

INDOOR SEASON BESTS 2009/2010

MARK	NAME	Y OF B	DATE	MEET
Female 60 m				
7.97	Nicky Charlesworth	1994	23-Jan	JS Open
8.19	Megan Beatch	1986	13-Feb	AB Indoor Games
8.20	Sarah Hughes	1994	05-Dec	Dino Opener
8.29F	Nicole Squires	1995	13-Mar	Indoor Prov
8.38	Melissa Hazen	1994	16-Jan	Golden Bear
8.47F	Ellie Hirst	1995	13-Feb	AB Indoor Games
8.49P	Allison Stephen	1995	13-Feb	AB Indoor Games
8.55	Katherine Heinrichs	1992	05-Dec	Dino Opener
8.58	Katelyn Bymoen	1992	09-Jan	Dino Classic
8.62P/F	Jessica Kalmakoff	1995	13-Mar	Indoor Prov
8.65	Emma Martin	1997	24-Apr	Dino Challenge
8.65	Jasmine Galey	1995	24-Apr	Dino Challenge
8.75	Janessa Tiberio	1996	13-Mar	Indoor Prov
8.80P	Emily Wilson-Bodnar	1996	13-Feb	AB Indoor Games
8.82	Chase O'Brien	1996	23-Jan	JS Open
8.83	Siri Svensson	1996	24-Apr	Dino Challenge
8.89	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov
8.91	Katelyn Campbell	1995	24-Apr	Dino Challenge
8.99	Melissa Torrance	1995	13-Mar	Indoor Prov
9.06	Kendall Chong	1996	24-Apr	Dino Challenge
9.15	Mia Hull	1998	05-Dec	Dino Opener
9.27	Maria Jacso	1995	13-Mar	Indoor Prov
9.31	Dana Gerlitz	1997	24-Apr	Dino Challenge
9.37	Lauren Garnett	1995	13-Feb	AB Indoor Games
9.39	Lauren Fridman	1996	09-Jan	Dino Classic
9.54	Alison Martin	2000	13-Mar	Indoor Prov
9.61	Sofia Bidrman	1995	05-Dec	Dino Opener
9.69	Delainy Conibear	1997	23-Jan	JS Open
9.71	Heidi Halstead	1992	05-Dec	Dino Opener
9.74	JiWon Choi	1995	13-Feb	AB Indoor Games
9.78	Heather Wood	1998	24-Apr	Dino Challenge
9.82	Chanelle Mather-Shapiro	1994	09-Jan	Dino Classic
9.83	Anna Glover	1997	13-Mar	Indoor Prov
9.91	Madeline Yee	1997	24-Apr	Dino Challenge
9.96	Emma Chong	1998	24-Apr	Dino Challenge
10.12	Anika Vogelgesang	1999	05-Dec	Dino Opener
10.48	Alana Laferrier	1998	23-Jan	JS Open
10.56	Stella Jones	2000	23-Jan	JS Open
11.03	Cassandra Neild	2000	23-Jan	JS Open
11.33	Rhea Foster	1998	24-Apr	Dino Challenge
11.46	Julia Martin	2003	13-Mar	Indoor Prov
11.49	Cameron Knowles	1999	24-Apr	Dino Challenge
11.74	Alex Matsuoka	2002	24-Apr	Dino Challenge

Female 150m

21.31	Emily Wilson-Bodnar	1996	05-Dec	Dino Opener
21.49	Emma Martin	1997	13-Mar	Indoor Prov
21.85	Antha Dietrich-Henderson	1996	05-Dec	Dino Opener
21.91	Chase O'Brien	1996	05-Dec	Dino Opener
22.68	Mia Hull	1998	09-Jan	Dino Classic
23.00	Lauren Fridman	1996	05-Dec	Dino Opener
24.35	Delainy Conibear	1997	09-Jan	Dino Classic
25.27	Anna Glover	1997	09-Jan	Dino Classic
25.31	Heather Wood	1998	13-Mar	Indoor Prov
25.46	Alison Martin	2000	13-Mar	Indoor Prov
26.03	Anika Vogelgesang	1999	05-Dec	Dino Opener
30.80	Madelaine Yee	1997	13-Mar	Indoor Prov
31.55	Julia Martin	2003	13-Mar	Indoor Prov

Female 200m

26.16F	Meagan Beatch	1986	13-Mar	Indoor Prov
27.60P	Sarah Hughes	1994	16-Jan	Golden Bear
27.79P	Nicole Squires	1995	13-Mar	Indoor Prov
28.03F	Ellie Hirst	1995	13-Mar	Indoor Prov
28.36P	Allison Stephen	1995	13-Mar	Indoor Prov
28.84P	Janessa Tiberio	1996	13-Mar	Indoor Prov
28.86	Jessica Kalmakoff	1995	13-Mar	Indoor Prov
29.32	Jasmine Galey	1995	13-Mar	Indoor Prov
29.43	Chase O'Brien	1996	13-Mar	Indoor Prov
29.81	Melissa Torrance	1995	13-Mar	Indoor Prov
30.13	Katelyn Campbell	1995	13-Mar	Indoor Prov
30.42	Rachel Yee	1992	13-Mar	Indoor Prov
30.63	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov
30.93	Emily Wilson-Bodnar	1996	13-Mar	Indoor Prov
31.12	Maria Jacso	1995	13-Mar	Indoor Prov
34.84	Deniz Kaya	1992	13-Mar	Indoor Prov

Female 300m 06/07 H. Ratzlaff 40.32

41.40P	Megan Beatch	1986	13-Feb	AB Indoor Games
41.58	Holly Ratzlaff	1984	23-Jan	JS Open
43.34	Ellie Hirst	1995	13-Mar	Indoor Prov
43.64	Nicky Charlesworth	1994	23-Jan	JS Open
43.65F	Allison Stephen	1995	13-Feb	AB Indoor Games
43.93F	Sarah Hughes	1994	13-Feb	AB Indoor Games
43.96	Nicole Squires	1995	13-Mar	Indoor Prov
44.74	Nikki Barlow	1990	09-Jan	Dino Classic
45.32	Chase O'Brien	1996	23-Jan	JS Open
45.38	Jasmine Galey	1995	13-Mar	Indoor Prov
46.14	Jessica Kalmakoff	1995	13-Mar	Indoor Prov
46.71	Janessa Tiberio	1996	13-Mar	Indoor Prov
47.51P	Katelyn Bymoen	1992	13-Feb	AB Indoor Games
47.56	Lauren Fridman	1996	13-Feb	AB Indoor Games
47.69	Katelyn Campbell	1995	09-Jan	Dino Classic
48.75	Rachel Yee	1992	05-Dec	Dino Opener
48.99	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov

49.02	Melissa Torrance	1995	16-Jan	Golden Bear
49.84	Emily Wilson-Bodnar	1996	23-Jan	JS Open
51.62	Maria Jacso	1995	09-Jan	Dino Classic
56.63	Deniz Kaya	1992	23-Jan	JS Open
57.07	JiWon Choi	1995	09-Jan	Dino Classic

Female 400m

59.2	Megan Beatch	1986	13-Mar	Indoor Prov
1.08.71	Rachel Yee	1992	13-Mar	Indoor Prov
1.20.81	Deniz Kaya	1992	13-Mar	Indoor Prov

Female 600m 06/07 H. Ratzlaff 1.29.51

1.33.24	Holly Ratzlaff	1984	06-Feb	Bison Classic
1.39.69	Gloria Kanuka	1991	Feb	CanWest
1.40.99	Nikki Barlow	1990	06-Feb	Bison Classic
1.47.66	Chase O'Brien	1996	23-Jan	JS Open
1.50.56	Katelyn Campbell	1995	23-Jan	JS Open
1.52.20	Emma Martin	1997	13-Mar	Indoor Prov
1.52.25	Ellie Hirst	1995	23-Jan	JS Open
1.57.67	Jessica Kalmakoff	1995	23-Jan	JS Open
2.01.96	Jasmine Galey	1995	23-Jan	JS Open
2.05.86	Mia Hull	1998	23-Jan	JS Open
2.17.11	Stella Jones	2000	23-Jan	JS Open
2.17.81	Delainy Conibear	1997	23-Jan	JS Open
2.19.22	Heather Wood	1998	13-Mar	Indoor Prov
2.19.35	Alison Martin	2000	13-Mar	Indoor Prov
2.27.47	Madelaine Yee	1997	13-Mar	Indoor Prov
2.30.26	Anna Glover	1997	13-Mar	Indoor Prov
2.51.07	Julia Martin	2003	23-Jan	JS Open
2.51.94	Alex Matsuoka	2000	23-Jan	JS Open

Female 800m 08/09 H. Sim 2.17.18

2.25.78	Nikki Barlow	1990	05-Dec	Dino Opener
2.33.47	Katelyn Campbell	1995	13-Mar	Indoor Prov
2.35.32	Chase O'Brien	1996	05-Dec	Dino Opener
2.36.34	Katie Huang	1992	13-Mar	Indoor Prov
2.38.59	Emma Martin	1997	13-Mar	Indoor Prov
2.38.63	Lauren Fridman	1996	05-Dec	Dino Opener
2.39.89	Ellie Hirst	1995	24-Apr	Dino Challenge
2.45.58	Janessa Tiberio	1996	13-Mar	Indoor Prov
2.49.30	Rachel Yee	1992	13-Mar	Indoor Prov
3.02.10	Delainy Conibear	1997	24-Apr	Dino Challenge
3.03.83	Heather Wood	1998	24-Apr	Dino Challenge
3.04.60	Anika Vogelgesang	1999	05-Dec	Dino Opener
3.10.55	Mia Hull	1998	16-Jan	Golden Bear
3.12.01	Alison Martin	2000	13-Mar	Indoor Prov
3.12.90	Anna Glover	1997	16-Jan	Golden Bear
3.34.70	Cameron Knowles	1999	24-Apr	Dino Challenge

3.57.46	Julia Martin	2003	13-Mar	Indoor Prov
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Female 1000m 08/09 H Sim 2.49.87

2.56.84	Heather Sim	1985	06-Feb	Bison Classic
3.01.50	Gloria Kanuka	1991	06-Feb	Bison Classic
3.16.43	Nikki Barlow	1990	16-Jan	Golden Bear
3.23.39	Chase O'Brien	1996	09-Jan	Dino Classic
3.25.08	Katie Huang	1992	09-Jan	Dino Classic
3.34.19	Lauren Fridman	1996	09-Jan	Dino Classic
3.34.67	Katelyn Campbell	1995	09-Jan	Dino Classic
3.50.25	Emma Martin	1997	09-Jan	Dino Classic
4.39.01	Delainey Conibear	1997	09-Jan	Dino Classic

