

INDOOR SEASON BESTS 2010/2011

MARK	NAME	Y OF B	DATE	MEET
Female 60 m	09/10 N Charlesworth 7.97			
7.98	Sarah Hughes	1994	04-Dec	Dino #1
8.00f	Nicky Charlesworth	1994	29-Jan	Dino #3
8.23	Ellie Hirst	1995	29-Jan	Dino #3
8.26s	Meghan Lim	1997	12-Mar	Provincials
8.27s	Melissa Hazen	1994	12-Mar	Provincials
8.38s	Nicole Squires	1995	12-Mar	Provincials
8.39f	Melanie Craig	1990	29-Jan	Dino #3
8.40p	Emily Wilson-Bodnar	1996	12-Mar	Provincials
8.46s	Jessica Kalmakoff	1995	12-Mar	Provincials
8.51p	Antha Dietrich-Henderson	1996	12-Mar	Provincials
8.65	Jasmine Galey	1995	12-Mar	Provincials
8.65p	Quinn Rausch	1996	12-Feb	AB Indoor
8.85	Emma Chong	1998	08-Jan	Dino #2
8.93	Lauren Garnett	1995	29-Jan	Dino #3
9.07ME	Mia Hull	1998	12-Feb	AB Indoor
9.08	Siri Svensson	1996	04-Dec	Dino #1
9.10	Lauren Fridman	1996	04-Dec	Dino #1
9.10	Georgia Dupuis	1998	08-Jan	Dino #2
9.25	Marissa Stirling	1998	04-Dec	Dino #1
9.28	Delainy Conibear	1997	04-Dec	Dino #1
9.37	Rita Guistainis	1996	08-Jan	Dino #2
9.39	Anna Glover	1997	29-Jan	Dino #3
9.45	Sarah Voglewede	1997	04-Dec	Dino #1
9.48	Madelaine Yee	1997	12-Mar	Provincials
9.54ME	Lauren Yardley	1999	12-Mar	Provincials
9.57	Jill Girgulis	1997	12-Feb	AB Indoor
9.62	Lauren Kruger	1997	12-Mar	Provincials
9.62	Ashley Sherlow	1995	29-Jan	Dino #3
9.64ME	Grace Hilton	1999	12-Feb	AB Indoor
9.68	Leah Rush	1995	04-Dec	Dino #1
9.71ME	Heather Wood	1998	12-Feb	AB Indoor
9.95ME	Kiannah Wright	1998	12-Feb	AB Indoor
9.95	Hailey Allegro	1995	04-Dec	Dino #1
9.97ME	Caitlin Yardley	1998	12-Mar	Provincials
10.00	Claudia Belanger	1996	29-Jan	Dino #3
10.44ME	Cameron Knowles	1999	12-Mar	Provincials
10.68	Stella Jones	2000	08-Jan	Dino #2
10.87ME	Kate Conway	1998	12-Mar	Provincials
11.25	Alex Matsuoka	2002	29-Jan	Dino #3
12.06	Verity Boylan	2002	29-Jan	Dino #3
12.26	Sarah Bodnar	2001	29-Jan	Dino #3

Female 150m 09/10 E. Wilson-Bodnar 21.31

22.34	Emma Chong	1998	29-Jan	Dino #3
22.53ME	Georgia Dupuis	1998	12-Mar	Provincials
22.63ME	Mia Hull	1998	12-Mar	Provincials
22.87	Marissa Stirling	1998	29-Jan	Dino #3
23.25	Anna Glover	1997	04-Dec	Dino #1
23.64ME	Grace Hilton	1999	12-Mar	Provincials
23.84ME	Caitlin Yardley	1998	12-Mar	Provincials
24.04	Madelaine Yee	1997	04-Dec	Dino #1
24.29	Heather Wood	1998	29-Jan	Dino #3
24.40ME	Kiannah Wright	1998	12-Mar	Provincials
24.57ME	Lauren Yardley	1999	12-Mar	Provincials
25.16	Lauren Yardley	1999	29-Jan	Dino #3
26.51	Cameron Knowles	1999	08-Jan	Dino #2
27.43ME	Kate Conway	1998	12-Mar	Provincials
27.61	Stella Jones	2000	08-Jan	Dino #2
28.98	Alex Matsuoka	2002	29-Jan	Dino #3
29.51	Marie-May Arnaud	2001	29-Jan	Dino #3
32.25	Verity Boylan	2002	29-Jan	Dino #3
34.60	Sarah Bodnar	2001	29-Jan	Dino #3

Female 200m 09/10 M Beatch 26.16

26.68	Ellie Hirst	1995	12-Mar	Provincials
26.81	Sarah Hughes	1994	12-Mar	Provincials
26.94	Nicky Charlesworth	1994	22-Jan	Golden Bear
27.58	Jessica Kalmakoff	1995	12-Mar	Provincials
27.73	Nicole Squires	1995	12-Mar	Provincials
27.87	Meghan Lim	1997	12-Mar	Provincials
28.11	Antha Dietrich-Henderson	1996	12-Mar	Provincials
28.14	Melissa Hazen	1994	12-Mar	Provincials
28.81	Jasmine Galey	1995	12-Mar	Provincials
29.60p	Emily Wilson-Bodnar	1996	22-Jan	Golden Bear
29.69	Rachel Yee	1992	12-Mar	Provincials
29.93	Quinn Rausch	1996	12-Mar	Provincials
31.69	Sarah Voglewede	1997	12-Mar	Provincials
32.38	Madelaine Yee	1997	12-Mar	Provincials

Female 300m 06/07 H. Ratzlaff 40.32

40.99	Holly Ratzlaff	1984	05-Feb	Bison Classic
42.84f	Sarah Hughes	1994	12-Feb	AB Indoor
43.20	Ellie Hirst	1995	29-Jan	Dino #3
43.87	Melanie Craig	1990	29-Jan	Dino #3
44.12	Gloria Kanuka	1991	29-Jan	Dino #3
44.77p	Nicole Squires	1995	12-Feb	AB Indoor
44.85p	Antha Dietrich-Henderson	1996	12-Feb	AB Indoor
45.53	Nikki Barlow	1990	22-Jan	Golden Bear
46.37	Jasmine Galey	1995	04-Dec	Dino #1
46.47	Rachel Yee	1992	22-Jan	Golden Bear
47.38	Meghan Lim	1997	29-Jan	Dino #3

47.71	Lauren Fridman	1996	12-Mar	Provincials
47.88	Quinn Rausch	1996	12-Feb	AB Indoor
48.44	Siri Svensson	1996	04-Dec	Dino #1
49.12	Emily Wilson-Bodnar	1996	08-Jan	Dino #2
49.60	Sarah Voglewede	1997	12-Mar	Provincials
49.87	Rita Gustainis	1996	29-Jan	Dino #3
50.17	Claudia Belanger	1996	29-Jan	Dino #3
51.13	Delainy Conibear	1997	29-Jan	Dino #3
51.23	Lauren Kruger	1997	12-Mar	Provincials
51.55	Ashley Sherlow	1995	29-Jan	Dino #3
51.79	Anna Glover	1997	08-Jan	Dino #2
52.01	Leah Rush	1995	29-Jan	Dino #3
56.29	Deniz Kaya	1992	29-Jan	Dino #3

Female 400m 09/10 M Beatch 59.20

1.00.54	Ellie Hirst	1995	12-Mar	Provincials
1.03.47	Nikki Barlow	1990	12-Mar	Provincials
1.04.14	Nicole Squires	1995	12-Mar	Provincials
1.05.25	Jasmine Galey	1995	12-Mar	Provincials
1.05.47	Rachel Yee	1992	12-Mar	Provincials

Female 600m 06/07 H. Ratzlaff 1.29.51

1.36.33	Holly Ratzlaff	1984	12-Feb	AB Indoor
1.37.82	Gloria Kanuka	1991	25-Feb	CW's
1.41.71	Nikki Barlow	1990	05-Feb	Bison Classic
1.43.37	Melanie Craig	1990	12-Feb	AB Indoor
1.43.43	Katelyn Campbell	1995	12-Feb	AB Indoor
1.44.27	Adrienne Erdman	1994	08-Jan	Dino #2
1.48.43	Rachel Yee	1992	22-Jan	Golden Bear
1.51.46	Lauren Fridman	1996	08-Jan	Dino #2
1.54.96	Jill Girgulis	1997	12-Feb	AB Indoor
1.55.30ME	Grace Hilton	1999	12-Mar	Provincials
1.56.34	Claudia Belanger	1996	08-Jan	Dino #2
1.58.43ME	Caitlin Yardley	1998	12-Mar	Provincials
2.05.79ME	Lauren Yardley	1999	12-Mar	Provincials
2.06.60ME	Heather Wood	1998	12-Feb	AB Indoor
2.07.38	Sarah Voglewede	1997	08-Jan	Dino #2
2.08.59ME	Mia Hull	1998	12-Mar	Provincials
2.08.61ME	Georgia Dupuis	1998	12-Feb	AB Indoor
2.08.70ME	Emma Chong	1998	12-Mar	Provincials
2.09.67ME	Kiannah Wright	1998	12-Feb	AB Indoor
2.14.63	Cameron Knowles	1999	12-Mar	Provincials
2.17.93	Stella Jones	2000	08-Jan	Dino #2
2.33.44ME	Kate Conway	1998	12-Feb	AB Indoor

Female 800m 08/09 H. Sim 2.17.18

2.29.22	Katie Campbell	1995	12-Mar	Provincials
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2.30.71	Adrienne Erdman	1994	12-Mar	Provincials
2.33.25	Nikki Barlow	1990	12-Mar	Provincials
2.34.20	Claudia Belanger	1996	12-Mar	Provincials
2.34.50CE	Nicky Charlesworth	1994	12-Feb	AB Indoor
2.37.41	Lauren Fridman	1996	12-Mar	Provincials
2.39.39	Jill Girgulis	1997	12-Mar	Provincials
2.46.93CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
2.47.61ME	Grace Hilton	1999	12-Mar	Provincials
2.47.86	Sarah Voglewede	1997	04-Dec	Dino #1
2.48.88	Jessica Kalmakoff	1995	04-Dec	Dino #1
2.51.43ME	Lauren Yardley	1999	12-Mar	Provincials
2.51.50ME	Caitlin Yardley	1998	12-Mar	Provincials
2.53.82	Marissa Stirling	1998	04-Dec	Dino #1
2.57.93	Lauren Garnett	1995	04-Dec	Dino #1
3.02.42	Delainy Conibear	1997	04-Dec	Dino #1
3.03.11	Leah Rush	1995	04-Dec	Dino #1
3.07.94ME	Georgia Dupuis	1998	12-Mar	Provincials
3.10.50ME	Cameron Knowles	1999	12-Mar	Provincials
3.10.69CE	Madelaine Yee	1997	12-Feb	AB Indoor
3.20.61	Kiannah Wright	1998	04-Dec	Dino #1

