	1998	23-Jun	Prov

Female HJ 2009 N Charlesworth 1.70

1.62	Nicky Charlesworth	1994	May	Prov HS
1.60	Nicky Charlesworth	1994	17-May	Red HS Divisions
1.60	Nicky Charlesworth	1994	May	Cities HS
1.50	Emily Wilson-Bodnar	1996	3-May	Dino HS Red
1.45	Emma Chong	1998	23-Jun	Prov
1.41	Emily Wilson-Bodnar	1996	17-May	Red HS Divisions
1.40	Emma Chong	1998	3-Jun	NB #4
1.39 Pent	Mia Hull	1998	12-May	Spring Challenge
1.35	Anise Parker	1998	26-Jul	ASG
1.35	Emma Chong	1998	4-Jul	NB 5
1.35	Emma Chong	1998	12-May	Spring Challenge
1.35	Emma Chong	1998	9-Jun	Classic
1.30	Mia Hull	1998	3-Jun	NB #4
1.30	Hanna Svensson	1999	12-May	Spring Challenge
1.28	Hailey Bourelle	1997	9-Jun	Classic
1.27 Pent	Marissa Stirling	1998	12-May	Spring Challenge
1.25	Hailey Bourelle	1997	12-May	Spring Challenge
1.20	Annette Berry	2000	23-Jun	Prov
1.20	Meghan Lim	1998	3-Jun	NB #4
1.20	Nicole Perks	2000	23-Jun	Prov
1.20	Marissa Stirling	1998	9-Jun	Classic
1.20	Hanna Svensson	1999	9-Jun	Classic
1.15	Annette Berry	2000	3-Jun	NB #4
1.15	Nicole Perks	2000	3-Jun	NB #4
1.15	Nicole Perks	2000	9-Jun	Classic
1.11	Lisa Cozma	2001	9-Jun	Classic
1.10	Abby Harrison	1999	12-May	Spring Challenge
1.10	Skylar Sieben	2000	23-Jun	Prov
1.10	Skylar Sieben	2000	9-Jun	Classic
1.00	Cam Knowles	1999	23-Jun	Prov
1.05	Tyra Bliss	2000	9-Jun	Classic

Female SP 2007 T Johnson 10.12

4kg
3kg
2.7kg
2kg

9.90 4kg	Siri Svensson	1996	16-May	Blue HS Divisions
9.73 4kg	Siri Svensson	1996	28-Jun	Seniro Nationals
9.39 4kg	Siri Svensson	1996	May	Prov HS
9.15 4kg	Siri Svensson	1996	May	Cities HS
8.14 4kg	Siri Svensson	1996	9-May	Dino HS Gold
6.17 4 kg	Alanna Pearson	1995	9-May	Dino HS Gold
11.54 3kg	Siri Svensson	1996	23-Jun	Prov
11.36 3kg	Siri Svensson	1996	26-Jul	ASG
11.35 3kg	Siri Svensson	1996	9-Jun	Classic
10.43 3kg	Siri Svensson	1996	19-May	Throws Gala

10.05	3kg	Mia Hull	1998	26-Jul	ASG
10.01	3kg	Mia Hull	1998	19-May	Throws Gala
9.91	3kg	Siri Svensson	1996	12-May	Spring Challenge
9.91	3kg	Mia Hull	1998	27-May	NB #3
9.70	3kg	Siri Svensson	1996	27-May	NB #3
9.68	3kg	Mia Hull	1998	13-Jul	Tri Province
9.67	3kg	Mia Hull	1998	23-Jun	Prov
9.53	3kg	Dana Gerlitz	1997	23-Jun	Prov
9.41	3kg	Mia Hull	1998	9-Jun	Classic
9.39	3kg	Mia Hull	1998	4-Jul	NB 5
9.38	3kg Pent	Mia Hull	1998	12-May	Spring Challenge
9.35	3kg	Mia Hull	1998	12-May	Spring Challenge
8.95	3kg	Dana Gerlitz	1997	27-May	NB #3
8.93	3kg	Dana Gerlitz	1997	19-May	Throws Gala
8.75	3kg	Dana Gerlitz	1997	29-Jun	Jack Brow
8.71	3kg	Dana Gerlitz	1997	13-Jul	Tri Province
8.70	3kg	Lauren Fridman	1996	12-May	Spring Challenge
8.64	3kg	Meghan Lim	1997	12-May	Spring Challenge
8.61	3kg	Dana Gerlitz	1997	9-Jun	Classic
8.53	3kg	Dana Gerlitz	1997	12-May	Spring Challenge
8.42	3kg	Lauren Fridman	1996	4-Jul	NB 5
8.29	3kg	Lauren Fridman	1996	27-May	NB #3
8.18	3kg	Hanna Svensson	1999	9-Jun	Classic
8.05	3kg	Hanna Svensson	1999	12-May	Spring Challenge
7.67	3kg	Hanna Svensson	1999	23-Jun	Prov
7.60	3kg	Meghan Lim	1997	9-Jun	Classic
7.21	3kg	Amanda Monteith	1998	9-Jun	Classic
6.83	3kg	Amanda Monteith	1998	27-May	NB #3
6.57	3kg Pent	Marissa Stirling	1998	12-May	Spring Challenge
6.56	3kg	Abby Harrison	1999	12-May	Spring Challenge
6.40	3kg	Skylar Sieben	2000	23-Jun	Prov
6.22	3kg	Amanda Monteith	1998	12-May	Spring Challenge
6.10	3kg	Marissa Stirling	1998	9-Jun	Classic
5.82	3kg	Kiannah Wright	1998	9-Jun	Classic
5.69	3kg	Grace Hilton	1999	23-Jun	Prov
5.63	3kg	Rhea Foster	1998	23-Jun	Prov
5.44	3kg	Kiannah Wright	1998	12-May	Spring Challenge
5.42	3kg	Rhea Foster	1998	9-Jun	Classic
5.36	3kg	Nicole Perks	2000	23-Jun	Prov
4.65	3kg	Annette Berry	2000	23-Jun	Prov
4.54	3kg	Deia Hida	1999	23-Jun	Prov
4.03	3kg	Cam Knowles	1999	12-May	Spring Challenge
3.95	3kg	Cam Knowles	1999	23-Jun	Prov
3.18	3kg	Natalie Sebastian	1999	9-Jun	Classic
7.25	2.7kg	Hanna Svensson	1999	May 5th	NB #1 Lethbridge
5.75	2kg	Lisa Cozma	2001	9-Jun	Classic
4.95	2kg	Emily Stirling	2001	12-May	Spring Challenge
4.50	2kg	Emily Stirling	2001	9-Jun	Classic

Female Javelin 2007 J Wamsley 32.57

**600g
500g**

32.26	600g	Lauren Fridman	1996	27-May	NB #3
30.75	600g	Dana Gerlitz	1997	13-Jul	Tri Province
30.24	600g	Siri Svensson	1996	23-Jun	Prov
29.83	600g	Dana Gerlitz	1997	27-May	NB #3
29.24	600g	Lauren Fridman	1996	23-Jun	Prov
29.17	600g	Alanna Pearson	1995	17-May	Red HS Divisions
28.74	600g	Siri Svensson	1996	27-May	NB #3
28.48	600g	Lauren Fridman	1996	4-Jul	NB 5
26.55	600g	Alanna Pearson	1995	9-May	Dino HS Gold
24.80	600g	Siri Svensson	1996	16-May	Blue HS Divisions
19.57	600g	Esther Choi	1994	17-May	Red HS Divisions
18.40	wt?	Siri Svensson	1996	9-May	Dino HS Gold
34.03	500g	Dana Gerlitz	1997	9-Jun	Classic
31.87	500g	Dana Gerlitz	1997	12-May	Spring Challenge
30.82	500g	Dana Gerlitz	1997	23-Jun	Prov
30.53	500g	Dana Gerlitz	1997	19-May	Throws Gala
30.51	500g	Dana Gerlitz	1997	29-Jun	Jack Brow
28.52	500g	Siri Svensson	1996	26-Jul	ASG
27.09	500g	Siri Svensson	1996	9-Jun	Classic
26.41	500g	Alanna Pearson	1995	19-May	Throws Gala
26.14	500g	Lauren Fridman	1996	12-May	Spring Challenge
24.99	500g	Mia Hull	1998	4-Jul	NB 5
24.47	500g	Siri Svensson	1996	19-May	Throws Gala
23.26	500g	Mia Hull	1998	9-Jun	Classic
22.51	500g	Alanna Pearson	1995	9-Jun	Classic
21.57	500g	Mia Hull	1998	23-Jun	Prov
20.73	500g	Mia Hull	1998	19-May	Spring Challenge
20.21	500g	Mia Hull	1998	12-May	Spring Challenge
19.45	500g	Siri Svensson	1996	12-May	Spring Challenge