Female 1200m

4.05.71	Chase O'Brien	1996	16-Jan	Golden Bear
4.18.57	Katelyn Campbell	1995	13-Mar	Indoor Prov
4.32.68	Emma Martin	1997	23-Jan	JS Open
5.24.18	Delainey Conibear	1997	23-Jan	JS Open

Female 1500m 08/09 H Sim 4.31.15

4.55.01	Tara Dressler	1984	23-Jan	JS Open
5.08.78	Gloria Kanuka	1991	16-Jan	Golden Bear
5.32.61	Katie Huang	1992	13-Mar	Indoor Prov

Female Mile 08/09 H Sim 4.52.21

Female 2000m

7.16.61	Chase O'Brien	1996	13-Mar	Indoor Prov
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Female 3000m 06/07 9.58.28 T. Dressler

10.11.20	Tara Dressler	1984	06-Feb	Bison Classic
11.49.68	Chase O'Brien	1996	24-Apr	Dino Challenge
13.58.87	Katelyn Campbell	1995	24-Apr	Dino Challenge

Female 60m h

Specs are different for age classes

8.87	Nicky Charlesworth	1994	05-Dec	Dino Opener 30"
9.96F	Nicole Squires	1995	13-Mar	Indoor Prov 30"
10.58	Katelyn Bymoen	1992	19-Feb	Kamloops 33"
10.93F	Emily Wilson-Bodnar	1996	13-Mar	Indoor Prov 30"
11.62P	Jasmine Galey	1995	13-Mar	Indoor Prov 30"
11.88	Maria Jacso	1995	16-Jan	Golden Bear 30"
11.96	Chase O'Brien	1996	16-Jan	Golden Bear 30"
11.98	Jessica Kalmakoff	1995	13-Mar	Indoor Prov 30"
12.11	Lauren Garnett	1995	05-Dec	Dino Opener 30"
12.76F	Jasmine Galey	1995	13-Mar	Indoor Prov 30"

12.81	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov 30"
12.88	Mia Hull	1998	16-Jan	Golden Bear 30"
13.64	Emma Martin	1997	05-Dec	Dino Opener 30"

Female LJ 05/06 K. Tse 5.33

5.14	Nicky Charlesworth	1994	16-Jan	Golden Bear
5.08	Kim Tse	1986	07-Feb	Dino Field
4.73	Melissa Hazen	1994	16-Jan	Golden Bear
4.45	Chase O'Brien	1996	13-Mar	Indoor Prov
4.35	Ellie Hirst	1995	13-Mar	Indoor Prov
4.16	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov
4.14	Jessica Kalmakoff	1995	13-Mar	Indoor Prov
4.02	Emma Martin	1997	13-Mar	Indoor Prov
3.94	Jasmine Galey	1995	16-Jan	Golden Bear
3.92	Emily Wilson-Bodnar	1996	16-Jan	Golden Bear
3.77	Maria Jacso	1995	16-Jan	Golden Bear
3.74	Melissa Torrance	1995	16-Jan	Golden Bear
3.46	Heather Wood	1998	13-Mar	Indoor Prov
3.44	Mia Hull	1998	16-Jan	Golden Bear
3.1	Anna Glover	1997	13-Mar	Indoor Prov
3.02	Alison Martin	2003	13-Mar	Indoor Prov
2.05	Julia Martin	2000	13-Mar	Indoor Prov

Female TJ 07/08 K. Tse 11.69

11.26	Kim Tse	1986	13-Mar	Indoor Prov
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Female HJ

1.72	Nicky Charlesworth	1994	07-Feb	Dino Field
1.55	Melissa Hazen	1994	16-Jan	Golden Bear
1.40	Emily Wilson-Bodnar	1996	13-Mar	Indoor Prov
1.35	Ellie Hirst	1994	13-Mar	Indoor Prov
1.35	Janessa Tiberio	1996	13-Mar	Indoor Prov
1.30	Antha Dietrich-Henderson	1996	16-Jan	Golden Bear
1.25	Melissa Torrance	1995	16-Jan	Golden Bear
1.25	Emma Martin	1997	13-Mar	Indoor Prov
1.20	Anna Glover	1997	13-Mar	Indoor Prov
1.15	Madelaine Yee	1997	13-Mar	Indoor Prov
1.10	Heather Wood	1998	13-Mar	Indoor Prov
1.10	Mia Hull	1998	16-Jan	Golden Bear

Female SP 06/07 Jenna Wamsley 10.31

8.16 3kg	Maria Jacso	1995	13-Mar	Indoor Prov
7.95 3kg	Madelaine Yee	1997	13-Mar	Indoor Prov
6.59 3kg	Emma Martin	1997	13-Mar	Indoor Prov
6.53 3kg	Mia Hull	1998	13-Mar	Indoor Prov
6.29 3kg	Antha Dietrich-Henderson	1996	13-Mar	Indoor Prov
4.98 2kg	Alison Martin	2000	13-Mar	Indoor Prov
4.24 3kg	Anna Glover	1997	13-Mar	Indoor Prov

3.24 3kg	Heather Wood	1998	13-Mar	Indoor Prov
2.40 2kg	Julia Martin	2003	13-Mar	Indoor Prov

Female MB

4.85	Mia Hull	1998	13-Mar	Indoor Prov
4.5	Madelaine Yee	1997	13-Mar	Indoor Prov
4.39	Emma Martin	1997	13-Mar	Indoor Prov
3.66	Anna Glover	1997	13-Mar	Indoor Prov
3.52	Alison Martin	2000	13-Mar	Indoor Prov
2.93	Heather Wood	1998	13-Mar	Indoor Prov
2.84	Julia Martin	2003	13-Mar	Indoor Prov

Female PV 08/09 L. Schneider 3.20

Female Jumps Tetrathalon 06/07 Nicola Charlesworth 965

Female Speed Tetrathalon 06/07 Nicola Charlesworth 1016

Female Stamina Tetrathalon 07/08 Allison Stephen 920

Female Indoor Pentathalon 08/09 N. Charlesworth 3179

Male 60m

7.16F	Ryan McKay	1993	13-Mar	Indoor Prov
7.24F	Isaac Rynn	1989	05-Dec	Dino Opener
7.29F	Alex Bymoen	1994	23-Jan	JS Open
7.43	Alex Smith	1993	23-Jan	JS Open
7.60	Nicholas Buettner	1995	24-Apr	Dino Challenge
7.63	Bryce Clements	1994	24-Apr	Dino Challenge
7.73	Steven Clark	1991	23-Jan	JS Open
7.86	Keegan Hull	1995	24-Apr	Dino Challenge
7.87	Paul Boudreau	1994	24-Apr	Dino Challenge
7.93	Volodymyr Khudych	1993	09-Jan	Dino Classic
8.00	Rui Dong	1995	24-Apr	Dino Challenge
8.06	Drew Crawford	1994	09-Jan	Dino Classic
8.06	Daniel Yee	1994	23-Jan	JS Open
8.12	Thomas Kellner	1994	24-Apr	Dino Challenge
8.14	Rhykel Biedermann	1994	13-Mar	Indoor Prov
8.22	Casey Yuen	1994	24-Apr	Dino Challenge
8.33	Alex McDuffie	1996	24-Apr	Dino Challenge
8.34	Drew Temple-Smith	1994	16-Jan	Golden Bear
8.44	Austin Ost	1995	24-Apr	Dino Challenge
8.55	Ben Meister	1998	24-Apr	Dino Challenge
8.64	Aidan Nickel	1995	23-Jan	JS Open

8.71	Matthew Springer	1995	24-Apr	Dino Challenge
8.73	Brent Stephen	1996	24-Apr	Dino Challenge
8.73	Alex Charlesworth	1997	24-Apr	Dino Challenge
9.19	Brent Stephen	1996	13-Mar	Indoor Prov
9.28	Thomas Wood	1994	09-Jan	Dino Classic
9.29	Charlie Meister	1995	13-Mar	Indoor Prov
9.36	Max Vogelgesang	1997	23-Jan	JS Open
9.37	Sean Thuna	1997	13-Mar	Indoor Prov
9.36	Brent Bester	1995	16-Jan	Golden Bear
9.40	Patrick Meister	1997	24-Apr	Dino Challenge
9.82	Nathan Kalmakoff	1997	24-Apr	Dino Challenge
10.03	Michael Bhatla	1997	24-Apr	Dino Challenge
10.12	Harrison Matsuoka	1998	24-Apr	Dino Challenge
10.20	Brennan O'Yeung	1999	23-Jan	JS Open
10.45	Max Romaniuk	1998	23-Jan	JS Open
10.84	Eric Foster	1996	24-Apr	Dino Challenge
10.96	Dawson O'Brien	1999	13-Mar	Indoor Prov

Male 150

20.31	Connor Stevens	1996	05-Dec	Dino Opener
21.13	Brent Stephen	1996	05-Dec	Dino Opener
23.30	Max Vogelgesang	1997	09-Jan	Dino Classic
23.75	Patrick Meister	1997	13-Mar	Indoor Prov
24.57	Sean Thuna	1997	09-Jan	Dino Classic
24.72	Ben Meister	1998	13-Mar	Indoor Prov
26.00	Michael Bhatla	1997	05-Dec	Dino Opener
28.50	Dawson O'Brien	1999	13-Mar	Indoor Prov

Male 200m

23.09P	Steven Clark	1991	13-Mar	Indoor Prov
23.37P	Dillon Popkes	1991	13-Mar	Indoor Prov
23.39F	Ryan McKay	1993	13-Mar	Indoor Prov
25.77	Bryce Clements	1994	13-Mar	Indoor Prov
25.99F	Nicholas Buettner	1995	13-Mar	Indoor Prov
26.15	Rhykel Biedermann	1994	13-Mar	Indoor Prov
26.41	Paul Boudreau	1994	16-Jan	Golden Bear
27.89	Casey Yuen	1994	13-Mar	Indoor Prov
30.03	Matthew Springer	1995	13-Mar	Indoor Prov
31.01	Brent Stephen	1996	13-Mar	Indoor Prov
31.34	Charlie Meister	1995	13-Mar	Indoor Prov

