

INDOOR SEASON BESTS 2010/2011

MARK	NAME	Y OF B	DATE	MEET
Female 60 m 09/10 N Charlesworth 7.97				
7.98	Sarah Hughes	1994	04-Dec	Dino #1
8.00f	Nicky Charlesworth	1994	29-Jan	Dino #3
8.23	Ellie Hirst	1995	29-Jan	Dino #3
8.26s	Meghan Lim	1997	12-Mar	Provincials
8.27s	Melissa Hazen	1994	12-Mar	Provincials
8.38s	Nicole Squires	1995	12-Mar	Provincials
8.39f	Melanie Craig	1990	29-Jan	Dino #3
8.40p	Emily Wilson-Bodnar	1996	12-Mar	Provincials
8.46s	Jessica Kalmakoff	1995	12-Mar	Provincials
8.51p	Antha Dietrich-Henderson	1996	12-Mar	Provincials
8.65	Jasmine Galey	1995	12-Mar	Provincials
8.65p	Quinn Rausch	1996	12-Feb	AB Indoor
8.85	Emma Chong	1998	08-Jan	Dino #2
8.93	Lauren Garnett	1995	29-Jan	Dino #3
9.07ME	Mia Hull	1998	12-Feb	AB Indoor
9.08	Siri Svensson	1996	04-Dec	Dino #1
9.10	Lauren Fridman	1996	04-Dec	Dino #1
9.10	Georgia Dupuis	1998	08-Jan	Dino #2
9.25	Marissa Stirling	1998	04-Dec	Dino #1
9.28	Delainy Conibear	1997	04-Dec	Dino #1
9.37	Rita Guistainis	1996	08-Jan	Dino #2
9.39	Anna Glover	1997	29-Jan	Dino #3
9.45	Sarah Voglewede	1997	04-Dec	Dino #1
9.48	Madelaine Yee	1997	12-Mar	Provincials
9.54ME	Lauren Yardley	1999	12-Mar	Provincials
9.57	Jill Girgulis	1997	12-Feb	AB Indoor
9.62	Lauren Kruger	1997	12-Mar	Provincials
9.62	Ashley Sherlow	1995	29-Jan	Dino #3
9.64ME	Grace Hilton	1999	12-Feb	AB Indoor
9.68	Leah Rush	1995	04-Dec	Dino #1
9.71ME	Heather Wood	1998	12-Feb	AB Indoor
9.95ME	Kiannah Wright	1998	12-Feb	AB Indoor
9.95	Hailey Allegro	1995	04-Dec	Dino #1
9.97ME	Caitlin Yardley	1998	12-Mar	Provincials
10.00	Claudia Belanger	1996	29-Jan	Dino #3
10.44ME	Cameron Knowles	1999	12-Mar	Provincials
10.68	Stella Jones	2000	08-Jan	Dino #2
10.87ME	Kate Conway	1998	12-Mar	Provincials
11.25	Alex Matsuoka	2002	29-Jan	Dino #3
12.06	Verity Boylan	2002	29-Jan	Dino #3
12.26	Sarah Bodnar	2001	29-Jan	Dino #3

Female 150m 09/10 E. Wilson-Bodnar 21.31

22.34	Emma Chong	1998	29-Jan	Dino #3
22.53ME	Georgia Dupuis	1998	12-Mar	Provincials
22.63ME	Mia Hull	1998	12-Mar	Provincials
22.87	Marissa Stirling	1998	29-Jan	Dino #3
23.25	Anna Glover	1997	04-Dec	Dino #1
23.64ME	Grace Hilton	1999	12-Mar	Provincials
23.84ME	Caitlin Yardley	1998	12-Mar	Provincials
24.04	Madelaine Yee	1997	04-Dec	Dino #1
24.29	Heather Wood	1998	29-Jan	Dino #3
24.40ME	Kiannah Wright	1998	12-Mar	Provincials
24.57ME	Lauren Yardley	1999	12-Mar	Provincials
25.16	Lauren Yardley	1999	29-Jan	Dino #3
26.51	Cameron Knowles	1999	08-Jan	Dino #2
27.43ME	Kate Conway	1998	12-Mar	Provincials
27.61	Stella Jones	2000	08-Jan	Dino #2
28.98	Alex Matsuoka	2002	29-Jan	Dino #3
29.51	Marie-May Arnaud	2001	29-Jan	Dino #3
32.25	Verity Boylan	2002	29-Jan	Dino #3
34.60	Sarah Bodnar	2001	29-Jan	Dino #3

Female 200m 09/10 M Beatch 26.16

26.68	Ellie Hirst	1995	12-Mar	Provincials
26.81	Sarah Hughes	1994	12-Mar	Provincials
26.94	Nicky Charlesworth	1994	22-Jan	Golden Bear
27.58	Jessica Kalmakoff	1995	12-Mar	Provincials
27.73	Nicole Squires	1995	12-Mar	Provincials
27.87	Meghan Lim	1997	12-Mar	Provincials
28.11	Antha Dietrich-Henderson	1996	12-Mar	Provincials
28.14	Melissa Hazen	1994	12-Mar	Provincials
28.81	Jasmine Galey	1995	12-Mar	Provincials
29.60p	Emily Wilson-Bodnar	1996	22-Jan	Golden Bear
29.69	Rachel Yee	1992	12-Mar	Provincials
29.93	Quinn Rausch	1996	12-Mar	Provincials
31.69	Sarah Voglewede	1997	12-Mar	Provincials
32.38	Madelaine Yee	1997	12-Mar	Provincials

Female 300m 06/07 H. Ratzlaff 40.32

40.99	Holly Ratzlaff	1984	05-Feb	Bison Classic
42.84f	Sarah Hughes	1994	12-Feb	AB Indoor
43.20	Ellie Hirst	1995	29-Jan	Dino #3
43.87	Melanie Craig	1990	29-Jan	Dino #3
44.12	Gloria Kanuka	1991	29-Jan	Dino #3
44.77p	Nicole Squires	1995	12-Feb	AB Indoor
44.85p	Antha Dietrich-Henderson	1996	12-Feb	AB Indoor
45.53	Nikki Barlow	1990	22-Jan	Golden Bear
46.37	Jasmine Galey	1995	04-Dec	Dino #1
46.47	Rachel Yee	1992	22-Jan	Golden Bear
47.38	Meghan Lim	1997	29-Jan	Dino #3

47.71	Lauren Fridman	1996	12-Mar	Provincials
47.88	Quinn Rausch	1996	12-Feb	AB Indoor
48.44	Siri Svensson	1996	04-Dec	Dino #1
49.12	Emily Wilson-Bodnar	1996	08-Jan	Dino #2
49.60	Sarah Voglewede	1997	12-Mar	Provincials
49.87	Rita Gustainis	1996	29-Jan	Dino #3
50.17	Claudia Belanger	1996	29-Jan	Dino #3
51.13	Delainy Conibear	1997	29-Jan	Dino #3
51.23	Lauren Kruger	1997	12-Mar	Provincials
51.55	Ashley Sherlow	1995	29-Jan	Dino #3
51.79	Anna Glover	1997	08-Jan	Dino #2
52.01	Leah Rush	1995	29-Jan	Dino #3
56.29	Deniz Kaya	1992	29-Jan	Dino #3

Female 400m 09/10 M Beatch 59.20

1.00.54	Ellie Hirst	1995	12-Mar	Provincials
1.03.47	Nikki Barlow	1990	12-Mar	Provincials
1.04.14	Nicole Squires	1995	12-Mar	Provincials
1.05.25	Jasmine Galey	1995	12-Mar	Provincials
1.05.47	Rachel Yee	1992	12-Mar	Provincials

Female 600m 06/07 H. Ratzlaff 1.29.51

1.36.33	Holly Ratzlaff	1984	12-Feb	AB Indoor
1.37.82	Gloria Kanuka	1991	25-Feb	CW's
1.41.71	Nikki Barlow	1990	05-Feb	Bison Classic
1.43.37	Melanie Craig	1990	12-Feb	AB Indoor
1.43.43	Katelyn Campbell	1995	12-Feb	AB Indoor
1.44.27	Adrienne Erdman	1994	08-Jan	Dino #2
1.48.43	Rachel Yee	1992	22-Jan	Golden Bear
1.51.46	Lauren Fridman	1996	08-Jan	Dino #2
1.54.96	Jill Girgulis	1997	12-Feb	AB Indoor
1.55.30ME	Grace Hilton	1999	12-Mar	Provincials
1.56.34	Claudia Belanger	1996	08-Jan	Dino #2
1.58.43ME	Caitlin Yardley	1998	12-Mar	Provincials
2.05.79ME	Lauren Yardley	1999	12-Mar	Provincials
2.06.60ME	Heather Wood	1998	12-Feb	AB Indoor
2.07.38	Sarah Voglewede	1997	08-Jan	Dino #2
2.08.59ME	Mia Hull	1998	12-Mar	Provincials
2.08.61ME	Georgia Dupuis	1998	12-Feb	AB Indoor
2.08.70ME	Emma Chong	1998	12-Mar	Provincials
2.09.67ME	Kiannah Wright	1998	12-Feb	AB Indoor
2.14.63	Cameron Knowles	1999	12-Mar	Provincials
2.17.93	Stella Jones	2000	08-Jan	Dino #2
2.33.44ME	Kate Conway	1998	12-Feb	AB Indoor

Female 800m 08/09 H. Sim 2.17.18

2.29.22	Katie Campbell	1995	12-Mar	Provincials
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2.30.71	Adrienne Erdman	1994	12-Mar	Provincials
2.33.25	Nikki Barlow	1990	12-Mar	Provincials
2.34.20	Claudia Belanger	1996	12-Mar	Provincials
2.34.50CE	Nicky Charlesworth	1994	12-Feb	AB Indoor
2.37.41	Lauren Fridman	1996	12-Mar	Provincials
2.39.39	Jill Girgulis	1997	12-Mar	Provincials
2.46.93CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
2.47.61ME	Grace Hilton	1999	12-Mar	Provincials
2.47.86	Sarah Voglewede	1997	04-Dec	Dino #1
2.48.88	Jessica Kalmakoff	1995	04-Dec	Dino #1
2.51.43ME	Lauren Yardley	1999	12-Mar	Provincials
2.51.50ME	Caitlin Yardley	1998	12-Mar	Provincials
2.53.82	Marissa Stirling	1998	04-Dec	Dino #1
2.57.93	Lauren Garnett	1995	04-Dec	Dino #1
3.02.42	Delainy Conibear	1997	04-Dec	Dino #1
3.03.11	Leah Rush	1995	04-Dec	Dino #1
3.07.94ME	Georgia Dupuis	1998	12-Mar	Provincials
3.10.50ME	Cameron Knowles	1999	12-Mar	Provincials
3.10.69CE	Madelaine Yee	1997	12-Feb	AB Indoor
3.20.61	Kiannah Wright	1998	04-Dec	Dino #1

