

INDOOR SEASON BESTS 2010/2011

MARK	NAME	Y OF B	DATE	MEET
Female 60 m 09/10 N Charlesworth 7.97				
7.98	Sarah Hughes	1994	04-Dec	Dino #1
8.27	Ellie Hirst	1995	04-Dec	Dino #1
8.46	Melissa Hazen	1994	04-Dec	Dino #1
8.55	Jessica Kalmakoff	1995	04-Dec	Dino #1
8.61f	Melanie Craig	1990	04-Dec	Dino #1
8.63	Emily Wilson-Bodnar	1996	04-Dec	Dino #1
8.65p	Melanie Craig	1990	04-Dec	Dino #1
8.69	Jasmine Galey	1995	04-Dec	Dino #1
9.08	Siri Svensson	1996	04-Dec	Dino #1
9.09	Lauren Garnett	1995	04-Dec	Dino #1
9.10	Lauren Fridman	1996	04-Dec	Dino #1
9.13	Emma Chong	1998	04-Dec	Dino #1
9.19	Mia Hull	1998	04-Dec	Dino #1
9.25	Marissa Stirling	1998	04-Dec	Dino #1
9.28	Delainy Conibear	1997	04-Dec	Dino #1
9.45	Anna Glover	1997	04-Dec	Dino #1
9.45	Sarah Voglewede	1997	04-Dec	Dino #1
9.51	Rita Guistainis	1996	04-Dec	Dino #1
9.52	Maddy Yee	1997	04-Dec	Dino #1
9.68	Leah Rush	1995	04-Dec	Dino #1
9.76	Ashley Sherlow	1995	04-Dec	Dino #1
9.95	Hailey Allegro	1995	04-Dec	Dino #1
10.23	Kiannah Wright	1998	04-Dec	Dino #1
10.34	Caitlin Yardley	1998	04-Dec	Dino #1
10.46	Lauren Yardley	1999	04-Dec	Dino #1
11.26	Kate Conway	1998	04-Dec	Dino #1
Female 150m 09/10 E. Wilson-Bodnar 21.31				
22.79	Mia Hull	1998	04-Dec	Dino #1
23.25	Anna Glover	1997	04-Dec	Dino #1
23.30	Emma Chong	1998	04-Dec	Dino #1
24.04	Maddy Yee	1997	04-Dec	Dino #1
26.41	Lauren Yardley	1999	04-Dec	Dino #1
28.22	Kate Conway	1998	04-Dec	Dino #1
Female 200m 09/10 M Beatch 26.16				
Female 300m 06/07 H. Ratzlaff 40.32				
43.09	Sarah Hughes	1994	04-Dec	Dino #1
43.32	Ellie Hirst	1995	04-Dec	Dino #1
44.95	Nicole Squires	1995	04-Dec	Dino #1
45.73	Melanie Craig	1990	04-Dec	Dino #1
46.05	Nikki Barlow	1990	04-Dec	Dino #1

46.37	Jasmine Galey	1995	04-Dec	Dino #1
47.97	Rachel Yee	1992	04-Dec	Dino #1
48.16	Quinn Rausch	1996	04-Dec	Dino #1
48.44	Siri Svensson	1996	04-Dec	Dino #1
49.57	Emily Wilson-Bodnar	1996	04-Dec	Dino #1

Female 400m 09/10 M Beatch 59.20

Female 600m 06/07 H. Ratzlaff 1.29.51

Female 800m 08/09 H. Sim 2.17.18

2.41.67	Katie Campbell	1995	04-Dec	Dino #1
2.42.50	Lauren Fridman	1996	04-Dec	Dino #1
2.47.86	Sarah Voglewede	1997	04-Dec	Dino #1
2.48.88	Jessica Kalmakoff	1995	04-Dec	Dino #1
2.53.82	Marissa Stirling	1998	04-Dec	Dino #1
2.56.75	Caitlin Yardley	1998	04-Dec	Dino #1
2.57.93	Lauren Garnett	1995	04-Dec	Dino #1
3.02.42	Delainy Conibear	1997	04-Dec	Dino #1
3.03.11	Leah Rush	1995	04-Dec	Dino #1
3.20.61	Kiannah Wright	1998	04-Dec	Dino #1