Male 300m

07/08 Trent Ratzlaff	34.50			
35.51	Mike Saizew	1987	09-Jan	Dino Classic
35.55	Trent Ratzlaff	1986	23-Jan	JS Open
37.32	Alex Smith	1993	23-Jan	JS Open
37.57	Steven Clark	1991	23-Jan	JS Open
37.71	Isaac Rynn	1989	16-Jan	Golden Bear
37.99	Scott Ratzlaff	1990	05-Dec	Dino Opener
38.02	Ryan McKay	1993	05-Dec	Dino Opener

39.95	Alex Bymoan	1994	23-Jan	JS Open
40.50	Bryce Clements	1994	05-Dec	Dino Opener
40.55	Jeff Melling	1994	09-Jan	Dino Classic
41.08	Brandon Fong	1993	05-Dec	Dino Opener
41.79	Paul Boudreau	1994	09-Jan	Dino Classic
41.99	Nicholas Buettner	1995	13-Mar	Indoor Prov
42.16	Volodymyr Khudych	1993	09-Jan	Dino Classic
43.31	Thomas Kellner	1994	05-Dec	Dino Opener
43.75	Daniel Yee	1994	23-Jan	JS Open
44.49	Aidan Nickel	1995	09-Jan	Dino Classic
45.14	Cuauhti Olguin	1995	13-Mar	Indoor Prov
46.3	Matthew Springer	1995	13-Mar	Indoor Prov
46.60	Aidan Nickel	1995	05-Dec	Dino Opener
47.51	Casey Yuen	1994	23-Jan	JS Open
47.85	Brent Bester	1995	13-Mar	Indoor Prov
48.28	Charlie Meister	1995	05-Dec	Dino Opener
48.93	Connor Stevens	1996	09-Jan	Dino Classic
52.65	Brent Stephen	1996	09-Jan	Dino Classic

Male 400m 08/09 T Ratzlaff 48.00

53.49	Alex Smith	1993	16-Jan	Golden Bear
53.59	Steven Clark	1991	16-Jan	Golden Bear
53.78	Isaac Rynn	1989	13-Mar	Indoor Prov
56.03	Brandon Fong	1993	13-Mar	Indoor Prov
56.20	Bryce Clements	1994	16-Jan	Golden Bear
57.29	Jeff Melling	1994	13-Mar	Indoor Prov
1.00.12	Drew Temple-Smith	1994	16-Jan	Golden Bear

Male 600m 08/09 T Ratzlaff 1.18.49

1.19.66F	Mike Saizew	1987	13-Mar	CI's
1.20.19	Trent Ratzlaff	1986	06-Feb	Bison Classic
1.23.89	Scott Ratzlaff	1990	06-Feb	Bison Classic
1.24.64	Abdel Dib	1989	23-Jan	JS Open
1.28.62	Gareth Hadfield	1992	23-Jan	JS Open
1.43.09	Aidan Nickel	1995	23-Jan	JS Open
1.53.34	Vax Vogelgesang	1997	23-Jan	JS Open
2.00.43	Patrick Meister	1997	13-Mar	Indoor Prov
2.04.92	Ben Meister	1998	23-Jan	JS Open
2.05.74	Harrison Matsuoka	1998	23-Jan	JS Open
2.06.67	Graeme Saxberg	1998	23-Jan	JS Open
2.07.50	Charlie Meister	1995	23-Jan	JS Open
2.08.02	Sean Thuna	1997	13-Mar	Indoor Prov
2.19.33	Dawson O'Brien	1999	13-Mar	Indoor Prov
2.48.52	Kevin Falkenberg	1999	23-Jan	JS Open

Male 800m 08/09 M Saizew 1.53.64

2.09.17	Brandon Fong	1993	13-Mar	Indoor Prov
2.10.29	Chris Fitzgibbon	1994	13-Mar	Indoor Prov

2.14.25	Jeff Melling	1994	13-Mar	Indoor Prov
2.15.96	Sean Foster	1994	13-Mar	Indoor Prov
2.19.52	Cuauhti Olguin	1995	05-Dec	Dino Opener
2.27.89	Merhoui Tume	1992	05-Dec	Dino Opener
2.31.73	Aidan Nickel	1995	05-Dec	Dino Opener
2.32.82	Bryce Clements	1994	24-Apr	Dino Challenge
2.34.69	Brent Bester	1995	24-Apr	Dino Challenge
2.46.29	Patrick Meister	1997	24-Apr	Dino Challenge
2.49.15	Charlie Meister	1995	24-Apr	Dino Challenge
2.50.53	Ben Meister	1998	24-Apr	Dino Challenge
2.55.41	Sean Thuna	1997	05-Dec	Dino Opener
2.58.01	Brent Stephen	1996	05-Dec	Dino Opener
3.00.02	Matthew Springer	1995	05-Dec	Dino Opener
3.06.51	Michael Bhatla	1997	24-Apr	Dino Challenge
3.10.36	Dawson O'Brien	1999	13-Mar	Indoor Prov

Male 1000m 08/09 M Theriault 2.29.32

2.39.04	Abdel Dib	1989	09-Jan	Dino Classic
2.53.25	Chris Fitzgibbon	1994	09-Jan	Dino Classic
2.53.51	Merhoui Tume	1992	09-Jan	Dino Classic
3.09.15	Cuauhti Olguin	1995	09-Jan	Dino Classic
3.17.39	Aidan Nickel	1995	09-Jan	Dino Classic
3.25.10	Brent Bester	1995	09-Jan	Dino Classic
3.46.44	Max Vogelgesang	1997	09-Jan	Dino Classic
3.48.44	Patrick Meister	1997	09-Jan	Dino Classic
3.48.78	Sean Thuna	1997	09-Jan	Dino Classic
3.55.05	Ben Meister	1998	09-Jan	Dino Classic
4.03.61	Michael Bhatla	1997	09-Jan	Dino Classic

Male 1200m

3.38.18	Cuauhti Olguin	1995	13-Mar	Indoor Prov
3.59.85	Brent Bester	1995	13-Mar	Indoor Prov
4.35.18	Max Vogelgesang	1997	23-Jan	JS Open
4.39.68	Patrick Meister	1997	23-Jan	JS Open
4.45.41	Ben Meister	1998	23-Jan	JS Open

Male 1500m

4.01.42	Madison Theriault	1988	16-Jan	Golden Bear
4.09.20	Gareth Hadfield	1992	13-Mar	Indoor Prov
4.24.09	Merhoui Tume	1992	13-Mar	Indoor Prov
4.35.67	Chris Fitzgibbon	1994	13-Mar	Indoor Prov
4.41.33	Sean Foster	1994	13-Mar	Indoor Prov

Male 2000m 06/07 Gareth Hadfield 6.47.55

7.07.89	Brent Bester	1995	13-Mar	Indoor Prov
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Male 3000m 06/07 8.46.18 Nyial Majock

8.53.20	Gareth Hadfield	1992	06-Feb	Bison Classic
8.58.70	Abdel Dib	1989	13-Mar	Indoor Prov
9.36.03	Merhoui Tume	1992	13-Mar	Indoor Prov
11.19.32	Brent Bester	1995	24-Apr	Dino Challenge
11.24.89	Patrick Lyster	1996	24-Apr	Dino Challenge
13.00.10	Alex McDuffie	1996	24-Apr	Dino Challenge
13.31.73	Harrison Matsuoka	1998	24-Apr	Dino Challenge

Male 60mH 08/09 E. Clark 8.30 all results with age class specs

8.56 36"	Alex Smith	1993	16-Jan	Golden Bear
8.86 39"	Steven Clark	1991	13-Mar	Indoor Prov
8.98 36"	Ryan McKay	1993	16-Jan	Golden Bear
9.20 33"	Bryce Clements	1994	05-Dec	Dino Opener
9.60 36"	Bryce Clements	1994	16-Jan	Golden Bear
11.54 33"	Nicholas Buettner	1995	13-Mar	Indoor Prov
12.29 33"	Brent Bester	1995	13-Mar	Indoor Prov
12.37 33"	Brent Stephen	1996	13-Mar	Indoor Prov

Male LJ

6.50	Ryan McKay	1993	13-Mar	Indoor Prov
6.50	Dillon Popkes	1991	13-Mar	Indoor Prov
5.42	Thomas Kellner	1994	16-Jan	Golden Bear
5.48	Alex Bymoan	1994	13-Mar	Indoor Prov
5.13	Drew Crawford	1994	13-Mar	Indoor Prov
4.93	Bryce Clements	1994	16-Jan	Golden Bear
4.62	Matthew Springer	1995	13-Mar	Indoor Prov
3.71	Charlie Meister	1995	13-Mar	Indoor Prov
3.43	Patrick Meister	1997	13-Mar	Indoor Prov
3.32	Ben Meister	1998	13-Mar	Indoor Prov
3.32	Sean Thuna	1997	13-Mar	Indoor Prov
3.23	Brent Stephen	1996	13-Mar	Indoor Prov
2.85	Dawson O'Brien	1999	13-Mar	Indoor Prov

Male TJ

13.76	Ryan McKay	1993	13-Mar	Indoor Prov
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Male HJ

1.90	Sam Babcock	1993	05-Dec	Dino Opener
1.85	Dillon Popkes	1991	13-Mar	Indoor Prov
1.70	Alex Bymoan	1994	19-Feb	Kamloops
1.50	Drew Crawford	1994	13-Mar	Indoor Prov
1.40	Matthew Springer	1995	13-Mar	Indoor Prov
1.35	Brent Bester	1995	13-Mar	Indoor Prov
1.30	Charlie Meister	1995	13-Mar	Indoor Prov
1.20	Brent Stephen	1996	13-Mar	Indoor Prov
1.15	Patrick Meister	1997	13-Mar	Indoor Prov
1.15	Sean Thuna	1997	13-Mar	Indoor Prov
1.10	Ben Meister	1998	13-Mar	Indoor Prov

0.90	Dawson O'Brien	1999	13-Mar	Indoor Prov
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Male SP

13.27	4kg	Ryan Sceviour	1995	13-Mar	Indoor Prov
12.29	5kg	Alex Bymoan	1994	13-Mar	Indoor Prov
6.89	4kg	Brent Bester	1995	16-Jan	Golden Bear
5.42	3kg	Ben Meister	1998	13-Mar	Indoor Prov
5.39	3kg	Patrick Meister	1997	13-Mar	Indoor Prov
5.38	4kg	Brent Stephen	1996	13-Mar	Indoor Prov
5.05	2kg	Dawson O'Brien	1999	13-Mar	Indoor Prov
3.84	3kg	Sean Thuna	1997	13-Mar	Indoor Prov