Female 1000m 08/09 H Sim 2.49.87

2.57.39	Gloria Kanuka	1991	25-Feb	CW's
3.13.53	Adrienne Erdman	1994	12-Feb	AB Indoor
3.20.25	Claudia Belanger	1996	12-Feb	AB Indoor
3.30.80	Lauren Fridman	1996	29-Jan	Dino #3
3.35.13	Sarah Voglewede	1997	12-Feb	AB Indoor
3.40.22	Katie Campbell	1995	29-Jan	Dino #3
3.46.02	Marissa Stirling	1998	29-Jan	Dino #3
3.48.38	Jill Girgulis	1997	29-Jan	Dino #3
3.52.37	Caitlin Yardley	1998	29-Jan	Dino #3
3.53.00	Leah Rush	1995	29-Jan	Dino #3
3.56.75	Delainy Conibear	1997	29-Jan	Dino #3
3.57.71	Grace Hilton	1999	29-Jan	Dino #3
3.59.46	Lauren Yardley	1999	29-Jan	Dino #3
4.10.80	Kiannah Wright	1998	29-Jan	Dino #3
4.14.89	Heather Wood	1998	29-Jan	Dino #3
4.18.71	Cameron Knowles	1999	29-Jan	Dino #3
5.09.55	Sarah Bodnar	2001	29-Jan	Dino #3

Female 1200m 10/11 C Belanger 4.02.84

4.02.84	Claudia Belanger	1996	12-Feb	AB Indoor
4.15.28	Jill Girgulis	1997	12-Feb	AB Indoor
4.21.44	Sarah Voglewede	1997	12-Mar	Provincials
4.43.52	Marissa Stirling	1998	08-Jan	Dino #2
5.02.52	Stella Jones	2000	08-Jan	Dino #2

Female 1500m 08/09 H Sim 4.31.15

5.05.30	Adrienne Erdman	1994	12-Feb	AB Indoor
5.42.32	Katelyn Campbell	1995	12-Mar	Provincials
6.04.00	Leah Rush	1995	08-Jan	Dino #2

Female Mile 08/09 H Sim 4.52.21

Female 2000m 10/11 C Belanger 7.04.47

7.04.47	Claudia Belanger	1996	12-Mar	Provincials
7.41.03	Jill Girgulis	1997	12-Mar	Provincials
7.52.77	Sarah Voglewede	1997	12-Mar	Provincials

Female 3000m 06/07 9.58.28 T. Dressler

12.33.61	Katie Campbell	1995	12-Feb	AB Indoor
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Female 60m h 10/11 N Charlesworth 8.73 30"
10/11 N Charlesworth 9.08 33"

9.08p	33"	Nicky Charlesworth	1994	18-Feb	Simplot
8.73f	30"	Nicky Charlesworth	1994	12-Mar	Provincials
9.74p	30"	Nicole Squires	1995	12-Mar	Provincials
10.09	30"	Emily Wilson-Bodnar	1996	12-Mar	Provincials
10.56CE	30"	Lauren Garnett	1995	12-Feb	AB Indoor
11.09	30"	Meghan Lim	1997	12-Mar	Provincials
11.49	30"	Jessica Kalmakoff	1995	12-Mar	Provincials
11.88	30"	Sarah Voglewede	1997	12-Mar	Provincials

Female LJ 10/11 N Charlesworth 5.58

5.58	Nicky Charlesworth	1994	12-Mar	Provincials
5.18	Melissa Hazen	1994	12-Mar	Provincials
4.42	Antha Dietrich-Henderson	1996	12-Mar	Provincials
4.32	Jessica Kalmakoff	1995	12-Mar	Provincials
4.32CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
4.07	Sarah Voglewede	1997	12-Mar	Provincials
3.98CE	Lauren Garnett	1995	12-Feb	AB Indoor
3.96	Mia Hull	1998	12-Feb	AB Indoor
3.85	Quinn Rausch	1996	12-Mar	Provincials
3.81	Lauren Fridman	1996	12-Mar	Provincials
3.77ME	Emma Chong	1998	12-Mar	Provincials
3.69ME	Grace Hilton	1999	12-Mar	Provincials
3.65	Meghan Lim	1997	12-Mar	Provincials
3.55ME	Lauren Yardley	1999	12-Mar	Provincials
3.52ME	Georgia Dupuis	1998	12-Mar	Provincials
3.49	Heather Wood	1998	12-Feb	AB Indoor
3.47	Delainy Conibear	1997	12-Feb	AB Indoor
3.46CE	Madelaine Yee	1997	12-Feb	AB Indoor

3.42	Emma Chong	1998	12-Feb	AB Indoor
3.33	Claudia Belanger	1996	12-Mar	Provincials
3.22ME	Caitlin Yardley	1998	12-Mar	Provincials
3.21	Lauren Kruger	1997	12-Mar	Provincials
3.15ME	Kate Conway	1998	12-Mar	Provincials
2.59ME	Kiannah Wright	1998	12-Mar	Provincials
2.30ME	Cameron Knowles	1999	12-Mar	Provincials

Female TJ 07/08 K. Tse 11.69

9.78	Melissa Hazen	1994	12-Mar	Provincials
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Female HJ 09/10 N Charlesworth 1.72

1.71CE	Nicky Charlesworth	1994	12-Feb	AB Indoor
1.50	Melissa Hazen	1994	12-Feb	AB Indoor
1.44CE	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
1.40	Lauren Fridman	1996	12-Mar	Provincials
1.35	Quinn Rausch	1996	12-Mar	Provincials
1.35ME	Emma Chong	1998	12-Feb	AB Indoor
1.30	Sarah Voglewede	1997	12-Mar	Provincials
1.29CE	Lauren Garnett	1995	12-Feb	AB Indoor
1.25ME	Mia Hull	1998	12-Feb	AB Indoor
1.25	Meghan Lim	1997	12-Mar	Provincials
1.20	Madelaine Yee	1997	12-Mar	Provincials
1.20ME	Lauren Yardley	1999	12-Mar	Provincials
1.10ME	Grace Hilton	1999	12-Mar	Provincials
1.10ME	Georgia Dupuis	1998	12-Feb	AB Indoor
1.10ME	Caitlin Yardley	1998	12-Mar	Provincials
1.10ME	Cameron Knowles	1999	12-Mar	Provincials
1.10	Jill Girgulis	1997	12-Mar	Provincials
1.10ME	Kate Conway	1998	12-Mar	Provincials
1.10ME	Heather Wood	1998	12-Feb	AB Indoor
1.10ME	Kiannah Wright	1998	12-Feb	AB Indoor

Female SP 06/07 Jenna Wamsley 10.31

7.19CE 4kg	Nicky Charlesworth	1994	12-Feb	AB Indoor
6.12CE 4kg	Lauren Garnett	1995	12-Feb	AB Indoor
8.88 3kg	Madelaine Yee	1997	12-Mar	Provincials
7.41CE 3kg	Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
7.10CE 3kg	Sarah Voglewede	1997	12-Feb	AB Indoor
7.02ME 3kg	Mia Hull	1998	12-Feb	AB Indoor
5.54ME 3kg	Georgia Dupuis	1998	12-Mar	Provincials
5.49ME 3kg	Grace Hilton	1999	12-Feb	AB Indoor
5.12 3kg	Jill Girgulis	1997	12-Mar	Provincials
5.12ME 3kg	Emma Chong	1998	12-Feb	AB Indoor
4.57ME 3kg	Kiannah Wright	1998	12-Feb	AB Indoor
4.55ME 3kg	Caitlin Yardley	1998	12-Mar	Provincials
4.42ME 3kg	Lauren Yardley	1999	12-Mar	Provincials

4.36ME	3kg	Heather Wood	1998	12-Feb	AB Indoor
4.01ME	3kg	Kate Conway	1998	12-Mar	Provincials
3.07ME	3kg	Cameron Knowles	1999	12-Mar	Provincials

Female MB 10/11 M Hull 6.04

6.04		Mia Hull	1998	12-Mar	Provincials
4.32		Georgia Dupuis	1998	12-Mar	Provincials
4.28		Kiannah Wright	1998	12-Mar	Provincials
4.13		Grace Hilton	1999	12-Mar	Provincials
3.91		Caitlin Yardley	1998	12-Mar	Provincials
3.86		Kate Conway	1998	12-Mar	Provincials
3.76		Heather Wood	1998	12-Feb	AB Indoor
3.65		Emma Chong	1998	12-Mar	Provincials
3.45		Lauren Yardley	1999	12-Mar	Provincials
3.41		Cameron Knowles	1999	12-Mar	Provincials

Female WT 10/11 M Yee 7.37 7.26kg

7.37	7.26kg	Madelaine Yee	1997	12-Mar	Provincials
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Female PV 08/09 L. Schneider 3.20

Female Jumps Tetrathalon 06/07 Nicola Charlesworth 965

Female Speed Tetrathalon 06/07 Nicola Charlesworth 1016

Female Stamina Tetrathalon 07/08 Allison Stephen 920

Female Indoor Pentathalon 08/09 N. Charlesworth 3179 Midget
10/11 N Charlesworth 3400 Youth

3400		Nicky Charlesworth	1994	12-Feb	AB Indoor
2511		Emily Wilson-Bodnar	1996	12-Feb	AB Indoor
1926		Lauren Garnett	1995	12-Feb	AB Indoor
1842		Sarah Voglewede	1997	12-Feb	AB Indoor
1627		Madelaine Yee	1997	12-Feb	AB Indoor

Male 60m 10/11 I. Rynn 7.13

7.13sf		Isaac Rynn	1989	12-Feb	AB Indoor
7.40f		Steven Clark	1991	12-Mar	Provincials
7.40p		Alex Smith	1996	22-Jan	Golden Bear
7.47		Nicholas Buettner	1995	04-Dec	Dino #1
7.60		Bryce Clements	1994	08-Jan	Dino #2
7.62		Casey Yuen	1994	29-Jan	Dino #3

7.66	Alex Ivan	1994	12-Mar	Provincials
7.68f	Taylor LaRiviere	1994	12-Feb	AB Indoor
7.69	Paul Boudreau	1994	22-Jan	Golden Bear
7.7	Drew Crawford	1994	12-Mar	Provincials
7.72	Rui Dong	1995	04-Dec	Dino #1
7.80	Thomas Kellner	1994	04-Dec	Dino #1
7.84	Abtin Motamedi	1996	08-Jan	Dino #2
7.87	Tyler Sklenka	1996	29-Jan	Dino #3
7.88	Jordan Graham	1995	08-Jan	Dino #2
8.09	Karl Wagner	1995	04-Dec	Dino #1
8.17	Matthew Springer	1995	04-Dec	Dino #1
8.20	Brent Stephen	1996	08-Jan	Dino #2
8.21	Martin Steger	1996	12-Feb	AB Indoor
8.45	James Faul	1995	04-Dec	Dino #1
8.49	Robin Robertson	1996	08-Jan	Dino #2
8.52	Kevin Yoo	1994	04-Dec	Dino #1
8.72	Harvir Nijjar	1995	04-Dec	Dino #1
8.94	Bruce Marsden	1995	04-Dec	Dino #1
8.95	Charlie Meister	1995	29-Jan	Dino #3
9.16	Sean Thuna	1997	04-Dec	Dino #1
9.17	Ben Meister	1998	04-Dec	Dino #1
9.18	Nathan Kalmakoff	1997	29-Jan	Dino #3
9.19	Addison Wilton	1997	04-Dec	Dino #1
9.25	Sahad Vasanji	1997	29-Jan	Dino #3
9.26	Patrick Meister	1997	12-Feb	AB Indoor
9.28	Max Vogelgesang	1997	04-Dec	Dino #1
9.30	Ben Meister	1998	08-Jan	Dino #2
9.39	Harrison Matsuoka	1998	29-Jan	Dino #3
10.06	Ross Ferguson	1999	29-Jan	Dino #3
10.19ME	Adeem Vasanji	2000	12-Mar	Provincials
10.31	Matt Voglewede	1998	08-Jan	Dino #2
10.79	Reid Ferguson	2001	29-Jan	Dino #3
10.90	Dominic Boylan	2000	29-Jan	Dino #3