Female 1000m 08/09 H Sim 2.49.87

2.57.39	Gloria Kanuka	1991	25-Feb	CW's
3.13.53	Adrienne Erdman	1994	12-Feb	AB Indoor
3.20.25	Claudia Belanger	1996	12-Feb	AB Indoor
3.30.80	Lauren Fridman	1996	29-Jan	Dino #3
3.35.13	Sarah Voglewede	1997	12-Feb	AB Indoor
3.40.22	Katie Campbell	1995	29-Jan	Dino #3
3.46.02	Marissa Stirling	1998	29-Jan	Dino #3
3.48.38	Jill Girgulis	1997	29-Jan	Dino #3
3.52.37	Caitlin Yardley	1998	29-Jan	Dino #3
3.53.00	Leah Rush	1995	29-Jan	Dino #3
3.56.75	Delainy Conibear	1997	29-Jan	Dino #3
3.57.71	Grace Hilton	1999	29-Jan	Dino #3
3.59.46	Lauren Yardley	1999	29-Jan	Dino #3
4.10.80	Kiannah Wright	1998	29-Jan	Dino #3
4.14.89	Heather Wood	1998	29-Jan	Dino #3
4.18.71	Cameron Knowles	1999	29-Jan	Dino #3
5.09.55	Sarah Bodnar	2001	29-Jan	Dino #3

Female 1200m 10/11 C Belanger 4.02.84

4.02.84	Claudia Belanger	1996	12-Feb	AB Indoor
4.15.28	Jill Girgulis	1997	12-Feb	AB Indoor
4.21.44	Sarah Voglewede	1997	12-Mar	Provincials
4.43.52	Marissa Stirling	1998	08-Jan	Dino #2
5.02.52	Stella Jones	2000	08-Jan	Dino #2

Female 1500m 08/09 H Sim 4.31.15

5.05.30	Adrienne Erdman	1994	12-Feb	AB Indoor
5.42.32	Katelyn Campbell	1995	12-Mar	Provincials
6.04.00	Leah Rush	1995	08-Jan	Dino #2

Female Mile 08/09 H Sim 4.52.21

Female 2000m 10/11 C Belanger 7.04.47

7.04.47	Claudia Belanger	1996	12-Mar	Provincials
7.41.03	Jill Girgulis	1997	12-Mar	Provincials
7.52.77	Sarah Voglewede	1997	12-Mar	Provincials

Female 3000m 06/07 9.58.28 T. Dressler

12.33.61	Katie Campbell	1995	12-Feb	AB Indoor
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Female 60m h 10/11 N Charlesworth 8.73 30"
10/11 N Charlesworth 9.08 33"

9.08p	33"	Nicky Charlesworth	1994	18-Feb	Simplot
8.73f	30"	Nicky Charlesworth	1994	12-Mar	Provincials
9.74p	30"	Nicole Squires	1995	12-Mar	Provincials
10.09	30"	Emily Wilson-Bodnar	1996	12-Mar	Provincials
10.56CE	30"	Laurern Garnett	1995	12-Feb	AB Indoor
11.09	30"	Meghan Lim	1997	12-Mar	Provincials
11.49	30"	Jessica Kalmakoff	1995	12-Mar	Provincials
11.88	30"	Sarah Voglewede	1997	12-Mar	Provincials

Female LJ 10/11 N Charlesworth 5.58

5.58	Nicky Charlesworth	1994	12-Mar	Provincials
5.18	Melissa Hazen	1994	12-Mar	Provincials
4.42	Antha Dietrich-Henderson	1996	12-Mar	Provincials
4.32	Jessica Kalmakoff	1995	12-Mar	Provincials
4.32CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
4.07	Sarah Voglewede	1997	12-Mar	Provincials
3.98CE	Lauren Garnett	1995	12-Feb	AB Indoor
3.96	Mia Hull	1998	12-Feb	AB Indoor
3.85	Quinn Rausch	1996	12-Mar	Provincials
3.81	Lauren Fridman	1996	12-Mar	Provincials
3.77ME	Emma Chong	1998	12-Mar	Provincials
3.69ME	Grace Hilton	1999	12-Mar	Provincials
3.65	Meghan Lim	1997	12-Mar	Provincials
3.55ME	Lauren Yardley	1999	12-Mar	Provincials
3.52ME	Georgia Dupuis	1998	12-Mar	Provincials
3.49	Heather Wood	1998	12-Feb	AB Indoor
3.47	Delainy Conibear	1997	12-Feb	AB Indoor
3.46CE	Madelaine Yee	1997	12-Feb	AB Indoor

3.42	Emma Chong	1998	12-Feb	AB Indoor
3.33	Claudia Belanger	1996	12-Mar	Provincials
3.22ME	Caitlin Yardley	1998	12-Mar	Provincials
3.21	Lauren Kruger	1997	12-Mar	Provincials
3.15ME	Kate Conway	1998	12-Mar	Provincials
2.59ME	Kiannah Wright	1998	12-Mar	Provincials
2.30ME	Cameron Knowles	1999	12-Mar	Provincials

Female TJ 07/08 K. Tse 11.69

9.78	Melissa Hazen	1994	12-Mar	Provincials
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Female HJ 09/10 N Charlesworth 1.72

1.71CE	Nicky Charlesworth	1994	12-Feb	AB Indoor
1.50	Melissa Hazen	1994	12-Feb	AB Indoor
1.44CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
1.40	Lauren Fridman	1996	12-Mar	Provincials
1.35	Quinn Rausch	1996	12-Mar	Provincials
1.35ME	Emma Chong	1998	12-Feb	AB Indoor
1.30	Sarah Voglewede	1997	12-Mar	Provincials
1.29CE	Lauren Garnett	1995	12-Feb	AB Indoor
1.25ME	Mia Hull	1998	12-Feb	AB Indoor
1.25	Meghan Lim	1997	12-Mar	Provincials
1.20	Madelaine Yee	1997	12-Mar	Provincials
1.20ME	Lauren Yardley	1999	12-Mar	Provincials
1.10ME	Grace Hilton	1999	12-Mar	Provincials
1.10ME	Georgia Dupuis	1998	12-Feb	AB Indoor
1.10ME	Caitlin Yardley	1998	12-Mar	Provincials
1.10ME	Cameron Knowles	1999	12-Mar	Provincials
1.10	Jill Girgulis	1997	12-Mar	Provincials
1.10ME	Kate Conway	1998	12-Mar	Provincials
1.10ME	Heather Wood	1998	12-Feb	AB Indoor
1.10ME	Kiannah Wright	1998	12-Feb	AB Indoor

Female SP 06/07 Jenna Wamsley 10.31

7.19CE 4kg	Nicky Charlesworth	1994	12-Feb	AB Indoor
6.12CE 4kg	Lauren Garnett	1995	12-Feb	AB Indoor
8.88 3kg	Madelaine Yee	1997	12-Mar	Provincials
7.41CE 3kg	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
7.10CE 3kg	Sarah Voglewede	1997	12-Feb	AB Indoor
7.02ME 3kg	Mia Hull	1998	12-Feb	AB Indoor
5.54ME 3kg	Georgia Dupuis	1998	12-Mar	Provincials
5.49ME 3kg	Grace Hilton	1999	12-Feb	AB Indoor
5.12 3kg	Jill Girgulis	1997	12-Mar	Provincials
5.12ME 3kg	Emma Chong	1998	12-Feb	AB Indoor
4.57ME 3kg	Kiannah Wright	1998	12-Feb	AB Indoor
4.55ME 3kg	Caitlin Yardley	1998	12-Mar	Provincials
4.42ME 3kg	Lauren Yardley	1999	12-Mar	Provincials

4.36ME 3kg	Heather Wood	1998	12-Feb	AB Indoor
4.01ME 3kg	Kate Conway	1998	12-Mar	Provincials
3.07ME 3kg	Cameron Knowles	1999	12-Mar	Provincials

Female MB 10/11 M Hull 6.04

6.04	Mia Hull	1998	12-Mar	Provincials
4.32	Georgia Dupuis	1998	12-Mar	Provincials
4.28	Kiannah Wright	1998	12-Mar	Provincials
4.13	Grace Hilton	1999	12-Mar	Provincials
3.91	Caitlin Yardley	1998	12-Mar	Provincials
3.86	Kate Conway	1998	12-Mar	Provincials
3.76	Heather Wood	1998	12-Feb	AB Indoor
3.65	Emma Chong	1998	12-Mar	Provincials
3.45	Lauren Yardley	1999	12-Mar	Provincials
3.41	Cameron Knowles	1999	12-Mar	Provincials

Female WT 10/11 M Yee 7.37 7.26kg

7.37 7.26kg	Madelaine Yee	1997	12-Mar	Provincials
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Female PV 08/09 L. Schneider 3.20

Female Jumps Tetrathalon 06/07 Nicola Charlesworth 965

Female Speed Tetrathalon 06/07 Nicola Charlesworth 1016

Female Stamina Tetrathalon 07/08 Allison Stephen 920

Female Indoor Pentathalon 08/09 N. Charlesworth 3179 Midget
10/11 N Charlesworth 3400 Youth

3400	Nicky Charlesworth	1994	12-Feb	AB Indoor
2511	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
1926	Lauren Garnett	1995	12-Feb	AB Indoor
1842	Sarah Voglewede	1997	12-Feb	AB Indoor
1627	Madelaine Yee	1997	12-Feb	AB Indoor

Male 60m 10/11 I. Rynn 7.13

7.13sf	Isaac Rynn	1989	12-Feb	AB Indoor
7.40f	Steven Clark	1991	12-Mar	Provincials
7.40p	Alex Smith	1996	22-Jan	Golden Bear
7.47	Nicholas Buettner	1995	04-Dec	Dino #1
7.60	Bryce Clements	1994	08-Jan	Dino #2
7.62	Casey Yuen	1994	29-Jan	Dino #3

7.66	Alex Ivan	1994	12-Mar	Provincials
7.68f	Taylor LaRiviere	1994	12-Feb	AB Indoor
7.69	Paul Boudreau	1994	22-Jan	Golden Bear
7.7	Drew Crawford	1994	12-Mar	Provincials
7.72	Rui Dong	1995	04-Dec	Dino #1
7.80	Thomas Kellner	1994	04-Dec	Dino #1
7.84	Abtin Motamedi	1996	08-Jan	Dino #2
7.87	Tyler Sklenka	1996	29-Jan	Dino #3
7.88	Jordan Graham	1995	08-Jan	Dino #2
8.09	Karl Wagner	1995	04-Dec	Dino #1
8.17	Matthew Springer	1995	04-Dec	Dino #1
8.20	Brent Stephen	1996	08-Jan	Dino #2
8.21	Martin Steger	1996	12-Feb	AB Indoor
8.45	James Faul	1995	04-Dec	Dino #1
8.49	Robin Robertson	1996	08-Jan	Dino #2
8.52	Kevin Yoo	1994	04-Dec	Dino #1
8.72	Harvir Nijjar	1995	04-Dec	Dino #1
8.94	Bruce Marsden	1995	04-Dec	Dino #1
8.95	Charlie Meister	1995	29-Jan	Dino #3
9.16	Sean Thuna	1997	04-Dec	Dino #1
9.17	Ben Meister	1998	04-Dec	Dino #1
9.18	Nathan Kalmakoff	1997	29-Jan	Dino #3
9.19	Addison Wilton	1997	04-Dec	Dino #1
9.25	Sahad Vasanji	1997	29-Jan	Dino #3
9.26	Patrick Meister	1997	12-Feb	AB Indoor
9.28	Max Vogelgesang	1997	04-Dec	Dino #1
9.30	Ben Meister	1998	08-Jan	Dino #2
9.39	Harrison Matsuoka	1998	29-Jan	Dino #3
10.06	Ross Ferguson	1999	29-Jan	Dino #3
10.19ME	Adeem Vasanji	2000	12-Mar	Provincials
10.31	Matt Voglewede	1998	08-Jan	Dino #2
10.79	Reid Ferguson	2001	29-Jan	Dino #3
10.90	Dominic Boylan	2000	29-Jan	Dino #3