Male Med Ball

4.07	Patrick Meister	1997	13-Mar	Indoor Prov
4.01	Ben Meister	1998	13-Mar	Indoor Prov
3.83	Sean Thuna	1997	13-Mar	Indoor Prov
3.75	Dawson O'Brien	1999	13-Mar	Indoor Prov

Male PV 08/09 M. Baerg 4.32

Male Indoor Pentathlon 07/08 Sam Babcock 2966 Prov Record Midget
All done in own age group

Male Bantam Speed 06/07 1250 Alex Bymoan

Male Bantam Stamina Indoor Prov Record ***1329*** Alex B 06/07

Outdoor Season Bests 2010

MARK	NAME	Y OF B	DATE	MEET
Female 50m	2010 A. Martin 8.37			
8.37	Alison Martin	2000	30-May	Hershey-Zone
9.83	Julia Martin	2003	30-May	Hershey-Zone
10.74	Gillian Emerson	2000	30-May	Hershey-Zone
Female 60m	2010 A. Martin 9.37			
9.37	Alison Martin	2000	15-May	Spring Challenge
9.96	Hanna Svensson	1999	June	Prov
11.22	Julia Martin	2003	18-Jun	Classic
11.58	Cameron Knowles	1999	18-Jun	Classic
12.19	Annette Berry	2000	18-Jun	Classic
Female 80m	2010 E. Martin 11.12			
11.12	Emma Martin	1997	June	Prov
11.66	Dana Gerlitz	1997	18-Jun	Classic
11.94	Mia Hull	1998	18-Jun	Classic
12.12	Emma Chong	1998	18-Jun	Classic
12.45	Delainey Conibear	1997	18-Jun	Classic
12.45	Anna Glover	1997	June	Prov
12.54	Maddie Yee	1997	June	Prov
12.57	Heather Wood	1998	18-Jun	Classic
13.41	Steph Berry	1997	15-May	Spring Challenge
13.90	Rhea Foster	1998	18-Jun	Classic
Female 100m	2010 M. Beatch 12.75			
12.75	Megan Beatch	1986	March	Las Vegas
12.99	Sarah Hughes	1994	18-Jun	Classic
13.10	Ellie Hirst	1995	24-Jul	Mid/Youth Champ
13.18	Nicole Squires	1995	18-Jun	Classic
13.24	Allison Stephen	1995	24-Jul	Mid/Youth Champ
13.41	Steph Berry	1997	15-May	Spring Challenge
13.51	Katherine Heinrichs	1992	18-Jun	Classic
13.54	Jasmine Galey	1995	18-Jun	Classic
13.70	Jessica Kalmakoff	1995	18-Jun	Classic
13.74	Antha Dietrich-Henderson	1996	15-May	Spring Challenge
13.94	Janessa Tiberio	1996	15-May	Spring Challenge
13.99	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
14.04	Siri Svennson	1996	15-May	Spring Challenge
14.08	Melissa Torrance	1995	18-Jun	Classic
14.20	Kendall Chong	1996	18-Jun	Classic
14.30	Bailey Birkkjaer	1996	18-Jun	Classic
14.66	Kennedy Dunkle	1996	15-May	Spring Challenge
14.67	Lauren Garnett	1995	June	Prov
14.72	Emma Martin	1997	08-May	NB 1

14.79	Dana Gerlitz	1997	15-Jul	NB #3
14.80	Julia Bayne	1996	18-Jun	Classic
15.13	Mia Hull	1998	30-May	Hershey Zone
15.39	Josie Robostan	1996	15-May	Spring Challenge
15.50	Anna Glover	1997	15-Jul	NB #3
15.51	Heidi Halstead	1992	18-Jun	Classic
15.72	Emma Chong	1998	08-May	NB 1
16.13	Madelaine Yee	1997	15-Jul	NB #3
16.35	Heather Wood	1998	08-May	NB 1
16.41	Delainy Conibear	1997	08-May	NB 1
16.50	Alison Martin	2000	30-May	Hershey Zone
17.74	Jasper Crockford	2001	30-May	Hershey Zone
18.39	Alia Sims	2001	30-May	Hershey Zone
18.54	Rhea Foster	1998	08-May	NB 1
19.01	Julia Martin	2003	30-May	Hershey Zone
19.62	Gillian Emerson	2000	30-May	Hershey Zone
22.58	Zoe Lord	2001	30-May	Hershey Zone

Female 150m 2010 E. Martin 20.79

20.79	Emma Martin	1997	June	Prov
22.37	Dana Gerlitz	1997	June	Prov
22.65	Mia Hull	1998	June	Prov
22.77	Emma Chong	1998	15-May	Spring Challenge
23.42	Delainy Conibear	1997	June	Prov
23.59	Anna Glover	1997	June	Prov
23.75	Heather Wood	1998	June	Prov
24.05	Alison Martin	2000	15-May	Spring Challenge
24.19	Madelaine Yee	1997	15-May	Spring Challenge
24.64	Hanna Svensson	1999	June	Prov
26.32	Steph Berry	1997	15-May	Spring Challenge
27.27	Rhea Foster	1998	15-May	Spring Challenge

Female 200m 2007 B. Pagsisihan 26.21

26.30	Megan Beatch	1986	15-May	Spring Challenge
26.54	Allison Stephen	1995	10-Jul	Sen Prov
26.72	Sarah Hughes	1994	June	Prov
26.84	Nicky Charlesworth	1994	15-May	Spring Challenge
26.86	Holly Ratzlaff	1984	15-May	Spring Challenge
27.29	Ellie Hirst	1995	24-Jul	Mid/Youth Champ
27.61	Nicole Squires	1995	June	Prov
27.95	Jasmine Galey	1995	08-May	NB 1
28.00	Emma Martin	1997	30-May	Hershey Zone
28.29	Katherine Heinrichs	1992	18-Jun	Classic
28.52	Jessica Kalmakoff	1995	22-May	NB 2
28.64	Nikki Barlow	1990	08-May	NB 1
28.72	Katherine Heinrichs	1994	22-May	NB 2
28.86	Janessa Tiberio	1996	24-Jul	Summer Games
28.99	Antha Dietrich-Henderson	1996	June	Prov
29.23	Siri Svensson	1996	15-May	Spring Challenge
29.50	Emily Wilson-Bodnar	1996	30-May	Hershey Zone

29.50	Melissa Torrance	1995	18-Jun	Classic
29.82	Rachel Yee	1992	22-May	NB 2
29.96	Kendall Chong	1996	June	Prov
30.22	Jenna Demchuk	1992	15-May	Spring Challenge
30.36	Bailey Birkkjaer	1996	15-May	Spring Challenge
30.69	Lauren Fridman	1996	22-May	NB 2
30.53	Dana Gerlitz	1997	22-May	NB 2
30.92	Lauren Garnett	1995	18-Jun	Classic
30.95	Kennedy Dunkle	1996	15-May	Spring Challenge
31.16	Mia Hull	1998	22-May	NB 2
31.66	Josie Robostan	1996	18-Jun	Classic
32.60	Delainy Conibear	1997	22-May	NB 2
32.96	Madelaine Yee	1997	22-May	NB 2
33.14	Anna Glover	1997	22-May	NB 2
33.98	Heather Wood	1998	22-May	NB 2
36.00	Jasper Crockford	2001	30-May	Hershey Zone
38.61	Steph Berry	1997	08-May	NB 1
40.00	Alia Sims	2001	30-May	Hershey Zone
41.21	Rhea Foster	1998	08-May	NB 1

Female 300m 2010 E. Hirst 41.78

41.78	Ellie Hirst	1995	06-Aug	Legion Nat
42.23	Allison Stephen	1995	15-May	Spring Challenge
43.42	Nicole Squires	1995	24-Jul	Mid/Youth Champ
44.36	Jasmine Galey	1995	24-Jul	Mid/Youth Champ
45.35	Jessica Kalmakoff	1995	18-Jun	Classic
46.09	Janessa Tiberio	1996	15-May	Spring Challenge
46.61	Siri Svensson	1996	15-May	Spring Challenge
48.02	Lauren Fridman	1996	15-Jul	NB #3
48.34	Melissa Torrance	1995	18-Jun	Classic
48.71	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
48.76	Kendall Chong	1996	15-May	Spring Challenge
48.87	Antha Dietrich-Henderson	1996	18-Jun	Classic
51.85	Delainy Conibear	1997	22-May	NB 2
52.31	Mia Hull	1998	22-May	NB 2

Female 400m 2007 H Ratzlaff 55.71

56.25	Holly Ratzlaff	1984	03-Jul	Abbotsford
58.61	Megan Beatch	1986	15-May	Spring Challenge
1.00.94	Gloria Kanuka	1991	June	Prov
1.01.57	Allison Stephen	1995	15-Jul	NB #3
1.01.59	Heather Sim	1985	15-May	Spring Challenge
1.02.64	Sarah Hughes	1994	18-Jun	Classic
1.03.32	Jackie Wigg	1989	22-May	NB 2
1.03.53	Gloria Kanuka	1991	15-May	Spring Challenge
1.04.05	Nikki Barlow	1990	15-May	Spring Challenge
1.05.65	Jasmine Galey	1995	March	Las Vegas
1.06.91	Rachel Yee	1992	14-May	Dino HS
1.07.12	Jenna Demchuk	1992	14-May	Dino HS
1.08.62	Amy Johnson	1994	14-May	Dino HS

1.19.50	Stella Jones	2000	30-May	Hershey Zone
1.21.00	Britnee Litzenberger	1999	30-May	Hershey Zone

Female 600m 2007 R Romero 1.36.68

1.59.07	Annette Berry	2000	18-Jun	Classic
2.05.96	Alison Martin	2000	18-Jun	Classic
2.11.42	Hanna Svensson	1999	June	Prov
2.38.87	Cameron Knowles	1999	18-Jun	Classic
2.46.56	Julia Martin	2003	18-Jun	Classic