Male 150 09/10 C Stevens 20.31

22.71	Ben Meister	1998	04-Dec	Dino #1
22.75	Addison Wilton	1997	04-Dec	Dino #1
23.21ME	Harrison Matsuoka	1998	12-Mar	Provincials
23.38	Nathan Kalmakoff	1997	04-Dec	Dino #1
23.44	Patrick Meister	1997	04-Dec	Dino #1
25.42ME	Adeem Vasanji	2000	12-Mar	Provincials
25.61	Ross Ferguson	1999	29-Jan	Dino #3
25.87	Matt Voglewede	1998	29-Jan	Dino #3
27.71	Dominic Boylan	2000	29-Jan	Dino #3
28.07	Reid Ferguson	2001	29-Jan	Dino #3

Male 200m 09/10 S Clark 23.09

23.47	Steven Clark	1991	12-Mar	Provincials
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23.51	Alex Ivan	1994	12-Mar	Provincials
24.19p	Alex Smith	1993	22-Jan	Golden Bear
24.44p	Bryce Clements	1994	22-Jan	Golden Bear
25.16	Nicholas Buettner	1995	12-Mar	Provincials
25.18	Drew Crawford	1994	12-Mar	Provincials
25.20	Taylor LaRiviere	1994	12-Mar	Provincials
25.54	Paul Boudreau	1994	22-Jan	Golden Bear
25.56	Casey Yuen	1994	12-Mar	Provincials
26.30	Jordan Graham	1995	12-Mar	Provincials
26.85	Abtin Motamedi	1996	12-Mar	Provincials
26.97	Martin Steger	1996	12-Mar	Provincials
27.51	Robin Robertson	1996	12-Mar	Provincials
29.70	Charlie Meister	1995	12-Mar	Provincials
32.21	Nathan Kalmakoff	1997	12-Mar	Provincials
32.54	Sean Thuna	1997	12-Mar	Provincials

Male 300m 07/08 Trent Ratzlaff 34.50

35.65	Mike Saizew	1987	04-Dec	Dino #1
36.60f	Alex Smith	1993	12-Feb	AB Indoor
36.77	Isaac Rynn	1989	29-Jan	Dino #3
38.63	Alex Ivan	1994	04-Dec	Dino #1
39.29	Brandon Fong	1993	12-Feb	AB Indoor
39.41	Mike Young	1988	04-Dec	Dino #1
39.42	Bryce Clements	1994	08-Jan	Dino #2
40.15	Scott Ratzlaff	1990	22-Jan	Golden Bear
40.32	Casey Yuen	1994	29-Jan	Dino #3
40.44	Stephen Huang	1990	29-Jan	Dino #3
40.71	Casey Yuen	1994	12-Feb	AB Indoor
40.72	Nicholas Buettner	1995	12-Feb	AB Indoor
40.82p	Tyler Sklenka	1996	12-Feb	AB Indoor
41.11	Richard Reid	1985	29-Jan	Dino #3
41.84	Abtin Motamedi	1996	29-Jan	Dino #3
41.97	Martin Steger	1996	12-Mar	Provincials
42.35	Thomas Kellner	1994	08-Jan	Dino 32
42.62	Jordan Graham	1995	29-Jan	Dino #3
43.25	Robin Robertson	1996	12-Mar	Provincials
43.52	Brent Stephen	1996	29-Jan	Dino #3
43.75	Matthew Springer	1995	29-Jan	Dino #3
44.09	Kevin Yoo	1994	29-Jan	Dino #3
45.11	Karl Wagner	1995	08-Jan	Dino #2
48.63	Patrick Meister	1997	29-Jan	Dino #3
48.67	Sahad Vasanji	1997	29-Jan	Dino #3
48.70	Addison Wilton	1997	29-Jan	Dino #3
50.17	Nathan Kalmakoff	1997	13-Feb	AB Indoor
51.79	Sean Thuna	1997	08-Jan	Dino #2

Male 400m 08/09 T Ratzlaff 48.00

52.45	Alex Smith	1993	12-Mar	Provincials
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53.67	Alex Ivan	1994	12-Mar	Provincials
55.99	Thomas Kellner	1994	12-Mar	Provincials
56.47	Bryce Clements	1994	12-Mar	Provincials
57.90	Casey Yuen	1994	12-Mar	Provincials
1.00.52	Nicholas Buettner	1995	12-Mar	Provincials

Male 600m 08/09 T Ratzlaff 1.18.49

1.20.74	Mike Saizew	1987	12-Feb	AB Indoor
1.20.76	Madison Theriault	1988	12-Feb	AB Indoor
1.30.27	Chris Fitzgibbon	1994	08-Jan	Dino #2
1.31.01	Scott Ratzlaff	1990	12-Feb	AB Indoor
1.32.16	Mike Young	1988	22-Jan	Golden Bear
1.34.52	Harvir Nijjar	1995	12-Feb	AB Indoor
1.47.00	Jordan Graham	1995	08-Jan	Dino #2
1.47.81	Charlie Meister	1995	08-Jan	Dino #2
1.53.69	Patrick Meister	1997	12-Feb	AB Indoor
1.58.43	Ben Meister	1998	08-Jan	Dino #2
1.59.19ME	Harrison Matsuoka	1998	12-Mar	Provincials
1.59.46	Sean Thuna	1997	12-Feb	AB Indoor
2.00.00	Rees Goertzen	2000	08-Jan	Dino #2
2.05.78	Sean Thuna	1997	08-Jan	Dino #2
2.11.57ME	Matt Voglewede	1998	12-Mar	Provincials
2.32.86ME	Adeem Vasanji	2000	12-Mar	Provincials

Male 800m 08/09 M Saizew 1.53.64

1.54.75	Mike Saizew	1987	12-Mar	Provincials
1.57.87	Madison Theriault	1988	04-Dec	Dino#1
2.05.98	Chris Fitzgibbon	1994	12-Mar	Provincials
2.09.73	Sean Foster	1994	04-Dec	Dino#1
2.10.49	Cuauhti Olguin	1995	04-Dec	Dino#1
2.13.58	Harvir Nijjar	1995	12-Mar	Provincials
2.15.54	Thomas Kellner	1994	12-Mar	Provincials
2.20.33	James Faul	1995	04-Dec	Dino#1
2.28.79	Robin Robertson	1996	04-Dec	Dino#1
2.31.06	Jordan Graham	1995	04-Dec	Dino#1
2.31.77	Matthew Springer	1995	04-Dec	Dino#1
2.32.39	Bruce Marsden	1995	04-Dec	Dino#1
2.32.96	Charlie Meister	1995	04-Dec	Dino#1
2.38.89	Sahad Vasanji	1997	04-Dec	Dino#1
2.43.22	Patrick Meister	1997	12-Mar	Provincials
2.43.63	Max Vogelgesang	1997	04-Dec	Dino#1
2.43.81ME	Harrison Matsuoka	1998	12-Mar	Provincials
2.50.79	Graeme Saxberg	1998	04-Dec	Dino#1
2.53.34	Sean Thuna	1997	04-Dec	Dino#1
3.09.59ME	Matt Voglewede	1998	12-Mar	Provincials
3.42.45ME	Adeem Vasanji	2000	12-Mar	Provincials

Male 1000m 10/11 M Theriault 2.28.37

2.28.37	Madison Theriault	1988	22-Jan	Golden Bear
2.38.35	Gareth Hadfield	1992	12-Feb	AB Indoor
2.43.99	Chris Fitzgibbon	1994	12-Feb	AB Indoor
2.45.82	Cuauhti Olguin	1995	12-Feb	AB Indoor
2.50.18	Kedir Ababushan	1994	29-Jan	Dino #3
2.51.65	Merhau Tume	1992	29-Jan	Dino #3
2.51.82	Sean Foster	1994	05-Feb	Bison Classic
3.01.50	Kevin Yoo	1994	29-Jan	Dino #3
3.25.80	Sahad VasANJI	1997	29-Jan	Dino #3
3.36.68CE	Abtin Motamedi	1996	12-Feb	AB Indoor
3.30.65	Matthew Springer	1995	12-Feb	AB Indoor
3.43.81CE	Jordan Graham	1995	12-Feb	AB Indoor
3.44.15CE	Karl Wagner	1995	12-Feb	AB Indoor
3.45.78	Harrison Matsuoka	1998	29-Jan	Dino #3
3.48.14	Sean Thuna	1997	29-Jan	Dino #3
3.53.03	Rees Goertzen	2000	29-Jan	Dino #3
4.11.44	Matt Voglewede	1998	29-Jan	Dino #3
4.29.91	Ross Ferguson	1999	29-Jan	Dino #3
4.50.44	Reid Ferguson	2001	29-Jan	Dino #3

Male 1200m 09/10 C Olguin 3.38.18

4.06.90	Sahad VasANJI	1997	12-Mar	Provincials
4.37.79	Harrison Matsuoka	1998	08-Jan	Dino #2
4.48.30	Sean Thuna	1997	12-Mar	Provincials

Male 1500m 10/11 M Theriault 3.56.93

3.56.93	Madison Theriault	1988	05-Feb	Bison Classic
4.11.51	Gareth Hadfield	1992	12-Feb	AB Indoor
4.12.39	Matt Galea	1993	22-Jan	Golden Bear
4.19.48	Merhau Tume	1992	12-Feb	AB Indoor
4.21.66	Chris Fitzgibbon	1994	12-Mar	Provincials
4.24.38	Cuauhti Olguin	1995	12-Mar	Provincials
4.26.59	Sean Foster	1994	12-Mar	Provincials
4.39.87	Harvir Nijjar	1995	12-Mar	Provincials
4.53.93	Kevin Yoo	1994	08-Jan	Dino #2
5.36.03	Matthew Springer	1995	08-Jan	Dino #2

Male Mile 10/11 M Theriault 4.13.05

4.13.05	Madison Theriault	1988	30-Jan	Seattle
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Male 2000m 06/07 Gareth Hadfield 6.47.55

7.20.39	Sahad VasANJI	1997	12-Mar	Provincials
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Male 3000m 10/11 G Hadfield 8.45.20

8.45.20	Gareth Hadfield	1992	25-Feb	CW's
9.03.67	Matt Galea	1993	05-Feb	Bison Classic
9.22.67	Merhau Tume	1992	22-Jan	Golden Bear
9.40.76	Sean Foster	1994	12-Mar	Provincials
10.34.26	Harvir Nijjar	1995	12-Feb	AB Indoor
11.10.01	Kevin Yoo	1994	04-Dec	Dino #1

Male 60mH 08/09 E. Clark 8.30 39" all results with age class specs
09/10 A Smith 8.56 36"
09/10 B Clements 9.20 33"