Female Discus **2007 T Johnson 33.15** **1 kg**
2011 M Yee 28.81 **750g**

28.80	1 kg	Siri Svensson	1996	May	Cities HS
28.75	1kg	Siri Svensson	1996	23-Jun	Prov
28.47	1kg	Dana Gerlitz	1997	13-Jul	Tri Province
28.11	1kg	Siri Svensson	1996	12-May	Spring Challenge
27.73	1kg	Siri Svensson	1996	26-Jul	ASG
27.57	1kg	Siri Svensson	1996	9-Jun	Classic
27.52	1kg	Siri Svensson	1996	3-Jun	NB #4
27.01	1kg	Siri Svensson	1996	May	Prov HS
26.80	1kg	Siri Svensson	1996	16-May	Blue HS Divisions
26.64	1kg	Dana Gerlitz	1997	29-Jun	Jack Brow
26.63	1kg	Siri Svensson	1996	19-May	Throws Gala
25.98	1kg	Dana Gerlitz	1997	23-Jun	Prov
23.86	1kg	Mia Hull	1998	23-Jun	Prov
23.73	1kg	Dana Gerlitz	1997	26-Jul	ASG
23.46	1kg	Dana Gerlitz	1997	19-May	Throws Gala
23.14	1kg	Dana Gerlitz	1997	3-Jun	NB #4
23.04	1kg	Dana Gerlitz	1997	12-May	Spring Challenge
23.01	1kg	Dana Gerlitz	1997	9-Jun	Classic

22.72	1kg	Esther Choi	1994	17-May	Red HS Divisions
22.07	1kg	Mia Hull	1998	3-Jun	NB #4
22.01	1kg	Alanna Pearson	1995	17-May	Red HS Divisions
21.15	1kg	Mia Hull	1998	19-May	Throws Gala
20.29	1kg	Mia Hull	1998	9-Jun	Classic
19.58	1kg	Amanda Monteith	1998	9-Jun	Classic
19.29	wt?	Alanna Pearson	1995	3-May	Dino HS Red
15.69	1kg	Nicole Perks	2000	3-Jun	NB #4
25.15	750g	Hanna Svensson	1999	23-Jun	Prov
20.70	750g	Hanna Svensson	1999	12-May	Spring Challenge
15.93	750g	Skylar Sieben	2000	23-Jun	Prov
15.48	750g	Abby Harrison	1999	12-May	Spring Challenge
13.78	750g	Nicole Perks	2000	23-Jun	Prov
11.29	750g	Annette Berry	2000	23-Jun	Prov
7.34	750g	Emily Stirling	2001	12-May	Spring Challenge

Female HT **2007 T Johnson 35.71** **4kg**
2011 M Yee 35.05 **3kg**

29.40	4kg	Siri Svensson	1996	23-Jun	Prov
21.63	4kg	Siri Svensson	1996	3-Jun	NB #4
32.06	3kg	Siri Svensson	1996	9-Jun	Classic
24.43	3kg	Siri Svensson	1996	12-May	Spring Challenge
23.42	3 kg	Siri Svensson	1996	5-May	NB #1 Lethbridge
22.84	3kg	Mia Hull	1998	12-May	Spring Challenge
21.37	3kg	Mia Hull	1998	23-Jun	Prov
19.03	3 kg	Mia Hull	1998	5-May	NB #1 Lethbridge
18.71	3kg	Mia Hull	1998	3-Jun	NB #4
16.05	3kg	Kiannah Wright	1998	9-Jun	Classic
12.53	3kg	Kiannah Wright	1998	12-May	Spring Challenge

Fem. Ball Throw **2008 N Charlesworth 43.66**

28.45	Natalie Sebastian	1999	27-May	Hershey Zones
27.92	Skylar Sieben	2000	27-May	Hershey Zones
27.52	Skylar Sieben	2000	9-Jun	Classic
27.09	Abby Harrison	1999	9-Jun	Classic
27.04	Natalie Sebastian	1999	9-Jun	Classic
21.90	Bronte Richardson-Dobie	1999	9-Jun	Classic
20.78	Hanna Svensson	1999	9-Jun	Classic
18.92	Nicole Perks	2000	9-Jun	Classic
18.78	Cam Knowles	1999	9-Jun	Classic
17.98	Grace Hilton	1999	9-Jun	Classic
17.71	Lisa Cozma	2001	9-Jun	Classic
17.54	Lauren Yardley	1999	9-Jun	Classic
16.05	Lisa Van de Wissel	2003	27-May	Hershey Zones
13.85	Emily Striling	2001	9-Jun	Classic
10.16	Tyra Bliss	2000	9-Jun	Classic

Female PV **2009 L Schneider 3.30**

2.05	Antha Dietrich-Henderson	1996	17-May	Red HS Divisions
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1.80	Jasmine Galey	1995	9-May	Dino HS Gold
1.80	Antha Dietrich-Henderson	1996	9-May	Dino HS Gold

Female Speed Tetrathlon 2008 B Toffolo 1009

Female Speed Triathlon 2009 A Parker 435

Female Throws Tetrathlon 2007 N Charlesworth 876

Female Jumps Tetrathlon 2007 KA Meeuwisse 977

Female Stamina Tetrathlon 2008 A stephen 1075

Female Stamina Triathlon 2008 E Martin 455

Female Pent 2008 N Charlesworth 2848 Midget

2224 Midget	Mia Hull	1998	12-May	Spring Challenge
1977 Midget	Marissa Stirling	1998	12-May	Spring Challenge

**Female Hep 2007 J Green 2200 - Midget
2011 N Charlesworth 4340 - Youth**

Male 50m 2011 T Sherritt 8.44

Male 60m 2011 R Goertzen 9.36

10.23	Michael Restauro	2001	9-Jun	Classic
10.35	Ryan Forgeron	2001	9-Jun	Classic

Male 80m

10.74	Mehrdad Shokoohi	1999	9-Jun	Classic
10.78	Mehrdad Shokoohi	1999	23-Jun	Prov
11.19	Mehrdad Shokoohi	1999	12-May	Spring Challenge
11.84	Nathan Calkins	2000	9-Jun	Classic
11.89	Nathan Calkins	2000	12-May	Spring Challenge
11.99	Will Hazen	2000	9-Jun	Classic
12.13	Will Hazen	2000	23-Jun	Prov
12.25	Will Hazen	2000	12-May	Spring Challenge
12.55	Jonah Burkart	1999	12-May	Spring Challenge

12.72	Adeem Vasanji	2000	9-Jun	Classic
12.84	Austin Galey	2000	9-Jun	Classic
12.88	Adeem Vasanji	2000	12-May	Spring Challenge
13.27	Simon Jacso	1999	9-Jun	Classic
13.33	Austin Galey	2000	12-May	Spring Challenge

**Male 100m
Para-Athlete**

T36

14.88	Cory Johnson	1974	28-Jun	Senior Nationals
15.33	Cory Johnson	1974	9-Jun	Classic
15.62	Cory Johnson	1974	4-Jul	NB #5
15.76	Cory Johnson	1974	12-May	Spring Challenge
17.02	Cory Johnson	1974	5-May	NB #1 Lethbridge

Male 100m

10.88f	Isaac Rynn	1989	13-Jul	Provincials
11.00p	Isaac Rynn	1989	13-Jul	Provincials
11.03f	Isaac Rynn	1989	9-Jun	Classic
11.03	Andrew Dargie	1987	4-Jul	NB 5
11.06	Isaac Rynn	1989	4-Jul	NB 5
11.16p	Isaac Rynn	1989	9-Jun	Classic
11.33f	Walt Fenton	1995	23-Jun	Prov
11.34	Isaac Rynn	1989	12-May	Spring Challenge
11.37	Isaac Rynn	1989	27-May	NB #3
11.39p	Walt Fenton	1995	23-Jun	Prov
11.39	Taylor LaRiviere	1994	24-Mar	Hawaii
11.41	Taylor LaRiviere	1994	9-Jun	Classic
11.45p	Kyle Visvanathan	1996	9-Jun	Classic
11.47p	Taylor LaRiviere	1994	17-May	Red HS Divisions
11.57f	Nicholas Buettner	1995	9-Jun	Classic
11.59f	Nicholas Buettner	1995	26-Jul	ASG
11.59p	Nicholas Buettner	1995	9-Jun	Classic
11.60f	Kyle Visvanathan	1996	9-Jun	Classic
11.62p	Walt Fenton	1995	9-Jun	Classic
11.63f	Walt Fenton	1995	13-Jul	Tri d
11.73	Drew Crawford	1994	24-Mar	Hawaii
11.73p	Walt Fenton	1995	13-Jul	Tri province
11.74	Nicholas Buettner	1995	28-Jun	Senior Nationals
11.76p	Taylor LaRiviere	1994	May	Prov HS
11.78p	Drew Crawford	1994	17-May	Red HS Divisions
11.79f	Taylor LaRiviere	1994	17-May	Red HS Divisions
11.80f	Steven Clark	1991	12-May	Spring Challenge
11.8	Nicholas Buettner	1995	4-Jul	NB 5
11.85	Walt Fenton	1995	May	Cities HS
11.86p	Steven Clark	1991	12-May	Spring Challenge
11.87	Nicholas Buettner	1995	23-Jun	Prov
11.87	Drew Crawford	1994	9-Jun	Classic
11.87f	Taylor LaRiviere	1994	May	Prov HS
11.95f	Kyle Visvanathan	1996	16-May	Blue HS Divisions
11.97p	Nicholas Buettner	1995	12-May	Spring Challenge

