

CALTAF 2012 WINTER SCHEDULEMaps to locations can be found <http://caltaf.com/programs/>**CHEETAHS**

Ages 8 to 13

Begins: Jan 7th Saturdays 10:30-11:45 Mt Royal University
 Wednesdays 6:30 - 7:45 Talisman Centre
 For 16 practices

Coaches: Nikki, Tara and Julia

Except Jan 21 10 am to 11:30 am;
 Feb 25th Sat is unavailable,
 it will be Mar 3 as the 8th Saturday

JUNIOR DEVELOPMENT

Junior High Athletes

Begins: Nov 7th Mondays 6:15 - 8 pm Jack Simpson Track at the U of C
 Wednesdays 6:30 - 8 pm Talisman Centre
 Thursdays 6:15 - 8 pm Jack Simpson Track at the U of C

Coaches: Ed, Lou, Tony, Hayleigh

PROVINCIAL DEVELOPMENT

Senior High Athletes

Begins: Nov 7th Mondays 6 - 8 pm Jack Simpson Track at the U of C
 Tuesdays 6 - 7 pm Oval at U of C
 7 - 8 pm Jack Simpson Track at the U of C
 Thursdays 6 - 8 pm Jack Simpson Track at the U of C

Coaches: Juerg and Blair

NATIONAL DEVELOPMENT GROUP

Coaches: Kim/Janet/Jill/Paul Power Speed - Jumps/Sprints/Hurdles/Throws/CE

Begins: Nov 7th Monday 5 - 7 pm Jack Simpson Track at the U of C
 Monday 6 - 8 pm Jack Simpson for throwers
 Tuesday 5 - 7 pm Oval at U of C
 Thursday 5 - 7 pm Jack Simpson Track at the U of C

Begins: Coach: Jason Power Speed/Mid Distance - Sprints/hurdles/Mid Distance up to 800m
 Nov 7th Monday 5 - 7 pm Oval, end @ Foothills Weight Room
 Tuesday 5 - 7 pm Oval
 Thursday 5 - 7 pm Oval
 Saturday 9 - 10:30 am Mt Royal University

Begins: Christine Distance - 800m and up/Steeple Chase
 Nov 7th Monday 5 - 7 pm Oval
 Tuesday 5 - 7 pm Oval
 Thursday 5 - 7 pm Oval
 Friday 5 - 7 pm Oval

Please call the office at 686-6011 for further information.**This schedule will be in effect till approximately the end of March**