Female 1000m 08/09 H Sim 2.49.87

Female 1200m 09/10 C O'Brien 4.05.71

Female 1500m 08/09 H Sim 4.31.15

Female Mile 08/09 H Sim 4.52.21

Female 2000m 09/10 C O'Brien 7.16.61

Female 3000m 06/07 9.58.28 T. Dressler

13.05.64	Katie Campbell	1995	04-Dec	Dino #1
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Female 60m h 09/10 N Charlesworth 8.87 Specs are different for age classes

8.86	30"	Nicky Charlesworth	1994	04-Dec	Dino #1
9.87	30"	Nicole Squires	1995	04-Dec	Dino #1
10.65	30"	Emily Wilson-Bodnar	1996	04-Dec	Dino #1
11.25	30"	Laurern Garnett	1995	04-Dec	Dino #1

Female LJ 05/06 K. Tse 5.33

Female TJ 07/08 K. Tse 11.69

Female HJ 09/10 N Charlesworth 1.72

1.71	Nicky Charlesworth	1994	04-Dec	Dino #1
1.50	Melissa Hazen	1994	04-Dec	Dino #1

Female SP 06/07 Jenna Wamsley 10.31

Female MB 09/10 M Hull 4.85

Female PV 08/09 L. Schneider 3.20

Female Jumps Tetrathalon 06/07 Nicola Charlesworth 965

Female Speed Tetrathalon 06/07 Nicola Charlesworth 1016

Female Stamina Tetrathalon 07/08 Allison Stephen 920

Female Indoor Pentathalon 08/09 N. Charlesworth 3179

Male 60m 09/10 R McKay 7.16

7.28p/f	Isaac Rynn	1989	04-Dec	Dino #1
7.40	Alex Smith	1993	04-Dec	Dino #1
7.47	Nicholas Buettner	1995	04-Dec	Dino #1
7.48	Steven Clark	1991	04-Dec	Dino #1
7.69	Alex Ivan	1994	04-Dec	Dino #1
7.72	Rui Dong	1995	04-Dec	Dino #1
7.73	Paul Boudreau	1994	04-Dec	Dino #1
7.77	Drew Crawford	1994	04-Dec	Dino #1
7.80	Thomas Kellner	1994	04-Dec	Dino #1
7.93	Jordan Graham	1995	04-Dec	Dino #1
8.09	Karl Wagner	1995	04-Dec	Dino #1
8.13	Abtin Motamedi	1996	04-Dec	Dino #1
8.17	Matthew Springer	1995	04-Dec	Dino #1
8.45	James Faul	1995	04-Dec	Dino #1
8.49	Robin Robertson	1996	04-Dec	Dino #1
8.52	Kevin Yoo	1994	04-Dec	Dino #1
8.52	Brent Stephen	1996	04-Dec	Dino #1
8.72	Harvir Nijjar	1995	04-Dec	Dino #1

8.94	Bruce Marsden	1995	04-Dec	Dino #1
9.16	Charlie Meister	1995	04-Dec	Dino #1
9.16	Sean Thuna	1997	04-Dec	Dino #1
9.17	Ben Meister	1998	04-Dec	Dino #1
9.19	Addison Wilton	1997	04-Dec	Dino #1
9.28	Max Vogelgesang	1997	04-Dec	Dino #1
9.30	Patrick Meister	1997	04-Dec	Dino #1
9.31	Sahad Vasanti	1997	04-Dec	Dino #1
9.37	Nathan Kalmakoff	1997	04-Dec	Dino #1
9.53	Harrison Matsuoka	1998	04-Dec	Dino #1
10.60	Matt Voglewede	1998	04-Dec	Dino #1