8.67f 39"	Alex Smith	1993	19-Feb	Simplot
9.03 36"	Bryce Clements	1994	22-Jan	Golden Bear
9.75 36"?	Abtin Motamedi	1996	12-Feb	AB Indoor
9.78 36"	Nicholas Buettner	1995	12-Mar	Provincials
10.24 36"	Karl Wagner	1995	12-Feb	AB Indoor
10.87CE 36"	Karl Wagner	1995	12-Feb	AB Indoor
11.28CE 36"	Jordan Graham	1995	12-Feb	AB Indoor
12.07 36"	Sean Thuna	1997	12-Mar	Provincials
12.35 36"	Nathan Kalmakoff	1997	12-Mar	Provincials
9.83 33"	Karl Wagner	1995	04-Dec	Dino #1
9.89 33"	Abtin Motamedi	1996	04-Dec	Dino #1
10.18 33"	Rui Dong	1995	04-Dec	Dino #1
10.39 33"	Nicholas Buettner	1995	04-Dec	Dino #1

Male LJ 09/10 R McKay 6.50

6.15	Alex Smith	1993	22-Jan	Golden Bear
5.47	Taylor LaRiviere	1994	12-Feb	AB Indoor
5.42	Drew Crawford	1994	12-Mar	Provincials
5.40	Thomas Kellner	1994	12-Feb	AB Indoor
5.11	Matthew Springer	1995	12-Feb	AB Indoor
5.05CE	Karl Wagner	1995	12-Feb	AB Indoor
4.99	Paul Boudreau	1994	22-Jan	Golden Bear
4.84CE	Jordan Graham	1995	12-Feb	AB Indoor
4.73CE	Abtin Motamedi	1996	12-Feb	AB Indoor
4.64	Martin Steger	1996	12-Mar	Provincials
4.63	Harvir Nijjar	1995	12-Mar	Provincials
4.12	Nathan Kalmakoff	1997	12-Mar	Provincials
3.86	Brent Stephen	1996	12-Feb	AB Indoor
3.84	Sahad VasANJI	1997	12-Mar	Provincials
3.76ME	Harrison Matsuoka	1998	12-Mar	Provincials
3.75	Patrick Meister	1997	12-Feb	AB Indoor
3.71	Sean Thuna	1997	12-Feb	AB Indoor
3.70ME	Ben Meister	1998	12-Mar	Provincials
3.03ME	Matt Voglewede	1998	12-Mar	Provincials
2.99ME	Adeem VasANJI	2000	12-Mar	Provincials

Male TJ 09/10 R McKay 13.76

11.91	Thomas Kellner	1994	12-Mar	Provincials
Male HJ	09/10 S Babcock 1.90			
1.69	Karl Wagner	1995	12-Feb	AB Indoor
1.62CE	Jordan Graham	1995	12-Feb	AB Indoor
1.50	Drew Crawford	1994	12-Feb	AB Indoor
1.50	Matthew Springer	1995	12-Feb	AB Indoor
1.40	Nathan Kalmakoff	1997	12-Feb	AB Indoor
1.38CE	Abtin Motamedi	1996	12-Feb	AB Indoor
1.25	Brent Stephen	1996	12-Feb	AB Indoor
1.20ME	Harrison Matsuoka	1998	12-Mar	Provincials
1.10ME	Ben Meister	1998	12-Mar	Provincials
1.10ME	Matt Voglewede	1998	12-Mar	Provincials
.90ME	Adeem Vasanji	2000	12-Mar	Provincials
Male SP	09/10 A Bymoen 12.29 5 kg 09/10 R Sceviour 13.27 4 kg 10/11 H Matsuoka 7.26 3kg 10/11 A Vasanji 7.29 2kg			
8.77 5 kg	Jordan Graham	1995	12-Mar	Provincials
7.32CE 5kg	Karl Wagner	1995	12-Feb	AB Indoor
7.12 5kg	Matthew Springer	1995	12-Feb	AB Indoor
6.86 5kg	Charlie Meister	1995	12-Feb	AB Indoor
9.97 4kg	Matthew Schalm	1996	12-Mar	Provincials
8.27CE 4kg	Abtin Motamedi	1996	12-Feb	AB Indoor
7.01 4kg	Nathan Kalmakoff	1997	12-Feb	AB Indoor
6.92 4kg	Robin Robertson	1996	12-Mar	Provincials
6.58 4kg	Sahad Vasanji	1997	12-Mar	Provincials
4.87 4kg	Sean Thuna	1997	12-Feb	AB Indoor
4.55 4kg	Patrick Meister	1997	12-Feb	AB Indoor
7.26ME 3kg	Harrison Matsuoka	1998	12-Mar	Provincials
6.72ME 3kg	Ben Meister	1998	12-Mar	Provincials
6.25ME 3kg	Matt Voglewede	1998	12-Mar	Provincials
7.29ME 2kg	Adeem Vasanji	2000	12-Mar	Provincials
Male WT	10/11 M Schalm 9.56 7.26kg			
9.56 7.26kg	Matthew Schalm	1996	12-Mar	Provincials
Male Med Ball	09/10 P. Meister 4.07			
4.95ME	Ben Meister	1998	12-Mar	Provincials
4.76ME	Harrison Matsuoka	1998	12-Mar	Provincials
4.58ME	Matt Voglewede	1998	12-Mar	Provincials
4.50ME	Adeem Vasanji	2000	12-Mar	Provincials
Male PV	08/09 M. Baerg 4.32			

Male Indoor Pentathalon

07/08 Sam Babcock 2966 Prov Record Midget

All done in own age group

1957	Abtin Motamedi	1996	12-Feb	AB Indoor
1909	Karl Wagner	1995	12-Feb	AB Indoor
1854	Jordan Graham	1995	12-Feb	AB Indoor

Male Bantam Speed

06/07 1250 Alex Bymoan

Male Bantam Stamina

Indoor Prov Record ***1329*** Alex B 06/07

Youth
Midget
Youth
Midget
Midget

Bantam 30" Juv 36" Sen 42"
Mid 33" Jun 39"

Midget
Youth
Youth

Outdoor Season Bests 2010

MARK	NAME	Y OF B	DATE	MEET
Female 50m	2010 A. Martin 8.37			
8.37	Alison Martin	2000	30-May	Hershey-Zone
9.83	Julia Martin	2003	30-May	Hershey-Zone
10.74	Gillian Emerson	2000	30-May	Hershey-Zone
Female 60m	2010 A. Martin 9.37			
9.37	Alison Martin	2000	15-May	Spring Challenge
9.96	Hanna Svensson	1999	June	Prov
11.22	Julia Martin	2003	18-Jun	Classic
11.58	Cameron Knowles	1999	18-Jun	Classic
12.19	Annette Berry	2000	18-Jun	Classic
Female 80m	2010 E. Martin 11.12			
11.12	Emma Martin	1997	June	Prov
11.66	Dana Gerlitz	1997	18-Jun	Classic
11.94	Mia Hull	1998	18-Jun	Classic
12.12	Emma Chong	1998	18-Jun	Classic
12.45	Delainey Conibear	1997	18-Jun	Classic
12.45	Anna Glover	1997	June	Prov
12.54	Maddie Yee	1997	June	Prov
12.57	Heather Wood	1998	18-Jun	Classic
13.41	Steph Berry	1997	15-May	Spring Challenge
13.90	Rhea Foster	1998	18-Jun	Classic
Female 100m	2010 M. Beatch 12.75			
12.75	Megan Beatch	1986	March	Las Vegas
12.99	Sarah Hughes	1994	18-Jun	Classic
13.10	Ellie Hirst	1995	24-Jul	Mid/Youth Champ
13.18	Nicole Squires	1995	18-Jun	Classic
13.24	Allison Stephen	1995	24-Jul	Mid/Youth Champ
13.41	Steph Berry	1997	15-May	Spring Challenge
13.51	Katherine Heinrichs	1992	18-Jun	Classic
13.54	Jasmine Galey	1995	18-Jun	Classic
13.70	Jessica Kalmakoff	1995	18-Jun	Classic
13.74	Antha Dietrich-Henderson	1996	15-May	Spring Challenge
13.94	Janessa Tiberio	1996	15-May	Spring Challenge
13.99	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
14.04	Siri Svennson	1996	15-May	Spring Challenge
14.08	Melissa Torrance	1995	18-Jun	Classic
14.20	Kendall Chong	1996	18-Jun	Classic
14.30	Bailey Birkjaer	1996	18-Jun	Classic
14.66	Kennedy Dunkle	1996	15-May	Spring Challenge

14.67	Lauren Garnett	1995	June	Prov
14.72	Emma Martin	1997	08-May	NB 1
14.79	Dana Gerlitz	1997	15-Jul	NB #3
14.80	Julia Bayne	1996	18-Jun	Classic
15.13	Mia Hull	1998	30-May	Hershey Zone
15.39	Josie Robostan	1996	15-May	Spring Challenge
15.50	Anna Glover	1997	15-Jul	NB #3
15.51	Heidi Halstead	1992	18-Jun	Classic
15.72	Emma Chong	1998	08-May	NB 1
16.13	Madelaine Yee	1997	15-Jul	NB #3
16.35	Heather Wood	1998	08-May	NB 1
16.41	Delainy Conibear	1997	08-May	NB 1
16.50	Alison Martin	2000	30-May	Hershey Zone
17.74	Jasper Crockford	2001	30-May	Hershey Zone
18.39	Alia Sims	2001	30-May	Hershey Zone
18.54	Rhea Foster	1998	08-May	NB 1
19.01	Julia Martin	2003	30-May	Hershey Zone
19.62	Gillian Emerson	2000	30-May	Hershey Zone
22.58	Zoe Lord	2001	30-May	Hershey Zone

Female 150m 2010 E. Martin 20.79

20.79	Emma Martin	1997	June	Prov
22.37	Dana Gerlitz	1997	June	Prov
22.65	Mia Hull	1998	June	Prov
22.77	Emma Chong	1998	15-May	Spring Challenge
23.42	Delainy Conibear	1997	June	Prov
23.59	Anna Glover	1997	June	Prov
23.75	Heather Wood	1998	June	Prov
24.05	Alison Martin	2000	15-May	Spring Challenge
24.19	Madelaine Yee	1997	15-May	Spring Challenge
24.64	Hanna Svensson	1999	June	Prov
26.32	Steph Berry	1997	15-May	Spring Challenge
27.27	Rhea Foster	1998	15-May	Spring Challenge

Female 200m 2007 B. Pagsisihan 26.21

26.30	Megan Beatch	1986	15-May	Spring Challenge
26.54	Allison Stephen	1995	10-Jul	Sen Prov
26.72	Sarah Hughes	1994	June	Prov
26.84	Nicky Charlesworth	1994	15-May	Spring Challenge
26.86	Holly Ratzlaff	1984	15-May	Spring Challenge
27.29	Ellie Hirst	1995	24-Jul	Mid/Youth Champ
27.61	Nicole Squires	1995	June	Prov
27.95	Jasmine Galey	1995	08-May	NB 1
28.00	Emma Martin	1997	30-May	Hershey Zone
28.29	Katherine Heinrichs	1992	18-Jun	Classic
28.52	Jessica Kalmakoff	1995	22-May	NB 2
28.64	Nikki Barlow	1990	08-May	NB 1
28.72	Katherine Heinrichs	1994	22-May	NB 2