11.97p	Kyle Visvanathan	1996	16-May	Blue HS Divisions
11.99	Walt Fenton	1995	May	Prov HS
12.00	Spencer Hunter	1995	24-Mar	Hawaii
12.03	Nicholas Buettner	1995	3-Jun	NB #4
12.09p	Nicholas Buettner	1995	26-Jul	ASG
12.11	Spencer Hunter	1995	17-May	Red HS Divisions
12.15	Taylor LaRiviere	1994	3-May	Dino HS Red
12.16	Spencer Hunter	1995	27-May	NB #3
12.15	Drew Crawford	1994	3-May	Dino HS Red
12.18f	Nicholas Buettner	1995	12-May	Spring Challenge
12.25f	Drew Crawford	1994	17-May	Red HS Divisions
12.27	Spencer Hunter	1995	23-Jun	Prov
12.28	Spencer Hunter	1995	3-Jun	NB #4
12.41	Sam Vito	1995	9-Jun	Classic
12.43	Spencer Hunter	1995	3-May	Dino HS Red
12.60 Octa	Austin Ost	1995	12-May	Spring Challenge
12.65f	Drayden Dafoe	1997	9-Jun	Classic
12.70	Liam Robertson	1996	16-May	Blue HS Divisions
12.70p	Drayden Dafoe	1997	9-Jun	Classic
12.71	Drayden Dafoe	1997	4-Jul	NB 5
12.84	Matthew Dotson	1995	16-May	Blue HS Divisions
12.87	Drayden Dafoe	1997	3-Jun	NB #4
12.89	Nathan Monteith	1996	27-May	NB #3
12.99	Liam Robertson	1996	9-Jun	Classic
13.02	Karl Wagner	1995	3-May	Dino HS Red
13.13p	Stephen Calkins	1998	12-May	Spring Challenge
13.34f	Stephen Calkins	1998	12-May	Spring Challenge
13.55	Liam Robertson	1996	3-May	Dino HS Red
13.58	Matthew Dotson	1995	3-May	Dino HS Red
13.87	Harrison Matsuoka	1998	3-Jun	NB #4
13.95	Harrison Matsuoka	1998	4-Jul	NB 5
14.23	Nicholas Hansen	1997	12-May	Spring Challenge
14.24	Mehrdad Shokoohi	1999	27-May	Hershey Zones
14.27	Liam Connors	1998	9-Jun	Classic
15.40	Liam Connors	1998	12-May	Spring Challenge
15.61	Will Hazen	2000	27-May	Hershey Zones
15.74	Adeem Vasanji	2000	4-Jul	NB 5
16.56	Sam Gardiner	2000	27-May	Hershey Zones
17.31	Michael Restauero	2001	27-May	Hershey Zones
17.55	Ben Konwitschny	2003	4-Jul	NB 5

Male 150m

21.04	Mehrdad Shokoohi	1999	23-Jun	Prov
21.98	Nathan Calkins	2000	12-May	Spring Challenge
23.34	Will Hazen	2000	23-Jun	Prov
24.44	Adeem Vasanji	2000	12-May	Spring Challenge
24.88	Austin Galey	2000	12-May	Spring Challenge

Male 200m

Para-Athlete

31.99	Cory Johnson	1974	28-Jun	Senior Nationals
32.29	Cory Johnson	1974	9-Jun	Classic
32.72	Cory Johnson	1974	12-May	Spring Challenge
33.96	Cory Johnson	1974	27-May	SATT

Male 200m

21.89	Andrew Dargie	1987	27-May	NB #3
22.19p	Andrew Dargie	1987	13-Jul	Provincials
22.23	Andrew Dargie	1987	16-Jun	Langley
22.30f	Isaac Rynn	1989	9-Jun	Classic
22.33f	Isaac Rynn	1989	13-Jul	Provincials
22.49p	Isaac Rynn	1989	13-Jul	Provincials
22.58f	Walt Fenton	1995	9-Jun	Classic
22.61p	Isaac Rynn	1989	9-Jun	Classic
22.67	Isaac Rynn	1989	27-May	NB #3
22.67f	Isaac Rynn	1989	12-May	Spring Challenge
22.71f	Taylor LaRiviere	1994	May	Prov HS
22.72f	Walt Fenton	1995	May	Prov HS
22.77p	Isaac Rynn	1989	12-May	Spring Challenge
22.78p	Taylor LaRiviere	1994	9-Jun	Classic
22.92p	Walt Fenton	1995	May	Prov HS
22.93p	Taylor LaRiviere	1994	May	Prov HS
22.97f	Taylor LaRiviere	1994	9-Jun	Classic
22.99p	Walt Fenton	1995	9-Jun	Classic
23.00	Taylor LaRiviere	1994	28-Jun	Senior Nationals
23.01f	Walt Fenton	1995	23-Jun	Prov
23.14	Steven Clark	1991	24-Mar	Hawaii
23.15	Walt Fenton	1995	May	Cities HS
23.16p	Walt Fenton	1995	July	Ju
23.22	Steven Clark	1991	27-May	NB #3
23.26f	Walt Fenton	1995	13-Jul	Tri Province
23.27	Isaac Rynn	1989	28-Apr	SD Triton
23.29p	Taylor LaRiviere	1994	17-May	Red HS Divisions
23.38Q	Walt Fenton	1995	July	Jun Nat
23.39p	Walt Fenton	1995	13-Jul	Tri Province
23.51	Taylor LaRiviere	1994	May	Cities HS
23.57p	Walt Fenton	1995	23-Jun	Prov
23.58f	Nicholas Buettner	1995	10-Jun	Classic
23.68	Steven Clark	1991	12-May	Spring Challenge
23.70p	Nicholas Buettner	1995	9-Jun	Classic
23.72	Alex Ivan	1994	May	Cities HS
23.75f	Taylor LaRiviere	1994	17-May	Red HS Divisions
23.79f	Kyle Visvanathan	1996	9-Jun	Classic
23.98Q	Thomas Kellner	1994	July	Jun Nat
23.91p	Nicholas Buettner	1995	23-Jun	Prov
23.96f	Nicholas Buettner	1995	23-Jun	Prov
24.07f	Nicholas Buettner	1995	26-Jul	ASG
24.13	Thomas Kellner	1994	12-May	Spring Challenge
24.16	Thomas Kellner	1994	9-Jun	Classic
24.17p	Kyle Visvanathan	1996	9-Jun	Classic
24.20	Thomas Kellner	1994	27-May	NB #3