Male 150 09/10 C Stevens 20.31

22.71	Ben Meister	1998	04-Dec	Dino #1
22.75	Addison Wilton	1997	04-Dec	Dino #1
23.21ME	Harrison Matsuoka	1998	12-Mar	Provincials
23.38	Nathan Kalmakoff	1997	04-Dec	Dino #1
23.44	Patrick Meister	1997	04-Dec	Dino #1
25.42ME	Adeem Vasanji	2000	12-Mar	Provincials
25.61	Ross Ferguson	1999	29-Jan	Dino #3
25.87	Matt Voglewede	1998	29-Jan	Dino #3
27.71	Dominic Boylan	2000	29-Jan	Dino #3
28.07	Reid Ferguson	2001	29-Jan	Dino #3

Male 200m 09/10 S Clark 23.09

23.47	Steven Clark	1991	12-Mar	Provincials
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23.51	Alex Ivan	1994	12-Mar	Provincials
24.19p	Alex Smith	1993	22-Jan	Golden Bear
24.44p	Bryce Clements	1994	22-Jan	Golden Bear
25.16	Nicholas Buettner	1995	12-Mar	Provincials
25.18	Drew Crawford	1994	12-Mar	Provincials
25.20	Taylor LaRiviere	1994	12-Mar	Provincials
25.54	Paul Boudreau	1994	22-Jan	Golden Bear
25.56	Casey Yuen	1994	12-Mar	Provincials
26.30	Jordan Graham	1995	12-Mar	Provincials
26.85	Abtin Motamedi	1996	12-Mar	Provincials
26.97	Martin Steger	1996	12-Mar	Provincials
27.51	Robin Robertson	1996	12-Mar	Provincials
29.70	Charlie Meister	1995	12-Mar	Provincials
32.21	Nathan Kalmakoff	1997	12-Mar	Provincials
32.54	Sean Thuna	1997	12-Mar	Provincials

Male 300m 07/08 Trent Ratzlaff 34.50

35.65	Mike Saizew	1987	04-Dec	Dino #1
36.60f	Alex Smith	1993	12-Feb	AB Indoor
36.77	Isaac Rynn	1989	29-Jan	Dino #3
38.63	Alex Ivan	1994	04-Dec	Dino #1
39.29	Brandon Fong	1993	12-Feb	AB Indoor
39.41	Mike Young	1988	04-Dec	Dino #1
39.42	Bryce Clements	1994	08-Jan	Dino #2
40.15	Scott Ratzlaff	1990	22-Jan	Golden Bear
40.32	Casey Yuen	1994	29-Jan	Dino #3
40.44	Stephen Huang	1990	29-Jan	Dino #3
40.71	Casey Yuen	1994	12-Feb	AB Indoor
40.72	Nicholas Buettner	1995	12-Feb	AB Indoor
40.82p	Tyler Sklenka	1996	12-Feb	AB Indoor
41.11	Richard Reid	1985	29-Jan	Dino #3
41.84	Abtin Motamedi	1996	29-Jan	Dino #3
41.97	Martin Steger	1996	12-Mar	Provincials
42.35	Thomas Kellner	1994	08-Jan	Dino 32
42.62	Jordan Graham	1995	29-Jan	Dino #3
43.25	Robin Robertson	1996	12-Mar	Provincials
43.52	Brent Stephen	1996	29-Jan	Dino #3
43.75	Matthew Springer	1995	29-Jan	Dino #3
44.09	Kevin Yoo	1994	29-Jan	Dino #3
45.11	Karl Wagner	1995	08-Jan	Dino #2
48.63	Patrick Meister	1997	29-Jan	Dino #3
48.67	Sahad Vasanji	1997	29-Jan	Dino #3
48.70	Addison Wilton	1997	29-Jan	Dino #3
50.17	Nathan Kalmakoff	1997	13-Feb	AB Indoor
51.79	Sean Thuna	1997	08-Jan	Dino #2

Male 400m 08/09 T Ratzlaff 48.00

52.45	Alex Smith	1993	12-Mar	Provincials
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53.67	Alex Ivan	1994	12-Mar	Provincials
55.99	Thomas Kellner	1994	12-Mar	Provincials
56.47	Bryce Clements	1994	12-Mar	Provincials
57.90	Casey Yuen	1994	12-Mar	Provincials
1.00.52	Nicholas Buettner	1995	12-Mar	Provincials

Male 600m 08/09 T Ratzlaff 1.18.49

1.20.74	Mike Saizew	1987	12-Feb	AB Indoor
1.20.76	Madison Theriault	1988	12-Feb	AB Indoor
1.30.27	Chris Fitzgibbon	1994	08-Jan	Dino #2
1.31.01	Scott Ratzlaff	1990	12-Feb	AB Indoor
1.32.16	Mike Young	1988	22-Jan	Golden Bear
1.34.52	Harvir Nijjar	1995	12-Feb	AB Indoor
1.47.00	Jordan Graham	1995	08-Jan	Dino #2
1.47.81	Charlie Meister	1995	08-Jan	Dino #2
1.53.69	Patrick Meister	1997	12-Feb	AB Indoor
1.58.43	Ben Meister	1998	08-Jan	Dino #2
1.59.19ME	Harrison Matsuoka	1998	12-Mar	Provincials
1.59.46	Sean Thuna	1997	12-Feb	AB Indoor
2.00.00	Rees Goertzen	2000	08-Jan	Dino #2
2.05.78	Sean Thuna	1997	08-Jan	Dino #2
2.11.57ME	Matt Voglewede	1998	12-Mar	Provincials
2.32.86ME	Adeem Vasanji	2000	12-Mar	Provincials

Male 800m 08/09 M Saizew 1.53.64

1.54.75	Mike Saizew	1987	12-Mar	Provincials
1.57.87	Madison Theriault	1988	04-Dec	Dino#1
2.05.98	Chris Fitzgibbon	1994	12-Mar	Provincials
2.09.73	Sean Foster	1994	04-Dec	Dino#1
2.10.49	Cuauhti Olguin	1995	04-Dec	Dino#1
2.13.58	Harvir Nijjar	1995	12-Mar	Provincials
2.15.54	Thomas Kellner	1994	12-Mar	Provincials
2.20.33	James Faul	1995	04-Dec	Dino#1
2.28.79	Robin Robertson	1996	04-Dec	Dino#1
2.31.06	Jordan Graham	1995	04-Dec	Dino#1
2.31.77	Matthew Springer	1995	04-Dec	Dino#1
2.32.39	Bruce Marsden	1995	04-Dec	Dino#1
2.32.96	Charlie Meister	1995	04-Dec	Dino#1
2.38.89	Sahad Vasanji	1997	04-Dec	Dino#1
2.43.22	Patrick Meister	1997	12-Mar	Provincials
2.43.63	Max Vogelgesang	1997	04-Dec	Dino#1
2.43.81ME	Harrison Matsuoka	1998	12-Mar	Provincials
2.50.79	Graeme Saxberg	1998	04-Dec	Dino#1
2.53.34	Sean Thuna	1997	04-Dec	Dino#1
3.09.59ME	Matt Voglewede	1998	12-Mar	Provincials
3.42.45ME	Adeem Vasanji	2000	12-Mar	Provincials

Male 1000m 10/11 M Theriault 2.28.37

2.28.37	Madison Theriault	1988	22-Jan	Golden Bear
2.38.35	Gareth Hadfield	1992	12-Feb	AB Indoor
2.43.99	Chris Fitzgibbon	1994	12-Feb	AB Indoor
2.45.82	Cuauhti Olguin	1995	12-Feb	AB Indoor
2.50.18	Kedir Ababushan	1994	29-Jan	Dino #3
2.51.65	Merhau Tume	1992	29-Jan	Dino #3
2.51.82	Sean Foster	1994	05-Feb	Bison Classic
3.01.50	Kevin Yoo	1994	29-Jan	Dino #3
3.25.80	Sahad VasANJI	1997	29-Jan	Dino #3
3.36.68CE	Abtin Motamedi	1996	12-Feb	AB Indoor
3.30.65	Matthew Springer	1995	12-Feb	AB Indoor
3.43.81CE	Jordan Graham	1995	12-Feb	AB Indoor
3.44.15CE	Karl Wagner	1995	12-Feb	AB Indoor
3.45.78	Harrison Matsuoka	1998	29-Jan	Dino #3
3.48.14	Sean Thuna	1997	29-Jan	Dino #3
3.53.03	Rees Goertzen	2000	29-Jan	Dino #3
4.11.44	Matt Voglewede	1998	29-Jan	Dino #3
4.29.91	Ross Ferguson	1999	29-Jan	Dino #3
4.50.44	Reid Ferguson	2001	29-Jan	Dino #3

Male 1200m 09/10 C Olguin 3.38.18

4.06.90	Sahad VasANJI	1997	12-Mar	Provincials
4.37.79	Harrison Matsuoka	1998	08-Jan	Dino #2
4.48.30	Sean Thuna	1997	12-Mar	Provincials

Male 1500m 10/11 M Theriault 3.56.93

3.56.93	Madison Theriault	1988	05-Feb	Bison Classic
4.11.51	Gareth Hadfield	1992	12-Feb	AB Indoor
4.12.39	Matt Galea	1993	22-Jan	Golden Bear
4.19.48	Merhau Tume	1992	12-Feb	AB Indoor
4.21.66	Chris Fitzgibbon	1994	12-Mar	Provincials
4.24.38	Cuauhti Olguin	1995	12-Mar	Provincials
4.26.59	Sean Foster	1994	12-Mar	Provincials
4.39.87	Harvir Nijjar	1995	12-Mar	Provincials
4.53.93	Kevin Yoo	1994	08-Jan	Dino #2
5.36.03	Matthew Springer	1995	08-Jan	Dino #2

Male Mile 10/11 M Theriault 4.13.05

4.13.05	Madison Theriault	1988	30-Jan	Seattle
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Male 2000m 06/07 Gareth Hadfield 6.47.55

7.20.39	Sahad VasANJI	1997	12-Mar	Provincials
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Male 3000m 10/11 G Hadfield 8.45.20

8.45.20	Gareth Hadfield	1992	25-Feb	CW's
9.03.67	Matt Galea	1993	05-Feb	Bison Classic
9.22.67	Merhau Tume	1992	22-Jan	Golden Bear
9.40.76	Sean Foster	1994	12-Mar	Provincials
10.34.26	Harvir Nijjar	1995	12-Feb	AB Indoor
11.10.01	Kevin Yoo	1994	04-Dec	Dino #1

Male 60mH 08/09 E. Clark 8.30 39" all results with age class specs
09/10 A Smith 8.56 36"
09/10 B Clements 9.20 33"

8.67f 39"	Alex Smith	1993	19-Feb	Simplot
9.03 36"	Bryce Clements	1994	22-Jan	Golden Bear
9.75 36"?	Abtin Motamedi	1996	12-Feb	AB Indoor
9.78 36"	Nicholas Buettner	1995	12-Mar	Provincials
10.24 36"	Karl Wagner	1995	12-Feb	AB Indoor
10.87CE 36"	Karl Wagner	1995	12-Feb	AB Indoor
11.28CE 36"	Jordan Graham	1995	12-Feb	AB Indoor
12.07 36"	Sean Thuna	1997	12-Mar	Provincials
12.35 36"	Nathan Kalmakoff	1997	12-Mar	Provincials
9.83 33"	Karl Wagner	1995	04-Dec	Dino #1
9.89 33"	Abtin Motamedi	1996	04-Dec	Dino #1
10.18 33"	Rui Dong	1995	04-Dec	Dino #1
10.39 33"	Nicholas Buettner	1995	04-Dec	Dino #1