28.86	Janessa Tiberio	1996	24-Jul	Summer Games
28.99	Antha Dietrich-Henderson	1996	June	Prov
29.23	Siri Svensson	1996	15-May	Spring Challenge
29.50	Emily Wilson-Bodnar	1996	30-May	Hershey Zone
29.50	Melissa Torrance	1995	18-Jun	Classic
29.82	Rachel Yee	1992	22-May	NB 2
29.96	Kendall Chong	1996	June	Prov
30.22	Jenna Demchuk	1992	15-May	Spring Challenge
30.36	Bailey Birkkjaer	1996	15-May	Spring Challenge
30.69	Lauren Fridman	1996	22-May	NB 2
30.53	Dana Gerlitz	1997	22-May	NB 2
30.92	Lauren Garnett	1995	18-Jun	Classic
30.95	Kennedy Dunkle	1996	15-May	Spring Challenge
31.16	Mia Hull	1998	22-May	NB 2
31.66	Josie Robostan	1996	18-Jun	Classic
32.60	Delainy Conibear	1997	22-May	NB 2
32.96	Madelaine Yee	1997	22-May	NB 2
33.14	Anna Glover	1997	22-May	NB 2
33.98	Heather Wood	1998	22-May	NB 2
36.00	Jasper Crockford	2001	30-May	Hershey Zone
38.61	Steph Berry	1997	08-May	NB 1
40.00	Alia Sims	2001	30-May	Hershey Zone
41.21	Rhea Foster	1998	08-May	NB 1

Female 300m 2010 E. Hirst 41.78

41.78	Ellie Hirst	1995	06-Aug	Legion Nat
42.23	Allison Stephen	1995	15-May	Spring Challenge
43.42	Nicole Squires	1995	24-Jul	Mid/Youth Champ
44.36	Jasmine Galey	1995	24-Jul	Mid/Youth Champ
45.35	Jessica Kalmakoff	1995	18-Jun	Classic
46.09	Janessa Tiberio	1996	15-May	Spring Challenge
46.61	Siri Svensson	1996	15-May	Spring Challenge
48.02	Lauren Fridman	1996	15-Jul	NB #3
48.34	Melissa Torrance	1995	18-Jun	Classic
48.71	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
48.76	Kendall Chong	1996	15-May	Spring Challenge
48.87	Antha Dietrich-Henderson	1996	18-Jun	Classic
51.85	Delainy Conibear	1997	22-May	NB 2
52.31	Mia Hull	1998	22-May	NB 2

Female 400m 2007 H Ratzlaff 55.71

56.25	Holly Ratzlaff	1984	03-Jul	Abbotsford
58.61	Megan Beatch	1986	15-May	Spring Challenge
1.00.94	Gloria Kanuka	1991	June	Prov
1.01.57	Allison Stephen	1995	15-Jul	NB #3
1.01.59	Heather Sim	1985	15-May	Spring Challenge
1.02.64	Sarah Hughes	1994	18-Jun	Classic
1.03.32	Jackie Wigg	1989	22-May	NB 2

1.03.53	Gloria Kanuka	1991	15-May	Spring Challenge
1.04.05	Nikki Barlow	1990	15-May	Spring Challenge
1.05.65	Jasmine Galey	1995	March	Las Vegas
1.06.91	Rachel Yee	1992	14-May	Dino HS
1.07.12	Jenna Demchuk	1992	14-May	Dino HS
1.08.62	Amy Johnson	1994	14-May	Dino HS
1.19.50	Stella Jones	2000	30-May	Hershey Zone
1.21.00	Britnee Litzenberger	1999	30-May	Hershey Zone

Female 600m 2007 R Romero 1.36.68

1.59.07	Annette Berry	2000	18-Jun	Classic
2.05.96	Alison Martin	2000	18-Jun	Classic
2.11.42	Hanna Svensson	1999	June	Prov
2.38.87	Cameron Knowles	1999	18-Jun	Classic
2.46.56	Julia Martin	2003	18-Jun	Classic

Female 800m 2009 H Ratzlaff 2.06.98

2.08.20	Holly Ratzlaff	1984	31-Jul	Sen Nat
2.13.54	Heather Sim	1985	05-Jul	Harry Jerome
2.14.74	Gloria Kanuka	1991	15-Jul	NB #3
2.20.14	Holly Stockall	1990	June	Prov
2.23.29	Adrienne Erdman	1994	June	Prov
2.29.52	Katelyn Campbell	1995	18-Jun	Classic
2.31.10	Emma Martin	1997	15-May	Spring Challenge
2.31.32	Katie Huang	1992	18-Jun	Classic
2.34.90	Ellie Hirst	1995	15-May	Spring Challenge
2.35.80	Lauren Fridman	1996	15-Jul	NB #3
2.35.88	Rachel Yee	1992	June	HS Cities
2.49.28CE	Lauren Garnett	1995	15-May	Spring Challenge
2.50.00	Jane Kuppe	1996	30-May	Hershey Zone
2.57.48	Amy Johnson	1994	12-May	Dino HS
2.58.18	Mia Hull	1998	18-Jun	Classic
2.58.77	Delainy Conibear	1997	June	Prov
3.02.31	Emma Chong	1998	18-Jun	Classic
3.07.92	Deniz Kaya	1992	12-May	Dino HS
3.10.76	Anna Glover	1997	June	Prov
3.10.79	Heather Wood	1998	June	Prov
3.15.11	Maddie Yee	1997	18-Jun	Classic
3.20.00	Cameron Knowles	1999	30-May	Hershey Zone

Female 1000m 2007 H Sim 2.55.80

3.50.50	Stella Jones	2000	18-Jun	Classic
3.57.54	Alison Martin	2000	18-Jun	Classic
4.40.38	Cameron Knowles	1999	18-Jun	Classic

Female 1200m 2009 A Erdman 3.53.70

4.04.97	Katelyn Campbell	1995	15-May	Spring Challenge
4.06.89	Emma Martin	1997	15-May	Spring Challenge
4.08.72	Lauren Fridman	1996	24-Jul	Summer Games
4.13.12	Chase O'Brien	1996	18-Jun	Classic
4.32.44	Jane Kuppe	1996	18-Jun	Classic
4.39.6h	Delainy Conibear	1997	June	Prov
4.56.04	Heather Wood	1998	15-May	Spring Challenge
5.01.96	Madelaine Yee	1997	June	Prov
5.08.1h	Anna Glover	1997	June	Prov

Female 1500m 2008 H Sim 4.25.07

4.31.78	Heather Sim	1985	07-Jul	Victoria
4.38.05	Tara Dressler	1984	18-Jun	Classic
4.55.60	Holly Stockall	1990	18-Jun	Classic
4.59.55	Adrienne Erdman	1994	June	HS Prov
5.27.17	Katie Huang	1992	June	Prov

Female 1600m 2009 C O'Brien 5.45.83

5.57.00	Emma Martin	1997	30-May	Hershey Zone
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Female Mile 2009 H Sim 5.05.90**Female 2000m 2009 A Erdman 6.54.04**

7.18.13	Katelyn Campbell	1995	24-Jul	Mid/Youth Champ
7.20.79	Chase O'Brien	1996	18-Jun	Classic
9.49.17	Heather Wood	1998	08-May	NB 1

Female 3000m 2007 L Ogradnik 9.59.39**Female 5000m 2007 F Stenning 17.15.55****Female 60mH 2010 A. Martin 12.19**

12.19	Alison Martin	2000	18-Jun	Classic
13.12	Stella Jones	2000	18-Jun	Classic
14.72	Cameron Knowles	1999	18-Jun	Classic

**Female 80mH 2010 N. Charlesworth 11.95 30"
2010 E. Chong 15.71 27"**

11.95	Nicky Charlesworth	1994	June	HS Prov
12.62	Nicole Squires	1995	24-Jul	Mid/Youth Champ

13.69	Emily Wilson-Bodnar	1996	24-Jul	Summer Games
14.65	Lauren Garnett	1995	18-Jun	Classic
14.90	Kendall Chong	1996	18-Jun	Classic
15.27	Bailey Birkkjaer	1996	15-May	Spring Challenge
15.71	Emma Chong	1998	18-Jun	Classic
16.14	Emma Martin	1997	18-Jun	Classic
16.49	Mia Hull	1998	18-Jun	Classic
16.62	Jessica Kalmakoff	1995	15-May	Spring Challenge
17.00	Maddie Yee	1997	18-Jun	Classic
17.35	Heather Wood	1998	18-Jun	Classic
19.09	Steph Berry	1997	15-May	Spring Challenge

Female 100mH 2010 N Charlesworth 14.40 30"

14.40	Nicky Charlesworth	1994	06-Aug	Legion Nat
17.90	Katelyn Bymoen	1992	March	Las Vegas

Female 200mH 2009 KA Meeuwisse 29.72

30.76	Nicole Squires	1995	June	Prov
31.69	Jasmine Galey	1995	24-Jul	Mid/Youth Champ
32.58	Emily Wilson-Bodnar	1996	24-Jul	Summer Games
33.47	Allison Stephen	1995	22-May	NB 2
33.68	Kendall Chong	1996	24-Jul	Summer Games
33.80	Lauren Garnett	1995	22-May	NB 2

Female 300mH 2009 KA Meeuwisse 47.55

49.07	Adrienne Erdman	1994	22-May	NB 2
49.22	Nicky Charlesworth	1994	March	Las Vegas
55.64	Katelyn Bymoen	1992	March	Las Vegas

Female 400mH 2007 H Ratzlaff 1.01.27

1.05.33	Holly Ratzlaff	1984	15-May	Spring Challenge
1.05.44	Megan Beatch	1986	15-May	Spring Challenge

Female 1500SC 2007 T Dressler 4.57.93

5.11.27	Tara Dressler	1984	15-Jul	NB #3
5.40.38	Katelyn Campbell	1995	24-Jul	Mid/Youth Champ

Female 2000SC 2008 T Dressler 7.07.01

7.07.99	Tara Dressler	1984	08-May	NB 1
7.25.49	Adrienne Erdman	1994	24-Jul	Mid/Youth Champ

Female 3000SC 2007 T Dressler 10.31.12

10.57.40	Tara Dressler	1984	10-Jul	Sen Prov
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Female 1500 RW 2009 E Chappell 10.02.36**Female 5k RW 2008 K Samoil 26.59.80****Female 20k RW 2008 K Samoil 2:00.01.00****Female LJ 1 m Take Off
2010 A Martin 3.86**

3.86	Alison Martin	2000	18-Jun	Classic
3.85	Annette Berry	2000	18-Jun	Classic
3.50	Hanna Svensson	1999	18-Jun	Classic
2.88	Julia Martin	2003	18-Jun	Classic
2.70	Cameron Knowles	1999	18-Jun	Classic
2.60	Lindsay Williams	1999	18-Jun	Classic
2.33	Abigail Williams	2001	18-Jun	Classic