Male 150 09/10 C Stevens 20.31

22.71	Ben Meister	1998	04-Dec	Dino #1
22.75	Addison Wilton	1997	04-Dec	Dino #1
23.38	Nathan Kalmakoff	1997	04-Dec	Dino #1
23.44	Patrick Meister	1997	04-Dec	Dino #1
26.57	Matt Voglewede	1998	04-Dec	Dino #1

Male 200m 09/10 S Clark 23.09

Male 300m 07/08 Trent Ratzlaff 34.50

35.65	Mike Saizew	1987	04-Dec	Dino #1
37.84	Isaac Rynn	1989	04-Dec	Dino #1
38.63	Alex Ivan	1994	04-Dec	Dino #1
39.41	Mike Young	1988	04-Dec	Dino #1
40.5	Bryce Clements	1994	04-Dec	Dino #1
41.25	Nicholas Buettner	1995	04-Dec	Dino #1
41.59	Casey Yuen	1994	04-Dec	Dino #1
41.97	Abtin Motamedi	1996	04-Dec	Dino #1
46.38	Bruce Marsden	1995	04-Dec	Dino #1
46.66	Brent Stephen	1996	04-Dec	Dino #1

Male 400m 08/09 T Ratzlaff 48.00

Male 600m 08/09 T Ratzlaff 1.18.49

Male 800m 08/09 M Saizew 1.53.64

1.57.87	Madison Theriault	1988	04-Dec	Dino#1
2.09.73	Sean Foster	1994	04-Dec	Dino#1
2.10.49	Cuauhti Olguin	1995	04-Dec	Dino#1
2.19.55	Harvir Nijjar	1995	04-Dec	Dino#1
2.20.33	James Faul	1995	04-Dec	Dino#1
2.28.79	Robin Robertson	1996	04-Dec	Dino#1
2.31.06	Jordan Graham	1995	04-Dec	Dino#1

2.31.77	Matthew Springer	1995	04-Dec	Dino#1
2.32.39	Bruce Marsden	1995	04-Dec	Dino#1
2.32.96	Charlie Meister	1995	04-Dec	Dino#1
2.38.89	Sahad Vasanti	1997	04-Dec	Dino#1
2.43.63	Max Vogelgesang	1997	04-Dec	Dino#1
2.48.48	Harrison Matsuoka	1998	04-Dec	Dino#1
2.50.79	Graeme Saxberg	1998	04-Dec	Dino#1
2.53.34	Sean Thuna	1997	04-Dec	Dino#1

Male 1000m 08/09 M Theriault 2.29.32

Male 1200m 09/10 C Olguin 3.38.18

Male 1500m 09/10 M Theriault 4.01.42

Male 2000m 06/07 Gareth Hadfield 6.47.55

Male 3000m 06/07 8.46.18 Nyial Majock

11.04.61	Harvir Nijjar	1995	04-Dec	Dino #1
11.10.01	Kevin Yoo	1994	04-Dec	Dino #1

Male 60mH 08/09 E. Clark 8.30 39" all results with age class specs
09/10 A Smith 8.56 36"
09/10 B Clements 9.20 33"

9.83 33"	Karl Wagner	1995	04-Dec	Dino #1
9.89 33"	Abtin Motamedi	1996	04-Dec	Dino #1
10.18 33"	Rui Dong	1995	04-Dec	Dino #1
10.39 33"	Nicholas Buettner	1995	04-Dec	Dino #1

Male LJ 09/10 R McKay 6.50

Male TJ 09/10 R McKay 13.76

Male HJ 09/10 S Babcock 1.90

Male SP 09/10 R Sceviour 13.27 4 kg
09/10 A Bymoen 12.29 5 kg
09/10 B. Meister 5.42 3 kg
09/10 D O'Brien 5.05 2 kg

Male Med Ball 09/10 P. Meister 4.07

Male PV 08/09 M. Baerg 4.32

Male Indoor Pentathlon 07/08 Sam Babcock 2966 Prov Record Midget
All done in own age group

Male Bantam Speed 06/07 1250 Alex Bymoer

Male Bantam Stamina Indoor Prov Record ***1329*** Alex B 06/07

Bantam 30" Juv 36" Sen 42"
Mid 33" Jun 39"