Male LJ 09/10 R McKay 6.50

6.15	Alex Smith	1993	22-Jan	Golden Bear
5.47	Taylor LaRiviere	1994	12-Feb	AB Indoor
5.42	Drew Crawford	1994	12-Mar	Provincials
5.40	Thomas Kellner	1994	12-Feb	AB Indoor
5.11	Matthew Springer	1995	12-Feb	AB Indoor
5.05CE	Karl Wagner	1995	12-Feb	AB Indoor
4.99	Paul Boudreau	1994	22-Jan	Golden Bear
4.84CE	Jordan Graham	1995	12-Feb	AB Indoor
4.73CE	Abtin Motamedi	1996	12-Feb	AB Indoor
4.64	Martin Steger	1996	12-Mar	Provincials
4.63	Harvir Nijjar	1995	12-Mar	Provincials
4.12	Nathan Kalmakoff	1997	12-Mar	Provincials
3.86	Brent Stephen	1996	12-Feb	AB Indoor
3.84	Sahad Vasanti	1997	12-Mar	Provincials
3.76ME	Harrison Matsuoka	1998	12-Mar	Provincials
3.75	Patrick Meister	1997	12-Feb	AB Indoor
3.71	Sean Thuna	1997	12-Feb	AB Indoor
3.70ME	Ben Meister	1998	12-Mar	Provincials
3.03ME	Matt Voglewede	1998	12-Mar	Provincials
2.99ME	Adeem Vasanti	2000	12-Mar	Provincials

Male TJ 09/10 R McKay 13.76

11.91	Thomas Kellner	1994	12-Mar	Provincials
Male HJ	09/10 S Babcock 1.90			
1.69	Karl Wagner	1995	12-Feb	AB Indoor
1.62CE	Jordan Graham	1995	12-Feb	AB Indoor
1.50	Drew Crawford	1994	12-Feb	AB Indoor
1.50	Matthew Springer	1995	12-Feb	AB Indoor
1.40	Nathan Kalmakoff	1997	12-Feb	AB Indoor
1.38CE	Abtin Motamedi	1996	12-Feb	AB Indoor
1.25	Brent Stephen	1996	12-Feb	AB Indoor
1.20ME	Harrison Matsuoka	1998	12-Mar	Provincials
1.10ME	Ben Meister	1998	12-Mar	Provincials
1.10ME	Matt Voglewede	1998	12-Mar	Provincials
.90ME	Adeem Vasanji	2000	12-Mar	Provincials
Male SP	09/10 A Bymoen 12.29 5 kg 09/10 R Sceviour 13.27 4 kg 10/11 H Matsuoka 7.26 3kg 10/11 A Vasnaji 7.29 2kg			
8.77 5 kg	Jordan Graham	1995	12-Mar	Provincials
7.32CE 5kg	Karl Wagner	1995	12-Feb	AB Indoor
7.12 5kg	Matthew Springer	1995	12-Feb	AB Indoor
6.86 5kg	Charlie Meister	1995	12-Feb	AB Indoor
9.97 4kg	Matthew Schalm	1996	12-Mar	Provincials
8.27CE 4kg	Abtin Motamedi	1996	12-Feb	AB Indoor
7.01 4kg	Nathan Kalmakoff	1997	12-Feb	AB Indoor
6.92 4kg	Robin Robertson	1996	12-Mar	Provincials
6.58 4kg	Sahad Vasanji	1997	12-Mar	Provincials
4.87 4kg	Sean Thuna	1997	12-Feb	AB Indoor
4.55 4kg	Patrick Meister	1997	12-Feb	AB Indoor
7.26ME 3kg	Harrison Matsuoka	1998	12-Mar	Provincials
6.72ME 3kg	Ben Meister	1998	12-Mar	Provincials
6.25ME 3kg	Matt Voglewede	1998	12-Mar	Provincials
7.29ME 2kg	Adeem Vasanji	2000	12-Mar	Provincials
Male WT	10/11 M Schalm 9.56 7.26kg			
9.56 7.26kg	Matthew Schalm	1996	12-Mar	Provincials
Male Med Ball	09/10 P. Meister 4.07			
4.95ME	Ben Meister	1998	12-Mar	Provincials
4.76ME	Harrison Matsuoka	1998	12-Mar	Provincials
4.58ME	Matt Voglewede	1998	12-Mar	Provincials
4.50ME	Adeem Vasanji	2000	12-Mar	Provincials
Male PV	08/09 M. Baerg 4.32			

Male Indoor Pentathlon

07/08 Sam Babcock 2966 Prov Record Midget

All done in own age group

1957	Abtin Motamedi	1996	12-Feb	AB Indoor
1909	Karl Wagner	1995	12-Feb	AB Indoor
1854	Jordan Graham	1995	12-Feb	AB Indoor

Male Bantam Speed

06/07 1250 Alex Bymoan

Male Bantam Stamina

Indoor Prov Record ***1329*** Alex B 06/07

Youth
Midget
Youth
Midget
Midget

Bantam 30" Juv 36" Sen 42"
Mid 33" Jun 39"

Midget
Youth
Youth

Outdoor Season Bests 2011

MARK	NAME	Y OF B	DATE	MEET
Female 50m	2010 A. Martin 8.37			
Female 60m	2010 A. Martin 9.37			
Female 80m	2010 E. Martin 11.12			
11.97	Emma Chong	1998	14-May	Spring Challenge
11.97	Mia Hull	1998	14-May	Spring Challenge
12.85	Caitlin Yardley	1998	14-May	Spring Challenge
13.08	Reagan Chicoine	1998	14-May	Spring Challenge
13.08	Hanna Svensson	1999	14-May	Spring Challenge
13.08	Lauren Yardley	1999	14-May	Spring Challenge
13.16	Kirsten Chicoine	1998	14-May	Spring Challenge
13.63	Heather Wood	1998	14-May	Spring Challenge
Female 100m				
12.60f	Sarah Hughes	1994	28-May	HS Cities
12.76p	Sarah Hughes	1994	28-May	HS Cities
12.88	Sarah Hughes	1994	17-May	CISAA
13.01f	Melissa Hazen	1994	28-May	HS Cities
13.03p	Melissa Hazen	1994	28-May	HS Cities
13.16f	Melissa Hazen	1994	19-May	HS Div
13.20p	Melissa Hazen	1994	19-May	HS Div
13.28f	Sarah Hughes	1994	14-May	Spring Challenge
13.65	Meghan Lim	1997	07-May	NB #1
13.67p	Sarah Hughes	1994	14-May	Spring Challenge
13.68	Jessica Kalmakoff	1995	19-May	HS Div
13.74	Antha Dietrich-Henderson	1996	07-May	NB #1
13.86f	Melissa Hazen	1994	14-May	Spring Challenge
14.00f	Meghan Lim	1997	14-May	Spring Challenge
14.11p	Melissa Hazen	1994	14-May	Spring Challenge
14.12CE	Quinn Rausch	1996	14-May	Spring Challenge
14.21p	Meghan Lim	1997	14-May	Spring Challenge
14.23p	Quinn Rausch	1996	14-May	Spring Challenge
14.35p	Jessica Kalmakoff	1995	14-May	Spring Challenge
14.36f	Jessica Kalmakoff	1995	14-May	Spring Challenge
14.39f	Quinn Rausch	1996	14-May	Spring Challenge
14.60	Kendall Chong	1996	07-May	NB #1
14.66	Dana Gerlitz	1997	07-May	NB #1
14.85p	Janessa Tiberio	1996	14-May	Spring Challenge
14.92	Antha Dietrich-Henderson	1996	14-May	Spring Challenge

14.95f	Janessa Tiberio	1996	14-May	Spring Challenge
15.01p	Lauren Garnett	1995	14-May	Spring Challenge
15.05	Siri Svensson	1996	14-May	Spring Challenge
15.10	Madelaine Yee	1997	07-May	NB #1
15.12	Dana Gerlitz	1997	14-May	Spring Challenge
15.13	Anise Parker	1998	07-May	NB #1
15.14	Melanie Craig	1990	14-May	Spring Challenge
15.15	Anna Glover	1997	07-May	NB #1
15.20f	Lauren Garnett	1995	14-May	Spring Challenge
15.24	Kendall Chong	1996	14-May	Spring Challenge
15.44	Jill Girgulis	1997	07-May	NB #1
15.49	Delainy Conibear	1997	07-May	NB #1
15.69	Madelaine Yee	1997	14-May	Spring Challenge
15.73	Anna Glover	1997	14-May	Spring Challenge
16.06	Delainy Conibear	1997	14-May	Spring Challenge
16.88	Rhea Foster	1998	07-May	NB #1

Female 150m 2010 E. Martin 20.79

23.14	Anise Parker	1998	14-May	Spring Challenge
23.15	Emma Chong	1998	14-May	Spring Challenge
23.99	Mia Hull	1998	14-May	Spring Challenge
24.44	Grace Hilton	1999	14-May	Spring Challenge
24.49	Nikki Abbott	1998	14-May	Spring Challenge
24.91	Hanna Svensson	1999	14-May	Spring Challenge
27.03	Hawaa Zaroual	1998	14-May	Spring Challenge

Female 200m

25.84	Sarah Hughes	1994	16-May	CISAA
25.89f	Ellie Hirst	1995	28-May	HS Cities
25.94	Ellie Hirst	1995	21-May	NB #2
26.04p	Ellie Hirst	1995	28-May	HS Cities
26.09	Ellie Hirst	1995	07-May	NB #1
26.14f	Ellie Hirst	1995	19-May	HS Div
26.19	Nicky Charlesworth	1994	21-May	NB #2
26.40f	Sarah Hughes	1994	14-May	Spring Challenge
26.66p	Ellie Hirst	1995	19-May	HS Div
26.77f	Melissa Hazen	1994	19-May	HS Div
26.83f	Jessica Kalmakoff	1995	28-May	HS Cities
26.86f	Melissa Hazen	1994	28-May	HS Cities
26.87p	Sarah Hughes	1994	14-May	Spring Challenge
27.12p	Melissa Hazen	1994	19-May	HS Div
27.19p	Melissa Hazen	1994	28-May	HS Cities
27.43p	Jessica Kalmakoff	1995	28-May	HS Cities
27.47CE	Nicky Charlesworth	1994	14-May	Spring Challenge
27.5	Melissa Hazen	1994	21-May	NB #2
27.54	Melissa Hazen	1994	07-May	NB #1
27.66	Jessica Kalmakoff	1995	21-May	NB #2
27.87	Antha Dietrich-Henderson	1996	21-May	NB #2

27.95f	Jessica Kalmakoff	1995	19-May	HS Div
28.10p	Jessica Kalmakoff	1995	19-May	HS Div
28.15	Melissa Hazen	1994	14-May	Spring Challenge
28.20	Jessica Kalmakoff	1995	07-May	NB #1
28.45	Emily Wilson-Bodnar	1996	07-May	NB #1
28.56	Jessica Kalmakoff	1995	14-May	Spring Challenge
28.62	Jasmine Galey	1995	07-May	NB #1
28.83f	Emily Wilson-Bodnar	1996	14-May	Spring Challenge
28.89p	Emily Wilson-Bodnar	1996	14-May	Spring Challenge
28.96	Antha Dietrich-Henderson	1996	07-May	NB #1
29.00	Melanie Craig	1990	14-May	Spring Challenge
29.56	Jasmine Galey	1995	14-May	Spring Challenge
29.58	Kendall Chong	1996	07-May	NB #1
29.69f	Siri Svensson	1996	14-May	Spring Challenge
29.76	Rachel Yee	1992	21-May	NB #2
30.12p	Siri Svensson	1996	14-May	Spring Challenge
30.30f	Dana Gerlitz	1997	14-May	Spring Challenge
30.66f	Kendall Chong	1996	14-May	Spring Challenge
30.89p	Dana Gerlitz	1997	14-May	Spring Challenge
30.92p	Kendall Chong	1996	14-May	Spring Challenge
30.96	Janessa Tiberio	1996	14-May	Spring Challenge
31.8	Delainy Conibear	1997	14-May	Spring Challenge
31.82	Anna Glover	1997	14-May	Spring Challenge
32.17	Madelaine Yee	1997	14-May	Spring Challenge
33.80	Hawaa Zaroual	1998	07-May	NB #1
35.03	Kiannah Wright	1998	07-May	NB #1
36.28	Rhea Foster	1998	07-May	NB #1
37.29	Kate Conway	1998	07-May	NB #1

