

mid-May Friday practice will change to Wednesday 5 - 7 pm at Glenmore

Coaches: Christine and Jason

POWER SPEED GROUP

Ages 15 and up

Begins: 06-Apr Mondays 5 to 7 pm Glenmore Athletic Park SW
Tuesday
Thursday Coach: Derrick
Friday

Monday 5 to 7 pm Glenmore Athletic Park SW
Tuesday
Thursday Coach: Adam

In May Adam's schedule will likely change to Tues, Thurs, and Saturday.

Please call the office at 686-6011 for further information