Female 800m 2009 H Ratzlaff 2.06.98

2.08.20	Holly Ratzlaff	1984	31-Jul	Sen Nat
2.13.54	Heather Sim	1985	05-Jul	Harry Jerome
2.14.74	Gloria Kanuka	1991	15-Jul	NB #3
2.20.14	Holly Stockall	1990	June	Prov
2.23.29	Adrienne Erdman	1994	June	Prov
2.29.52	Katelyn Campbell	1995	18-Jun	Classic
2.31.10	Emma Martin	1997	15-May	Spring Challenge
2.31.32	Katie Huang	1992	18-Jun	Classic
2.34.90	Ellie Hirst	1995	15-May	Spring Challenge
2.35.80	Lauren Fridman	1996	15-Jul	NB #3
2.35.88	Rachel Yee	1992	June	HS Cities
2.49.28CE	Lauren Garnett	1995	15-May	Spring Challenge
2.50.00	Jane Kuppe	1996	30-May	Hershey Zone
2.57.48	Amy Johnson	1994	12-May	Dino HS
2.58.18	Mia Hull	1998	18-Jun	Classic
2.58.77	Delainy Conibear	1997	June	Prov
3.02.31	Emma Chong	1998	18-Jun	Classic
3.07.92	Deniz Kaya	1992	12-May	Dino HS
3.10.76	Anna Glover	1997	June	Prov
3.10.79	Heather Wood	1998	June	Prov
3.15.11	Maddie Yee	1997	18-Jun	Classic
3.20.00	Cameron Knowles	1999	30-May	Hershey Zone

Female 1000m 2007 H Sim 2.55.80

3.50.50	Stella Jones	2000	18-Jun	Classic
3.57.54	Alison Martin	2000	18-Jun	Classic
4.40.38	Cameron Knowles	1999	18-Jun	Classic

Female 1200m 2009 A Erdman 3.53.70

4.04.97	Katelyn Campbell	1995	15-May	Spring Challenge
4.06.89	Emma Martin	1997	15-May	Spring Challenge
4.08.72	Lauren Fridman	1996	24-Jul	Summer Games
4.13.12	Chase O'Brien	1996	18-Jun	Classic
4.32.44	Jane Kuppe	1996	18-Jun	Classic
4.39.6h	Delainy Conibear	1997	June	Prov

4.56.04	Heather Wood	1998	15-May	Spring Challenge
5.01.96	Madelaine Yee	1997	June	Prov
5.08.1h	Anna Glover	1997	June	Prov

Female 1500m 2008 H Sim 4.25.07

4.31.78	Heather Sim	1985	07-Jul	Victoria
4.38.05	Tara Dressler	1984	18-Jun	Classic
4.55.60	Holly Stockall	1990	18-Jun	Classic
4.59.55	Adrienne Erdman	1994	June	HS Prov
5.27.17	Katie Huang	1992	June	Prov

Female 1600m 2009 C O'Brien 5.45.83

5.57.00	Emma Martin	1997	30-May	Hershey Zone
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Female Mile 2009 H Sim 5.05.90

Female 2000m 2009 A Erdman 6.54.04

7.18.13	Katelyn Campbell	1995	24-Jul	Mid/Youth Champ
7.20.79	Chase O'Brien	1996	18-Jun	Classic
9.49.17	Heather Wood	1998	08-May	NB 1

Female 3000m 2007 L Ogradnik 9.59.39

Female 5000m 2007 F Stenning 17.15.55

Female 60mH 2010 A. Martin 12.19

12.19	Alison Martin	2000	18-Jun	Classic
13.12	Stella Jones	2000	18-Jun	Classic
14.72	Cameron Knowles	1999	18-Jun	Classic

**Female 80mH 2010 N. Charlesworth 11.95 30"
2010 E. Chong 15.71 27"**

11.95	Nicky Charlesworth	1994	June	HS Prov
12.62	Nicole Squires	1995	24-Jul	Mid/Youth Champ
13.69	Emily Wilson-Bodnar	1996	24-Jul	Summer Games
14.65	Lauren Garnett	1995	18-Jun	Classic
14.90	Kendall Chong	1996	18-Jun	Classic
15.27	Bailey Birkkjaer	1996	15-May	Spring Challenge
15.71	Emma Chong	1998	18-Jun	Classic
16.14	Emma Martin	1997	18-Jun	Classic
16.49	Mia Hull	1998	18-Jun	Classic
16.62	Jessica Kalmakoff	1995	15-May	Spring Challenge
17.00	Maddie Yee	1997	18-Jun	Classic
17.35	Heather Wood	1998	18-Jun	Classic

19.09	Steph Berry	1997	15-May	Spring Challenge
Female 100mH 2010 N Charlesworth 14.40 30"				
2010 N Charlesworth 14.93 33"				
14.40	Nicky Charlesworth	1994	06-Aug	Legion Nat
14.93	Nicky Charlesworth	1994	June	Prov
17.90	Katelyn Bymoen	1992	March	Las Vegas
Female 200mH 2009 KA Meeuwisse 29.72				
30.76	Nicole Squires	1995	June	Prov
31.69	Jasmine Galey	1995	24-Jul	Mid/Youth Champ
32.58	Emily Wilson-Bodnar	1996	24-Jul	Summer Games
33.47	Allison Stephen	1995	22-May	NB 2
33.68	Kendall Chong	1996	24-Jul	Summer Games
33.80	Lauren Garnett	1995	22-May	NB 2
Female 300mH 2009 KA Meeuwisse 47.55				
49.07	Adrienne Erdman	1994	22-May	NB 2
49.22	Nicky Charlesworth	1994	March	Las Vegas
55.64	Katelyn Bymoen	1992	March	Las Vegas
Female 400mH 2007 H Ratzlaff 1.01.27				
1.05.33	Holly Ratzlaff	1984	15-May	Spring Challenge
1.05.44	Megan Beatch	1986	15-May	Spring Challenge
Female 1500SC 2007 T Dressler 4.57.93				
5.11.27	Tara Dressler	1984	15-Jul	NB #3
5.40.38	Katelyn Campbell	1995	24-Jul	Mid/Youth Champ
Female 2000SC 2008 T Dressler 7.07.01				
7.07.99	Tara Dressler	1984	08-May	NB 1
7.25.49	Adrienne Erdman	1994	24-Jul	Mid/Youth Champ
Female 3000SC 2007 T Dressler 10.31.12				
10.57.40	Tara Dressler	1984	10-Jul	Sen Prov
Female 1500 RW 2009 E Chappell 10.02.36				
Female 5k RW 2008 K Samoilo 26.59.80				

Female 20k RW 2008 K Samoil 2:00.01.00**Female LJ 1 m Take Off
2010 A Martin 3.86**

3.86	Alison Martin	2000	18-Jun	Classic
3.85	Annette Berry	2000	18-Jun	Classic
3.50	Hanna Svensson	1999	18-Jun	Classic
2.88	Julia Martin	2003	18-Jun	Classic
2.70	Cameron Knowles	1999	18-Jun	Classic
2.60	Lindsay Williams	1999	18-Jun	Classic
2.33	Abigail Williams	2001	18-Jun	Classic

Female LJ 2006 Nikki M 5.36

5.16	Nicky Charlesworth	1994	18-Jun	Classic
4.53	Ellie Hirst	1995	15-Jul	NB #3
4.28	Chase O'Brien	1996	18-Jun	Classic
4.20	Katherine Heinrichs	1992	18-Jun	Classic
4.16	Emma Martin	1997	18-Jun	Classic
4.14	Kendall Chong	1996	June	Prov
4.09	Jessica Kalmakoff	1995	15-May	Spring Challenge
4.07	Siri Svensson	1996	18-Jun	Classic
4.03	Anthia Dietrich-Henderson	1996	18-Jun	Classic
3.97	Melissa Torrance	1995	18-Jun	Classic
3.88	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
3.85	Allison Stephen	1995	10-Jul	Sen Prov
3.71	Emma Martin	1997	June	Prov
3.69	Josie Robostan	1996	18-Jun	Classic
3.68	Lauren Garnett	1995	June	Prov
3.65	Emma Chong	1998	15-May	Spring Challenge
3.62	Kennedy Dunkle	1996	15-May	Spring Challenge
3.58	Madelaine Yee	1997	15-May	Spring Challenge
3.52	Mia Hull	1998	18-Jun	Classic
3.51	Dana Gerlitz	1997	15-Jul	NB #3
3.48	Teaghan Stack	1997	18-Jun	Classic
3.46	Heather Wood	1998	15-May	Spring Challenge
3.46	Alison Martin	2000	15-May	Spring Challenge
3.44	Heidi Halstead	1992	18-Jun	Classic
3.39	Anna Glover	1997	15-May	Spring Challenge
3.22	Delainy Conibear	1997	18-Jun	Classic
3.18	Steph Berry	1997	15-May	Spring Challenge
2.91	Rhea Foster	1998	15-May	Spring Challenge
2.71	Bailey Birkkjaer	1996	15-May	Spring Challenge

Female Standing Long Jump 2008 N Charlesworth 2.36

2.19	Emily Wilson-Bodnar	1996	30-May	Hershey Zone
1.96	Emma Chong	1998	30-May	Hershey Zone
1.95	Hanna Svensson	1999	30-May	Hershey Zone
1.80	Stella Jones	2000	30-May	Hershey Zone

1.77	Alison Martin	2000	15-May	Spring Challenge
1.60	Jasper Crockford	2001	30-May	Hershey Zone

Female TJ 2007 K Tse 11.69

10.89	Kim Tse	1986	18-Jun	Classic
9.28	Emily Wilson-Bodnar	1996	June	Prov
8.79	Allison Stephen	1995	June	Prov
8.45	Anthia Dietrich-Henderson	1996	June	Prov

Female HJ 2009 N Charlesworth 1.70

1.65	Nicky Charlesworth	1994	June	HS Prov
1.46	Kendall Chong	1996	June	Prov
1.45	Lauren Fridman	1996	18-Jun	Classic
1.40	Emily Wilson-Bodnar	1996	15-May	Spring Challenge
1.30CE	Lauren Garnett	1995	15-May	Spring Challenge
1.30	Janessa Tiberio	1996	15-May	Spring Challenge
1.25	Ellie Hirst	1995	15-May	Spring Challenge
1.20	Julia Bayne	1996	18-Jun	Classic
1.20	Emma Martin	1997	June	Prov
1.20	Mia Hull	1998	18-Jun	Classic
1.20	Rebecca Silver	1997	18-Jun	Classic
1.20	Emma Chong	1998	15-May	Spring Challenge
1.15	Anthia Dietrich-Henderson	1996	June	Prov
1.15	Madelaine Yee	1997	18-Jun	Classic
1.15	Anna Glover	1997	22-May	NB 2
1.15	Emma Martin	1997	18-Jun	Classic
1.15	Heather Wood	1998	18-Jun	Classic
1.00	Alison Martin	2000	18-Jun	Classic
0.95	Cameron Knowles	1999	18-Jun	Classic
0.90	Stella Jones	2000	18-Jun	Classic
0.80	Julia Martin	2003	18-Jun	Classic