Female 300m 2010 E. Hirst 41.78

46.99	Quinn Rausch	1996	21-May	NB #2
47.74	Siri Svensson	1996	14-May	Spring Challenge
48.34	Caitlin Yardley	1998	21-May	NB #2
49.00	Quinn Rausch	1996	14-May	Spring Challenge
49.25	Grace Hilton	1999	21-May	NB #2
49.31	Janessa Tiberio	1996	21-May	NB #2
49.69	Anna Glover	1997	21-May	NB #2
50.39	Delainy Conibear	1997	21-May	NB #2
50.46	Emma Chong	1998	21-May	NB #2
50.79	Janessa Tiberio	1996	14-May	Spring Challenge
52.50	Delainy Conibear	1997	14-May	Spring Challenge
52.63	Lauren Kruger	1997	21-May	NB #2
1.02.62	Marissa Stirling	1998	21-May	NB #2
1.14.80	Kate Conway	1998	21-May	NB #2

Female 400m 2007 H Ratzlaff 55.71

59.31	Ellie Hirst	1995	21-May	NB #2
1.06.33	Jasmine Galey	1995	28-May	HS Cities0

1.07.08	Jasmine Galey	1995	18-May	HS Div
1.07.63	Jasmine Galey	1995	14-May	Spring Challenge

Female 600m 2007 R Romero 1.36.68

Female 800m 2009 H Ratzlaff 2.06.98

2.27.82	Katie Campbell	1995	07-May	NB #1
2.28.51	Adrienne Erdman	1994	28-May	HS Cities
2.29.02	Adrienne Erdman	1994	19-May	HS Div
2.32.00	Katie Campbell	1995	19-May	HS Div
2.34.21	Katie Campbell	1995	28-May	HS Cities
2.38.66	Lauren Fridman	1996	14-May	Spring Challenge
2.38.91	Emily Craig	1996	07-May	NB #1
2.39.61CE	Nicky Charlesworth	1994	14-May	Spring Challenge
2.40.09	Grace Hilton	1999	14-May	Spring Challenge
2.41.28	Grace Hilton	1999	07-May	NB #1
2.41.83	Lauren Yardley	1999	14-May	Spring Challenge
2.42.74	Caitlin Yardley	1998	14-May	Spring Challenge
2.46.02	Lauren Yardley	1999	07-May	NB #1
2.46.96	Jasmine Galey	1995	18-May	HS Div
2.49.42	Caitlin Yardley	1998	07-May	NB #1
2.50.09	Jasmine Galey	1995	28-May	HS Cities
2.52.62CE	Quinn Rausch	1996	14-May	Spring Challenge
2.54.07	Marissa Stirling	1998	14-May	Spring Challenge
3.00.71	Anna Glover	1997	14-May	Spring Challenge
3.01.74	Anna Glover	1997	07-May	NB #1
3.03.32	Delainy Conibear	1997	07-May	NB #1
3.06.37	Lauren Kruger	1997	07-May	NB #1
3.09.08	Cam Knowles	1999	14-May	Spring Challenge
3.11.27	Kiannah Wright	1998	07-May	NB #1
3.15.07	Kiannah Wright	1998	14-May	Spring Challenge

Female 1000m 2007 H Sim 2.55.80

Female 1200m 2009 A Erdman 3.53.70

4.15.87	Grace Hilton	1999	21-May	NB #2
4.16.70	Jill Girgulis	1997	21-May	NB #2
4.24.07	Lauren Yardley	1999	21-May	NB #2
4.35.34	Marissa Stirling	1998	14-May	Spring Challenge
4.37.37	Marissa Stirling	1998	21-May	NB #2
4.45.99	Delainy Conibear	1997	21-May	NB #2
4.51.99	Cam Knowles	1999	21-May	NB #2
4.53.47	Delainy Conibear	1997	14-May	Spring Challenge
5.03.33	Kiannah Wright	1998	21-May	NB #2
5.03.64	Cam Knowles	1999	14-May	Spring Challenge
5.10.20	Kiannah Wright	1998	14-May	Spring Challenge

5.31.97	Heather Wood	1998	14-May	Spring Challenge
Female 1500m	2008 H Sim 4.25.07			
5.05.15	Adrienne Erdman	1994	19-May	HS Div
5.10.88	Adrienne Erdman	1994	28-May	HS Cities
5.45.33	Katie Campbell	1995	28-May	HS Cities
5.53.09	Katie Campbell	1995	19-May	HS Div
Female 1600m	2009 C O'Brien 5.45.83			
Female Mile	2009 H Sim 5.05.90			
Female 2000m	2009 A Erdman 6.54.04			
7.57.27	Jill Girgulis	1997	14-May	Spring Challenge
8.04.17	Jill Girgulis	1997	07-May	NB #1
9.01.69	Marissa Stirling	1998	07-May	NB #1
Female 3000m	2007 L Ogrodnik 9.59.39			
Female 5000m	2007 F Stenning 17.15.55			
Female 60mH	2010 A. Martin 12.19			
Female 80mH	2011 N. Charlesworth 11.49 30"			
	2010 E. Chong 15.71 27"			
11.49f 30"	Nicky Charlesworth	1994	19-May	HS Div
11.59f 30"	Nicky Charlesworth	1994	28-May	HS Cities
11.60p 30"	Nicky Charlesworth	1994	19-May	HS Div
12.67f 30"	Nicole Squires	1995	18-May	HS Div
11.68p 30"	Nicky Charlesworth	1994	28-May	HS Cities
12.71p 30"	Nicole Squires	1995	28-May	HS Cities
12.83 30"	Emily Wilson-Bodnar	1996	14-May	Spring Challenge
12.88p 30"	Nicole Squires	1995	18-May	HS Div
12.97f 30"	Nicole Squires	1995	28-May	HS Cities
13.03 30"	Emily Wilson-Bodnar	1996	07-May	NB #1
14.07 30"	Lauren Garnett	1995	28-May	HS Cities
14.08p 30"	Lauren Garnett	1995	28-May	HS Cities
14.47f 30"	Lauren Garnett	1995	19-May	HS Div
14.64p 30"	Lauren Garnett	1995	19-May	HS Div
14.96 30"	Emma Chong	1998	07-May	NB #1
15.00 30"	Kendall Chong	1996	07-May	NB #1
15.32 30"	Meghan Lim	1997	07-May	NB #1
15.66 30"	Kendall Chong	1996	14-May	Spring Challenge

15.74	30"	Meghan Lim	1997	14-May	Spring Challenge
15.89	30"	Emma Chong	1998	14-May	Spring Challenge
16.26	30"	Grace Hilton	1999	07-May	NB #1
17.01	30"	Grace Hilton	1999	14-May	Spring Challenge
17.55	30"	Lauren Kruger	1997	07-May	NB #1
17.64	30"	Caitlin Yardley	1998	07-May	NB #1
17.65	30"	Lauren Yardley	1999	14-May	Spring Challenge
18.15	30"	Lauren Yardley	1999	07-May	NB #1
18.17	30"	Caitlin Yardley	1998	14-May	Spring Challenge
18.49	30"	Reagan Chicoine	1998	14-May	Spring Challenge
18.57	30"	Kirsten Chicoine	1998	14-May	Spring Challenge
20.24	30"	Kate Conway	1998	07-May	NB #1
20.70	30"	Kate Conway	1998	14-May	Spring Challenge

Female 100mH 2010 N Charlesworth 14.40 30"

14.75	30"	Nicky Charlesworth	1994	07-May	NB #1
14.82	30"	Nicky Charlesworth	1994	14-Apr	Mt Sac
14.93	CE 30"	Nicky Charlesworth	1994	14-May	Spring Challenge
17.55	30"	Lauren Garnett	1995	07-May	NB #1
17.88	30"	Hawaa Zaroual	1998	07-May	NB #1
18.29	30"	Nicole Squires	1995	14-May	Spring Challenge

Female 200mH 2009 KA Meeuwisse 29.72

31.78		Emily Wilson-Bodnar	1996	14-May	Spring Challenge
32.95		Emily Wilson-Bodnar	1996	21-May	NB #2
33.82		Kendall Chong	1996	21-May	NB #2
34.40		Grace Hilton	1999	21-May	NB #2
35.08		Kendall Chong	1996	14-May	Spring Challenge
35.84		Anise Parker	1998	21-May	NB #2
36.57		Lauren Kruger	1997	21-May	NB #2
42.87		Hawaa Zaroual	1998	14-May	Spring Challenge
45.37		Kiannah Wright	1998	14-May	Spring Challenge

Female 300mH 2009 KA Meeuwisse 47.55

52.84		Jasmine Galey	1995	21-May	NB #2
53.79		Jasmine Galey	1995	14-May	Spring Challenge

Female 400mH 2007 H Ratzlaff 1.01.27

Female 1500SC 2007 T Dressler 4.57.93

Female 2000SC 2008 T Dressler 7.07.01

7.21.85		Tara Dressler	1984	21-May	NB #2
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Female 3000SC 2007 T Dressler 10.31.12

Female 1500 RW 2009 E Chappell 10.02.36

Female 5k RW 2008 K Samoilo 26.59.80

Female 20k RW 2008 K Samoilo 2:00.01.00

**Female LJ 1 m Take Off
2010 A Martin 3.86**

Female LJ 2006 Nikki M 5.36

5.31CE	Nicky Charlesworth	1994	14-May	Spring Challenge
5.29	Nicky Charlesworth	1994	19-May	HS Div
5.26	Nicky Charlesworth	1994	28-May	HS Cities
5.21	Nicky Charlesworth	1994	14-Apr	Mt Sac
5.00	Melissa Hazen	1994	19-May	HS Div
5.00	Nicky Charlesworth	1994	07-May	NB #1
4.98	Melissa Hazen	1994	07-May	Spring Challenge
4.78	Melissa Hazen	1994	28-May	HS Cities
4.73	Melissa Hazen	1994	07-May	NB #1
4.26	Sarah Hughes	1994	28-May	HS Cities
4.12	Antha Dietrich-Henderson	1996	07-May	NB #1
4.06	Siri Svensson	1996	14-May	Spring Challenge
4.02	Kendall Chong	1996	07-May	NB #1
3.98	Kendall Chong	1996	14-May	Spring Challenge
3.96	Maria Jacso	1995	14-May	Spring Challenge
3.94	Meghan Lim	1997	07-May	NB #1
3.89CE	Quinn Rausch	1996	14-May	Spring Challenge
3.83	Dana Gerlitz	1997	14-May	Spring Challenge
3.81	Jessica Kalmakoff	1995	14-May	Spring Challenge
3.76	Emma Chong	1998	07-May	NB #1
3.76	Marissa Stirling	1998	07-May	NB #1
3.74	Kate Conway	1998	14-May	Spring Challenge
3.72	Jessica Kalmakoff	1995	07-May	NB #1
3.72	Hawaa Zaroual	1998	07-May	NB #1
3.66	Maria Jacso	1995	19-May	HS Div
3.62	Anise Parker	1998	14-May	Spring Challenge
3.60	Anise Parker	1998	07-May	NB #1
3.52	Emma Chong	1998	14-May	Spring Challenge
3.44	Grace Hilton	1999	07-May	NB #1
3.43	Grace Hilton	1999	14-May	Spring Challenge
3.40	Hanna Svensson	1999	14-May	Spring Challenge
3.36	Dana Gerlitz	1997	07-May	NB #1
3.29	Madelaian Yee	1997	14-May	Spring Challenge