24.22p	Nicholas Buettner	1995	12-May	Spring Challenge
24.31p	Nicholas Buettner	1995	26-Jul	ASG
24.37	Brent Stephen	1996	9-May	Dino HS Gold
24.39f	Nicholas Buettner	1995	12-May	Spring Challenge
24.41f	Kyle Visvanathan	1996	16-May	Blue HS Divisions
24.56f	Spencer Hunter	1995	9-Jun	Classic
24.57p	Spencer Hunter	1995	9-Jun	Classic
24.75	Drew Crawford	1994	9-May	Dino HS Gold
24.84p	Kyle Visvanathan	1996	16-May	Blue HS Divisions
25.01	Spencer Hunter	1995	23-Jun	Prov
25.01p	Spencer Hunter	1995	17-May	Red HS Divisions
25.44	Sam Vito	1995	9-Jun	Classic
25.46f	Spencer Hunter	1995	17-May	Red HS Divisions
26.01f	Igor Cardoso Espinosa	1998	16-Jun	Hershey Prov
26.17	Liam Robertson	1996	16-May	Blue HS Divisions
26.18	Robin Robertson	1996	16-May	Blue HS Divisions
26.28p	Igor Cardoso Espinosa	1998	16-Jun	Hershey Prov
26.36	Liam Robertson	1996	9-May	Dino HS Gold
26.70	Nathan Monteith	1996	27-May	NB #3
26.98p	Stephen Calkins	1998	12-May	Spring Challenge
27.19	Matthew Dotson	1995	9-May	Dino HS Gold
27.25	Liam Robertson	1996	9-Jun	Classic
27.40	Matthew Dotson	1995	9-Jun	Classic
27.56f	Stephen Calkins	1998	12-May	Spring Challenge
28.36	Nicholas Hansen	1997	9-Jun	Classic
28.50	Mehrdad Shokoohi	1999	27-May	Hershey Zones
28.91p	Nicholas Hansen	1997	12-May	Spring Challenge
29.52	Alex Ivan	1994	May	Prov HS
29.88f	Nicholas Hansen	1997	12-May	Spring Challenge
29.70	Jacob Hazen	1998	27-May	Hershey Zones
30.15	Liam Connors	1998	9-Jun	Classic
30.52	Sean Thuna	1997	12-May	Spring Challenge
30.70	James King	1998	9-Jun	Classic
30.99	Liam Connors	1998	12-May	Spring Challenge
31.30	Nathan Calkins	2000	27-May	Hershey Zones
31.50	Ty Fitzgerald	2000	27-May	Hershey Zones
31.61	Ty Fitzgerald	2000	16-Jun	Hershey Prov
32.20	Will Hazen	2000	27-May	Hershey Zones
34.30	Sam Gardiner	2000	27-May	Hershey Zones
37.20	Viggo Hansen	2000	27-May	Hershey Zones
38.90	Michael Restauero	2001	27-May	Hershey Zones

Male 300m 2007 A Duhault 38.72

41.66	Igor Cardoso Espinosa	1998	9-Jun	Classic
44.08	Ethan Nishimura	1998	12-May	Spring Challenge
44.63	Ethan Nishimura	1998	23-Jun	Prov
49.07	Liam Connors	1998	12-May	Spring Challenge
45.51	Jacob Hazen	1998	12-May	Spring Challenge
48.96	Sean Thuna	1997	12-May	Spring Challenge
49.17	Liam Connors	1998	9-Jun	Classic
54.97	Matthew Voglewede	1998	3-Jun	NB #4

Male 400m

46.86f	Andrew Dargie	1987	28-Jun	Senior Nationals
46.95p	Andrew Dargie	1987	28-Jun	Senior Nationals
47.32	Andrew Dargie	1987	3-Jun	NB #4
47.43	Andrew Dargie	1987	13-Jul	Provincials
47.71	Andrew Dargie	1987	10-Jun	Harry Jerome
48.00	Andrew Dargie	1987	8-Jun	PreJerome
49.61	Isaac Rynn	1989	3-Jun	NB #4
49.68	Alex Ivan	1994	28-Apr	SD Triton
49.88	Isaac Rynn	1989	4-Jul	NB 5
49.95	Madison Theriault	1988	3-Jun	NB #4
50.05	Alex Ivan	1994	29-Apr	S Scott
50.09	Alex Ivan	1994	12-May	Spring Challenge
50.10	Isaac Rynn	1989	13-Jul	Provincials
50.42p	Alex Ivan	1994	May	Prov HS
50.47	Isaac Rynn	1989	29-Apr	S Scott
50.59f	Alex Ivan	1994	May	Prov HS
51.06	Alex Ivan	1994	July	Jun Nat
51.06p	Isaac Rynn	1989	28-Jun	Senior Nationals
51.10	Steven Clark	1991	13-Jul	Provincials
51.10	Isaac Rynn	1989	28-Apr	SD Triton
51.43Q	Thomas Kellner	1994	July	Jun Nat
51.46	Thomas Kellner	1994	28-Jun	Senior Nationals
51.58	Thomas Kellner	1994	3-Jun	NB #4
52.18	Thomas Kellner	1994	13-Jul	Provincials
52.74	Steven Clark	1991	4-Jul	NB 5
53.36	Bryce Clements	1994	4-Jul	NB 5
53.56	Thomas Kellner	1994	12-May	Spring Challenge
53.76Q	Bryce Clements	1994	July	Ju
54.20	Matt Shaw	1994	13-Jul	Provincials
54.35	Bryce Clements	1994	12-May	Spring Challenge
54.39	Alex Ivan	1994	May	Cities HS
54.69	Taylor LaRiviere	1994	3-May	Dino HS Red
54.90p	Thomas Kellner	1994	July	Jun Nat
55.66	Brent Stephen	1996	17-May	Red HS Divisions
55.99	Brent Stephen	1996	12-May	Spring Challenge
56.43	Matt Shaw	1994	28-Jun	Senior Nationals
56.56	Matt Shaw	1994	9-Jun	Classic
56.89	Brent Stephen	1996	3-May	Dino HS Red
58.50	Spencer Hunter	1995	4-Jul	NB 5
59.53 Octa	Austin Ost	1995	12-May	Spring Challenge
1.22.00	Joey Zumwalt	2001	27-May	Hershey Zones
1.27.00	Viggo Hansen	2000	27-May	Hershey Zones

Male 600m 2007 M Saizew 1.21.08

2.10.92	Ryan Forgeron	2001	9-Jun	Classic
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Male 800m 2011 M Saizew 1.49.60

1.50.20	Madison Theriault	1988	27-May	NB #3
1.51.56	Madison Theriault	1988	28-Jun	Senior Nationals
1.51.76	Madison Theriault	1988	12-May	Spring Challenge
1.52.70	Madison Theriault	1988	29-Apr	S Scott
1.54.6h	Gareth Hadfield	1992	13-Jul	Provincials
1.58.22Q	James Faul	1995	July	Jun Nat
1.58.92	Andrew Dargie	1987	24-Mar	Hawaii
1.58.92	James Faul	1995	4-Jul	NB 5
1.59.32	James Faul	1995	May	Prov HS
1.59.37	James Faul	1995	23-Jun	Prov
2.00.00	Brennan Undseth	1996	26-Jul	ASG
2.00.30	Brennan Undseth	1996	4-Jul	NB 5
2.00.85	Brennan Undseth	1996	9-Jun	Classic
2.00.90	Chris Fitzgibbon	1994	9-Jun	Classic
2.01.05	James Faul	1995	12-May	Spring Challenge
2.01.20	James Faul	1995	May	Cities HS
2.01.22	James Faul	1995	13-Jul	Provincials
2.01.24	Brennan Undseth	1996	May	Cities HS
2.01.53	James Faul	1995	9-Jun	Classic
2.02.11	Madison Theriault	1988	5-May	NB #1 Lethbridge
2.02.31	Brennan Undseth	1996	May	Prov HS
2.03.05	Chris Fitzgibbon	1994	13-Jul	Provincials
2.04.22	Brennan Undseth	1996	23-Jun	Prov
2.05.29	Chris Fitzgibbon	1994	9-May	Dino HS Gold
2.05.76	Chris Fitzgibbon	1994	17-May	Red HS Divisions
2.05.92	James Faul	1995	24-Mar	Hawaii
2.07.14	Cuauhti Olguin	1995	4-Jul	NB 5
2.07.35	James Faul	1995	9-May	Dino HS Gold
2.07.86	Chris Fitzgibbon	1994	24-Mar	Hawaii
2.09.23	Cuauhti Olguin	1995	17-May	Red HS Divisions
2.09.96	Cuauhti Olguin	1995	9-May	Dino HS Gold
2.10.29	James Faul	1995	5-May	NB #1 Lethbridge
2.10.50	Matt Shaw	1995	4-Jul	NB 5
2.11.03	Graham Seasons	1997	27-May	NB #3
2.11.62	James Faul	1995	17-May	Red HS Divisions
2.11.82	Sean Foster	1994	9-May	Dino HS Gold
2.19.56	Robin Robertson	1996	16-May	Blue HS Divisions
2.22.19	Brent Stephen	1996	4-Jul	NB 5
2.22.73	Matt Shaw	1995	24-Mar	Hawaii
2.23.11	Robin Robertson	1996	9-Jun	Classic
2.24.47	Ethan Nishimura	1998	12-May	Spring Challenge
2.25.04	Eric Foster	1996	23-Jun	Prov
2.27.33	Eric Foster	1996	27-May	NB #3
2.27.37	Eric Foster	1996	9-Jun	Classic
2.27.71	Eric Foster	1996	12-May	Spring Challenge
2.28.31	Ethan Nishimura	1998	9-Jun	Classic
2.29.47	Eric Foster	1996	4-Jul	NB #5
2.29.96	Ethan Nishimura	1998	23-Jun	Prov
2.30.77	Harrison Matsuoka	1998	9-Jun	Classic
2.30.90	Jacob Hazen	1998	23-Jun	Prov