**Female SP 2007 T Johnson 10.12 4kg
2010 M Jacso 8.69 3 kg
2010 A Martin 4.73 2 kg**

8.69	Maria Jacso	1995	15-May	Spring Challenge	3 kg
8.05	Madelaine Yee	1997	18-Jun	Classic	3 kg
7.98	Siri Svensson	1996	June	Prov	3 kg
7.46	Teaghan Stack	1997	18-Jun	Classic	3 kg
7.32	Emma Martin	1997	18-Jun	Classic	3 kg
6.76	Dana Gerlitz	1997	June	Prov	3 kg
6.62	Anthia Dietrich-Henderson	1996	15-May	Spring Challenge	3 kg
6.36	Hanna Svensson	1999	June	Prov	3kg
6.35	Deniz Kaya	1992	12-May	Dino HS	4 kg
6.11CE	Lauren Garnett	1995	15-May	Spring Challenge	3 kg
5.89	Delainy Conibear	1997	June	Prov	3 kg
5.63	Jessica Kalmakoff	1995	24-Jul	Summer Games	3 kg
5.34	Anna Glover	1997	18-Jun	Classic	3 kg
5.31	Mia Hull	1998	22-May	NB 2	3 kg

4.73	Alison Martin	2000	15-May	Spring Challenge	2 kg
4.23	Rhea Foster	1998	June	Prov	3 kg
3.67	Annette Berry	2000	18-Jun	Classic	3 kg
3.27	Lindsay Williams	1999	18-Jun	Classic	3 kg
3.26	Abigail Williams	2001	18-Jun	Classic	3 kg
3.00	Cameron Knowles	1999	18-Jun	Classic	3 kg
2.30	Julia Martin	2003	18-Jun	Classic	3 kg

Female Javelin 2007 J Wamsley 32.57

17.89	Lauren Fridman	1996	June	Prov
17.81	Jenny Steele-Kyle	1994	18-Jun	Classic
17.67	Madelaine Yee	1997	10-Jul	Sen Prov
15.91	Dana Gerlitz	1997	June	Prov
15.42	Maria Jacso	1995	18-Jun	Classic
13.87	Teaghan Stack	1997	18-Jun	Classic
12.60	Bailey Birkkjaer	1996	18-Jun	Classic
12.32	Antha Dietrich-Henderson	1996	22-May	NB 2
9.64	Lauren Garnett	1995	June	Prov

**Female Discus 2007 T Johnson 33.15 1 kg
2010 M Yee 23.52 750g**

23.52	Madelaine Yee	1997	10-Jul	Sen Prov	750g
21.88	Madelaine Yee	1997	15-May	Spring Challenge	1 kg
21.35	Maria Jacso	1995	15-May	Spring Challenge	1 kg
20.76	Deniz Kaya	1992	14-May	Dino HS	1 kg
20.67	Jenny Steele-Kyle	1994	18-Jun	Classic	1 kg
19.32	Teaghan Stack	1997	18-Jun	Classic	750g
17.79	Dana Gerlitz	1997	18-Jun	Classic	750g
17.38	Emma Martin	1997	June	Prov	750g
14.52	Mia Hull	1997	18-Jun	Classic	750g
9.40	Stella Jones	2000	18-Jun	Classic	750 g
8.48	Alison Martin	2000	18-Jun	Classic	750 g
7.07	Cameron Knowles	1999	18-Jun	Classic	750 g
3.92	Julia Martin	2003	18-Jun	Classic	750 g

Female HT 2007 T Johnson 35.71

Fem. Ball Throw 2008 N Charlesworth 43.66

27.77	Madelaine Yee	1997	15-May	Spring Challenge
23.57	Emma Martin	1997	15-May	Spring Challenge
18.73	Steph Berry	1997	15-May	Spring Challenge
18.10	Alison Martin	2000	30-May	Hershey Zone
15.83	Stella Jones	2000	30-May	Hershey Zone
15.65	Rhea Foster	1998	15-May	Spring Challenge
14.60	Hanna Svensson	1999	June	Prov
8.65	Julia Martin	2003	30-May	Hershey Zone

Female PV 2009 L Schneider 3.30

Female Speed Tetrathlon 2008 B Toffolo 1009

Female Speed Triathlon 2009 A Parker 435

Female Throws Tetrathlon 2007 N Charlesworth 876

Female Jumps Tetrathlon 2007 KA Meeuwisse 977

Female Stamina Tetrathlon 2008 A stephen 1075

Female Stamina Triathlon 2008 E Martin 455

Female Pent 2008 N Charlesworth 2848

1886 Lauren Garnett 1995 15-May Spring Challenge

Female Hep 2007 J Green 2200

Male 50m 2009 P Brierlay 8.70

Male 60m 2010 B O'Yeung 9.58

9.58 Brennan O'Yeung 1999 18-Jun Classic
10.32 Kieran Murphy 2001 18-Jun Classic
10.43 Ty Fitzgerald 2000 18-Jun Classic

Male 80m 2010 A Charlesworth 11.60

11.60 Alex Charlesworth 1997 18-Jun Classic
11.65 Liam Kuppe 1998 18-Jun Classic
12.07 Lockie McClave 1997 15-May Spring Challenge
12.44 Nathan Kalmakoff 1997 18-Jun Classic
12.52 Sean Thuna 1997 15-May Spring Challenge
12.99 Ben Meister 1998 15-May Spring Challenge

Male 100m 2009 R McKay 11.07

11.18 Ryan McKay 1993 June HS Cities
11.25 Alex Bymoan 1994 March Las Vegas
11.65P Alex Smith 1993 18-Jun Classic

11.76P	Nicholas Buettner	1995	18-Jun	Classic
11.79P	Bryce Clements	1994	18-Jun	Classic
12.07	Alex Ivan	1994	15-Jul	NB #3
12.10	Isaac Rynn	1989	08-May	NB 1
12.32P	Tyler Sklenka	1996	June	Prov
12.33F	Paul Boudreau	1994	15-May	Spring Challenge
12.48F	Drew Crawford	1994	15-May	Spring Challenge
12.53	Casey Yuen	1994	15-May	Spring Challenge
12.56	Daniel Yee	1994	18-Jun	Classic
12.59	Rui Dong	1995	15-Jul	NB #3
12.61	Tim Newman	1995	18-Jun	Classic
12.80	Thomas Kellner	1994	March	Las Vegas
12.84	Alex McDuffie	1996	18-Jun	Classic
12.90	Austin Ost	1995	15-Jul	NB #3
12.90	Scott McClure	1996	18-Jun	Classic
12.99	Rhykel Biedermann	1994	14-May	Dino HS
13.18	Patrick Lyster	1996	24-Jul	Summer Games
13.27	Abtin Motamedi	1996	June	Prov
13.44	Matthew Springer	1995	18-Jun	Classic
13.55CE	Rowan McClave	1995	15-May	Spring Challenge
14.11	Jackson Shulz	1996	18-Jun	Classic
14.19	Thomas Wood	1994	18-Jun	Classic
14.61	Alex Charlesworth	1997	08-May	NB 1
14.80	Liam Kuppe	1998	30-May	Hershey Zone
15.85	Lockie McClave	1997	08-May	NB 1
15.95	Nathan Kalmakoff	1997	08-May	NB 1
17.23	Ty Fitzgerald	2000	30-May	Hershey Zone
17.36	Eric Foster	1996	08-May	NB 1
18.55	Matthew Schalm	1996	08-May	NB 1

Male 150m 2010 A Charlesworth 21.73

21.73	Alex Charlesworth	1997	June	Prov
23.10	Patrick Meister	1997	15-May	Spring Challenge
23.19	Nathan Kalmakoff	1997	15-May	Spring Challenge
23.25	Sean Thuna	1997	15-May	Spring Challenge
25.41	Michael Bhatla	1997	15-May	Spring Challenge

Male 200m 2010 M Saizew 22.51

22.51	Mike Saizew	1987	22-May	NB 2
23.00	Trent Ratzlaff	1986	08-May	NB 1
23.02F	Ryan McKay	1993	15-May	Spring Challenge
23.27P	Alex Smith	1993	June	HS Prov
23.58	Dillon Popkes	1991	18-Jun	Classic
23.42	Alex Bymoan	1994	June	HS Cities
24.11	Steven Clark	1991	08-May	NB 1
24.11P	Alex Ivan	1994	June	Prov
24.47P	Bryce Clements	1994	18-Jun	Classic
24.51P	Felix Li	1989	15-May	Spring Challenge
24.64	Isaac Rynn	1989	08-May	NB 1
24.76P	Nicholas Buettner	1995	June	Prov

25.44	Paul Boudreau	1994	June	Prov
25.76P	Tyler Sklenka	1996	15-May	Spring Challenge
25.76	Casey Yuen	1994	22-May	NB 2
26.08	Tim Newman	1995	18-Jun	Classic
26.51	Rui Dong	1995	15-May	Spring Challenge
26.52	Alex McDuffie	1996	June	Prov
26.96	Scott McClure	1996	15-May	Spring Challenge
27.17	Thomas Kellner	1994	08-May	NB 1
27.57	Yoga Budiman	1994	12-May	Dino HS
28.06	Abtin Motamedi	1996	June	Prov
28.30	Brent Stephen	1996	15-May	Spring Challenge
29.97	Jackson Shulz	1996	22-May	NB 2
30.00	Liam Kuppe	1998	30-May	Hershey Zone
30.13	Charlie Meister	1995	15-May	Spring Challenge
30.38	Thomas Wood	1994	22-May	NB 2
30.99	Alex Charlesworth	1997	08-May	NB 1
34.37	Eric Foster	1996	15-May	Spring Challenge
35.00	Ty Fitzgerald	2000	30-May	Hershey Zone