3.22	Delainy Conibear	1997	07-May	NB #1
3.20	Delainy Conibear	1997	14-May	Spring Challenge
3.19	Lauren Kruger	1997	07-May	NB #1
3.12	Marissa Stirling	1998	14-May	Spring Challenge
3.08	Reagan Chicoine	1998	14-May	Spring Challenge
3.03	Mia Hull	1998	14-May	Spring Challenge
2.98	Kate Conway	1998	07-May	NB #1
2.73	Heather Wood	1998	14-May	Spring Challenge
2.68	Kiannah Wright	1998	14-May	Spring Challenge
2.65	Kiannah Wright	1998	07-May	NB #1
2.45	Kirsten Chicoine	1998	14-May	Spring Challenge
2.26	Cam Knowles	1999	14-May	Spring Challenge

Female Standing Long Jump 2008 N Charlesworth 2.36

Female TJ 2007 K Tse 11.69

8.86	Antha Dietrich-Henderson	1996	21-May	NB #2
8.40	Maria Jacso	1995	14-May	Spring Challenge

Female HJ 2009 N Charlesworth 1.70

1.65	Nicky Charlesworth	1994	21-May	NB #2
1.65	Nicky Charlesworth	1994	19-May	HS Div
1.61CE	Nicky Charlesworth	1994	14-May	Spring Challenge
1.55	Nicky Charlesworth	1994	28-May	HS Cities
1.54	Nicky Charlesworth	1994	14-Apr	Mt Sac
1.52	Emily Wilson-Bodnar	1996	21-May	NB #2
1.50	Melissa Hazen	1994	14-May	Spring Challenge
1.43CE	Quinn Rausch	1996	14-May	Spring Challenge
1.40	Lauren Fridman	1996	14-May	Spring Challenge
1.40	Emily Wilson-Bodnar	1996	14-May	Spring Challenge
1.38	Quinn Rausch	1996	21-May	NB #2
1.37	Quinn Rausch	1996	14-May	Spring Challenge
1.32	Kendall Chong	1996	14-May	Spring Challenge
1.3	Kendall Chong	1996	21-May	NB #2
1.27	Janessa Tiberio	1996	14-May	Spring Challenge
1.27	Madelaine Yee	1997	14-May	Spring Challenge
1.25	Emma Chong	1998	14-May	Spring Challenge
1.25	Lauren Kruger	1997	21-May	NB #2
1.25	Janessa Tiberio	1996	21-May	NB #2
1.25	Emma Chong	1998	21-May	NB #2
1.22	Meghan Lim	1997	14-May	Spring Challenge
1.20	Anna Glover	1997	21-May	NB #2
1.20	Anise Parker	1998	14-May	Spring Challenge
1.20	Caitlin Yardley	1998	21-May	NB #2
1.20	Lauren Yardley	1999	21-May	NB #2
1.20	Anise Parker	1998	21-May	NB #2
1.17	Anna Glover	1997	14-May	Spring Challenge

1.15	Kate Conway	1998	21-May	NB #2
1.12	Antha Dietrich-Henderson	1996	14-May	Spring Challenge
1.10	Mia Hull	1998	14-May	Spring Challenge
1.10	Cam Knowles	1999	14-May	Spring Challenge
1.00	Rhea Foster	1998	14-May	Spring Challenge
1.00	Grace Hilton	1999	14-May	Spring Challenge
1.00	Kiannah Wright	1998	14-May	Spring Challenge
0.90	Kiannah Wright	1998	21-May	NB #2

Female SP **2007 T Johnson 10.12** **4kg**
2011 S Svensson 9.04 **3kg**
2010 A Martin 4.73 **2kg**

9.36CE 4kg	Nicky Charlesworth	1994	14-May	Spring Challenge
6.99 4kg	Maria Jacso	1995	14-May	Spring Challenge
5.48 4kg	Lauren Garnett	1995	14-May	Spring Challenge
9.04 3kg	Siri Svensson	1996	14-May	Spring Challenge
8.64 3kg	Madelaine Yee	1997	14-May	Spring Challenge
8.54 3kg	Madelaine Yee	1997	21-May	NB #2
7.95 3kg	Dana Gerlitz	1997	14-May	Spring Challenge
7.76 3kg	Dana Gerlitz	1997	21-May	NB #2
7.36 3kg	Mia Hull	1998	14-May	Spring Challenge
7.12 3kg	Anise Parker	1998	21-May	NB #2
6.79 3kg	Antha Dietrich-Henderson	1996	21-May	NB #2
6.58 3kg	Anise Parker	1998	14-May	Spring Challenge
6.24 3kg	Hanna Svensson	1999	14-May	Spring Challenge
6.17CE 3kg	Quinn Rausch	1996	14-May	Spring Challenge
6.15 3kg	Jill Girgulis	1997	21-May	NB #2
5.24 3kg	Emma Chong	1998	14-May	Spring Challenge
4.66 3kg	Rhea Foster	1998	14-May	Spring Challenge

Female Javelin **2007 J Wamsley 32.57**

24.31 600g	Lauren Fridman	1996	14-May	Spring Challenge
23.75CE 600g	Nicky Charlesworth	1994	14-May	Spring Challenge
19.61 600g	Madelaine Yee	1997	14-May	Spring Challenge
18.30 600g	Maria Jacso	1995	14-May	Spring Challenge
17.29 600g	Dana Gerlitz	1997	14-May	Spring Challenge
16.23 600g	Maria Jacso	1995	19-May	HS Div
11.39 600g	Jessica Kalmakoff	1995	14-May	Spring Challenge
8.05 600g	Lauren Garnett	1995	14-May	Spring Challenge
23.19 500g	Madelaine Yee	1997	21-May	NB #2
15.15 500g	Dana Gerlitz	1997	21-May	NB #2
13.66 500g	Kendall Chong	1996	21-May	NB #2
11.38 500g	Antha Dietrich-Henderson	1996	21-May	NB #2

Female Discus **2007 T Johnson 33.15** **1 kg**
2011 M Yee 27.09 **750g**

23.13 1kg	Madelaine Yee	1997	14-May	Spring Challenge
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20.12	1kg	Siri Svensson	1996	14-May	Spring Challenge
17.86	1kg	Maria Jacso	1995	14-May	Spring Challenge
16.38	1kg	Dana Gerlitz	1997	14-May	Spring Challenge
27.09	750g	Madelaine Yee	1997	07-May	NB #1
18.28	750g	Mia Hull	1998	14-May	Spring Challenge
18.11	750g	Dana Gerlitz	1997	07-May	NB #1
15.95	750g	Anise Parker	1998	07-May	NB #1
14.04	750g	Anise Parker	1998	14-May	Spring Challenge

Female HT **2007 T Johnson 35.71** **4kg**
2011 M Yee 28.41 **3kg**

28.41	3kg	Madelaine Yee	1997	07-May	NB #1
28.20	3kg	Madelaine Yee	1997	07-May	Spring Challenge

Fem. Ball Throw 2008 N Charlesworth 43.66

Female PV **2009 L Schneider 3.30**

Female Speed Tetrathlon **2008 B Toffolo 1009**

Female Speed Triathlon **2009 A Parker 435**

Female Throws Tetrathlon **2007 N Charlesworth 876**

Female Jumps Tetrathlon **2007 KA Meeuwisse 977**

Female Stamina Tetrathlon **2008 A stephen 1075**

Female Stamina Triathlon **2008 E Martin 455**

Female Pent **2008 N Charlesworth 2848 Midget**

2131	Midget	Quinn Rausch	1996	14-May	Spring Challenge
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Female Hep **2007 J Green 2200 - Midget**

4340	Youth	Nicky Charlesworth	1994	14-May	Spring Challenge
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Male 50m **2009 P Brierlay 8.70**

Male 60m 2010 B O'Yeung 9.58

11.37	Adeem Vasanji	2000	14-May	Spring Challenge
11.39	Austin Galey	2000	14-May	Spring Challenge

Male 80m 2010 A Charlesworth 11.60

13.00	Ben Meister	1998	14-May	Spring Challenge
13.98	Matt Voglewede	1998	14-May	Spring Challenge
14.05	Jeremey Schalm	1999	14-May	Spring Challenge

Male 100m 2009 R McKay 11.07

11.45f	Taylor LaRiviere	1994	28-May	HS Cities
11.49p	Taylor LaRiviere	1994	28-May	HS Cities
11.66f	Taylor LaRiviere	1994	19-May	HS Div
11.75f	Nicholas Buettner	1995	28-May	HS Cities
11.75p	Taylor LaRiviere	1994	19-May	HS Div
11.85p	Nicholas Buettner	1995	28-May	HS Cities
11.85f	Isaac Rynn	1989	14-May	Spring Challenge
11.94	Nicholas Buettner	1995	07-May	NB #1
11.95p	Isaac Rynn	1989	14-May	Spring Challenge
11.99	Drew Crawford	1994	28-May	HS Cities
12.10p/f	Drew Crawford	1994	19-May	HS Div
12.32f	Nicholas Buettner	1995	14-May	Spring Challenge
12.45	Jordan Graham	1995	07-May	NB #1
12.46p	Nicholas Buettner	1995	14-May	Spring Challenge
12.63f	Casey Yuen	1994	14-May	Spring Challenge
12.66p	Taylor LaRiviere	1994	14-May	Spring Challenge
12.69p	Casey Yuen	1994	14-May	Spring Challenge
12.80f	Bryce Clements	1994	14-May	Spring Challenge
12.90CE	Abtin Motamedi	1996	14-May	Spring Challenge
12.99p	Bryce Clements	1994	14-May	Spring Challenge
13.13	Austin Ost	1995	07-May	NB #1
13.16	Martin Steger	1996	07-May	NB #1
13.21	Brent Stephen	1996	07-May	NB #1
13.37CE	Brennan Undseth	1996	14-May	Spring Challenge
13.38CE	Jordan Graham	1995	14-May	Spring Challenge
13.59	Austin Ost	1995	14-May	Spring Challenge
13.98p	Brent Stephen	1996	14-May	Spring Challenge
13.99f	Brent Stephen	1996	14-May	Spring Challenge
14.38	Joel Lemire	1997	07-May	NB #1
14.39	Martin Steger	1996	14-May	Spring Challenge
14.45f	Taylor LaRiviere	1994	14-May	Spring Challenge
14.77CE	Lyle Wiggers	1997	14-May	Spring Challenge
14.81	Lyle Wiggers	1997	07-May	NB #1
15.08	Patrick Meister	1997	07-May	NB #1
15.72	Nathan Kalmakoff	1997	14-May	Spring Challenge