2.33.00	Jacob Hazen	1998	12-May	Spring Challenge
2.47.61	Ty Fitzgerald	2000	9-Jun	Classic
2.50.87	Ty Fitzgerald	2000	16-Jun	Hershey Prov
2.53.00	Ty Fitzgerald	2000	12-May	Hershey Zones
2.54.00	Kevin Falkenberg	1999	27-May	Hershey Zones
2.58.00	Matt Voglewede	1998	27-May	Hershey Zones
3.11.60	Matt Voglewede	1998	9-Jun	Classic
3.20.00	Joey Zumwalt	2001	27-May	Hershey Zones

Male 1000m 2007 M Sinclair 2.28.16

3.16.36 Pent	Harrison Matsuoka	1998	12-May	Spring Challenge
3.18.20 Octa	Austin Ost	1995	12-May	Spring Challenge

Male 1200m 2011 B Undseth 3.24.76

3.35.08	Graham Seasons	1997	12-May	Spring Challenge
3.54.47	Ethan Nishimura	1998	12-May	Spring Challenge
3.57.90	Ethan Nishimura	1998	23-Jun	Prov
4.01.00	Jacob Hazen	1998	23-Jun	Prov
4.04.38	Sahad Vasanji	1997	12-May	Spring Challenge
4.05.28	Ethan Nishimura	1998	9-Jun	Classic
4.06.19	Jonah Burkart	1999	9-Jun	Classic
4.07.46	Jacob Hazen	1998	9-Jun	Classic
4.13.53	James King	1998	9-Jun	Classic
4.16.22	Jonah Burkart	1999	12-May	Spring Challenge
4.33.97	Mehrdad Shokoohi	1999	23-Jun	Prov
4.45.66	Matt Voglewede	1998	9-Jun	Classic

Male 1500m 2007 M Sinclair 3.46.64

3.51.80	Madison Theriault	1988	29-Apr	S Scott
3.55.48	Madison Theriault	1988	12-May	Spring Challenge
3.56.40	Madison Theriault	1988	9-Jun	Classic
3.56.75	Madison Theriault	1988	28-Apr	SD Triton
4.00.74	Gareth Hadfield	1992	12-May	Spring Challenge
4.00.95	Gareth Hadfield	1992	29-Apr	S Scott
4.07.81	Brennan Undseth	1996	23-Jun	Prov
4.08.40	Madison Theriault	1988	28-Jun	Senior Nationals
4.08.85	Brennan Undseth	1996	13-Jul	Tri Province
4.08.99p	James Faul	1995	July	Jun Nat
4.09.83	James Faul	1995	23-Jun	Prov
4.09.92	Brennan Undseth	1996	9-Jun	Classic
4.09.93	Matt Galea	1993	13-Jul	Provincials
4.10.48p	Chris Fitzgibbon	1994	July	Jun Nat
4.10.93	Brennan Undseth	1996	12-May	Spring Challenge
4.11.22	Matt Galea	1993	9-Jun	Classic
4.11.58	James Faul	1995	12-May	Spring Challenge
4.11.82	Brennan Undseth	1996	26-Jul	ASG
4.12.60	James Faul	1995	9-Jun	Classic

4.14.09	James Faul	1995	13-Jul	Provincials
4.14.21	Chris Fitzgibbon	1994	28-Jun	Senior Nationals
4.14.68	James Faul	1995	28-Jun	Senior Nationals
4.15.09	Sean Foster	1994	May	Prov HS
4.15.24	James Faul	1995	May	Prov HS
4.15.98	Brennan Undseth	1996	May	Prov HS
4.17.10	Chris Fitzgibbon	1994	12-May	Spring Challenge
4.17.99p	Matt Galea	1993	July	Jun Nat
4.19.43	Chris Fitzgibbon	1994	13-Jul	Provincials
4.19.94p	Sean Foster	1994	July	Jun Nat
4.20.96	Cuauhti Olguin	1995	May	Prov HS
4.21.37	Chris Fitzgibbon	1994	9-Jun	Classic
4.21.42	Chris Fitzgibbon	1994	May	Cities HS
4.22.05	Brennan Undseth	1996	May	Cities HS
4.22.21	James Faul	1995	May	Cities HS
4.22.24	Sean Foster	1994	13-Jul	Provincials
4.23.01	Chris Fitzgibbon	1994	May	Prov HS
4.23.13	Sean Foster	1994	12-May	Spring Challenge
4.23.59	Cuauhti Olguin	1995	28-Jun	Senior Nationals
4.24.37	Chris Fitzgibbon	1994	17-May	Red HS Divisions
4.25.67	James Faul	1995	17-May	Red HS Divisions
4.25.71	Cuauhti Olguin	1995	May	Cities HS
4.26.42	Brennan Undseth	1996	28-Jun	Senior Nationals
4.26.75	Matt Galea	1993	12-May	Spring Challenge
4.26.72	Sean Foster	1994	9-Jun	Classic
4.26.77	Sean Foster	1994	29-Apr	S Scott
4.29.07	Chris Fitzgibbon	1994	3-May	Dino HS Red
4.32.98	Cuauhti Olguin	1995	9-Jun	Classic
4.33.84	Cuauhti Olguin	1995	17-May	Red HS Divisions
4.35.30	Sean Foster	1994	3-May	Dino HS Red
4.41.36	Sean Foster	1994	May	Cities HS
4.45.42	Cuauhti Olguin	1995	24-Mar	Hawaii
4.46.32	James Faul	1995	3-May	Dino HS Red
5.06.50	Eric Foster	1996	9-Jun	Classic
5.06.84	Eric Foster	1996	23-Jun	Prov
5.09.99	Eric Foster	1996	12-May	Spring Challenge

Male 1600m 2008 G Hadfield 4.38.89

5.46.00	James King	1998	27-May	Hershey Zones
5.47.00	Jacob Hazen	1998	27-May	Hershey Zones
5.47.05	James King	1998	Juen 16	Hershey Prov
6.14.00	Kevin Falkenberg	1999	27-May	Hershey Zones
7.11.00	Matt Voglewede	1998	27-May	Hershey Zones

Male Mile

4.16.97	Madison Theriault	1988	3-Jun	NB #4
4.22.22	Gareth Hadfield	1992	3-Jun	NB #4
5.40.59	Eric Foster	1996	3-Jun	NB #4
5.44.61	Jacob Hazen	1998	3-Jun	NB #4

Male 2000m 2011 B Undseth 6.13.35

7.40.92	Jacob Hazen	1998	9-Jun	Classic
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Male 3000m 2006 Nyial M 8.29.20

8.59.14	Merhau Tume	1992	4-Jul	NB 5
9.01.60	Matt Galea	1993	9-Jun	Classic
9.01.65	Brennan Undseth	1996	13-Jul	Tri Province
9.05.34	Chris Fitzgibbon	1994	May	Prov HS
9.07.74	Matt Galea	1993	4-Jul	NB 5
9.08.08	Matt Galea	1993	27-May	NB #3
9.09.62	Merhau Tume	1992	9-Jun	Classic
9.12.13	Merhau Tume	1992	27-May	NB #3
9.14.33	Brennan Undseth	1996	May	Prov HS
9.19.24	Brennan Undseth	1996	23-Jun	Prov
9.26.40	Sean Foster	1994	May	Cities Prov
9.30.28	Chris Fitzgibbon	1994	17-May	Red HS Divisions
9.31.23	Chris Fitzgibbon	1994	May	Cities HS
9.33.37	Cuauhti Olguin	1995	May	Prov HS
9.39.90	Sean Foster	1994	4-Jul	NB 5
9.40.83	Sean Foster	1994	27-May	NB #3
9.42.54	Chris Fitzgibbon	1994	4-Jul	NB #5
9.47.36	Cuauhti Olguin	1995	May	Cities HS
9.47.65	Sean Foster	1994	May	Cities HS
9.48.68	Cuauhti Olguin	1995	17-May	Red HS Divisions
9.50.06	Brennan Undseth	1996	May	Cities HS

Male 5000m 2010 N Majock 14.33.53

15.25.39	Matt Galea	1993	13-Jun	Victoria
15.33.94	Matt Galea	1993	13-Jul	Provincials
15.42.34	Matt Galea	1993	July	Jun Nat
15.54.56	Matt Galea	1993	28-Jun	Senior Nationals
16.14.47	Sean Foster	1994	28-Apr	SD Triton
16.15.67	Chris Fitzgibbon	1994	July	Jun Nat
16.38.02	Sean Foster	1994	13-Jul	Provincials
16.48.42	Sean Foster	1994	July	Jun Nat
17.01.41	Sean Foster	1994	24-Mar	Hawaii
17.31.73	Sean Foster	1994	28-Jun	Senior Nationals