Female LJ 2006 Nikki M 5.36

5.16	Nicky Charlesworth	1994	18-Jun	Classic
4.53	Ellie Hirst	1995	15-Jul	NB #3
4.28	Chase O'Brien	1996	18-Jun	Classic
4.20	Katherine Heinrichs	1992	18-Jun	Classic
4.16	Emma Martin	1997	18-Jun	Classic
4.14	Kendall Chong	1996	June	Prov
4.09	Jessica Kalmakoff	1995	15-May	Spring Challenge
4.07	Siri Svennson	1996	18-Jun	Classic
4.03	Antha Dietrich-Henderson	1996	18-Jun	Classic
3.97	Melissa Torrance	1995	18-Jun	Classic
3.88	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
3.85	Allison Stephen	1995	10-Jul	Sen Prov
3.71	Emma Martin	1997	June	Prov
3.69	Josie Robostan	1996	18-Jun	Classic
3.68	Lauren Garnett	1995	June	Prov
3.65	Emma Chong	1998	15-May	Spring Challenge
3.62	Kennedy Dunkle	1996	15-May	Spring Challenge
3.58	Madelaine Yee	1997	15-May	Spring Challenge
3.52	Mia Hull	1998	18-Jun	Classic
3.51	Dana Gerlitz	1997	15-Jul	NB #3
3.48	Teaghan Stack	1997	18-Jun	Classic
3.46	Heather Wood	1998	15-May	Spring Challenge
3.46	Alison Martin	2000	15-May	Spring Challenge

3.44	Heidi Halstead	1992	18-Jun	Classic
3.39	Anna Glover	1997	15-May	Spring Challenge
3.22	Delainy Conibear	1997	18-Jun	Classic
3.18	Steph Berry	1997	15-May	Spring Challenge
2.91	Rhea Foster	1998	15-May	Spring Challenge
2.71	Bailey Birkkjaer	1996	15-May	Spring Challenge

Female Standing Long Jump 2008 N Charlesworth 2.36

2.19	Emily Wilson-Bodnar	1996	30-May	Hershey Zone
1.96	Emma Chong	1998	30-May	Hershey Zone
1.95	Hanna Svensson	1999	30-May	Hershey Zone
1.80	Stella Jones	2000	30-May	Hershey Zone
1.77	Alison Martin	2000	15-May	Spring Challenge
1.60	Jasper Crockford	2001	30-May	Hershey Zone

Female TJ 2007 K Tse 11.69

10.89	Kim Tse	1986	18-Jun	Classic
9.28	Emily Wilson-Bodnar	1996	June	Prov
8.79	Allison Stephen	1995	June	Prov
8.45	Antha Dietrich-Henderson	1996	June	Prov

Female HJ 2009 N Charlesworth 1.70

1.65	Nicky Charlesworth	1994	June	HS Prov
1.46	Kendall Chong	1996	June	Prov
1.45	Lauren Fridman	1996	18-Jun	Classic
1.40	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
1.30CE	Lauren Garnett	1995	15-May	Spring Challenge
1.30	Janessa Tiberio	1996	15-May	Spring Challenge
1.25	Ellie Hirst	1995	15-May	Spring Challenge
1.20	Julia Bayne	1996	18-Jun	Classic
1.20	Emma Martin	1997	June	Prov
1.20	Mia Hull	1998	18-Jun	Classic
1.20	Rebecca Silver	1997	18-Jun	Classic
1.20	Emma Chong	1998	15-May	Spring Challenge
1.15	Antha Dietrich-Henderson	1996	June	Prov
1.15	Madelaine Yee	1997	18-Jun	Classic
1.15	Anna Glover	1997	22-May	NB 2
1.15	Emma Martin	1997	18-Jun	Classic
1.15	Heather Wood	1998	18-Jun	Classic
1.00	Alison Martin	2000	18-Jun	Classic
0.95	Cameron Knowles	1999	18-Jun	Classic
0.90	Stella Jones	2000	18-Jun	Classic
0.80	Julia Martin	2003	18-Jun	Classic

**Female SP 2007 T Johnson 10.12 4kg
2010 M Jacso 8.69 3 kg
2010 A Martin 4.73 2 kg**

8.69	Maria Jacso	1995	15-May	Spring Challenge	3 kg
8.05	Madelaine Yee	1997	18-Jun	Classic	3 kg
7.98	Siri Svensson	1996	June	Prov	3 kg
7.46	Teaghan Stack	1997	18-Jun	Classic	3 kg
7.32	Emma Martin	1997	18-Jun	Classic	3 kg
6.76	Dana Gerlitz	1997	June	Prov	3 kg
6.62	Antha Dietrich-Henderson	1996	15-May	Spring Challenge	3 kg
6.36	Hanna Svensson	1999	June	Prov	3kg
6.35	Deniz Kaya	1992	12-May	Dino HS	4 kg
6.11CE	Lauren Garnett	1995	15-May	Spring Challenge	3 kg
5.89	Delainy Conibear	1997	June	Prov	3 kg
5.63	Jessica Kalmakoff	1995	24-Jul	Summer Games	3 kg
5.34	Anna Glover	1997	18-Jun	Classic	3 kg
5.31	Mia Hull	1998	22-May	NB 2	3 kg
4.73	Alison Martin	2000	15-May	Spring Challenge	2 kg
4.23	Rhea Foster	1998	June	Prov	3 kg
3.67	Annette Berry	2000	18-Jun	Classic	3 kg
3.27	Lindsay Williams	1999	18-Jun	Classic	3 kg
3.26	Abigail Williams	2001	18-Jun	Classic	3 kg
3.00	Cameron Knowles	1999	18-Jun	Classic	3 kg
2.30	Julia Martin	2003	18-Jun	Classic	3 kg

Female Javelin 2007 J Wamsley 32.57

17.89	Lauren Fridman	1996	June	Prov	
17.81	Jenny Steele-Kyle	1994	18-Jun	Classic	
17.67	Madelaine Yee	1997	10-Jul	Sen Prov	
15.91	Dana Gerlitz	1997	June	Prov	
15.42	Maria Jacso	1995	18-Jun	Classic	
13.87	Teaghan Stack	1997	18-Jun	Classic	
12.60	Bailey Birkkjaer	1996	18-Jun	Classic	
12.32	Antha Dietrich-Henderson	1996	22-May	NB 2	
9.64	Lauren Garnett	1995	June	Prov	

**Female Discus 2007 T Johnson 33.15 1 kg
2010 M Yee 23.52 750g**

23.52	Madelaine Yee	1997	10-Jul	Sen Prov	750g
21.88	Madelaine Yee	1997	15-May	Spring Challenge	1 kg
21.35	Maria Jacso	1995	15-May	Spring Challenge	1 kg
20.76	Deniz Kaya	1992	14-May	Dino HS	1 kg
20.67	Jenny Steele-Kyle	1994	18-Jun	Classic	1 kg
19.32	Teaghan Stack	1997	18-Jun	Classic	750g
17.79	Dana Gerlitz	1997	18-Jun	Classic	750g
17.38	Emma Martin	1997	June	Prov	750g
14.52	Mia Hull	1997	18-Jun	Classic	750g
9.40	Stella Jones	2000	18-Jun	Classic	750 g
8.48	Alison Martin	2000	18-Jun	Classic	750 g
7.07	Cameron Knowles	1999	18-Jun	Classic	750 g

3.92 Julia Martin 2003 18-Jun Classic 750 g

Female HT 2007 T Johnson 35.71

Fem. Ball Throw 2008 N Charlesworth 43.66

27.77	Madelaine Yee	1997	15-May	Spring Challenge
23.57	Emma Martin	1997	15-May	Spring Challenge
18.73	Steph Berry	1997	15-May	Spring Challenge
18.10	Alison Martin	2000	30-May	Hershey Zone
15.83	Stella Jones	2000	30-May	Hershey Zone
15.65	Rhea Foster	1998	15-May	Spring Challenge
14.60	Hanna Svensson	1999	June	Prov
8.65	Julia Martin	2003	30-May	Hershey Zone

Female PV 2009 L Schneider 3.30

Female Speed Tetrathlon 2008 B Toffolo 1009

Female Speed Triathlon 2009 A Parker 435

Female Throws Tetrathlon 2007 N Charlesworth 876

Female Jumps Tetrathlon 2007 KA Meeuwisse 977

Female Stamina Tetrathlon 2008 A stephen 1075

Female Stamina Triathlon 2008 E Martin 455

Female Pent 2008 N Charlesworth 2848

1886	Lauren Garnett	1995	15-May	Spring Challenge
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Female Hep 2007 J Green 2200

Male 50m 2009 P Brierlay 8.70

Male 60m 2010 B O'Yeung 9.58

9.58	Brennan O'Yeung	1999	18-Jun	Classic
10.32	Kieran Murphy	2001	18-Jun	Classic
10.43	Ty Fitzgerald	2000	18-Jun	Classic

Male 80m 2010 A Charlesworth 11.60

11.60	Alex Charlesworth	1997	18-Jun	Classic
11.65	Liam Kuppe	1998	18-Jun	Classic
12.07	Lockie McClave	1997	15-May	Spring Challenge
12.44	Nathan Kalmakoff	1997	18-Jun	Classic
12.52	Sean Thuna	1997	15-May	Spring Challenge
12.99	Ben Meister	1998	15-May	Spring Challenge

Male 100m 2009 R McKay 11.07

11.18	Ryan McKay	1993	June	HS Cities
11.25	Alex Bymoan	1994	March	Las Vegas
11.65P	Alex Smith	1993	18-Jun	Classic
11.76P	Nicholas Buettner	1995	18-Jun	Classic
11.79P	Bryce Clements	1994	18-Jun	Classic
12.07	Alex Ivan	1994	15-Jul	NB #3
12.10	Isaac Rynn	1989	08-May	NB 1
12.32P	Tyler Sklenka	1996	June	Prov
12.33F	Paul Boudreau	1994	15-May	Spring Challenge
12.48F	Drew Crawford	1994	15-May	Spring Challenge
12.53	Casey Yuen	1994	15-May	Spring Challenge
12.56	Daniel Yee	1994	18-Jun	Classic
12.59	Rui Dong	1995	15-Jul	NB #3
12.61	Tim Newman	1995	18-Jun	Classic
12.80	Thomas Kellner	1994	March	Las Vegas
12.84	Alex McDuffie	1996	18-Jun	Classic
12.90	Austin Ost	1995	15-Jul	NB #3
12.90	Scott McClure	1996	18-Jun	Classic
12.99	Rhykel Biedermann	1994	14-May	Dino HS
13.18	Patrick Lyster	1996	24-Jul	Summer Games
13.27	Abtin Motamedi	1996	June	Prov
13.44	Matthew Springer	1995	18-Jun	Classic
13.55CE	Rowan McClave	1995	15-May	Spring Challenge
14.11	Jackson Shulz	1996	18-Jun	Classic
14.19	Thomas Wood	1994	18-Jun	Classic
14.61	Alex Charlesworth	1997	08-May	NB 1
14.80	Liam Kuppe	1998	30-May	Hershey Zone
15.85	Lockie McClave	1997	08-May	NB 1
15.95	Nathan Kalmakoff	1997	08-May	NB 1
17.23	Ty Fitzgerald	2000	30-May	Hershey Zone
17.36	Eric Foster	1996	08-May	NB 1
18.55	Matthew Schalm	1996	08-May	NB 1

Male 150m 2010 A Charlesworth 21.73

21.73	Alex Charlesworth	1997	June	Prov
23.10	Patrick Meister	1997	15-May	Spring Challenge
23.19	Nathan Kalmakoff	1997	15-May	Spring Challenge
23.25	Sean Thuna	1997	15-May	Spring Challenge
25.41	Michael Bhatla	1997	15-May	Spring Challenge