Male 300m 2007 A Duhault 38.72

40.26	Nicholas Buettner	1995	25-Jul	Mid/Youth Champ
40.27	Tyler Sklenka	1996	24-Jul	Summer Games
41.36	Tim Newman	1995	18-Jun	Classic
41.59	Rui Dong	1995	15-May	Spring Challenge
43.04	Alex McDuffie	1996	18-Jun	Classic
43.37	Patrick Lyster	1996	18-Jun	Classic
44.27	Abtin Motamedi	1996	June	Prov
45.02	Brent Stephen	1996	15-May	Spring Challenge
45.03	Matthew Springer	1995	15-May	Spring Challenge
48.74	Brent Bester	1995	15-May	Spring Challenge
49.13	Scott McClure	1996	15-May	Spring Challenge
49.24	Jackson Shulz	1996	16-Jun	Classic

Male 400m 2008 T Ratzlaff 47.07

48.36	Mike Saizew	1987	18-Jun	Classic
49.08	Trent Ratzlaff	1986	18-Jun	Classic
51.42	Alex Smith	1993	10-Jul	Sen Prov
52.38	Alex Ivan	1994	18-Jun	Classic
52.91	Brandon Fong	1993	18-Jun	Classic
52.92	Steven Clark	1991	15-May	Spring Challenge
53.49	Scott Ratzlaff	1990	10-Jul	Sen Prov
54.92	Bryce Clements	1994	15-May	Spring Challenge
55.50	Mike Young	1988	10-Jul	Sen Prov
55.84	Jeff Melling	1994	June	Prov
56.27	Thomas Kellner	1994	18-Jun	Classic
57.90	Paul Boudreau	1994	15-May	Spring Challenge
59.08	Casey Yuen	1994	15-May	Spring Challenge
1.26.00	Aidan MacNichol	2000	30-May	Hershey Zone

Male 600m 2007 M Saizew 1.21.08

2.08.85	Brennan O'Yeung	1999	18-Jun	Classic
2.13.19	Ty Fitzgerald	2000	18-Jun	Classic
2.16.57	Kieran Murphy	2001	18-Jun	Classic

Male 800m 2010 M Saizew 1.49.68

1.49.68	Mike Saizew	1987	07-Jul	Victoria
1.53.12	Trent Ratzlaff	1986	16-Apr	Mt Sac
1.58.18	Gareth Hadfield	1992	June	HS Prov
1.58.61	Abdel Dib	1989	10-Jul	Sen prov
1.58.83	Chris Fitzgibbon	1994	15-Jul	NB #3
1.59.19	Calum Neff	1984	08-May	NB 1
2.00.46	Nyial Majock	1990	18-Jun	Classic
2.03.69	Brandon Fong	1993	June	Prov
2.04.86	Sean Foster	1994	18-Jun	Classic
2.05.72	Scott Ratzlaff	1990	18-Jun	Classic
2.08.24	Kedir Ababushan	1994	June	Prov
2.10.26	Merhoui Tume	1992	15-May	Spring Challenge
2.11.49	Mike Young	1988	10-Jul	Sen prov
2.12.43	Thomas Kellner	1994	24-Jul	Summer Games
2.15.77	Cuauhti Olguin	1995	12-May	Dino HS
2.27.42	Bahlbi Tume	1994	15-Jul	NB #3
2.28.03	Patrick Lyster	1996	18-Jun	Classic
2.31.96	Brent Bester	1995	18-Jun	Classic
2.43.22	Liam Kuppe	1998	18-Jun	Classic
2.49.00	Patrick Meister	1997	15-May	Spring Challenge
2.49.94	Matthew Springer	1995	18-Jun	Classic
2.55.56	Sean Thuna	1997	18-Jun	Classic
2.56.85	Nathan Kalmakoff	1997	15-May	Spring Challenge
3.02.23	Eric Foster	1996	June	Prov
3.05.07	Michael Bhatla	1997	15-May	Spring Challenge

Male 1000m 2007 M Sinclair 2.28.16

3.15.76CE	Patrick Lyster	1996	24-Jul	Summer Games
3.55.48CE	Rowan McClave	1995	15-May	Spring Challenge
3.55.51CE	Jackson Shulz	1996	15-May	Spring Challenge
4.09.36	Ty Fitzgerald	2000	18-Jun	Classic

Male 1200m 2010 C Olguin 3.24.90

3.24.90	Cuauhti Olguin	1995	24-Jul	Summer Games
3.47.00	Brent Bester	1995	24-Jul	Summer Games
3.54.45	Patrick Lyster	1996	15-May	Spring Challenge
4.19.07	Matthew Springer	1995	June	Prov
4.28.10	Brent Stephen	1996	18-Jun	Classic
4.30.79	Sean Thuna	1997	15-May	Spring Challenge
4.39.18	Alex Charlesworth	1997	18-Jun	Classic
4.42.36	Ben Meister	1998	15-May	Spring Challenge

4.55.90	Nathan Kalmakoff	1997	18-Jun	Classic	
5.07.59	Eric Foster	1996	June	Prov	
5.15.10	Michael Bhatla	1997	18-Jun	Classic	
Male 1500m	2007 M Sinclair 3.46.64				
3.58.06	Abdel Dib	1989	18-Jun	Classic	
3.59.50	Nyial Majock	1990	05-Jul	Harry Jerome	
4.06.29	Gareth Hadfield	1992	June	HS Prov	
4.08.20	Calum Neff	1984	15-May	Spring Challenge	
4.18.72	Sean Foster	1994	10-Jul	Sen prov	
4.19.04	Chris Fitzgibbon	1994	June	Prov	
4.24.96	Merhoui Tume	1992	June	HS Cities	
4.31.73	Kedir Ababushan	1994	June	Prov	
4.45.00	Kbrom Dengts	1994	18-Jun	Classic	
Male 1600m	2008 G Hadfield 4.38.89				
5.51.00	Patrick Lyster	1996	30-May	Hershey Zone	
7.16.00	Eric Foster	1996	30-May	Hershey Zone	
Male Mile	2008 N Majock 4.25.52				
4.27.16	Abdel Dib	1989	22-May	NB 2	
4.54.74	Merhoui Tume	1992	22-May	NB 2	
Male 2000m	2009 S Foster 6.24.82				
6.26.80	Cuauhti Olguin	1995	18-Jun	Classic	
6.55.38	Brent Bester	1995	18-Jun	Classic	
8.11.64	Matthew Springer	1995	June	Prov	
Male 3000m	2006 Nyial M 8.29.20				
9.10.84	Gareth Hadfield	1992	June	HS Prov	
9.13.73	Nyial Majock	1990	15-Jul	NB #3	
9.16.45	Merhoui Tume	1992	June	HS Prov	
9.50.66	Kedir Ababushan	1994	June	Prov	
10.17.01	Kbrom Dengts	1994	18-Jun	Classic	
Male 5000m	2010 N Majock 14.33.53				
14.33.53	Nyial Majock	1990	31-Jul	Sen Nat	
Male 10000m	2008 N Majock 30.13.42				
Male 60mH	2010 T Fitzgerald 12.89				
12.89	Ty Fitzgerald	2000	18-Jun	Classic	27"
Male 80mH	2010 A Charlesworth 13.72 27"				
	2010 A Charlesworth 13.74 30"				

13.72	Alex Charlesworth	1997	18-Jun	Classic	27"
13.74	Alex Charlesworth	1997	15-May	Spring Challenge	30"
15.37	Sean Thuna	1997	18-Jun	Classic	27"
16.18	Nathan Kalmakoff	1997	18-Jun	Classic	27"
16.78	Sean Thuna	1997	15-May	Spring Challenge	30"
17.45	Michael Bhatla	1997	18-Jun	Classic	27"
17.58	Nathan Kalmakoff	1997	15-May	Spring Challenge	30"

Male 100mH **2008 E Clark 13.59 36"**
2010 R McKay 13.40 33"

13.40	Ryan McKay	1993	June	HS Cities	
13.67F	Alex Smith	1993	June	HS Prov	
16.14F	Abtin Motamedi	1996	18-Jun	Classic	
16.84CE	Patrick Lyster	1996	24-Jul	Summer Games	
16.85P	Austin Ost	1995	18-Jun	Classic	
17.29P	Rui Dong	1995	June	Prov	
17.59F	Nicholas Buettner	1995	18-Jun	Classic	
17.68P	Scott McClure	1996	18-Jun	Classic	
20.21	Brent Stephen	1996	June	Prov	
20.43	Rowan McClave	1995	08-May	NB 1	
21.00	Matthew Springer	1995	15-May	Spring Challenge	
21.00	Brent Bester	1995	15-May	Spring Challenge	

Male 110mH **2008 E Clark 14.34 39"**
2010 R McKay 14.77 36"
2010 T Ratzlaff 15.36 42"

14.77F	Ryan McKay	1993	18-Jun	Classic	36"
14.96F	Alex Smith	1993	18-Jun	Classic	36"
15.36P	Trent Ratzlaff	1986	18-Jun	Classic	42"
15.45P	Ryan McKay	1993	18-Jun	Classic	36"
15.52	Stephen Clark	1991	March	Las Vegas	
16.74	Bryce Clements	1994	15-Jul	NB #3	36"
16.94	Felix Li	1989	18-Jun	Classic	42"
17.16	Patrick Lyster	1996	24-Jul	Summer Games	

Male 200mH **2009 B Clements 27.18**

28.85	Rui Dong	1995	June	Prov	
29.69	Abtin Motamedi	1996	June	Prov	
29.94	Austin Ost	1995	15-May	Spring Challenge	
30.36	Patrick Lyster	1996	June	Prov	
31.87	Brent Stephen	1996	15-May	Spring Challenge	
34.48	Brent Bester	1995	22-May	NB 2	
37.60	Sean Thuna	1997	15-May	Spring Challenge	
38.17	Lockie McClave	1997	15-May	Spring Challenge	