Male 10000m 2008 N Majock 30.13.42

32.53.72	Merhau Tume	1992	28-Jun	Senior Nationals
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Male 60mH 2010 T Fitzgerald 12.89

Male 80mH			27"
	2010 A Charlesworth 13.74		30"

13.60	27"	Mehrdad Shokoohi	1999	9-Jun	Classic
16.26	27"	Nathan Calkins	2000	9-Jun	Classic
17.29	27"	Ty Fitzgerald	2000	9-Jun	Classic
17.99	27"	Will Hazen	2000	9-Jun	Classic
18.30	27"	Simon Jacso	1999	9-Jun	Classic
18.91	27"	Adeem Vasanji	2000	9-Jun	Classic
19.72	27"	Austin Galey	2000	9-Jun	Classic

Male 100mH **2008 E Clark 13.59** **36"**
2010 R McKay 13.40 **33"**

14.67f	36"	Bryce Clements	1994	May	Prov HS
14.80p	36"	Bryce Clements	1994	May	Prov HS
14.93f	36"	Drew Crawford	1994	17-May	Red HS Divisions
14.95	36"	Drew Crawford	1994	9-May	Dino HS Gold
15.00	36"	Bryce Clements	1994	May	Cities HS
15.05p	36"	Drew Crawford	1994	17-May	Red HS Divisions
18.87	36"	Taylor LaRiviere	1994	9-May	Dino HS Gold
14.64f	33"	Karl Wagner	1995	17-May	Red HS Divisions
14.67	33"	Karl Wagner	1995	9-May	Dino HS Gold
14.85p	33"	Karl Wagner	1995	17-May	Red HS Divisions
15.60	33"	Matthew Dotson	1995	9-May	Dino HS Gold
15.98	33"	Matthew Dotson	1995	16-May	Blue HS Divisions
16.41	33"	Spencer Hunter	1995	9-May	Dino HS Gold
16.65f	33"	Drayden Dafoe	1997	9-Jun	Classic
16.96p	33"	Spencer Hunter	1995	17-May	Red HS Divisions
17.11p	33"	Drayden Dafoe	1997	9-Jun	Classic
17.15p	33"	Igor Cardoso Espinosa	1998	9-Jun	Classic
17.37f	33"	Spencer Hunter	1995	17-May	Red HS Divisions
18.15f		Igor Cardoso Espinosa	1998	9-Jun	Classic
18.19f	33"	Harrison Matsuoka	1998	9-Jun	Classic
19.18p	33"	Harrison Matsuoka	1998	9-Jun	Classic
19.21	33"	Sean Thuna	1997	12-May	Spring Challenge
19.51	33"	Sean Thuna	1997	9-Jun	Classic
19.53	33" Pent	Harrison Matsuoka	1998	12-May	Spring Challenge
19.65	33"	Riley Desrochers	1994	17-May	Red HS Divisions
20.47	33"	Riley Desrochers	1994	9-May	Dino HS Gold

Male 110mH **2010 R McKay 14.77** **36"**
2008 E Clark 14.34 **39"**
42"

16.14f	36"	Karl Wagner	1995	9-Jun	Classic
16.27f	36"	Austin Ost	1995	9-Jun	Classic
16.51	36"	Karl Wagner	1995	27-May	NB #3
16.52p	36"	Austin Ost	1995	9-Jun	Classic
16.62p	36"	Karl Wagner	1995	9-Jun	Classic
16.72	36"	Karl Wagner	1995	26-Jul	ASG
17.34	36"	Karl Wagner	1995	4-Jul	NB 5
17.49f	36"	Karl Wagner	1995	23-Jun	Prov
17.72	36" Octa	Austin Ost	1995	12-May	Spring Challenge

18.63p 36"	Karl Wagner	1995	23-Jun	Prov
18.64 36"	Karl Wagner	1995	12-May	Spring Challenge
18.98f 36"	Matthew Dotson	1995	9-Jun	Classic
19.44p 36"	Matthew Dotson	1995	9-Jun	Classic
20.15 36"	Karl Wagner	1995	5-May	NB #1 Lethbridge
20.31 36"	Matthew Dotson	1995	12-May	Spring Challenge
21.29 36"	Brent Stephen	1996	27-May	NB #3
17.16p 39"	Drew Crawford	1994	9-Jun	Classic
15.12 42"	Evan Clark	1990	4-Jul	Provincials
15.73 42"	Steven Clark	1991	27-May	NB #3
16.50 42"	Steven Clark	1991	4-Jul	NB 5
16.70 42"	Steven Clark	1991	12-May	Spring Challenge

Male 200mH 2009 B Clements 27.18 30"

27.55	Igor Cardoso Espinosa	1998	26-Jul	ASG
31.50	Harrison Matsuoka	1998	3-Jun	NB #4
31.57	Harrison Matsuoka	1998	9-Jun	Classic
33.26	Sean Thuna	1997	9-Jun	Classic

Male 300mH 2010 A Smith 39.57

43.71	Brent Stephen	1996	12-May	Spring Challenge
44.59	Brent Stephen	1996	23-Jun	Prov

Male 400mH 2009 T Ratzlaff 51.67

57.53	Bryce Clements	1994	3-Jun	NB #4
57.60h	Steven Clark	1991	13-Jul	Provincials
58.28	Steven Clark	1991	28-Jun	Senior Nationals
58.49	Steven Clark	1991	9-Jun	Classic
59.15	Steven Clark	1991	3-Jun	NB #4
59.34	Bryce Clements	1994	28-Jun	Senior Nationals
1.00.20h	Bryce Clements	1994	13-Jul	Provincials
1.00.60	Bryce Clements	1994	12-May	Spring Challenge
1.01.82	Bryce Clements	1994	24-Mar	Hawaii
1.02.07	Bryce Clements	1994	July	Jun Nat

Male 1500m SC

4.22.87	Gareth Hadfield	1992	4-Jul	NB 5
4.36.89	Madison Theriault	1988	4-Jul	NB 5

Male 2000m SC 2009 G Hadfield 5.53.73

6.02.78	Gareth Hadfield	1992	9-Jun	Classic
6.34.11	Cuahti Olguin	1995	23-Jun	Prov
6.54.30	Cuahti Olguin	1995	9-Jun	Classic

Male 3000m SC

8.58.77	Gareth Hadfield	1992	13-Jun	Victoria
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9.07.68	Gareth Hadfield	1992	26-May	Windsor Open
9.07.99	Gareth Hadfield	1992	28-Apr	SD Triton
9.09.52	Gareth Hadfield	1992	28-Jun	Senior Nationals
9.28.72	Gareth Hadfield	1992	13-Jul	Provincials

Male 2000m Race Walk

Male LJ **1m Take Off**
2010 T Fitzgerald 3.46

Male LJ **2009 R McKay 6.40**

6.33	Austin Ost	1995	28-Jun	Senior Nationals
6.25	Austin Ost	1995	9-Jun	Classic
5.99	Karl Wagner	1995	17-May	Red HS Divisions
5.98	Karl Wagner	1995	12-May	Spring Challenge
5.92	Austin Ost	1995	23-Jun	Prov
5.89	Karl Wagner	1995	27-May	NB #3
5.88	Austin Ost	1995	May	Prov HS
5.88	Austin Ost	1995	16-May	Blue HS Divisions
5.86	Karl Wagner	1995	9-Jun	Classic
5.86	Austin Ost	1995	May	Cities HS
5.85	Karl Wagner	1995	23-Jun	Prov
5.84	Karl Wagner	1995	28-Jun	Senior Nationals
5.75	Drew Crawford	1994	17-May	Red HS Divisions
5.75	Karl Wagner	1995	4-Jul	NB 5
5.63 Octa	Austin Ost	1995	12-May	Spring Challenge
5.48	Walt Fenton	1995	23-Jun	Prov
5.25	Karl Wagner	1995	9-May	Dino HS Gold
5.24	Walt Fenton	1995	13-Jul	Tri Province
5.23	Igor Cardoso Espinosa	1998	9-Jun	Classic
4.93	Sam Vito	1995	8-Jun	Classic
4.88	Stephen Calkins	1998	12-May	Spring Challenge
4.76	Mehrdad Shokoohi	1999	23-Jun	Prov
4.62	Mehrdad Shokoohi	1999	9-Jun	Classic
4.57	Nathan Kalmakoff	1997	23-Jun	Prov
4.57	Nathan Kalmakoff	1997	9-Jun	Classic
4.49	Jacob Hazen	1998	9-Jun	Classic
4.47	Will Hazen	2000	12-May	Spring Challenge
4.45	Jacob Hazen	1998	12-May	Spring Challenge
4.44	Nathan Kalmakoff	1997	27-May	NB #3
4.37	Mehrdad Shokoohi	1999	12-May	Spring Challenge
4.37	Austin Ost	1995	13-Jul	Tri Province
4.35	Sean Thuna	1997	9-Jun	Classic
4.30	Max Vogelgesang	1997	27-May	NB #3
4.26	Harrison Matsuoka	1998	9-Jun	Classic
4.21	Riley Desrochers	1994	17-May	Red HS Divisions
4.21	Sean Thuna	1997	12-May	Spring Challenge
4.11	Nathan Kalmakoff	1997	12-May	Spring Challenge
4.08	Riley Desrochers	1994	9-May	Dino HS Gold
4.04	James King	1998	9-Jun	Classic