Male 200m 2010 M Saizew 22.51

22.51	Mike Saizew	1987	22-May	NB 2
23.00	Trent Ratzlaff	1986	08-May	NB 1
23.02F	Ryan McKay	1993	15-May	Spring Challenge
23.27P	Alex Smith	1993	June	HS Prov
23.58	Dillon Popkes	1991	18-Jun	Classic
23.42	Alex Bymoer	1994	June	HS Cities
24.11	Steven Clark	1991	08-May	NB 1
24.11P	Alex Ivan	1994	June	Prov
24.47P	Bryce Clements	1994	18-Jun	Classic
24.51P	Felix Li	1989	15-May	Spring Challenge
24.64	Isaac Rynn	1989	08-May	NB 1
24.76P	Nicholas Buettner	1995	June	Prov
25.44	Paul Boudreau	1994	June	Prov
25.76P	Tyler Sklenka	1996	15-May	Spring Challenge
25.76	Casey Yuen	1994	22-May	NB 2
26.08	Tim Newman	1995	18-Jun	Classic
26.51	Rui Dong	1995	15-May	Spring Challenge
26.52	Alex McDuffie	1996	June	Prov
26.96	Scott McClure	1996	15-May	Spring Challenge
27.17	Thomas Kellner	1994	08-May	NB 1
27.57	Yoga Budiman	1994	12-May	Dino HS
28.06	Abtin Motamedi	1996	June	Prov
28.30	Brent Stephen	1996	15-May	Spring Challenge
29.97	Jackson Shulz	1996	22-May	NB 2
30.00	Liam Kuppe	1998	30-May	Hershey Zone
30.13	Charlie Meister	1995	15-May	Spring Challenge
30.38	Thomas Wood	1994	22-May	NB 2
30.99	Alex Charlesworth	1997	08-May	NB 1
34.37	Eric Foster	1996	15-May	Spring Challenge
35.00	Ty Fitzgerald	2000	30-May	Hershey Zone

Male 300m 2007 A Duhault 38.72

40.26	Nicholas Buettner	1995	25-Jul	Mid/Youth Champ
40.27	Tyler Sklenka	1996	24-Jul	Summer Games
41.36	Tim Newman	1995	18-Jun	Classic
41.59	Rui Dong	1995	15-May	Spring Challenge
43.04	Alex McDuffie	1996	18-Jun	Classic
43.37	Patrick Lyster	1996	18-Jun	Classic
44.27	Abtin Motamedi	1996	June	Prov
45.02	Brent Stephen	1996	15-May	Spring Challenge

45.03	Matthew Springer	1995	15-May	Spring Challenge
48.74	Brent Bester	1995	15-May	Spring Challenge
49.13	Scott McClure	1996	15-May	Spring Challenge
49.24	Jackson Schulz	1996	16-Jun	Classic

Male 400m 2008 T Ratzlaff 47.07

48.36	Mike Saizew	1987	18-Jun	Classic
49.08	Trent Ratzlaff	1986	18-Jun	Classic
51.42	Alex Smith	1993	10-Jul	Sen Prov
52.38	Alex Ivan	1994	18-Jun	Classic
52.91	Brandon Fong	1993	18-Jun	Classic
52.92	Steven Clark	1991	15-May	Spring Challenge
53.49	Scott Ratzlaff	1990	10-Jul	Sen Prov
54.92	Bryce Clements	1994	15-May	Spring Challenge
55.50	Mike Young	1988	10-Jul	Sen Prov
55.84	Jeff Melling	1994	June	Prov
56.27	Thomas Kellner	1994	18-Jun	Classic
57.90	Paul Boudreau	1994	15-May	Spring Challenge
59.08	Casey Yuen	1994	15-May	Spring Challenge
1.26.00	Aidan MacNichol	2000	30-May	Hershey Zone

Male 600m 2007 M Saizew 1.21.08

2.08.85	Brennan O'Yeung	1999	18-Jun	Classic
2.13.19	Ty Fitzgerald	2000	18-Jun	Classic
2.16.57	Kieran Murphy	2001	18-Jun	Classic

Male 800m 2010 M Saizew 1.49.68

1.49.68	Mike Saizew	1987	07-Jul	Victoria
1.53.12	Trent Ratzlaff	1986	16-Apr	Mt Sac
1.58.18	Gareth Hadfield	1992	June	HS Prov
1.58.61	Abdel Dib	1989	10-Jul	Sen prov
1.58.83	Chris Fitzgibbon	1994	15-Jul	NB #3
1.59.19	Calum Neff	1984	08-May	NB 1
2.00.46	Nyial Majock	1990	18-Jun	Classic
2.03.69	Brandon Fong	1993	June	Prov
2.04.86	Sean Foster	1994	18-Jun	Classic
2.05.72	Scott Ratzlaff	1990	18-Jun	Classic
2.08.24	Kedir Ababushan	1994	June	Prov
2.10.26	Merhau Tume	1992	15-May	Spring Challenge
2.11.49	Mike Young	1988	10-Jul	Sen prov
2.12.43	Thomas Kellner	1994	24-Jul	Summer Games
2.15.77	Cuauhti Olguin	1995	12-May	Dino HS
2.27.42	Bahlbi Tume	1994	15-Jul	NB #3
2.28.03	Patrick Lyster	1996	18-Jun	Classic
2.31.96	Brent Bester	1995	18-Jun	Classic
2.43.22	Liam Kuppe	1998	18-Jun	Classic
2.49.00	Patrick Meister	1997	15-May	Spring Challenge

2.49.94	Matthew Springer	1995	18-Jun	Classic
2.55.56	Sean Thuna	1997	18-Jun	Classic
2.56.85	Nathan Kalmakoff	1997	15-May	Spring Challenge
3.02.23	Eric Foster	1996	June	Prov
3.05.07	Michael Bhatla	1997	15-May	Spring Challenge

Male 1000m 2007 M Sinclair 2.28.16

3.15.76CE	Patrick Lyster	1996	24-Jul	Summer Games
3.55.48CE	Rowan McClave	1995	15-May	Spring Challenge
3.55.51CE	Jackson Shulz	1996	15-May	Spring Challenge
4.09.36	Ty Fitzgerald	2000	18-Jun	Classic

Male 1200m 2010 C Olguin 3.24.90

3.24.90	Cuauhti Olguin	1995	24-Jul	Summer Games
3.47.00	Brent Bester	1995	24-Jul	Summer Games
3.54.45	Patrick Lyster	1996	15-May	Spring Challenge
4.19.07	Matthew Springer	1995	June	Prov
4.28.10	Brent Stephen	1996	18-Jun	Classic
4.30.79	Sean Thuna	1997	15-May	Spring Challenge
4.39.18	Alex Charlesworth	1997	18-Jun	Classic
4.42.36	Ben Meister	1998	15-May	Spring Challenge
4.55.90	Nathan Kalmakoff	1997	18-Jun	Classic
5.07.59	Eric Foster	1996	June	Prov
5.15.10	Michael Bhatla	1997	18-Jun	Classic

Male 1500m 2007 M Sinclair 3.46.64

3.58.06	Abdel Dib	1989	18-Jun	Classic
3.59.50	Nyial Majock	1990	05-Jul	Harry Jerome
4.06.29	Gareth Hadfield	1992	June	HS Prov
4.08.20	Calum Neff	1984	15-May	Spring Challenge
4.18.72	Sean Foster	1994	10-Jul	Sen prov
4.19.04	Chris Fitzgibbon	1994	June	Prov
4.24.96	Merhau Tume	1992	June	HS Cities
4.31.73	Kedir Ababushan	1994	June	Prov
4.45.00	Kbrom Dengts	1994	18-Jun	Classic

Male 1600m 2008 G Hadfield 4.38.89

5.51.00	Patrick Lyster	1996	30-May	Hershey Zone
7.16.00	Eric Foster	1996	30-May	Hershey Zone

Male Mile 2008 N Majock 4.25.52

4.27.16	Abdel Dib	1989	22-May	NB 2
4.54.74	Merhau Tume	1992	22-May	NB 2

Male 2000m 2009 S Foster 6.24.82

6.26.80	Cuauhti Olguin	1995	18-Jun	Classic
6.55.38	Brent Bester	1995	18-Jun	Classic
8.11.64	Matthew Springer	1995	June	Prov

Male 3000m 2006 Nyial M 8.29.20

9.10.84	Gareth Hadfield	1992	June	HS Prov
9.13.73	Nyial Majock	1990	15-Jul	NB #3
9.16.45	Merhau Tume	1992	June	HS Prov
9.50.66	Kedir Ababushan	1994	June	Prov
10.17.01	Kbrom Dengts	1994	18-Jun	Classic

Male 5000m 2010 N Majock 14.33.53

14.33.53	Nyial Majock	1990	31-Jul	Sen Nat
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Male 10000m 2008 N Majock 30.13.42**Male 60mH 2010 T Fitzgerald 12.89**

12.89	Ty Fitzgerald	2000	18-Jun	Classic	27"
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**Male 80mH 2010 A Charlesworth 13.72 27"
2010 A Charlesworth 13.74 30"**

13.72	Alex Charlesworth	1997	18-Jun	Classic	27"
13.74	Alex Charlesworth	1997	15-May	Spring Challenge	30"
15.37	Sean Thuna	1997	18-Jun	Classic	27"
16.18	Nathan Kalmakoff	1997	18-Jun	Classic	27"
16.78	Sean Thuna	1997	15-May	Spring Challenge	30"
17.45	Michael Bhatla	1997	18-Jun	Classic	27"
17.58	Nathan Kalmakoff	1997	15-May	Spring Challenge	30"

**Male 100mH 2008 E Clark 13.59 36"
2010 R McKay 13.40 33"**

13.40	Ryan McKay	1993	June	HS Cities
13.67F	Alex Smith	1993	June	HS Prov
16.14F	Abtin Motamedi	1996	18-Jun	Classic
16.84CE	Patrick Lyster	1996	24-Jul	Summer Games
16.85P	Austin Ost	1995	18-Jun	Classic
17.29P	Rui Dong	1995	June	Prov
17.59F	Nicholas Buettner	1995	18-Jun	Classic
17.68P	Scott McClure	1996	18-Jun	Classic
20.21	Brent Stephen	1996	June	Prov
20.43	Rowan McClave	1995	08-May	NB 1
21.00	Matthew Springer	1995	15-May	Spring Challenge