Male 300mH **2010 A Smith 39.57**

39.57	Alex Smith	1993	June	Prov	
41.61	Bryce Clements	1994	24-Jul	Summer Games	
Male 400mH	2009 T Ratzlaff 51.67				
53.82	Trent Ratzlaff	1986	18-Jun	Classic	
Male 1500m SC	2010 A Dib 4.24.42				
4.24.42	Abdel Dib	1989	15-Jul	NB #3	
4.28.79	Gareth Hadfield	1992	15-Jul	NB #3	
4.59.83	Cuauhti Olguin	1995	15-Jul	NB #3	
5.09.69	Trent Ratzlaff	1986	15-Jul	NB #3	
5.17.54	Brent Bester	1995	18-Jun	Classic	1496m act
Male 2000m SC	2009 G Hadfield 5.53.73				
6.10.62	Abdel Dib	1989	08-May	NB 1	
6.10.63	Gareth Hadfield	1992	08-May	NB 1	
Male 3000m SC	2010 G Hadfield 9.13.26				
9.13.26	Gareth Hadfield	1992	31-Jul	Sen Nat	
9.13.28	Abdel Dib	1989	31-Jul	Sen Nat	
10.01.22	Nyial Majock	1990	15-May	Spring Challenge	
Male 2000m Race Walk					
Male LJ	1m Take Off				
	2010 T Fitzgerald 3.46				
3.46	Ty Fitzgerald	2000	18-Jun	Classic	
3.46	Brennan O'Yeung	1999	18-Jun	Classic	
2.95	Kieran Murphy	2001	18-Jun	Classic	
Male LJ	2009 R McKay 6.40				
6.34	Ryan McKay	1993	June	HS Prov	
6.00	Dillon Popkes	1991	18-Jun	Classic	
5.55	Austin Ost	1995	25-Jul	Mid/Youth Champ	
5.50	Drew Crawford	1994	14-May	Dino HS	
5.49	Thomas Kellner	1994	June	Prov	
5.46	Jake Brewster	1994	18-Jun	Classic	
5.30	Alex Bymoen	1994	18-Jun	Classic	
5.21	Tim Newman	1995	18-Jun	Classic	
5.20	Drew Crawford	1994	15-May	Spring Challenge	
5.03	Rui Dong	1995	08-May	NB 1	
4.90	Matthew Springer	1995	June	Prov	
4.75	Abtin Motamedi	1996	15-Jul	NB #3	
4.60	Scott McClure	1996	18-Jun	Classic	
4.50	Tynan Stack	1995	18-Jun	Classic	

4.42	Thomas Wood	1994	08-May	NB 1
4.37CE	Patrick Lyster	1996	15-May	Spring Challenge
4.32	Alex Charlesworth	1997	18-Jun	Classic
4.27CE	Rowan McClave	1995	15-May	Spring Challenge
4.24	Cuauhti Olguin	1995	24-Jul	Summer Games
4.24	Alex McDuffie	1996	18-Jun	Classic
3.82	Jackson Shulz	1996	15-May	Spring Challenge
3.82	Brent Bester	1995	15-May	Spring Challenge
3.81	Sean Thuna	1997	15-May	Spring Challenge
3.55	Lockie McClave	1997	08-May	NB 1
3.53	Nathan Kalmakoff	1997	18-Jun	Classic
3.50	Ben Meister	1998	15-May	Spring Challenge
3.32	Brent Stephen	1996	June	Prov

Standing LJ 2010 S McClure 2.44

2.44	Scott McClure	1996	30-May	Hershey Zone
2.39	Alex McDuffie	1996	30-May	Hershey Zone
2.21	Patrick Lyster	1996	30-May	Hershey Zone
2.12	Sean Thuna	1997	30-May	Hershey Zone
2.03	Ben Meister	1998	30-May	Hershey Zone
1.74	Ty Fitzgerald	2000	30-May	Hershey Zone

Male TJ 2010 R McKay 13.60

13.60	Ryan McKay	1993	June	Prov
11.88	Austin Ost	1995	06-Aug	Legion Nat
10.76	Thomas Kellner	1994	24-Jul	Summer Games
9.82	Tynan Stack	1995	18-Jun	Classic

Male HJ 2010 J Brewster 1.93

1.93	Jake Brewster	1994	June	Prov
1.80	Dillon Popkes	1991	18-Jun	Classic
1.60	Alex Ivan	1994	June	Prov
1.55	Matthew Springer	1995	15-May	Spring Challenge
1.55	Alex McDuffie	1996	18-Jun	Classic
1.50	Drew Crawford	1994	18-Jun	Classic
1.50	Austin Ost	1995	June	Prov
1.50	Thomas Kellner	1994	24-Jul	Summer Games
1.45	Alex Charlesworth	1997	18-Jun	Classic
1.39CE	Rowan McClave	1995	15-May	Spring Challenge
1.35	Nathan Kalmakoff	1997	22-May	NB 2
1.35	Thomas Wood	1994	22-May	NB 2
1.30CE	Patrick Lyster	1996	15-May	Spring Challenge
1.25	Michael Bhatla	1997	15-May	Spring Challenge
1.15CE	Jackson Shulz	1996	15-May	Spring Challenge
1.15	Lockie McClave	1997	15-May	Spring Challenge
1.15	Sean Thuna	1997	June	Prov
1.10	Ty Fitzgerald	2000	18-Jun	Classic

Male Shot Put 2007 A Bymoan 11.43 - 3 kg

2010 R Sceviour 13.35 - 4 kg
2010 V Khudych 12.73 - 5 kg

13.35	Ryan Sceviour	1995	18-Jun	Classic	4kg
12.73	Volodymyr Khudych	1993	18-Jun	Classic	5kg
11.84	Tynan Stack	1995	18-Jun	Classic	4kg
11.71	Alex Bymoer	1994	June	Prov	5 kg
10.47	Austin Ost	1995	25-Jul	Mid/Youth Champ	4kg
10.39	James Tiberio	1994	15-May	Spring Challenge	5 kg
10.04	Daniel Yee	1994	18-Jun	Classic	5 kg
8.61	Alex Charlesworth	1997	15-May	Spring Challenge	3 kg
8.39	Matthew Schalm	1996	18-Jun	Classic	4kg
8.2	Rowan McClave	1995	22-May	NB 2	4 kg
7.47	Brent Bester	1995	15-May	Spring Challenge	4 kg
7.36	Nolan Osiowy	1997	18-Jun	Classic	3 kg
7.31	Nathan Kalmakoff	1997	18-Jun	Classic	3 kg
6.25CE	Patrick Lyster	1996	24-Jul	Summer Games	
6.09	Brent Stephen	1996	June	Prov	4kg
5.96	Brennan O'Yeung	1999	18-Jun	Classic	3 kg
5.77	Sean Thuna	1997	18-Jun	Classic	3 kg
5.59	Eric Foster	1996	15-May	Spring Challenge	4 kg
5.50CE	Jackson Shulz	1996	15-May	Spring Challenge	4 kg
4.87	Michael Bhatla	1997	15-May	Spring Challenge	3 kg
4.19	Ty Fitzgerald	2000	18-Jun	Classic	3 kg
3.34	Kieran Murphy	2001	18-Jun	Classic	3 kg

Male Javelin

2010 A Ost 45.27 600g
2010 A Ivan 40.53 700g
2010 V Khudych 37.98 800g

45.27	Austin Ost	1995	18-Jun	Classic	600g
40.53	Alex Ivan	1994	18-Jun	Classic	700g
37.98	Volodymyr Khudych	1994	June	HS Prov	800g
36.04	Tynan Stack	1995	18-Jun	Classic	600g
32.98	James Tiberio	1994	18-Jun	Classic	700g
32.67	Daniel Yee	1994	18-Jun	Classic	700g
31.65	Drew Crawford	1994	18-Jun	Classic	700g
29.97	Matthew Schalm	1996	24-Jul	Summer Games	
28.84	Abdel Dib	1989	22-May	NB 2	
19.31	Rowan McClave	1995	22-May	NB 2	600g
13.69	Eric Foster	1996	June	Prov	600g

Male Discus

2010 R Sceviour 35.78 1kg
2010 D Yee 28.85 1.5kg
2010 A Charlesworth 22.32 750g

35.78	Ryan Sceviour	1995	18-Jun	Classic	1 kg
31.74	Tynan Stack	1995	18-Jun	Classic	1 kg
31.53	Scott McClure	1996	08-May	NB 1	
29.11	Austin Ost	1995	25-Jul	Mid/Youth Champ	
28.85	Daniel Yee	1994	10-Jul	Sen Prov	1.5 kg
27.51	James Tiberio	1994	18-Jun	Classic	1.5kg

26.32	Matthew Schalm	1996	24-Jul	Summer Games	
22.97	Rui Dong	1995	15-May	Spring Challenge	1 kg
22.32	Alexander Charlesworth	1997	18-Jun	Classic	750g
21.33	Nathan Kalmakoff	1997	18-Jun	Classic	750g
20.46	Matthew Springer	1995	15-May	Spring Challenge	1 kg
18.77	Rowan McClave	1995	08-May	NB 1	
18.77	Nolan Osiowy	1997	18-Jun	Classic	750g
14.65	Sean Thuna	1997	18-Jun	Classic	750g
13.52	Eric Foster	1996	18-Jun	Classic	1 kg
12.88	Lockie McClave	1997	08-May	NB 1	
11.80	Michael Bhatla	1997	18-Jun	Classic	750g
9.87	Ty Fitzgerald	2000	18-Jun	Classic	750g

**Hammer Throw 2010 D Yee 33.27 5kg
2010 T Stack 23.69 4kg**

33.27	Daniel Yee	1994	10-Jul	Sen Prov	5kg
23.69	Tynan Stack	1995	18-Jun	Classic	4 kg

Male PV 2007 F Li 2.80

Male Ball Throw 2008 A Bymoen 59.32

50.56	Matthew Schalm	1996	30-May	Hershey Zone	
46.53	Alex Charlesworth	1997	15-May	Spring Challenge	
35.32	Nathan Kalmakoff	1997	15-May	Spring Challenge	
33.72	Ben Meister	1998	15-May	Spring Challenge	
23.99	Lockie McClave	1997	15-May	Spring Challenge	
22.04	Aidan MacNichol	2000	30-May	Hershey Zone	

Male Strength Triathlon 2008 A Charlesworth 693

Male Stamina Triathlon 2008 A Charlesworth 651

Male Speed Triathlon 2008 A Charlesworth 640

Male Speed Tetrathlon 2007 A Bymoen 1355

Male Stamina Tetrathlon 2007 A Bymoen 1320

Male Throws Tetrathlon 2007 A Bymoen 1328

Male Jumps Tetrathlon 2008 A Ost 565

Male Pent**2008 S Babcock 2913**

1685	Patrick Lyster	1996	24-Jul	Summer Games
1534	Rowan McClave	1995	15-May	Spring Challenge
898	Jackson Shulz	1996	15-May	Spring Challenge

Male Octathlon