Male 150m 2010 A Charlesworth 21.73

23.94	Harry Matsuoka	1998	14-May	Spring Challenge
26.64	Adeem Vasanji	2000	14-May	Spring Challenge
28.98	Austin Galey	2000	14-May	Spring Challenge

Male 200m 2010 M Saizew 22.51

22.86	Isaac Rynn	1989	07-May	NB #1
22.94f	Lincoln Kwasney	1994	28-May	HS Cities
23.01	Isaac Rynn	1989	21-May	NB #2
23.09	Isaac Rynn	1989	30-Apr	Steve Scott
23.14p	Lincoln Kwasney	1994	28-May	HS Cities
23.18f	Isaac Rynn	1989	14-May	Spring Challenge
23.47	Alex Smith	1994	21-May	NB #2
23.59f	Steven Clark	1991	14-May	Spring Challenge
23.60p	Isaac Rynn	1989	14-May	Spring Challenge
23.69	Steven Clark	1991	07-May	NB #1
23.92p	Nicholas Buettner	1995	28-May	HS Cities
24.04p	Thomas Kellner	1994	28-May	HS Cities
24.07	Nicholas Buettner	1995	07-May	NB #1
24.09f	Nicholas Buettner	1995	28-May	HS Cities
24.12f	Casey Yuen	1994	19-May	HS Div
24.15p	Steven Clark	1991	14-May	Spring Challenge
24.25	Casey Yuen	1994	28-May	HS Cities
24.25	Nicholas Buettner	1995	21-May	NB #2
24.28	Alex Ivan	1994	07-May	NB #1
24.53	Casey Yuen	1994	21-May	NB #2
24.60	Bryce Clements	1994	07-May	NB #1
24.66p	Casey Yuen	1994	19-May	HS Div
24.72	Casey Yuen	1994	07-May	NB #1
24.76f	Nicholas Buettner	1995	14-May	Spring Challenge
24.85	Drew Crawford	1994	07-May	NB #1
24.92f	Thomas Kellner	1994	17-May	CISAA
24.98	Paul Boudreau	1994	19-May	HS Div
25.01	Paul Boudreau	1994	21-May	NB #2
25.14	Drew Crawford	1994	21-May	NB #2
25.21p	Scott Ratzlaff	1990	14-May	Spring Challenge
25.37f	Thomas Kellner	1994	28-May	HS Cities
25.37	Scott Ratzlaff	1990	21-May	NB #2
25.40	Tyler Sklenka	1996	21-May	NB #2
25.60f	Scott Ratzlaff	1990	14-May	Spring Challenge
25.71	Jordan Graham	1995	07-May	NB #1
25.84p	Nicholas Buettner	1995	14-May	Spring Challenge
26.11	Casey Yuen	1994	14-May	Spring Challenge
26.29	Matthew Springer	1995	07-May	NB #1
26.81	Martin Steger	1996	21-May	NB #2
26.81	Brent Stephen	1996	07-May	NB #1
26.93	Martin Steger	1996	14-May	Spring Challenge
26.97p	Brent Stephen	1996	14-May	Spring Challenge

27.35f	Brent Stephen	1996	14-May	Spring Challenge
27.56	Martin Steger	1996	07-May	NB #1
29.41	Charlie Meister	1995	14-May	Spring Challenge
29.72	Joel Lemire	1997	07-May	NB #1
30.66	Nathan Kalmakoff	1997	07-May	NB #1
31.00	Max Vogelgesang	1994	07-May	NB #1
31.23	Sean Thuna	1997	07-May	NB #1
31.37	Patrick Meister	1997	14-May	Spring Challenge
31.8	Nathan Kalmakoff	1997	14-May	Spring Challenge
38.70	Matt Voglewede	1998	07-May	NB #1

Male 300m 2007 A Duhault 38.72

42.18	Martin Steger	1996	21-May	NB #2
42.78	Brent Stephen	1996	21-May	NB #2
49.14	Max Vogelgesang	1997	14-May	Spring Challenge
51.32	Nathan Kalmakoff	1997	14-May	Spring Challenge
56.85	Sean Thuna	1997	21-May	NB #2

Male 400m 2008 T Ratzlaff 47.07

48.83	Mike Saizew	1987	21-May	NB #2
49.48	Mike Saizew	1987	14-May	Spring Challenge
50.22	Isaac Rynn	1989	21-May	NB #2
51.28	Isaac Rynn	1989	14-May	Spring Challenge
51.83	Isaac Rynn	1989	30-Apr	Steve Scott
52.99	Scott Ratzlaff	1990	21-May	NB #2
54.26	Scott Ratzlaff	1990	14-May	Spring Challenge
54.28	Thomas Kellner	1994	14-May	Spring Challenge
54.56	Thomas Kellner	1994	21-May	NB #2
54.67	Casey Yuen	1994	28-May	HS Cities
54.83	Steven Clark	1991	14-May	Spring Challenge
54.96	Casey Yuen	1994	19-May	HS Div
54.98	Thomas Kellner	1994	17-May	CISAA
55.21	Thomas Kellner	1994	28-May	HS Cities
56.29	Casey Yuen	1994	14-May	Spring Challenge
56.36	Kedir Ababushan	1994	28-May	HS Cities
56.55	Bryce Clements	1994	17-May	CISAA
56.56	Kedir Ababushan	1994	18-May	HS Div
57.74	Bryce Clements	1994	14-May	Spring Challenge
58.12	Nicholas Buettner	1995	21-May	NB #2
59.05	Bryce Clements	1994	28-May	HS Cities
1.00.95	Nicholas Buettner	1995	14-May	Spring Challenge
1.02.46	Matthew Springer	1995	21-May	NB #2
1.02.76CE	Jordan Graham	1995	14-May	Spring Challenge
1.02.88	Matthew Springer	1995	14-May	Spring Challenge

Male 600m 2007 M Saizew 1.21.08

2.24.49	Austin Galey	2000	14-May	Spring Challenge
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Male 800m 2010 M Saizew 1.49.68

1.52.33	Mike Saizew	1987	30-Apr	Steve Scott
1.52.69	Mike Saizew	1987	April	Sun Classic
1.53.92	Mike Saizew	1987	07-May	NB #1
1.54.19	Mike Saizew	1987	14-May	Spring Challenge
1.56.14	Madison Theriault	1988	14-May	Spring Challenge
2.00.74	Alex Ivan	1994	07-May	NB #1
2.03.53	Matt Galea	1993	28-May	HS Cities
2.04.43	Chris Fitzgibbon	1994	28-May	HS Cities
2.05.54	Matt Galea	1993	18-May	HS Div
2.06.05	Cuauhti Olguin	1995	07-May	NB #1
2.06.51	Chris Fitzgibbon	1994	19-May	HS Div
2.07.15	Chris Fitzgibbon	1994	14-May	Spring Challenge
2.07.68	Cuauhti Olguin	1995	28-May	HS Cities
2.07.86	Cuauhti Olguin	1995	19-May	HS Div
2.09.22	Kedir Ababushan	1994	28-May	HS Cities
2.09.32	Kedir Ababushan	1994	18-May	HS Div
2.12.99	Brennan Undseth	1996	07-May	NB #1
2.16.95	Harvir Nijjar	1995	19-May	HS Div
2.29.70	Matthew Shaw	1995	28-May	HS Cities
2.38.78	Andrew Bustard	1997	14-May	Spring Challenge
2.43.09	Max Vogelgesang	1997	14-May	Spring Challenge
2.45.84	Max Vogelgesang	1997	07-May	NB #1
2.51.88	Eric Foster	1996	07-May	NB #1
3.09.01	Matt Voglewede	1998	07-May	NB #1
3.12.20	Matt Voglewede	1998	14-May	Spring Challenge

Male 1000m 2007 M Sinclair 2.28.16

2.59.81CE	Brennan Undseth	1996	14-May	Spring Challenge
3.26.56CE	Abtin Motamedi	1996	14-May	Spring Challenge
3.29.68CE	Jordan Graham	1995	14-May	Spring Challenge
3.41.79CE	Lyle Wiggers	1997	14-May	Spring Challenge

Male 1200m 2010 C Olguin 3.24.90

3.35.64	Brennan Undseth	1996	21-May	NB #2
4.00.80	Sahad VasANJI	1997	21-May	NB #2
4.04.45	Sahad VasANJI	1997	14-May	Spring Challenge
4.10.01	Andrew Bustard	1997	21-May	NB #2
4.11.74	Andrew Bustard	1997	14-May	Spring Challenge
4.22.03	Lyle Wiggers	1997	21-May	NB #2
5.03.99	Matt Voglewede	1998	14-May	Spring Challenge

Male 1500m 2007 M Sinclair 3.46.64

3.58.80	Madison Theriault	1988	30-Apr	Steve Scott
4.07.06	Gareth Hadfield	1992	April	Long Beach
4.09.03	Madison Theriault	1988	14-May	Spring Challenge
4.18.50	Matt Galea	1993	14-May	Spring Challenge
4.24.14	Matt Galea	1993	18-May	HS Div
4.25.79	Matt Galea	1993	28-May	HS Cities
4.29.69	Chris Fitzgibbon	1994	14-May	Spring Challenge
4.31.80	Merhau Tume	1992	28-May	HS Cities
4.32.63	Cuauhti Olguin	1995	28-May	HS Cities
4.33.89	Merhau Tume	1992	18-May	HS Div
4.39.50	Cuauhti Olguin	1995	19-May	HS Div
4.52.97	Harvir Nijjar	1995	19-May	HS Div
4.55.15	Harvir Nijjar	1995	28-May	HS Cities
5.03.83	Matthew Shaw	1995	28-May	HS Cities

Male 1600m 2008 G Hadfield 4.38.89

Male Mile 2008 N Majock 4.25.52

6.05.68	Matthew Springer	1995	21-May	NB #2
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Male 2000m 2009 S Foster 6.24.82

7.06.83	Sahad Vasanji	1997	14-May	Spring Challenge
7.21.28	Sahad Vasanji	1997	07-May	NB #1
7.44.33	Andrew Bustard	1997	07-May	NB #1

Male 3000m 2006 Nyial M 8.29.20

9.11.66	Matt Galea	1993	28-May	HS Cities
9.14.86	Matt Galea	1993	07-May	NB #1
9.27.0h	Matt Galea	1993	18-May	HS Div
9.28.80	Chris Fitzgibbon	1994	19-May	HS Div
9.35.75	Chris Fitzgibbon	1994	28-May	HS Cities
9.38.45	Merhau Tume	1992	28-May	HS Cities
9.47.59	Kedir Abubashan	1994	28-May	HS Cities
9.49.87	Sean Foster	1994	07-May	NB #1
9.50.0h	Merhau Tume	1992	18-May	HS Div
9.51.73	Cuauhti Olguin	1995	28-May	HS Cities
10.05.29	Cuauhti Olguin	1995	19-May	HS Div
10.27.0h	Kedir Abubashan	1994	18-May	HS Div
10.33.27	Harvir Nijjar	1995	28-May	HS Cities
10.40.52	Harvir Nijjar	1995	19-May	HS Div

Male 5000m 2010 N Majock 14.33.53

16.01.90	Matt Galea	1993	April	Long Beach
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Male 10000m 2008 N Majock 30.13.42

Male 60mH 2010 T Fitzgerald 12.89

14.06 27"	Austin Galey	2000	14-May	Spring Challenge
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**Male 80mH 2010 A Charlesworth 13.72 27"
2010 A Charlesworth 13.74 30"**

15.97 30"	Ben Meister	1998	14-May	Spring Challenge
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**Male 100mH 2008 E Clark 13.59 36"
2010 R McKay 13.40 33"**