21.00	Brent Bester	1995	15-May	Spring Challenge	
Male 110mH	2008 E Clark 14.34 39" 2010 R McKay 14.77 36" 2010 T Ratzlaff 15.36 42"				
14.77F	Ryan McKay	1993	18-Jun	Classic	36"
14.96F	Alex Smith	1993	18-Jun	Classic	36"
15.36P	Trent Ratzlaff	1986	18-Jun	Classic	42"
15.45P	Ryan McKay	1993	18-Jun	Classic	36"
15.52	Stephen Clark	1991	March	Las Vegas	
16.74	Bryce Clements	1994	15-Jul	NB #3	36"
16.94	Felix Li	1989	18-Jun	Classic	42"
17.16	Patrick Lyster	1996	24-Jul	Summer Games	
Male 200mH	2009 B Clements 27.18				
28.85	Rui Dong	1995	June	Prov	
29.69	Abtin Motamedi	1996	June	Prov	
29.94	Austin Ost	1995	15-May	Spring Challenge	
30.36	Patrick Lyster	1996	June	Prov	
31.87	Brent Stephen	1996	15-May	Spring Challenge	
34.48	Brent Bester	1995	22-May	NB 2	
37.60	Sean Thuna	1997	15-May	Spring Challenge	
38.17	Lockie McClave	1997	15-May	Spring Challenge	
Male 300mH	2010 A Smith 39.57				
39.57	Alex Smith	1993	June	Prov	
41.61	Bryce Clements	1994	24-Jul	Summer Games	
Male 400mH	2009 T Ratzlaff 51.67				
53.82	Trent Ratzlaff	1986	18-Jun	Classic	
Male 1500m SC	2010 A Dib 4.24.42				
4.24.42	Abdel Dib	1989	15-Jul	NB #3	
4.28.79	Gareth Hadfield	1992	15-Jul	NB #3	
4.59.83	Cuauhti Olguin	1995	15-Jul	NB #3	
5.09.69	Trent Ratzlaff	1986	15-Jul	NB #3	
5.17.54	Brent Bester	1995	18-Jun	Classic	1496m act
Male 2000m SC	2009 G Hadfield 5.53.73				
6.10.62	Abdel Dib	1989	08-May	NB 1	
6.10.63	Gareth Hadfield	1992	08-May	NB 1	
Male 3000m SC	2010 G Hadfield 9.13.26				

9.13.26	Gareth Hadfield	1992	31-Jul	Sen Nat
9.13.28	Abdel Dib	1989	31-Jul	Sen Nat
10.01.22	Nyial Majock	1990	15-May	Spring Challenge

Male 2000m Race Walk

Male LJ 1m Take Off 2010 T Fitzgerald 3.46

3.46	Ty Fitzgerald	2000	18-Jun	Classic
3.46	Brennan O'Yeung	1999	18-Jun	Classic
2.95	Kieran Murphy	2001	18-Jun	Classic

Male LJ 2009 R McKay 6.40

6.34	Ryan McKay	1993	June	HS Prov
6.00	Dillon Popkes	1991	18-Jun	Classic
5.55	Austin Ost	1995	25-Jul	Mid/Youth Champ
5.50	Drew Crawford	1994	14-May	Dino HS
5.49	Thomas Kellner	1994	June	Prov
5.46	Jake Brewster	1994	18-Jun	Classic
5.30	Alex Bymoan	1994	18-Jun	Classic
5.21	Tim Newman	1995	18-Jun	Classic
5.20	Drew Crawford	1994	15-May	Spring Challenge
5.03	Rui Dong	1995	08-May	NB 1
4.90	Matthew Springer	1995	June	Prov
4.75	Abtin Motamedi	1996	15-Jul	NB #3
4.60	Scott McClure	1996	18-Jun	Classic
4.50	Tynan Stack	1995	18-Jun	Classic
4.42	Thomas Wood	1994	08-May	NB 1
4.37CE	Patrick Lyster	1996	15-May	Spring Challenge
4.32	Alex Charlesworth	1997	18-Jun	Classic
4.27CE	Rowan McClave	1995	15-May	Spring Challenge
4.24	Cuauhti Olguin	1995	24-Jul	Summer Games
4.24	Alex McDuffie	1996	18-Jun	Classic
3.82	Jackson Shulz	1996	15-May	Spring Challenge
3.82	Brent Bester	1995	15-May	Spring Challenge
3.81	Sean Thuna	1997	15-May	Spring Challenge
3.55	Lockie McClave	1997	08-May	NB 1
3.53	Nathan Kalmakoff	1997	18-Jun	Classic
3.50	Ben Meister	1998	15-May	Spring Challenge
3.32	Brent Stephen	1996	June	Prov

Standing LJ 2010 S McClure 2.44

2.44	Scott McClure	1996	30-May	Hershey Zone
2.39	Alex McDuffie	1996	30-May	Hershey Zone
2.21	Patrick Lyster	1996	30-May	Hershey Zone
2.12	Sean Thuna	1997	30-May	Hershey Zone

2.03	Ben Meister	1998	30-May	Hershey Zone
1.74	Ty Fitzgerald	2000	30-May	Hershey Zone

Male TJ 2010 R McKay 13.60

13.60	Ryan McKay	1993	June	Prov
11.88	Austin Ost	1995	06-Aug	Legion Nat
10.76	Thomas Kellner	1994	24-Jul	Summer Games
9.82	Tynan Stack	1995	18-Jun	Classic

Male HJ 2010 J Brewster 1.93

1.93	Jake Brewster	1994	June	Prov
1.80	Dillon Popkes	1991	18-Jun	Classic
1.60	Alex Ivan	1994	June	Prov
1.55	Matthew Springer	1995	15-May	Spring Challenge
1.55	Alex McDuffie	1996	18-Jun	Classic
1.50	Drew Crawford	1994	18-Jun	Classic
1.50	Austin Ost	1995	June	Prov
1.50	Thomas Kellner	1994	24-Jul	Summer Games
1.45	Alex Charlesworth	1997	18-Jun	Classic
1.39CE	Rowan McClave	1995	15-May	Spring Challenge
1.35	Nathan Kalmakoff	1997	22-May	NB 2
1.35	Thomas Wood	1994	22-May	NB 2
1.30CE	Patrick Lyster	1996	15-May	Spring Challenge
1.25	Michael Bhatla	1997	15-May	Spring Challenge
1.15CE	Jackson Shulz	1996	15-May	Spring Challenge
1.15	Lockie McClave	1997	15-May	Spring Challenge
1.15	Sean Thuna	1997	June	Prov
1.10	Ty Fitzgerald	2000	18-Jun	Classic

Male Shot Put 2007 A Bymoer 11.43 - 3 kg
2010 R Sceviour 13.35 - 4 kg
2010 V Khudych 12.73 - 5 kg

13.35	Ryan Sceviour	1995	18-Jun	Classic	4kg
12.73	Volodymyr Khudych	1993	18-Jun	Classic	5kg
11.84	Tynan Stack	1995	18-Jun	Classic	4kg
11.71	Alex Bymoer	1994	June	Prov	5 kg
10.47	Austin Ost	1995	25-Jul	Mid/Youth Champ	4kg
10.39	James Tiberio	1994	15-May	Spring Challenge	5 kg
10.04	Daniel Yee	1994	18-Jun	Classic	5 kg
8.61	Alex Charlesworth	1997	15-May	Spring Challenge	3 kg
8.39	Matthew Schalm	1996	18-Jun	Classic	4kg
8.2	Rowan McClave	1995	22-May	NB 2	4 kg
7.47	Brent Bester	1995	15-May	Spring Challenge	4 kg
7.36	Nolan Osiowy	1997	18-Jun	Classic	3 kg
7.31	Nathan Kalmakoff	1997	18-Jun	Classic	3 kg
6.25CE	Patrick Lyster	1996	24-Jul	Summer Games	
6.09	Brent Stephen	1996	June	Prov	4kg

5.96	Brennan O'Yeung	1999	18-Jun	Classic	3 kg
5.77	Sean Thuna	1997	18-Jun	Classic	3 kg
5.59	Eric Foster	1996	15-May	Spring Challenge	4 kg
5.50CE	Jackson Shulz	1996	15-May	Spring Challenge	4 kg
4.87	Michael Bhatla	1997	15-May	Spring Challenge	3 kg
4.19	Ty Fitzgerald	2000	18-Jun	Classic	3 kg
3.34	Kieran Murphy	2001	18-Jun	Classic	3 kg

Male Javelin
2010 A Ost 45.27 600g
2010 A Ivan 40.53 700g
2010 V Khudych 37.98 800g

45.27	Austin Ost	1995	18-Jun	Classic	600g
40.53	Alex Ivan	1994	18-Jun	Classic	700g
37.98	Volodymyr Khudych	1994	June	HS Prov	800g
36.04	Tynan Stack	1995	18-Jun	Classic	600g
32.98	James Tiberio	1994	18-Jun	Classic	700g
32.67	Daniel Yee	1994	18-Jun	Classic	700g
31.65	Drew Crawford	1994	18-Jun	Classic	700g
29.97	Matthew Schalm	1996	24-Jul	Summer Games	
28.84	Abdel Dib	1989	22-May	NB 2	
19.31	Rowan McClave	1995	22-May	NB 2	600g
13.69	Eric Foster	1996	June	Prov	600g

Male Discus
2010 R Sceviour 35.78 1kg
2010 D Yee 28.85 1.5kg
2010 A Charlesworth 22.32 750g

35.78	Ryan Sceviour	1995	18-Jun	Classic	1 kg
31.74	Tynan Stack	1995	18-Jun	Classic	1 kg
31.53	Scott McClure	1996	08-May	NB 1	
29.11	Austin Ost	1995	25-Jul	Mid/Youth Champ	
28.85	Daniel Yee	1994	10-Jul	Sen Prov	1.5 kg
27.51	James Tiberio	1994	18-Jun	Classic	1.5kg
26.32	Matthew Schalm	1996	24-Jul	Summer Games	
22.97	Rui Dong	1995	15-May	Spring Challenge	1 kg
22.32	Alexander Charlesworth	1997	18-Jun	Classic	750g
21.33	Nathan Kalmakoff	1997	18-Jun	Classic	750g
20.46	Matthew Springer	1995	15-May	Spring Challenge	1 kg
18.77	Rowan McClave	1995	08-May	NB 1	
18.77	Nolan Osiowy	1997	18-Jun	Classic	750g
14.65	Sean Thuna	1997	18-Jun	Classic	750g
13.52	Eric Foster	1996	18-Jun	Classic	1 kg
12.88	Lockie McClave	1997	08-May	NB 1	
11.80	Michael Bhatla	1997	18-Jun	Classic	750g
9.87	Ty Fitzgerald	2000	18-Jun	Classic	750g

Hammer Throw
2010 D Yee 33.27 5kg
2009 D Yee 32.22 4 kg

2009 A Toms 20.28 6 kg

33.27	Daniel Yee	1994	10-Jul	Sen Prov	5kg
23.69	Tynan Stack	1995	18-Jun	Classic	4 kg

Male PV 2007 F Li 2.80**Male Ball Throw 2008 A Bymoen 59.32**

50.56	Matthew Schalm	1996	30-May	Hershey Zone
46.53	Alex Charlesworth	1997	15-May	Spring Challenge
35.32	Nathan Kalmakoff	1997	15-May	Spring Challenge
33.72	Ben Meister	1998	15-May	Spring Challenge
23.99	Lockie McClave	1997	15-May	Spring Challenge
22.04	Aidan MacNichol	2000	30-May	Hershey Zone

Male Strength Triathlon 2008 A Charlesworth 693**Male Stamina Triathlon 2008 A Charlesworth 651****Male Speed Triathlon 2008 A Charlesworth 640****Male Speed Tetrathlon 2007 A Bymoen 1355****Male Stamina Tetrathlon 2007 A Bymoen 1320****Male Throws Tetrathlon 2007 A Bymoen 1328****Male Jumps Tetrathlon 2008 A Ost 565****Male Pent 2008 S Babcock 2913**

1685	Patrick Lyster	1996	24-Jul	Summer Games
1534	Rowan McClave	1995	15-May	Spring Challenge
898	Jackson Shulz	1996	15-May	Spring Challenge

Male Octathalon