4.02	Nathan Calkins	2000	12-May	Spring Challenge
3.98 Pent	Harrison Matsuoka	1998	12-May	Spring Challenge
3.89	Ty Fitzgerald	2000	9-Jun	Classic
3.88	Patrick Meister	1997	27-May	NB #3
3.87	Jonah Burkart	1999	12-May	Spring Challenge
3.84	Patrick Meister	1997	23-Jun	Prov
3.84	Harrison Matsuoka	1998	4-Jul	NB 5
3.73	Will Hazen	2000	23-Jun	Prov
3.73	Jonah Burkart	1999	9-Jun	Classic
3.43	Adeem VasANJI	2000	12-May	Spring Challenge
3.40	Will Hazen	2000	9-Jun	Classic
3.33	Adeem VasANJI	2000	4-Jul	NB 5
3.28	Nathan Calkins	2000	9-Jun	Classic
3.27	Adeem VasANJI	2000	9-Jun	Classic
3.24	Austin Galey	2000	12-May	Spring Challenge
3.12	Simon Jacso	1999	9-Jun	Classic
3.03	Ryan Forgeron	2001	9-Jun	Classic
2.72	Ben Konwitschny	2003	4-Jul	NB 5
2.64	Max Konwitschny	2003	4-Jul	NB 5

Standing LJ 2010 S McClure 2.44

2.30	Igor Cardoso Espinosa	1998	16-Jun	Hershey Prov
1.95	Mehrdad Shokoohi	1999	27-May	Hershey Zones
1.91	Ty Fitzgerald	2000	16-Jun	Hershey Prov
1.73	Ty Fitzgerald	2000	27-May	Hershey Zones
1.55	Viggo Hansen	2000	27-May	Hershey Zones
1.49	Sam Gardiner	2000	27-May	Hershey Zones
1.30	Joey Zumwalt	2001	27-May	Hershey Zones

Male TJ 2010 R McKay 13.60

12.82	Austin Ost	1995	May	Prov HS
12.75	Austin Ost	1995	3-May	Dino HS Red
12.56	Austin Ost	1995	16-May	Blue HS Divisions
12.30	Karl Wagner	1995	23-Jun	Prov
12.12	Austin Ost	1995	May	Cities HS
12.01	Karl Wagner	1995	26-Jul	ASG
11.83	Karl Wagner	1995	3-Jun	NB #4
11.75	Karl Wagner	1995	3-May	Dino HS Red
11.61	Karl Wagner	1995	9-Jun	Classic
11.53	Karl Wagner	1995	12-May	Spring Challenge

Male HJ 2010 J Brewster 1.93

1.85	Austin Ost	1995	23-Jun	Prov
1.85	Andrew Dargie	1987	4-Jul	NB 5
1.83 Octa	Austin Ost	1995	12-May	Spring Challenge
1.80	Austin Ost	1995	13-Jul	Tri Province
1.80	Austin Ost	1995	4-Jul	NB 5
1.80	Austin Ost	1995	9-Jun	Classic
1.80	Austin Ost	1995	16-May	Blue HS Divisions

1.75	Karl Wagner	1995	26-Jul	ASG
1.70	Sam Vito	1995	16-May	Blue HS Divisions
1.70	Karl Wagner	1995	3-Jun	NB #4
1.70	Karl Wagner	1995	12-May	Spring Challenge
1.70	Austin Ost	1995	9-May	Dino HS Gold
1.65	Karl Wagner	1995	23-Jun	Prov
1.65	Austin Ost	1995	5-May	NB #1 Lethbridge
1.65	Karl Wagner	1995	9-Jun	Classic
1.65	Karl Wagner	1995	17-May	Red HS Divisions
1.65	Karl Wagner	1995	4-Jul	NB 5
1.60	Andrew LaRiviere	1997	9-Jun	Classic
1.60	Drayden Dafoe	1997	4-Jul	NB 5
1.60	Sam Vito	1995	9-Jun	Classic
1.60	Karl Wagner	1995	9-May	Dino HS Gold
1.55	Karl Wagner	1995	5-May	NB #1 Lethbridge
1.55	Liam Robertson	1996	12-May	Spring Challenge
1.55	Liam Robertson	1996	16-May	Blue HS Divisions
1.55	Drayden Dafoe	1997	9-Jun	Classic
1.50	Jacob Hazen	1998	23-Jun	Prov
1.50	Drayden Dafoe	1997	3-Jun	NB #4
1.50	Stephen Calkins	1998	12-May	Spring Challenge
1.50	Nathan Kalmakoff	1997	12-May	Spring Challenge
1.50	Liam Robertson	1996	9-Jun	Classic
1.45	Nathan Monteith	1996	5-May	NB #1 Lethbridge
1.45	Andrew LaRiviere	1997	23-Jun	Prov
1.45	Jacob Hazen	1998	3-Jun	NB #4
1.45	Jacob Hazen	1998	12-May	Spring Challenge
1.45	Nathan Kalmakoff	1997	9-Jun	Classic
1.45	Nathan Kalmakoff	1997	3-Jun	NB #4
1.45	Igor Coardoso Espinosa	1998	9-Jun	Classic
1.40	Nathan Kalmakoff	1997	4-Jul	NB 5
1.40	Nathan Kalmakoff	1997	23-Jun	Prov
1.40	Jacob Hazen	1998	9-Jun	Classic
1.30	Mehrdad Shokoohi	1999	23-Jun	Prov
1.30	Nathan Calkins	2000	9-Jun	Classic
1.30	Mehrdad Shokoohi	1999	9-Jun	Classic
1.28 Pent	Harrison Matsuoka	1998	12-May	Spring Challenge
1.25	Nathan Calkins	2000	12-May	Spring Challenge
1.15	Adeem Vasanji	2000	4-Jul	NB 5
1.10	Will Hazen	2000	23-Jun	Prov
1.10	Ty Fitzgerald	2000	9-Jun	Classic
1.10	Simon Jacso	1999	9-Jun	Classic
1.10	Adeem Vasanji	2000	12-May	Spring Challenge
1.00	Austin Galey	2000	9-Jun	Classic
1.00	Austin Galey	2000	12-May	Spring Challenge
1.00	Adeem Vasanji	2000	9-Jun	Classic

Male Shot Put	2011 A Vasanji 8.21	2kg
	2007 A Bymoer 11.43	3kg
	2010 R Sceviour 13.35	4kg
	2010 V Khudych 12.73	5kg
		5.44kg

2011 B Bracko 11.16**6kg
7.26kg**

11.50 7.26kg	Paul Sze	Coach	4-Jul	NB 5
12.09 5.44kg	Austin Ost	1995	28-Jun	Senior Nationals
9.68 5.44kg	Matthew Schalm	1996	17-May	Red HS Divisions
12.23 5kg	Austin Ost	1995	23-Jun	Prov
11.84 5kg	Austin Ost	1995	13-Jul	Tri Province
11.61 5kg Octa	Austin Ost	1995	12-May	Spring Challenge
11.39 5kg	Austin Ost	1995	19-May	Throws Gala
10.98 5kg	Matthew Schalm	1996	29-Jun	Jack Brow
10.83 5kg	Cole Huse	1995	5-Jul	NB 5
10.75 5kg	Matthew Schalm	1996	19-May	Throws Gala
10.33 5kg	Matthew Schalm	1996	26-Jul	ASG
10.23 5kg	Matthew Schalm	1996	9-Jun	Classic
10.19 5kg	Matthew Schalm	1996	23-Jun	Prov
10.02 5kg	Matthew Schalm	1996	12-May	Spring Challenge
9.42 wt?	Cole Huse	1995	3-May	Dino HS Red
9.36 wt?	Matthew Schalm	1996	3-May	Dino HS Red
11.12 4kg	Igor Cardoso Espinosa	1998	9-Jun	Classic
10.98 4kg	Igor Cardoso Espinosa	1998	26-Jul	ASG
10.88 4kg	Stephen Calkins	1998	12-May	Spring Challenge
10.23 4kg	Nathan Kalmakoff	1997	13-Jul	Tri Province
9.95 4kg	Nathan Kalmakoff	1997	26-Jul	ASG
9.73 4kg	Nathan Kalmakoff	1997	4-Jul	NB 5
9.58 4kg	Nathan Kalmakoff	1997	27-May	NB #3
9.26 4kg	Nathan Kalmakoff	1997	Juen 9	Classic
9.10 4kg	Nathan Kalmakoff	1997	23-Jun	Prov
8.99 4kg	Nathan Kalmakoff	1997	12-May	Spring Challenge
7.79 4kg Pent	Harrison Matsuoka	1998	12-May	Spring Challenge
6.66 4kg	Matt Voglewede	1998	9-Jun	Classic
6.15 4kg	Adeem Vasanji	2000	4-Jul	NB 5
7.37 3kg	Adeem Vasanji	2000	9-Jun	Classic
7.15 3kg	Simon Jacso	1999	9-Jun	Classic
7.04 3kg	Nathan Calkins	2000	12-May	Spring Challenge
6.72 3kg	Adeem Vasanji	2000	12-May	Spring Challenge
6.33 3kg	Jonah Burkart	1999	9-Jun	Classic
6.11 3kg	Nathan Calkins	2000	9-Jun	Classic
5.99 3kg	Will Hazen	2000	12-May	Spring Challenge
5.93 3kg	Will Hazen	2000	9-Jun	Classic