13.52f 33"	Kwasney Lincoln	1994	28-May	HS Cities
13.78 33"	Bryce Clements	1994	28-May	HS Cities
13.91p 33"	Kwasney Lincoln	1994	28-May	HS Cities
13.92p 33"	Bryce Clements	1994	28-May	HS Cities
14.20s 33"	Bryce Clements	1994	17-May	CISAA
14.27f 33"	Bryce Clements	1994	17-May	CISAA
14.73f 33"	Karl Wagner	1995	28-May	HS Cities
14.95f 33"	Karl Wagner	1995	19-May	HS Div
14.97p 33"	Karl Wagner	1995	19-May	HS Div
15.00 33"	Drew Crawford	1994	28-May	HS Cities
15.13f 33"	Drew Crawford	1994	19-May	HS Div
15.27p 33"	Drew Crawford	1994	19-May	HS Div
15.48p 33"	Karl Wagner	1995	28-May	HS Cities
18.42 33"	Taylor LaRiviere	1994	19-May	HS Div
19.13 33"	Sean Thuna	1997	07-May	NB #1

**Male 110mH 2010 R McKay 14.77 36"
2008 E Clark 14.34 39"
2010 T Ratzlaff 15.36 42"**

15.53	Alex Smith	1993	14-Apr	Mt Sac
17.51 36"	Karl Wagner	1995	07-May	NB #1
21.26CE 36"	Jordan Graham	1995	14-May	Spring Challenge
16.08 42"	Steven Clark	1991	07-May	NB #1

Male 200mH 2009 B Clements 27.18 30"

29.78	Brent Stephen	1996	21-May	NB #2
31.51	Brent Stephen	1996	14-May	Spring Challenge
36.00	Sean Thuna	1997	21-May	NB #2
36.37	Patrick Meister	1997	21-May	NB #2
37.32	Ben Meister	1998	14-May	Spring Challenge
37.87	Patrick Meister	1997	14-May	Spring Challenge

Male 300mH 2010 A Smith 39.57

41.93	33"	Bryce Clements	1994	14-May	Spring Challenge
42.54		Bryce Clements	1994	21-May	NB #2

Male 400mH 2009 T Ratzlaff 51.67

Male 1500m SC 2010 A Dib 4.24.42

Male 2000m SC 2009 G Hadfield 5.53.73

7.08.16		Cuauhti Olguin	1995	21-May	NB #2
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Male 3000m SC 2010 G Hadfield 9.13.26

9.14.88		Gareth Hadfield	1992	14-Apr	Mt Sac
10.01.79		Gareth Hadfield	1992	14-May	Spring Challenge

Male 2000m Race Walk

**Male LJ 1m Take Off
2010 T Fitzgerald 3.46**

Male LJ 2009 R McKay 6.40

5.58		Thomas Kellner	1994	17-May	CISAA
5.52		Austin Ost	1995	28-May	HS Cities
5.42		Austin Ost	1995	14-May	Spring Challenge
5.36		Austin Ost	1995	07-May	NB #1
5.35		Drew Crawford	1994	19-May	HS Div
5.29		Thomas Kellner	1994	14-May	Spring Challenge
5.11		Taylor Lariviere	1994	19-May	HS Div
5.09		Matthew Springer	1995	14-May	Spring Challenge
5.07		Drew Crawford	1994	28-May	HS Cities
5.03CE		Brennan Undseth	1996	14-May	Spring Challenge
4.92		Karl Wagner	1995	07-May	NB #1
4.86		Austin Ost	1995	18-May	HS Div
4.79		Taylor Lariviere	1994	14-May	Spring Challenge
4.74		Matthew Springer	1995	07-May	NB #1
4.72CE		Jordan Graham	1995	14-May	Spring Challenge
4.63		Martin Steger	1996	07-May	NB #1
4.62		Joel Lemire	1997	07-May	NB #1
4.61		Martin Steger	1996	14-May	Spring Challenge
4.39CE		Abtin Motamedi	1996	14-May	Spring Challenge
4.21		Max Vogelgesang	1997	14-May	Spring Challenge
4.17		Max Vogelgesang	1997	07-May	NB #1
4.05		Nathan Kalmakoff	1997	14-May	Spring Challenge
4.03		Nathan Kalmakoff	1997	07-May	NB #1
3.83		Lyle Wiggers	1997	07-May	NB #1

3.69	Patrick Meister	1997	07-May	NB #1
3.64CE	Lyle Wiggers	1997	14-May	Spring Challenge
3.46	Sean Thuna	1997	07-May	NB #1
3.22	Jeremey Schalm	1999	07-May	NB #1
3.11	Jeremey Schalm	1999	14-May	Spring Challenge
3.02	Matt Voglewede	1998	07-May	NB #1
``	Matt Voglewede	1998	14-May	Spring Challenge

Standing LJ 2010 S McClure 2.44

3.00	Adeem Vasanji	2000	14-May	Spring Challenge
2.88	Austin Galey	2000	14-May	Spring Challenge

Male TJ 2010 R McKay 13.60

12.37	Austin Ost	1995	21-May	NB #2
12.34	Austin Ost	1995	14-May	Spring Challenge
12.00	Thomas Kellner	1994	17-May	CISAA
11.90	Thomas Kellner	1994	21-May	HS Cities
11.71	Thomas Kellner	1994	21-May	NB #2
11.36	Thomas Kellner	1994	14-May	Spring Challenge
10.83	Karl Wagner	1995	19-May	HS Div

Male HJ 2010 J Brewster 1.93

1.70	Austin Ost	1995	21-May	NB #2
1.70	Austin Ost	1995	14-May	Spring Challenge
1.65	Austin Ost	1995	18-May	HS Div
1.61CE	Brennan Undseth	1996	14-May	Spring Challenge
1.60	Matthew Springer	1995	21-May	NB #2
1.55	Austin Ost	1995	28-May	HS Cities
1.50	Matthew Springer	1995	14-May	Spring Challenge
1.50	Karl Wagner	1995	19-May	HS Div
1.47CE	Jordan Graham	1995	14-May	Spring Challenge
1.40	Nathan Kalmakoff	1997	14-May	Spring Challenge
1.40	Lyle Wiggers	1997	21-May	NB #2
1.37CE	Abtin Motamedi	1996	14-May	Spring Challenge
1.35	Nathan Kalmakoff	1997	21-May	NB #2
1.34CE	Lyle Wiggers	1997	14-May	Spring Challenge
1.30	Max Vogelgesang	1997	14-May	Spring Challenge
1.20	Harry Matsuoka	1998	14-May	Spring Challenge
1.10	Matt Voglewede	1998	14-May	Spring Challenge

Male Shot Put	2011 A Vasanji 8.21	2kg
	2007 A Bymoan 11.43	3kg
	2010 R Sceviour 13.35	4kg
	2010 V Khudych 12.73	5kg
	2011 B Bracko 11.64	5.44kg

11.86	5.44kg	Brandon Bracko	1992	28-May	HS Cities
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11.64	5.44kg	Brandon Bracko	1992	19-May	HS Div
8.22	CE 5kg	Jordan Graham	1995	14-May	Spring Challenge
8.83	CE 4kg	Abtin Motamedi	1996	14-May	Spring Challenge
7.98	CE 4kg	Brennan Undseth	1996	14-May	Spring Challenge
7.58	4kg	Lyle Wiggers	1997	14-May	Spring Challenge
7.34	4kg	Sahad VasANJI	1997	21-May	NB #2
7.03	CE 4kg	Lyle Wiggers	1997	14-May	Spring Challenge
6.99	4kg	Nathan Kalmakoff	1997	14-May	Spring Challenge
5.70	4kg	Ben Meister	1998	21-May	NB #2
4.80	4kg	Patrick Meister	1997	21-May	NB #2
6.94	3kg	Harry Matsuoka	1998	14-May	Spring Challenge
5.82	3kg	Jeremey Schalm	1999	14-May	Spring Challenge
5.37	3kg	Matt Voglewede	1998	14-May	Spring Challenge
8.21	2kg	Adeem VasANJI	2000	14-May	Spring Challenge

Male Javelin **2010 A Ost 45.27** **600g**
2011 A Ost 41.80 **700g**
2011 A Ost 40.83 **800g**

44.69	800g	Austin Ost	1995	28-May	HS Cities
43.42	800g	Brandon Bracko	1992	28-May	HS Cities
43.22	800g	Kedir Abubashan	1994	28-May	HS Cities
40.83	800g	Austin Ost	1995	18-May	HS Div
38.63	800g	Brandon Bracko	1992	19-May	HS Div
41.80	700g	Austin Ost	1995	14-May	Spring Challenge
28.78	700g	Drew Crawford	1994	21-May	NB #2
23.42	700g	Matthew Springer	1995	21-May	NB #2
17.71	CE 700g	Jordan Graham	1995	14-May	Spring Challenge
21.49	600g	Nathan Kalmakoff	1997	21-May	NB #2
19.77	600g	Lyle Wiggers	1997	21-May	NB #2

Male Discus **2011 B Bracko 32.92** **1.614kg**
2011 A Ost 32.47 **1.5 kg**
2010 R Sceviour 35.78 **1 kg**
2010 A Charlesworth 22.32 **750g**

32.92	1.614kg	Brandon Bracko	1992	19-May	HS Div
35.30	1.614kg	Brandon Bracko	1992	28-May	HS Cities
27.63	1.614kg	Austin Ost	1995	28-May	HS Cities
27.48	1.614kg	Austin Ost	1995	18-May	HS Div
32.47	1.5kg	Austin Ost	1995	07-May	NB #1
27.70	1.5kg	Austin Ost	1995	14-May	Spring Challenge
32.45	1kg	Matthew Schalm	1996	14-May	Spring Challenge
27.23	1kg	Matthew Schalm	1996	07-May	NB #1
25.33	1kg	Nathan Kalmakoff	1997	14-May	Spring Challenge
21.55	1kg	Nathan Kalmakoff	1997	07-May	NB #1
19.44	1kg	Andrew Bustard	1997	14-May	Spring Challenge
16.91	1kg	Andrew Bustard	1997	07-May	NB #1
16.54	1kg	Sahad VasANJI	1997	07-May	NB #1
15.87	1kg	Sahad VasANJI	1997	14-May	Spring Challenge

11.61	1kg	Jeremey Schalm	1999	07-May	NB #1
12.33	750g	Jeremey Schalm	1999	14-May	Spring Challenge

Hammer Throw 2010 D Yee 33.27 5kg
 2009 D Yee 32.22 4 kg
 2009 A Toms 20.28 6 kg

21.44	5kg	Matthew Schalm	1996	07-May	NB #1
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Male PV 2007 F Li 2.80

Male Ball Throw 2008 A Bymoer 59.32

Male Strength Triathlon 2008 A Charlesworth 693

Male Stamina Triathlon 2008 A Charlesworth 651

Male Speed Triathlon 2008 A Charlesworth 640

Male Speed Tetrathlon 2007 A Bymoer 1355

Male Stamina Tetrathlon 2007 A Bymoer 1320

Male Throws Tetrathlon 2007 A Bymoer 1328

Male Jumps Tetrathlon 2008 A Ost 565

Male Pent 2008 S Babcock 2913 **Midget**

2298	Midget	Brennan Undseth	1996	14-May	Spring Challenge
1897	Midget	Abtin Motamedi	1996	14-May	Spring Challenge
1261	Midget	Lyle Wiggers	1997	14-May	Spring Challenge

Male Octathalon

2595	Youth	Jordan Graham	1995	14-May	Spring Challenge
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