Male Javelin**2010 A Ost 45.27****600g
700g
800g**

34.35 600g	Nathan Kalmakoff	1997	23-Jun	Prov
33.58 600g	Nathan Kalmakoff	1997	26-Jul	ASG
32.60 600g	Nathan Kalmakoff	1997	13-Jul	Tri Province
32.54 600g	Nathan Kalmakoff	1997	4-Jul	NB 5
31.11 600g	Nathan Kalmakoff	1997	9-Jun	Classic
30.63 600g	Nathan Kalmakoff	1997	27-May	NB #3
29.32 600g	Nathan Kalmakoff	1997	12-May	Spring Challenge

24.20	600g	Patrick Meister	1997	23-Jun	Prov
23.22	600g	Patrick Meister	1997	27-May	NB #3
58.11	700g	Austin Ost	1995	13-Jul	Tri Province
53.64	700g	Austin Ost	1995	19-May	Throws Gala
51.08	700g	Austin Ost	1995	4-Jul	NB 5
49.03	700g	Austin Ost	1995	23-Jun	Prov
48.95	700g	Austin Ost	1995	9-Jun	Classic
47.11	700g Octa	Austin Ost	1995	12-May	Spring Challenge
44.91	700g	Cole Huse	1995	4-Jul	NB 5
43.19	700g	Cole Huse	1995	9-Jun	Classic
32.96	700g	Charlie Meister	1995	4-Jul	NB 5
32.60	700g	Charlie Meister	1995	23-Jun	Prov
32.60	700g	Matthew Schalm	1996	19-May	Throws Gala
31.62	700g	Matthew Schalm	1996	9-Jun	Classic
31.12	700g	Matthew Schalm	1996	12-May	Spring Challenge
31.00	700g	Charlie Meister	1995	9-Jun	Classic
30.44	700g	Charlie Meister	1995	27-May	NB #3
30.12	700g	Matthew Schalm	1996	23-Jun	Prov
26.10	700g	Matthew Schalm	1996	26-Jul	ASG
51.21	800g	Jesse Rogers	1993	May	Cities HS
49.98	800g	Austin Ost	1995	3-May	Dino HS Red
49.78	800g	Austin Ost	1995	May	Cities HS
49.44	800g	Austin Ost	1995	27-May	NB #3
48.69	800g	Austin Ost	1995	16-May	Blue HS Divisions
48.38	800g	Jesse Rogers	1993	9-Jun	Classic
48.12	800g	Jesse Rogers	1993	12-May	Spring Challenge
47.79	800g	Austin Ost	1995	May	Prov HS
47.71	800g	Jesse Rogers	1993	May	Prov HS
46.45	800g	Cole Huse	1995	17-May	Red HS Divisions
45.40	800g	Jesse Rogers	1993	27-May	NB #3
43.44	800g	Cole Huse	1995	May	Cities HS
43.32	800g	Cole Huse	1995	May	Prov HS
41.76	800g	Cole Huse	1995	3-May	Dino HS Red
40.65	800g	Jesse Rogers	1993	4-Jul	NB 5
38.48	800g	Cole Huse	1995	27-May	NB #3
34.67	800g	Stefan Brzezinski	1993	4-Jul	NB 5
34.06	wt?	Matthew Schalm	1996	3-May	Dino HS Red
32.71	800g	Stefan Brzezinski	1993	9-Jun	Classic
32.38	800g	Matthew Schalm	1996	17-May	Red HS Divisions
31.94	800g	Stefan Brzezinski	1993	13-Jul	Provincials
19.92	800g	Liam Robertson	1996	16-May	Blue HS Divisions

Male Discus 2011 P Sze 36.95 2 kg
Male Discus 2011 B Bracko 32.95 1.75 kg
2011 B Bracko 35.62 1.614kg
1.5 kg
2010 R Sceviour 35.78 1 kg
2010 A Charlesworth 22.32 750g

23.56	1.75kg	Stefan Brzezinski	1993	9-Jun	Classic
21.27	1.75kg	Stefan Brzezinski	1993	13-Jul	Provincials

28.65	1.614kg	Cole Huse	1995	17-May	Red HS Divisions
26.66	1.614kg	Matthew Schalm	1996	17-May	Red HS Divisions
36.71	1.5kg	Austin Ost	1995	23-Jun	Prov
33.11	1.5kg	Austin Ost	1995	9-Jun	Classic
32.05	1.5kg	Austin Ost	1995	19-May	Throws Gala
29.65	1.5kg	Matthew Schalm	1996	26-Jul	ASG
28.86	1.5kg	Matthew Schalm	1996	9-Jun	Classic
27.79	1.5kg	Matthew Schalm	1996	12-May	Spring Challenge
27.37	1.5kg	Matthew Schalm	1996	23-Jun	Prov
27.08	1.5kg	Matthew Schalm	1996	19-May	Throws Gala
26.60	1.5kg	Matthew Schalm	1996	29-Jun	Jack Brow
24.77	wt?	Matthew Schalm	1996	9-May	Dino HS Gold
26.21	wt?	Cole Huse	1995	9-May	Dino HS Gold
23.79	1.5kg	Austin Ost	1995	13-Jul	Tri Province
19.00	1.5kg	Nathan Monteith	1996	9-Jun	Classic
33.21	1kg	Nathan Kalmakoff	1997	23-Jun	Prov
32.71	1kg	Nathan Kalmakoff	1997	26-Jul	ASG
32.27	1kg	Nathan Kalmakoff	1997	9-Jun	Classic
31.55	1lg	Nathan Kalmakoff	1997	13-Jul	Tri Province
31.28	1kg	Nathan Kalmakoff	1997	12-May	Spring Challenge
30.46	1kg	Nathan Kalmakoff	1997	3-Jun	NB #4
29.16	1kg	Igor Cardoso Espinosa	1998	9-Jun	Classic
26.13	1kg	Igor Cardoso Espinosa	1998	26-Jul	ASG
19.83	1kg	Matthew Voglewede	1998	3-Jun	NB #4
17.06	1kg	Adeem Vasanji	2000	3-Jun	NB #4
16.37	1kg	Matthew Voglewede	1998	9-Jun	Classic
15.38	1kg	Matthew Voglewede	1998	12-May	Spring Challenge
19.18	750g	Adeem Vasanji	2000	12-May	Spring Challenge
16.81	750g	Will Hazen	2000	12-May	Spring Challenge
15.56	750g	Nathan Calkins	2000	12-May	Spring Challenge
12.65	750g	Austin Galey	2000	12-May	Spring Challenge

Hammer Throw:

5kg	
2009 D Yee 32.22	4kg
2009 A Toms 20.28	6kg

39.58	5 kg	Matthew Schalm	1996	19-May	Throws Gala
36.60	5kg	Matthew Schalm	1996	29-Jun	Jack Brow
30.54	5kg	Matthew Schalm	1996	12-May	Spring Challenge
25.11	5kg	Matthew Schalm	1996	23-Jun	Prov
24.44	5kg	Matthew Schalm	1996	9-Jun	Classic

Male PV 2007 F Li 2.80

Male Ball Throw 2008 A Bymoen 59.32

55.75	Igor Cardoso Espinosa	1998	16-Jun	Hershey prov
34.89	Michael Restauero	2001	16-Jun	Hershey Prov
34.07	Matt Voglewede	1998	27-May	Hershey Zones
33.93	Simon Jacso	1999	9-Jun	Classic
33.71	Michael Restauero	2001	9-Jun	Classic

